

# NewsRounds

Volume 30/Number 1/January 1991



**Santa's Helpers**  
— see p. 5



# Just the facts

**Steven Gitelis, M.D., orthopedics**, performed an unusual hip replacement procedure over the Christmas holidays while on leave from the Naval Reserves. Dr. Gitelis replaced a patient's cancerous bone with a custom metal "saddle" implant, manufactured by W. Link Orthopedics of Hamburg, Germany. Because only approximately 20 of these devices have been used in the United States—most on the east coast—representatives of Link were on hand in the operating room during the seven hour procedure.

**Ready for a blast from the past?** Watch the various display cases around the Medical Center for interesting photos and memorabilia from the Medical Center's history. In cooperation with Human Resources, the Archives will periodically present exhibits in the display cases in the Harrison Street lobby and the cafeteria lobby. "We plan to exhibit interesting and entertaining material from our institution's history, whether it's holidays, anniversaries, or weather," said archivist Stuart Campbell, Ph.D. Dr. Campbell also noted that there will always be displays in the exhibit case outside of the Archive's office in the basement of TOB.

**Annual fire safety training is mandatory** for all Medical Center employees. To help make training more efficient, Media Services, the Department of Biomedical Communications, produced a fire safety instructional tape for the Department of Occupational Safety. Just under seven minutes long, the tape can be viewed in the Learning Resource Center or be purchased by individual departments for \$20. For more information, contact Media Services at x22022 or x25187.

**Rush Home Health Service** celebrated National Home Health Week in late November with information booths throughout the Medical Center and a physician questionnaire/raffle contest. Winner of the grand prize was William Kehoe, M.D., internal medicine. He won a weekend at the downtown Hyatt Hotel and dinner at Carlucci's restaurant.

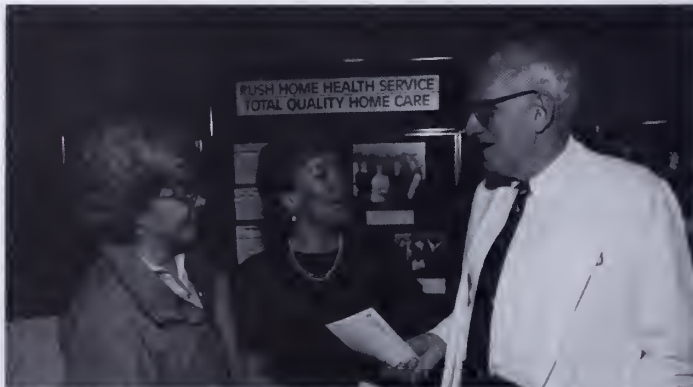
**Ready to hit the slopes?** You still have time to sign up for a special Medical Center ski trip planned for March 14 -18 in Winter Park, Colorado. For \$529 employees receive: round trip air fare, bus shuttle transportation, four days and three nights of lodging, and four day lift tickets. For more information, call x26394 or x25959.



*Chief orthopedics resident Jeff Meisles, M.D., (l) holds Link implant similar to the one used by orthopedic surgeon, Steven Gitelis, M.D., (r) in surgery on January 2. Link orthopedic implant specialist Doug Rhees, (in background, in cap and mask) observes from just outside the laminar flow room. See **Steven Gitelis, M.D., orthopedics....***



*Archivist Stuart Campbell, Ph.D., prepares a display case outside of his office in the basement of the Triangle Office Building. See **Ready for a blast from the past?***



*Rush Home Health's community nurse practitioner, Penny Tanner, M.S., R.N., and director of marketing, Elaine Sampson, M.S., R.N., talk with internist David Baldwin, M.D. See **Rush Home Health Service . . .***

# Assertiveness Training for Women

"Today, more than ever before, women are expected to play a number of roles, and play them all well," says Linda Belknap, R.N., social services and psychiatry. "Far too many women take on the impossible task of trying to please everyone all of the time. Unfortunately, this is often done at the expense of their *own* needs and well-being."

In response, Belknap, in conjunction with the Department of Social Services and the Rush Family Violence Program, designed a free six-week class for female Rush employees and students, "Assertiveness Training for Women." The course was first offered at the Medical Center this past fall. For 90 minutes each week, Belknap and employees from a number of departments discussed topics such as power, guilt, self-esteem and self-awareness—issues which can influence a woman's attitude toward herself and her relationships with others.

Many people associate assertiveness with being abrasive or pushy. "Not so," insists Belknap. "Assertiveness is the ability to communicate effectively, expressing feelings directly and honestly. It's about learning to exercise your own personal rights without denying the rights of others."

She is quick to point out that assertiveness is not exclusively a women's issue. But, because of differences in the way girls and boys are raised as children, "speaking up" may present more of a challenge to women. Although we've come to accept a less stereotypic view of male and female roles, Belknap believes that we still tend to steer children into roles that society deems appropriate: little girls are raised to be sweet and demure; they play with dolls. Little boys, on the other hand, are encouraged to be aggressive; they play with toy cars and soldiers.

"Also, while women today have gained some measure of equality, we still don't have an equal partnership in decision-making—in choices

concerning power and how things are run. This says something about women's position in society and, as a result, I think that many women remain apprehensive about asserting what they think and feel," she explains.

Belknap believes that, at the very least, an assertiveness training course can help women achieve better self-awareness. Knowing what we want, says Belknap, enables us to make decisions that are healthier and in our better interest. She hopes that her course will also help participants to take the next logical step: expressing these decisions.

"Too often," she says, "we assume that others, particularly those close to us, are mind readers and that they'll know what is painful or uncomfortable to us without our having to vocalize it. This is one of the most common problems cited in divorces.

"Honesty can be difficult, particularly when we're telling people something that they don't want to hear. But honesty, presented in a way that's not accusing or defensive, is what assertiveness is all about," she continues. "Many women think that the truth will somehow hurt people, but years of half-truths are actually more destructive to relationships."

In a friendship or a work situation, an inability to tactfully express our values and beliefs in the face of conflicting views can also be detrimental. "Allowing ourselves to be intimidated into doing things that we find uncomfortable or even boring is a waste of our time and talent," says Belknap.

Surprisingly, it's easier for some women to be assertive in a professional situation than in a personal one. Why? At work we are evaluated and get paid for what we do; we have a more objective sense of how others view us. Problems arise, however, when we fear that speaking up may cause us to lose our job.

"At this point, you have to



*Linda Belknap, R.N., (seated) with assistant Pam Staten.*

make a choice. You have to ask yourself: is this situation beneficial for me, or would I be better off in the long run if I moved on? You may decide that it's time to start looking for a job that complements the way you feel and live," says Belknap.

Assertiveness training teaches women to recognize and overcome feelings of intimidation and helplessness. Belknap believes that it can also serve as preventive therapy: by encouraging women to identify abusive situations and self-destructive behaviors, it may be possible to prevent serious emotional problems, as well as family violence and other forms of abuse.

Participants' response to the first class has been overwhelmingly positive. Says one employee: "This was one of the best classes I've ever attended. The instructor was dynamic and the material was presented in a manner we could all relate to."

"I felt a real sense of support from the instructor and other group members," a woman adds. "They reassured me that it's OK to be strong and to speak up."

*(continued on p. 8)*

# Celebrating the holidays

Hundreds gathered at Hotel Nikko on December 15 for the fourth annual Rush Holiday Party, planned by the Employee Activities Committee.

Recognize these faces?



*Environmental services staffers Willie B. King (standing) and (seated) Lee Sanders and guest, Edna Ware, had a great time.*



*Tina Buttimer (second from right), allergylimunology and Chris Kruger.*



*(From left) Mary Dixon, Ruth Slatton and Alberta Brownlee, all of food and nutrition services, check in at the ticket table manned by activities committee members Claudia Baier, employee health, and Essie Thompson, OCLS/Patient Specimen Acquisition Unit.*



*The 5 Kellogg table: (from left) Monica Hock, R.N., with her husband, John, and Sue Williams, R.N., Rhonda Novak (food and nutrition services), Tara Kelly, R.N., Monique Trychta, R.N. (standing), Ellen Dinkle, R.N., and Christine Fricke, R.N.*



*Operating room staff and guest enjoying the party included (seated, from left) Debbie Brooks, R.N., Lutricia Cloud, R.N., Senora Packnett, Rebecca Hudlin and her husband, James, and (standing) Gloria Walker, R.N., and Loretta Johnson, R.T., diagnostic radiology.*



*The dance floor was crowded.*

# Santa's Helpers bring Christmas to 500 children

"This is *so* overwhelming!" was about all Alice Washington could say when she first saw the efforts of the Rush Santa's Helpers Program. A section of the Atrium lobby was filled with gifts for children from birth to 15 years of age—children Washington had seen in court throughout the year fighting for a life free of abuse and neglect.

Washington is an administrative assistant for the Office of the Public Guardian, which helps thousands of children each year in juvenile court by providing attorneys to defend them against an abusive parent or relative.

"I see those kids after they've been in court all day; they're tired and they need love," Washington said. "It's going to be great to see them enjoying Christmas!"

For years, the Medical Center has been involved in programs which help make the holidays brighter for many people. Seven years ago, this annual effort began to focus on "adopting" families, which inspired some employees to involve their outside organizations.

"I thought it was such a beauti-

*(l to r) JoAnn Scott, community affairs, checks in gifts from Maria Fraga and Barbara McCray-Willard, maternal-child nursing.*



ful idea," said Beverly Brown, a histology technician with the Rush Alzheimer's Disease Center, "that I presented the idea of our church participating to the church council. They approved."

At first, parishioners contributed to a special Christmas collection for the Rush Adopt-A-Family program. "Everyone liked the idea so much, the parish decided to make the Rush Adopt-A-Family program part of the church budget. Now a portion of the parishioners' contributions is set aside for the gifts," said Brown.

Obstetrics and gynecology gave Santa's Helpers Program coordinator Carol Brantley, community affairs, a check for over one thousand dollars to spend on gifts for the children.

"About a thousand packages were brought to the Atrium on December 17," said Brantley. "Some of them were brought down in wheelchairs, other departments filled two or three carts and transported them."

Brantley, with the help of her assistants, spent the day unloading gifts and recording which departments contributed them, then packing the gifts into large bags in preparation for the trip to the Office of the Public Guardian. She continued back in her office — stuffing stockings for her own department's

tradition of "adopting" nearby day care centers around the holidays.

Three truckloads of presents from Rush were stored at the Office of the Public Guardian until December 22, when they were delivered to the Juvenile Court Building at 1100 South Hamilton and distributed to the children.

But Alice Washington was already bursting with joy the day the gifts were collected. "I want to go to the court building right now and say 'Santa's here!'"



*A delegate from OCLS stands by with his department's gifts as Carol Brantley, community affairs (r), takes information from Bill Fleming, library.*

## On the Cover:

*Top left photo: Eddie Dunmore, engineering (l), brought out the final present to Alice Washington (r) and Frank Ponkonin (rear), Office of the Public Guardian.*

*Bottom left photo: The decorative boxes from obstetrics and gynecology, expressed what many felt in their hearts.*

*Right photo: George Stathos, electric shop (r), helps Susan Schrader (l) and Nina Gonzalez, occupational therapy, add their gifts to the pile.*

# Back from

Late last year, three physicians and an administrator from the Department of Gynecology grabbed the opportunity to visit the Soviet Union and view the healthcare systems there firsthand.

The group represented a cross-section of ob/gyn concerns: Vasil Truchly, M.D., is a senior attending in obstetrics and gynecology; Harold Bigger, M.D., is a neonatologist; Howard Strassner, M.D., is a maternal/fetal specialist dealing with high risk pregnancies; and Susan Kilburg, M.S., has a background in ob/gyn healthcare administration and a strong interest in infant mortality as a public health issue.

Dr. Truchly was program director of a congress of the World Federation of Ukrainian Medical Associations, held in Lviv and Kiev, near Chernobyl. "Just arranging the congress required that glasnost and perestroika be pushed as far as possible," he says, noting that Ukraine is on the verge of many changes and freedoms.

The Ukrainian Minister of Health is trying to improve healthcare in the republic. For example, they have a higher rate of infant mortality than is acknowledged, because they use different standards. In the U.S., a live birth is a baby who's born with its heart beating, who takes a breath. In the Soviet Union, if a baby dies before the seventh day and has not been in



*Dr. Truchly (far right) showing instruments to the Soviet physicians. (Soviet physicians traditionally wear "chef's caps.")*

gestation for more than 28 weeks, is born weighing less than 1,000 grams, and is less than 35 centimeters in length, it's considered a miscarriage. By not adhering to the World Health Organization (WHO) standards, which nearly everyone uses, the Soviets appear to have a lower infant mortality rate than they do.

"They want very much to start recording accurate data," says Kilburg. "They want to provide better equipment for their operating rooms. It was so exciting - while we were in Ukraine, we were able to go through the whole system, visit hospitals and see everything."

Dr. Truchly did surgery in

Ukraine, performing three hysterectomies. The anesthesiologist worked without a pulse oximeter or electronic blood pressure monitor, using only a stethoscope and a blood pressure cuff. "The nurse that scrubbed didn't have gloves. Then, during one operation, I ran out of suture. So, they gave me theirs to use. It was thick, like the string stores use to tie around your packages."

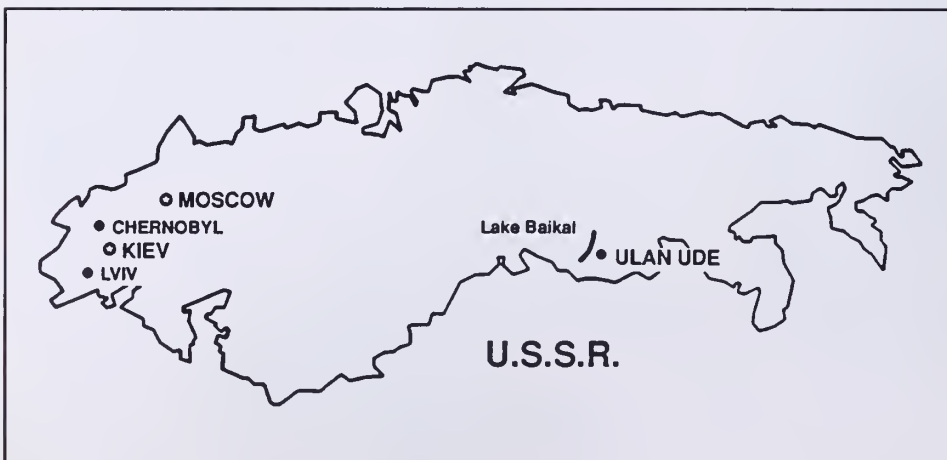
Ukrainians were fascinated by Dr. Truchly's instruments. "Through Ronny Kurasz, director of OR administration, I was able to get companies to give us a donation of instruments to give them," Dr. Truchly explains.

"They were like kids in a candy store, looking at those instruments," Kilburg recalls. One physician to whom they gave a stethoscope began crying when she received her gift; hers had been broken, and she had no idea where she'd be able to get another.

In Ukrainian delivery rooms, it is common to have three or four women at a time give birth in the same room. Often, due to a lack of staff, these mothers are left on the tables for hours after delivering, their legs still in stirrups, their babies on a table next to them. The Soviet Intensive Care nurseries are little more than rows of babies lying swaddled in open cribs. Special care equipment is scarce. In one hospital, the only assisted breathing technique being used was a plastic bag over the baby's head with a little tube of oxygen being piped into the plastic bag.

Industrial pollution is another major health problem for Ukrainians, as they live in an area that has more industrial and nuclear power plants than any other part of the Soviet Union. In some areas, the trees and homes were gray, due to little particles of cement and mortar in the air. "The sky is so dark, it looks like fog," says Kilburg. "They call it gray snow."

Another major health problem is effects from the Chernobyl accident. "It happened three years ago, but it was only last year that the



# the USSR



*In Moscow: (l to r) Dr. Truchly; Rebecca Matlock, ambassador's wife; Susan Kilburg, M.S.; U.S. Ambassador Jack Matlock; Dr. Strassner; and Dr. Bigger.*



*A Soviet hospital's room for newborns.*

people were made aware of the fact that they were still in great danger because of the radiation," Kilburg says. "I read that the farmers in one region, about 50 kilometers from Chernobyl, were told that as a result of the radiation, they were to leave their land and come back in 600 years. That's typical of the information they've been provided. But reportedly they keep farming on that land, and they keep bringing their food to market. The women of the region are scared to death of having children."

According to one Soviet woman: "You can't imagine how bad it is. Imagine the worst, then multiply that by ten. In addition to the fact that there's nothing to feed our children and we don't have clothes to dress our children, every day I'm worried to death about them . . . if they're going to come down with radiation diseases. Every day we see more and more problems as a result of this radiation exposure. Then I worry about getting pregnant, because I don't want to have an abortion, yet I can't have a child. I have no idea what's going to become of us."

Many of the hospitals Dr. Truchly and Kilburg visited are housed in buildings that were originally built for other purposes. Some

of the rural hospitals don't even have hot water. The town of Lviv doesn't have water during the day, so the hospitals there have to make special arrangements to have water.

After two weeks in Ukraine, Kilburg and Dr. Truchly met Drs. Bigger and Strassner in Moscow. The four of them dined at the U.S. ambassador's home. "They served Big Macs!" said Kilburg. "They wanted the Siberians who joined us to have a little taste of America, and they wanted us to feel at home. It's very hard to get a Big Mac in Moscow. The lines are about eight blocks long; they go around an enormous park twice. People literally wait in line for hours for everything."

From Moscow, the group flew eight hours to the town of Ulan Ude in Siberia, five time zones away. In addition to visiting hospitals, the group participated in a festival calling attention to the pollution of Lake Baikal, the deepest and oldest lake in the world. (Ulan Ude hopes to be a sister city to Chicago in 1992, when a similar festival will be held on Lake Michigan.)

The team brought medical supplies and equipment, including a fetal monitor. At a press conference in Ulan Ude, they presented three quilts to hospitals there. "We pre-

sented a quilt to the city," says Kilburg. "We told them that when we decorated our new Perinatal Center, we used quilts to make it very much like home, so it would be a soft, feminine environment. So, we thought we would bring a little bit of home with us for them. They were very pleased, but nowhere near as excited as they were with the fetal monitor."

"Our experiences in Siberia was very different than in Ukraine," Dr. Truchly recalls. "When we were in Ulan Ude, we were guided to areas that they wanted us to see - the places that were clean, nice. But we didn't see any patients there. At a hospital that reportedly delivers 3,000 infants each year, there was only one patient - I listened to her fetal heartbeat. But she was the only one."

"We didn't see too many physicians or nurses in action," Dr. Bigger agrees. "We did tour their facilities, which probably meet the most basic requirements of medicine, at best. The equipment is outdated, used. A lot of it was make-shift, improvisational."

Physicians in the Soviet Union have been relegated to a very low level in the socio-economic range. "They're respected members of society, but because the central govern-

*(continued on p. 11)*

# TQM seminar targets physicians

Forty Rush attending staff, department chairpersons and members of the medical staff executive committee attended a Total Quality Management (TQM) conference featuring Glenn Laffel, M.D., director of quality assurance planning at Brigham and Women's Hospital, Boston, Massachusetts. Dr. Laffel, who has authored several articles on quality in healthcare, presented an "Overview of TQM and its relevance to clinical practices" and a case study from his institution involving subclavian catheter placement. He emphasized the difference between TQM and Quality Assurance (QA) in resolving issues and the importance of physician participation in the TQM process.

*Speakers at the physicians symposium on TQM included (l to r): Glenn Laffel, M.D., Alexander Doolas, M.D., and Walter Whisler, M.D.*



variation in these processes."

Presentations were made by Rush staff members Janis Orłowski, M.D., utilization review, Alexander Doolas, M.D., and Judy Friedrichs, M.S., R.N., illustrating situations where several departments working on the same patient case might benefit from a TQM analysis.

"We have patients who are taken care of by people from several different departments," said Dr. Doolas, chairman of the medical care evaluation committee, and professor and associate chairman of surgery. "For instance, the physician inserts a gastrostomy tube for feeding a patient, the nurse supervises the feeding process and the nutritionist recommends the patient's diet."

Since problems were noticed in the communication between caregivers, a system of making notes on the patient's charts was identified as a possible solution. TQM techniques can now be employed to improve that process.

"Eventually, the medical care evaluations committee and the ancillary care committee (made up of staff physicians) will get training in TQM skills by TQM and QA staff," said Marie Sinioris, corporate vice president and director of TQM. "Then opportunities for case studies (such as Dr. Doolas') will be made available at departmental meetings,

where problems in the department are usually identified."

Judy Friedrichs, M.S., R.N., neonatal intensive care, presented a case study completed in neonatology. A system was designed to coordinate the efforts of the neonatal unit, transport and radiology to make repeated x-rays unnecessary. The solution not only saved time and money for the departments involved, but improved customer satisfaction.

"Sometimes, the physician is so busy taking care of the patient, he or she doesn't take a look at the totality of the patient's experience," said Dr. Doolas. "But as Dr. Laffel talked about stumbling blocks and successes with his fellow staff in understanding the program, I thought, if they can do it, so can we."

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## Assertiveness (continued from p. 3)

"Learning to be assertive is like learning judo," says another participant. "You don't want to have to use it, but knowing you have the skill allows you to approach certain situations with more confidence."

The next free assertiveness training class will be held on six consecutive Mondays, February 11-March 18, from 3:30-5:00 p.m. in Room 305, Schweppe Sprague Hall. For information and registration, please call Pam Staten at x25358.

**QUALITY** 

Rush-Presbyterian-St. Luke's Medical Center

In his article, "The case for using industrial quality management science in health care organizations," which appeared in the *Journal of the American Medical Association (JAMA)*, Dr. Laffel states that time-wasting processes carried out in industrial settings can also be identified in health care organizations.

"We repeat tests because they are not performed correctly the first time," he said. "We rewrite requisitions because they are lost or filled out incorrectly. We look for lost charts and reschedule appointments. Because the time required for such activities reduces that available for direct patient care, there is a strong rationale to improve the execution of such processes."

His solution? "With proper training in quality improvement methods, physicians, nurses, technicians and other hospital employees are well positioned to contribute to quality improvement. All have important perspectives on the processes involved in healthcare delivery and all can identify sources of



# Rush people

## Appointments

**Klaus E. Kuettner, Ph.D.**, biochemistry, was appointed to the National Arthritis Fellowship Subcommittee for a three-year term. He was also named consulting editor of chemistry and metabolism topics for the *European Journal of Experimental Musculoskeletal Research*.

**Randy J. Epstein, M.D.**, ophthalmology, was elected a member of the Castroviejo Society, an international society composed of corneal specialists.

**Rosalind D. Cartwright, Ph.D.**, psychology and social sciences, was appointed to the editorial board of the *Journal of the Association for the Study of Dreams*.

**David Cella, Ph.D.**, psychology and social sciences, was named an ex-officio member of the National American Cancer Society Committee on Technology Transfer of Behavioral Research Center.

## Kudos

At a celebration of his 10 years of service to the Medical Center, **Anthony D. Ivankovich, M.D.**, anesthesiology, was honored with a visit by the Honorable Counsel General of Yugoslavia, Stanojlo Glisic, and a proclamation from the House of Representatives which marked December 10, 1990 as Dr. Anthony D. Ivankovich Day in the State of Illinois.

**Mitchell B. Sheinkop, M.D.**, orthopedics, has recently begun co-authoring the syndicated column, "Doctor Jock" with Chicago writer Marilyn Preston. The "Doctor Jock" column, which appears in feature and sports sections of 85 papers nationwide, addresses questions of fitness, exercise, and sports medicine.

## In the news

The Medical Center was the subject of a recent "American Spotlight," a program that looks at American business. **Leo M. Henikoff, M.D.**, president and CEO, and **Roger**

**Bone, M.D.**, chair, internal medicine, were taped for in-studio segments of the show. The program focused on the Medical Center's plans for the 21st century. It aired on the Financial News Network.

**Jan Fawcett, M.D.**, chair, psychiatry, commented on a study published in the *Journal of the American Medical Association* (JAMA) about the lack of success of teen suicide prevention programs, and the need to evaluate them as to their efficacy and safety. Dr. Fawcett was interviewed by the Associated Press, the CBS Radio Network, and WABC-AM, New York. Dr. Fawcett also appeared on a WBEZ-FM talk show with **David Clark, Ph.D.**, executive director, Center for Suicide Research and Prevention at Rush.

A three-part series on the past, present and future of American nursing was presented in a recent edition of *JAMA*. **Cheryl Easley, Ph.D., R.N.**, chair, community health nursing, was quoted in all three articles.

Also in *JAMA*, **Roger Bone, M.D.**, chair, internal medicine, responded to a study of pulmonary artery catheterization with an editorial citing the lack of training standards for using this heart-lung test. In addition, comments from an Associated Press interview with Dr. Bone were featured in the *Chicago Tribune*, the *Chicago Sun-Times*, and *The Wall Street Journal*.

A chemical resembling Teflon is the latest blood substitute being tested by researchers. **Gary Schaer, M.D.**, cardiology, commented for an Associated Press story on the potential for blood substitutes, specifically Fluosol — the only FDA-approved blood substitute — first used in Chicago by Rush.

*Illinois Medicine* profiled the Rush Alzheimer's Disease Center (RADC), one of the state's two regional Alzheimer's disease assistance centers. **Jacob Fox, M.D.**, director of the RADC, and **Jane Stansell, M.S., R.N.** director of the Alzheimer's Family Care Center, were quoted.

**Michael Davidson, M.D.**, medical director for the Chicago Center for Clinical Research, completed part of his latest cholesterol study at the Inn at University Village. Dr. Davidson's patients stayed at the Inn while undergoing blood tests and observation. WMAQ-TV reported the story.

A recent *American Medical News* "Your Changing Practice" column focused on doctors who teach. Featured were **Claire Smith, M.D.**, diagnostic radiology, **C. Anderson Hedberg, M.D.**, internal medicine, **William Deutsch, M.D.**, ophthalmology, and **Thomas Deutsch, M.D.**, ophthalmology.

The *New York Times* featured an article on chronic fatigue syndrome (CFS). **Alan Landay, Ph.D.**,

(continued on next page)

*Director of Occupational Safety Steve Beaudoin, Healthcare Safety Practitioner, (r) discussed the growing concern of medical waste disposal with environmental management consultant Nelson Slavik, Ph.D. and host Dr. Bruce Dan (l) on American Medical Television's "Medical Rounds" program.*



# Professional activities

## In the news *continued*

immunology/microbiology, was mentioned for his work with studies showing evidence of chronic activation of the immune system in CFS patients.

A full-page profile on the Poison Control Center at Rush ran in the *Chicago Sun-Times*. **Jack Lipscomb, R.Ph.**, director of the center, and **Jerrold Leikin, M.D.**, co-director of the center and associate director of emergency services, were interviewed.

The research of **Lourens Zaneveld, D.V.M., Ph.D.**, obstetrics and gynecology, was highlighted by *Longevity* magazine, WFLD-TV's "9:30" program, Q-107 FM (Toronto) and WNTR AM (Washington D.C.). Dr. Zaneveld developed the shug device, a method of male contraception, which is currently undergoing clinical investigation.

## Speeches/Lectures/ Presentations

**Michael J. Harris, Ph.D.**, academic skills center and Sheila Tobias, M.S., Research Corporation, Tucson, Arizona: "What makes science and math hard?" and "Assessing study behaviors of health science students." **Dr. Harris**; **George T. Gray, Ed.D.**, Rush University; **Wilton A. Barham, Ph.D., M.P.H.**, Grambling State University, Grambling, Louisiana; **Ruth Bentley, Ph.D.**, and **Darlene Crawford**, University of Illinois, Chicago; Midwest College Learning Center Association fifth annual conference, Milwaukee, Wisconsin.

**Anthony D. Ivankovich, M.D.**, anesthesiology: "Anesthetic consideration for vascular surgery," visiting professor presentation, Beth Israel Hospital, Boston, Massachusetts.

The following representatives from anesthesiology presented posters at the American Society of Anesthesiologists annual meeting, Las Vegas, Nevada: **Shyamala Badrinath, M.D.**, "Esmolol attenuates the increase in intraocular pressure during laryngoscopy and intubation"; **Zia Durrani, M.D.**, "Role of brachial plexus block after negative response from stellate ganglion block for

James Corrigan, OSA, M.Div., a chaplain at the Medical Center, was recognized by the AIDS National Interfaith Network for "doing more than anyone in America" to ensure quality care for those with HIV/AIDS, their partners and their families. In a ceremony held during the network's second annual convention, Rev. Corrigan was honored for the clinical program he developed that trains clergy and laity to work locally with people with AIDS and their families. He is now seeking funding for a \$1.4 million program to set up collaborative training centers in Chicago, New York and San Francisco.



*Rev. James Corrigan, (r) religion and health, with Rev. Carl Meirose, S.J., executive director, AIDS Pastoral Care Network.*

RSD"; **Timothy Lubenow, M.D.**, "Evaluation of continuous epidural fentanyl/butorphanol infusion for postoperative pain"; **Mitchel Sosis, M.D., Ph.D.**, "Evaluation of a simple technique to prevent disconnections of the 15mm tracheal tube adapter"; and **Kenneth J. Tuman, M.D.**, "Risk factors for multisystem organ failure after cardiac surgery."

**Tibor T. Glant, M.D., Ph.D.**, biochemistry/orthopedic surgery: "The role of proteoglycan-specific autoreactive antibodies and T-lymphocytes in experimental arthritis and human rheumatoid joint diseases," 634th meeting of the BioChemical Society, Bath, England.

**Klaus E. Kuettner, Ph.D.**, biochemistry: "Cartilage matrix and structure," session chairman, Osteoarthritis Symposium, Montreal, Canada.

**James Williams, Ph.D.**, biochemistry: "Chymopapain-injured joints of the rabbit and effects of diclofenac," International Cartilage Project meeting: Understanding Osteoarthritis and the Anti-OA Effects of Diclofenac (Voltaren), London, England, and "Early detection of cartilage injury in an experimental model of cartilage injury and repair," Royal National Orthopaedic Hospital, Stanmore, England.

**Thomas A. Buckingham, M.D.**, cardiology: "Analysis of the signal electrocardiogram in the presence of conduc-

tion defects," International High Resolution EKG seminar, European Congress of Cardiology, Stockholm, Sweden.

**Dianne H. Meyer, Ph.D.**, communication disorders and sciences and otolaryngology and bronchoesophagology, course: "Successful Hearing Aid Fittings," Academy of Otolaryngology/Head and Neck Surgery, San Diego, CA.

**Lawrence W. Lazarus, M.D.**, geriatric psychiatry: "Depression in the elderly," grand rounds, Beth Israel Medical Center, New York.

**Robert M. Kark, M.D.**, internal medicine: "Some aspects of the life and times of Richard Bright, M.D., F.R.S. (1789-1859)," University of Witwatersrand, Johannesburg General Hospital, Johannesburg, South Africa.

**Alan R. Hirsch, M.D.**, neurology/psychiatry: "The neurologic examination," Mercy Hospital, Chicago; "Basics of smell and taste," Hester Junior High School, Villa Park, IL; "Olfactory disorder," grand rounds, Northwestern University Medical School Department of Otolaryngology, Evanston.

**Richard G. Rawlins, Ph.D.**, obstetrics/gynecology: "Primate reproduction/IVF/X:Y sperm separation," 9th Annual Scientific Meeting of the Fertility Society of Australia, Perth, Australia.

**Peter K. Sand, M.D.**, obstetrics/gynecology: "Treatment of female urinary incontinence in the 1990's," symposium on women's health issues, Evanston Hospital, Evanston.

# Professional activities

**David A. Klodd, Ph.D.**, otolaryngology/bronchoesophagology, communicative disorders and sciences: "Diagnosis: Diagnostics evoked potential and other electrophysiologic diagnostic tools," seminar, "Perspectives in otitis media; diagnosis and management," Ear Institute of Indiana and the Eli Lilly Co.

**Stephanie Cavanaugh, M.D.**, psychiatry: "Role overload: The professional woman's dilemma", conference on women and mental health, the Women's Health Program, Rush North Shore Medical Center, Evanston.

**Michael Young, Ph.D.**, psychiatry/psychology and social sciences: "Diagnosis and treatment of depression," Stickney Township Mental Health Center, Burbank, Illinois.

**David Cella, Ph.D.**, psychology and social sciences: "Quality of Life for the Cancer Patient," first annual symposium on recent advances in oncology, FitzPatrick Cancer Center, CVPH Medical Center, at Miner Research Institute, Chazy, New York.

**Marilyn Johnson, Ph.D.**, psychology and social sciences: "Application of feminist therapy to the supervisory process," American Psychological Association annual meeting, Boston, Massachusetts.

**Tammy T. Sher, Ph.D.**, psychology and social sciences: "Sex therapy and relationship counseling," Cook County Hospital grand rounds.

**Walter Niles, Ph.D.**, physiology: "Video microscopy studies of vesicle-planar membrane adhesion and fusion," New York Academy of Sciences conference on calcium entry and action at the presynaptic nerve terminal, Baltimore, Maryland.

**L. Penfield Faber, M.D.**, cardiovascular surgery gave six presentations at the XXVII World Congress of the International College of Surgeons in Sao Paulo, Brazil: "Lung cancer: Management of recurrence and second primary lung cancer," "Treatment of pleural disease and bronchial fistulae: Use of staplers and techniques for closure of postpneumonecctomy bronchial stump," "Controversies in thoracic surgery: Mediastinoscopy A CAT scan in lung cancer staging," "New trends in thoracic surgery: Pain relief in thoracic surgery," "Recent advances in lung cancer surgery," and "Surgical treatment of tracheobronchial lesions by laser."

**CJ Farran, D.N.Sc.**, and **E Keane-Hagerty, M.A.**, psychiatric nursing:

"Multi-dimensional measures of caregiver burden," *Proc 1990 Gerontological Soc of America*, 13A, and "A qualitative study of caregivers of persons with dementia: Finding meaning through caregiving," coauthors **S Salloway, M.S.**, **S Kupferer, M.S.**, and **C Wilken, Ph.D.**, Rush University/psychiatric nursing: *Proc 1990 Gerontological Soc of America*, 88A.

**RD Cartwright, Ph.D.**, psychology and social sciences: "Sleep disorders," *Encyclopedia Britannica Medical and Health Annual*, pp. 388-393.

**MA Etscheidt, Ph.D.**, psychology and social sciences; **LJ Pfiffner, Ph.D.**, University of California; **EN Jouriles, Ph.D.**, University of Houston; and **MM Brown, Ph.D.**, University of Mississippi Medical Center: "Effects of problem-solving therapy on out comes of parent training for single-parent families." *Child and Family Behavior Therapy*, 12(1):1990.

**LS Grossman, Ph.D.**, **TW Haywood, M.A.**, **E Ostrov, Ph.D.**, **O Wasyliv, Ph.D.**, and **JL Cavanaugh, Jr., M.D.**, psychology, psychiatry and social sciences: "Sensitivity of MMPI validity scales to motivational factors in psychological evaluations of police officers." *J Personality Assessment*, 55:549-561, 1990.

**F Leavitt, Ph.D.**, psychology and social sciences and **JC Berger, M.D.**, psychiatry: "Clinical patterns among male transsexual candidates with erotic interest in males." *Archives of Sexual Behavior*, 19(5):1990.

## USSR (continued from p. 7)

ment has wanted to keep them under control, they pay them almost nothing," Kilburg explains. "They make, on the average, 200 rubles a month."

Although the Soviet Union has more physicians per capita than any other country in the world, the physicians are far lacking in training. "We met surgeons who were only 23 years old," Kilburg recalls. "Their education to become a physician is of much shorter duration than in the West. Once they finish secondary school (tenth grade), they have six years of Institute. When they finish the Institute, they're a physician. They hook up with somebody then for six months to a year for specialized training, but after that, they're full-fledged. It's very scary.

"But now the physicians there are able to see what's going on in the rest of the world, what kind of training other doctors have, and they're saying, 'how can we keep up on an international level when we've spent three of our six years of medical training learning about Lenin and Marx? We don't have the practical experience that these people have.'"

"They admit they're 40 to 50 years behind us," says Dr. Truchly. "Can you imagine that? They can send a space station and a Sputnik into space, but they don't have the medical facilities, education, or equipment."

Since returning, the team has begun exploring the possibility of professional exchanges. Dr. Truchly recently received a letter from the Soviets inviting him to come and work in one of their hospitals for a month, or even longer if he wished. Kilburg is seeking funding to do research on perinatal outcomes.

"It's a horrible situation," she concludes. "I think it all transcends any political feelings about the Soviet Union, what they may or may not be. These are genuine people. They have very serious problems, healthcare being a major one. We all left feeling morally obligated to do whatever we can to help them."

## NewsRounds

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Editor  
Nancy Stetson

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Editorial Staff  
Cheryl Janusz, Sue Jeantheau,  
Krys Kazieczko-Kuszek, Carolyn Reed,  
Justine Ringhofer

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Anyone interested in reporting department news should call the editor at extension 25579. Deadline for all copy is the 10th of the month preceding publication. Editorial offices are on the second floor at 1700 West Van Buren.

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**Rush-Presbyterian-St. Luke's Medical Center**  
Office of Philanthropy and Communication  
1653 West Congress Parkway  
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## New Year's Baby

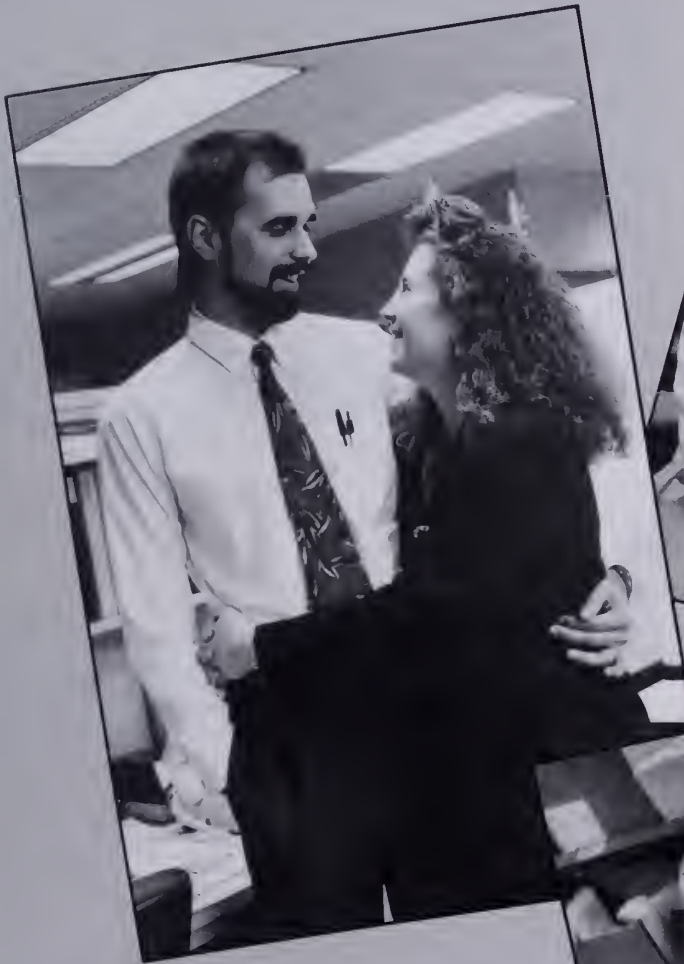
Steven Michael Garcia, born at 12:01 a.m. on January 1, 1991, was the first baby born at the Medical Center this year. He weighed 8 lb 13 oz, and joins sister Michaela Ann, 4 $\frac{1}{2}$  years old, who was also born at Rush. The proud parents are Patricia and Michael Garcia.



*Mother and son: Patricia Garcia holds her son, Steven Michael.*

# NewsRounds

Volume 30/Number 2/February/March 1991



**Medical Center  
match-ups  
— see pgs. 6, 7**

# Just the facts

**Robert Katz, M.D., rheumatology**, has begun doing general health reports for WBBM-TV. Dr. Katz was selected from a number of audition applicants to participate in a trial reporting program for Channel 2 news. His report will present information on general health topics, such as back pain and influenza. Dr. Katz' first report aired February 12.

**Looking for kids' books?** The Laurance Armour Day School (LADS) Parents Board is sponsoring a children's book sale in the cafeteria lobby on Tuesday, March 12 from 8:30 a.m. to 4 p.m. Merchandise is from The Children's Book Store and will include a wide variety of hardcovers, discount books and toys. All proceeds will benefit LADS.

**Thank you for your generosity!** The United Way committee reports that the employee contributions for this year's United Way campaign took us over our goal of \$315,000.

**March in National Nutrition Month.** Watch for nutrition displays in the cafeteria lobby on Mondays, Wednesdays and Fridays, from 11:30 a.m. to 1:30 p.m., from March 11 to March 20. Stop by, enter a contest, and pick up facts on food safety and the new dietary guidelines from the U.S. Department of Health and Human Services. For more information, contact Donna Sika, M.S., R.D., at x25213.

**Our general trash recycling program** was kicked off January 29, with an in-service and reception. Stericycle, Inc., a medical materials processing and recycling firm which helped design Rush's program, presented background information on recycling and introduced the program to attendees. The plaque given to director of occupational safety, Steven Beaudoin, on behalf of the Medical Center, reads, "The employees of this institution are dedicated to environmental conservation. In recognition of their efforts, a tree has been planted on their behalf by Stericycle, Incorporated." The tree in the photo is a smaller version of the tree which will be planted on Medical Center grounds this spring.



*Getting wired for sound: Robert Katz, M.D., rheumatology, who has begun reporting health stories for Channel 2 news (WBBM-TV). See Robert Katz, M.D., rheumatology . . .*



*Steven Beaudoin, director, occupational safety (r) receives a plaque and a tree from Don Brunstrum, vice president/general manager, Midwest, Stericycle, Inc., at a kick-off in-service and reception for the Rush Recycle Program. See Our general trash recycling program . . .*

# Keeping safe



Officers Pam McKinley (l) and Vytautas Gorinas

*National Crime Prevention Week was February 10-16, but personal safety is of year-round importance. Rush security experts have practical advice for Medical Center employees.*

It's dark and you're walking unaccompanied in the Medical Center District when someone approaches from behind and grabs your briefcase. Do you: 1.) clutch the briefcase and scream for help? 2.) singlehandedly fight off the perpetrator? or 3.) let go of the

briefcase and call security?

According to Rush security training coordinator Lieutenant Willie Weston, the *safest* answer is 3.): "Once a criminal has seized your bag or briefcase, let it go. Nothing in it could be more valuable than your life."

In any urban institution, Rush included, crime is a fact of life. "For some people, crime is a career; it's how they make their living," explains Sergeant Diane Sidebotham, supervisor of investigations. "They 'work' hospitals, often specializing in

hospital offices, patient rooms or garages."

While some crimes are unavoidable, Lt. Weston and Sgt. Sidebotham emphasize that employees *can* take certain precautions:

- Avoid carrying large sums of money and credit cards unless they're needed that day.

- Don't wear leather jackets or fur coats to work. "These are among the most commonly stolen items," says Lt. Weston.

- When possible, lock purses, billfolds and briefcases in a desk or safe.

- If you can't lock up your valuables, lock the office door whenever you leave—even for five minutes.

- Know the people who belong in your work area and be aware of people who *don't* belong, even if they're well-dressed and professional in appearance.

"If you see someone wandering around, ask them if they need help," suggests Sgt. Sidebotham. "This approach is non-threatening and, if they're just lost, they'll ask for directions. If they respond in a way that makes you suspicious, call security immediately at x25678."

*(continued on page 5)*

## Who are the Medical Center Crime-busters?

"I think that a lot of employees take security for granted. But stop and think: would you feel safe coming to work if we didn't exist?" says Rush security officer Pam McKinley.

The security department, a highly trained staff of 51 officers and 12 supervisors, work around the clock to keep Rush safe. At any given time, security officers staff mandatory stationary posts throughout the Medical Center, while other officers roam the campus, alert for signs of criminal activity.

Security cameras and a computerized alarm system provides high-tech assistance. The cameras allow a dispatcher to continuously monitor

certain areas, while the computer tracks opening of doors with alarms.

Still, because of the Medical Center's immense size, security can't be everywhere all of the time. "At new employee orientations, I deputize every employee. They have to be the eyes and ears of security," explains Sgt. Sidebotham.

Technically, Rush security is responsible only for Rush property; the streets, as public property, are under Chicago Police jurisdiction. To improve neighborhood safety, however, a security consortium has been formed among Rush, Cook County Hospital, University of Illinois and the city and state police.

"If a person is in trouble or witnesses a criminal activity, he or she can flag down security from any of these agencies," explains Lt. Weston. "Together, we keep crime in the Medical Center District to a minimum."

While crime prevention is security's main function, an officer's duties are diverse. "On a typical day, in addition to investigating criminal activities and apprehending perpetrators, I'll give directions, respond to fire alarms, locate lost visitors, keep the driveways clear of parked cars and guard potentially violent patients," says McKinley. "This job is never boring."

# Rush employees speak out: the second time around

We've come a long way, baby, but we're not there yet.

Two years ago, *NewsRounds* reported on the results of a Medical Center-wide attitude survey to determine what people liked or didn't like about working here. A major criticism then was a pervasive failure to communicate up and down the line.

That was then, this is now. The results of the latest comprehensive opinion survey among employees of the Medical Center show that there is a widespread consensus that efforts to improve communications have been very productive and most of you feel you are much better informed about what is going on at Rush. Moreover, your perceptions of the work environment have generally improved, and you are even more likely to recommend the Medical Center as a place to work and to continue working here yourself.

But there are still problems. Before taking them up, however, some background on the opinion survey may be helpful.

**QUALITY** 

Rush-Presbyterian-St. Luke's Medical Center

The questionnaire used was essentially the same, with slight modifications, as the one used in the previous survey in 1988, also developed by Rush's Center for Health Management Studies. A total of 5,174 employees (70.8% of the work force) responded this time, representing all components of the Rush System other than Rush North Shore Medical Center and Copley Memorial Hospital. At the time of the earlier survey, in summer of 1988, the Total Quality Management (TQM) program had been underway only about one year when fewer than one-fourth of all Rush employees had been introduced to the program. The

survey conducted during the summer of 1990 took place when over 50 percent of the Rush work force had undergone some sort of TQM training.

It is significant, therefore, that TQM "graduates" registered more positive scores overall than those who had not yet been through the TQM experience; TQM clearly raised the average in some areas.

A number of other activities further helped to clarify issues at the Medical Center and undoubtedly contributed to the general feeling by employees that they are better informed than ever. These included the large number of meetings held throughout the past 18 months by Leo M. Henikoff, M.D., RPSLMC president and CEO, and members of the Management Committee, with employees at all levels at breakfasts, luncheons and other special gatherings. These sessions were designed to provide direct access to upper management, and to give employees a chance to weigh in with complaints, concerns and suggestions.

James Hill, J.D., assistant vice president for human resources, and Sheri Marker, M.S.I.R., director of employee relations, commented on the survey results and plans for the future.

"First, we have to be very pleased with the overall results. Based upon most of the measures of job satisfaction, the work environment has clearly improved. At the same time, however, that we say that eight of the nine scores for organizational climate have increased, according to the survey, we have to acknowledge that the increases themselves are not large.

"But the trend is up, and that's what we want to maintain each year, every year," said Hill.

Benefit issues as seen by Rush employees presented mixed results, said Marker. The three most important benefits in both surveys were the paid vacation, holiday and sick days, and these received the highest satisfactory scores. Three other benefits

## From The President

Once again, I am pleased to report back to you as a group what you have told us, one by one, in the survey conducted several months ago into employee attitudes about working here at Rush. The portrait that we present here, warts and all, is the Medical Center as seen collectively by the work force at every level.

While some aspects of this report are disturbing and indicate areas where management and staff must come to a better understanding about policies and procedures, I am personally encouraged by upward swings in a number of areas. Communication clearly has improved greatly, and there is ample evidence of increased job satisfaction.

Most importantly, although the article does not note it, the survey reflects great pride in the quality of service we provide our patients. This is, of course, why we are here, the reason for the existence of your Medical Center. As we renew our efforts in every task that directly or indirectly relates to quality patient care, we will also progressively meet your continuing concerns as well. Thank you for being a part of our team.

*Leo M. Henikoff, M.D.*

(performance evaluation, retirement plans, and merit increases) were rated high in importance but low in satisfaction. "There's also a perception that somehow we haven't kept up with other Chicago institutions on salaries," said Marker. "This may be true in some areas but certainly not across the board." Following the '88 survey, and using employee input, a series of positive changes were made



in the performance evaluation process. These included a new evaluation instrument and in-depth training modules on performance assessment. "It's disappointing to see satisfaction scores relating to performance evaluation still low," said Marker. "We'll be monitoring this issue very closely, beginning with a look at how well the current system is utilized."

Results of the survey varied from department to department, for different job levels, and for those who had TQM training and those who did not. In the coming months, Dr. Henikoff will be holding 8-10 open meetings with employees to present the overall findings. All departments will be

briefed on the results of the survey by their administrators, and larger ones will receive in-depth presentations on how they saw things.

A few final words on the study itself as it relates to the Total Quality Management program.

"This survey offers strong evidence that TQM is having its effect here at Rush," said Hill. "To our knowledge, it's the only study of its kind which demonstrates the empirical effects of a corporate culture change of this magnitude. Yes, there's skepticism here and there about TQM and we're well aware of it. All I can say is, the skeptics haven't seen the survey results yet. We have."

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## Safety (continued)

But, she cautions, never approach someone who appears to you to be threatening. "If a stranger makes you feel afraid, call us," says Sgt. Sidebotham. "We'd much rather be called out on a false alarm than *not* be called when we should have been there."

When reporting a suspicious person, it's helpful if you can provide a detailed description. In addition to sex, race and height, note unique characteristics—such as an earring or a scar—that would make it easier for an officer to find that person in a crowd.

"Also, please let security know the person's direction of flight—in what direction was he or she headed? This information helps our search," says Sgt. Sidebotham.

At night, when the Medical Center is less populated, employees should take extra safety measures. Outside, try to walk in well-lit areas. Security officers will escort employees to and from buildings and the parking garage on request.

"We recommend that employees who work nights park near the fourth floor entrance to the AcFac, where a security officer is always posted,"



*Lieutenant Willie Weston (l) and Sergeant Diane Sidebotham*

says Lt. Weston. "Also, there are house phones throughout the garage. Know where they are and use them if you need assistance."

One last bit of reassuring news: violent crime is virtually non-existent within the boundaries of the Medical Center. "We've had several isolated crimes that received a lot of attention, but on the whole, violent crime at the Medical Center is *very* infrequent," says Sgt. Sidebotham. "Always be alert—but don't be paranoid."

## Bouquets and Brickbats II

Following are excerpts from employee responses in the Medical Center opinion survey.

"Promotions should be based on performance, not who you know."

"Management doesn't have a clue about TQM; they just want it done."

"TQM should be the rule and not the exception."

"The atmosphere has relaxed and my job is now personally fulfilling. Management has shown it cares."

"The physician-centered culture has a life of its own that doesn't support teamwork."

"People don't appreciate daily contributions. A 'thank you' would be nice."

"We need employee discounts in the cafeteria and for parking."

"I'm satisfied with my job and the opportunities available."

"We need more teamwork within and between departments."

"The base rates of pay should be increased."

"Management should continue to bridge the gap between management and employees."

"We need more consistent direction."

"Not everyone makes an effort to keep this place clean."

"My department has made a real effort to better conditions."

# Medical Cent

With its green tiled walls and institutional flavor, Rush might not be considered the most romantic location in the world. But to some Medical Center employees, it is, because in quirky circumstances and unusual settings, they fell in love and met their mates here.

These are our modern-day Bogies and Bacalls. Here are their stories:

Fate—and an extremely crowded cafeteria—caused Dean Jensen, M.D., orthopedic surgery, to sit across the table from Carol Lyn Soudier, M.B.A., health systems management. It was Taco Day.

"I noticed he was eating a lot, and fast, as residents on call often do," says Carol Lyn. "It was obvious he was having trouble keeping the taco in the shell, since it was dripping all over his hands. I saw he'd forgotten to get napkins, so I offered him one of mine."

A week later, the day after Thanksgiving, the two ran into each other again, and Dean asked her out.

"I had plans with my girlfriends that night, so I invited him along," said Carol Lyn. "I wasn't sure I liked him yet, so I thought if it didn't work out, maybe one of my friends would like him."

She changed her mind when Dean showed up that night with a bottle of wine that just happened to be her favorite. "I turned to my friends and said 'forget it, he's mine.'" "After that first date, the two spent as much time as possible together. Two weeks later, she met his family. Exactly one year from their first date, he proposed.

"He brought me to the same chair at the same table where we met, got down on his knees, and began this wonderful proposal—which I never let him finish," says Carol Lyn. "I just kept saying 'yes, yes, yes!' I cried." Carol Lyn and Dean will be married March 16.

"Haven't I seen you somewhere before?" That was the question Jim Cogan, engineering, had in mind when he met Midge Adams, patient



*Jim and Midge Cogan*

library. After talking, the two realized that they had attended Oak Park High School together.

"We were even in the same class, but with 900 other kids too, so at first I didn't remember him," says Midge, now also a Cogan.

The two met when Jim worked in transport. His locker was near the patient library, and "he would always sort of happen to be in the area, hanging around," says Midge.

Their first date was Midge's birthday. "I had just broken up with someone else, so Jim was determined I'd have a good time. We went to dinner, then out dancing. It was great!"

The couple dated for at least five years before they finally got married last September. Their relationship survived both shift and job changes at Rush.

"It got rough sometimes," says Jim. "We had to get together at midnight sometimes when I was working nights. I also had some financial problems to straighten out. I kept promising Midge I would marry her as soon as I got my money problems settled."

Luckily, Jim landed his current job in engineering, a position in which he can use some of the skills

he'd been trained for in school.

Both agree they're glad they didn't meet in high school. "We were both less mature, and pudgier."

In true 90s style, Michael Buck asked Tracy Kerr for their first date by sending a message over his computer terminal to hers. Both worked at the data center. Mike had his eye on Tracy from the very beginning, when she was hired in June of 1987. His coworkers knew this, and she knew they were trying to get him to ask her out—which is why she didn't believe the message and made him ask in person.

After their first date, it was clear sailing...almost. "We had been dating for awhile, about a year.

It was like city boy meets country girl," says Tracy. "My parents lived in Warsaw, Illinois, a very small town about five hours from Chicago. I was homesick, so Mike decided to drive to Warsaw and take pictures of the town for a collage he would give me to cheer me up. Well, in a town where everybody knows each other, you don't just get out of your car and start taking pictures. My father didn't know who he was, so after Mike took pictures of my home, got back in his car and drove away, my father chased him down in the pickup truck until he stopped and explained himself. They get along great now, but it scared him then!"

Their wedding plans ran into problems too: the reception hall they booked burned down just before the wedding. Luckily, they found a replacement before their wedding on September 23, 1989.

Cupid's arrow took an unusual route to bring Terrie Nolinke, M.A., OTR/L, occupational therapy and William Rose, Ph.D., family practice, together. The two taught students at Rush University in adjacent classrooms, yet never met until July of 1989 when they got stuck on the same elevator.

"We got in on seven AcFac," says Terrie. "When the last person got off on the second floor and we

# er Match-Ups

were the only two left, the doors wouldn't close."

"That's when I looked down and saw a pickle stuck in the rubber gaskets. I kicked it out and the doors closed," adds Bill. "The whole time, I was trying to figure out how I'd see Terrie again, so I decided to give her my business card."

"I called the following Wednesday so he wouldn't forget me," continues Terric. "But I accidentally asked for a Bill Rosen. I was connected with a Phil Rosen and proceeded to jog his memory by saying 'remember the pickle in the elevator?' The response was, 'well, it sounds like an interesting story, but you have the wrong person.'"

The two never had lunch. When Terrie realized her mistake, however, she called back and left Bill her home phone number. Their first date was a walk along the shores of Lake Michigan. They were married on August 18, 1990.

Perhaps the longest "getting to know you" period was experienced by Sam and Sallie Hall, followed closely by runners-up Dorothy and Dave Dahe of SPD. Though they'd been working together for 10 years,

the Halls had hardly spoken to one another except in passing—mainly because they were both married to other people at the time.

"It was 1969 that we were on the nurses' aide/orderly committee," said Sallie Hall, mailroom supervisor. "Mostly, our job was picking uniforms. One day, I was asked to model one."

"It was white with a burgundy collar," Sam recalled.

Barbara Schmidt, who was in charge of the committee, asked Sam how he liked the uniform. "I said, 'It looks real good,' and Barbara said, 'Sam, I meant the uniform.'"

Ten years later, after the committee had long dissolved, Sallie began working for SPD. She stocked supplies for ambulatory surgery — Sam's department. The two began to talk and found they had something in common. Both had gotten divorced.

Not wanting to rush into another marriage, the couple dated for four years before getting married in 1983. "We got married at the Candlelight Wedding Chapel in Las Vegas," said Sallie, "because it was during a week-long vacation in Vegas



*Sallie and Sam Hall*

soon after we started dating that I became convinced Sam was the man for me."

As for Dorothy and Dave Dahe, it was a case of "she worked the day shift and he worked the night." They worked in SPD at the same time for six years and only saw each other in passing during the change of shifts. When he changed to days in 1985, it only took a year for them to decide to marry. They've now been married three years.



*Terrie Nolinske, M.A., OTR/L and Bill Rose, Ph.D.*

## On the Cover:

*(Clockwise from top left: Mike and Tracy Buck; Dean Jensen M.D., and Carol Lyn Soudier, M.B.A.; and Dorothy and Dave Dahe.*

# Victory!

The Medical Center beat the University of Illinois at Chicago in the annual Near Loop Hoop Classic basketball game by a score of 75-49. The game, held in late January at the UIC Pavilion, was close until the last quarter.

"We kept a three-point lead for the first three quarters," says coach Mike Coleman, human resources. "Then, in the last six minutes of the game, we just skyrocketed. The other team ran out of gas, and we just went."

"Dr. Henikoff and Don Oder were out of their



seats, it was so exciting. Everybody played their game. We ran away with it. We won by 26 points."

The team consisted of: Steve Atkins, environmental services; Sam Dickerson, occupational safety; Ken Ellis, M.D., internal medicine; Donald Hill, transport; Ronald Mack, food and nutrition services; Doug Meyers, security; and Robert Reynolds, medical records. Donald Hill was named Most Valuable Player. He was the team's highest scorer, racking up 31 points.



*Team cheerleaders with Near Loop Hoop Classic trophy: (l to r) Vickie Harvey, employee health; Marge Nicholson, purchasing; Jennifer Harris, Department of Medicine; Sherry Nelson, sleep lab; and Murdis Garrett, respiratory care.*



*The proud victors, flanked by (l) president and chief executive officer Leo Henikoff, M.D., and (r) coach Mike Coleman and his son, Mike Coleman II: (l to r, kneeling) Margie Nicholson, Murdis Garrett, Sherry Nelson, (center row): Vickie Harvey, Jennifer Harris, William Reed, Donald Hill, Edward Neal, (back row): Ronald Mack, Kenneth Cline, Steve Atkins, Sam Dickerson, Robert Reynolds, and Doug Meyers.*

# Rush people

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## RPSLMC Appointments

**Klaus E. Kuettner, Ph.D.**, biochemistry, was appointed a primary reviewer of the Fellowship Subcommittee at the National Arthritis Foundation meeting, San Antonio, Texas.

**Michael J. DaValle, M.D.**, cardiovascular-thoracic surgery, was appointed director of the non-invasive vascular laboratory.

**Scott Westberg** was appointed director of environmental services. He received his degree in hotel and restaurant management and business administration at the University of Wisconsin and was past director of environmental services at University of California, San Diego.

**Samuel G. Taylor, IV, M.D.**, internal medicine, was appointed by the United States Pharmacopeial Convention, Inc. to a new advisory panel of experts in the field of hematologic and neoplastic disease, to work in its drug information development programs.

**Jules E. Harris, M.D.**, F.R.C.P.(C), F.A.C.P., medical oncology, was appointed to a third term on the American Joint Committee on Cancer of the American College of Surgeons Commission on Cancer. He has also been appointed to a four-year term on the editorial board of *Cancer Research* and a three-year term on the Eastern Cooperative Oncology Group.

**Linda Grossman, Ph.D.**, psychology and social sciences/psychiatry, was appointed to the editorial board of *Journal of Personality Assessment*.

## In the news

A *Chicago Tribune Magazine* "First Person" column profiled **Reverend James Corrigan, O.S.A.**, coordinator of clinical pastoral education. "It's rewarding to be with people . . . to know that my presence or my response may, in fact, be helpful to them," he said.

Clinical director of the Rush Alzheimer's Disease Center (RADC), **David Bennett, M.D.**, and RADC

director, **Jacob Fox, M.D.**, provided collaborative research for a Harvard Medical School study published in the *Journal of the American Medical Association* (JAMA). The research on amyloid beta-protein, a protein linked to Alzheimer's disease (AD), showed the protein can appear in skin tissues as well as brain tissues of AD patients.

The *Chicago Sun-Times* highlighted Rush's latest research on seasonal affective disorder (SAD). **Michael Young, Ph.D.**, assistant professor, psychology and social sciences, and psychiatry, was quoted in the article. **Charmane Eastman, Ph.D.**, director of the Biological Rhythms Research Laboratory, was also mentioned.

"Employment: Health Care," a special supplement in the *Chicago Tribune*, featured **Paul Skiem**, director, compensation and benefits, **Michael Djuric**, chief of perfusion technology, and **John Trufant, Ed.D.**, vice president, academic resources, and dean of the College of Health Sciences and The Graduate College.

Obtaining accurate cholesterol reading tests was the subject of an in-depth *Weight Watchers Magazine* article. **Robert Rosenson, M.D.**, co-director of the preventive cardiology program and director of the lipid laboratory, talked about the best time to be tested.

The Associated Press quoted **James Williams, M.D.**, director of the Section of Transplantation, for an article on improved one-year survival rates for transplant patients.

**Keith Berndtson, M.D.**, assistant attending, family practice and adjunct attending, preventive medicine, commented on weight-loss programs for a *People* magazine cover story on Oprah Winfrey's struggles with her weight. Dr. Berndtson noted that those on weight-loss programs may regain 95 percent of their weight back unless the program is paired with exercise.

Three Rush experts were heard on the radio in the past month. **Richard Levy, M.D.**, assistant professor, internal medicine and

pediatrics, talked about diabetes on WVON-AM. **Thomas Schnitzer, M.D., Ph.D.** director, rheumatology and geriatrics, also spoke on WVON-AM about a new Rush study on hypertension in older people. And **Saul Rothenberg, Ph.D.**, assistant director of the Rush Sleep Disorder Service, spoke on Iowa's KQWC AM/FM about sleepwalking.

**Peter Sand, M.D.**, director, urogynecology, and assistant professor, obstetrics and gynecology, appeared on ABC-TV's "20/20" program. The subject of the show was urinary incontinence.

In a *Chicago Sun-Times* article, **Robert Katz, M.D.**, associate professor, internal medicine, commented on the results of a new study showing an anti-malaria drug's effectiveness in preventing flare-ups of lupus, an immune system disease.

The use of fetal tissue transplants for treating Parkinson's disease (PD) was the subject of a recent American Medical Television "Medical Rounds" show. **Christopher Goetz, M.D.**, professor, neurological sciences, discussed the alternative surgical, medical, and pharmacological treatments for PD.

## Speeches/Lectures Presentations

The following representatives from anesthesiology presented at the 1990 American Anesthesiologists annual meeting, Las Vegas, Nevada: **Timothy R. Lubenow, M.D.**, "Cross-tolerance and synergy between intrathecal tizanidine and morphine"; **Robert J. McCarthy, Pharm.D.**, "Is coronary revascularization using the internal mammary artery contraindicated in patients with COPD?"; **Morton Shulman, M.D.**, "Patterns of epidural steroid use by anesthesiologists in Illinois"; **Berton Braverman, Ph.D.**, "Effects of capsaicin on sciatic nerve sensory and motor function"; **Samuel M. Parnass, M.D.**, "A prospective evaluation of epidural versus general anesthesia for outpatient arthroscopy"; and

# Professional activities

**David M. Rothenberg, M.D.**, "The anticonvulsant and pulmonary effect of endotracheally-administered midazolam in a model of status epilepticus."

**James Hill, J.D.**, human resources and **Jack L. Nichols, M.S.**, Center for Rehabilitation: "Recruitment of persons with disabilities to help alleviate manpower shortages in health care," American Hospital Association's Section for Rehabilitation Hospitals and Programs annual conference, San Francisco, California.

**Barbara Conrad, Ph.D, R.N.**, maternal-child nursing, **Lou Fogg, Ph.D**, nursing services research and support, and **Deborah Gross, D.N.Sc., R.N.**, psychiatric nursing: "Validating the toddler care questionnaire as a measure of maternal self-efficacy," National Conference on Instruments in Nursing, University of Arizona, Tucson.

**Janet Magolan, M.S., R.N.**, OR/surgical nursing, "Spasticity successfully managed with intrathecal Baclofen drug pump," Association of Rehabilitation Nurses annual meeting, Phoenix, Arizona.

**Joseph Zbilut, D.N.Sc., Ph.D., R.N.**, OR/surgical nursing, **Joseph Briller, M.D.**, and **Norman Weinstein, M.D.**, University of Chicago, and **William Wiessner, M.S.**, Rush University: "Use of a power law scaling relationship to

analyze signal averaged ECC's," and "Use of recurrence plots analysis of heart beat intervals," **Dr. Zbilut**, with **Henry Loeb, M.D.**, Loyola University Medical Center and **Hines VA**, **Gottfried Mayer-Kress, Ph.D.**, and **Matthew Koebbe**, University of California, Santa Cruz, **IEEE Computers in Cardiology**, Chicago. Also **Drs. Zbilut, Koebbe** and **Gottfried**: "Recurrence Plots in Time Series Analysis," Society for Industrial and Applied Mathematics annual convention, Chicago.

**Randy J. Epstein, M.D.**, ophthalmology: "Anterior stromal infiltrates in acanthamoeba keratitis," American Academy of Ophthalmology, Atlanta, Georgia (co-authors **Ida H. Alul, M.D.**, and **Edward J. Holland, M.D.**, University of Minnesota, and **David M. Meisler, M.D.**, Cleveland Clinic Foundation, Ohio).

**Bernard R. Bach, Jr., M.D.**, orthopedic surgery: "Ski injury," National Ski Patrol, coauthors **Charles Bush-Joseph, M.D.**, **Raymond Pierson, M.D.**, **Preston Wolin, M.D.**, orthopedic surgery, and **Alex Doolas, M.D.**, general surgery.

The following Rush representatives presented at "Clergy response to suicidal persons and their family members," Temple Sholom, Chicago: **Max Brown, J.D.**, legal affairs, "Suicide machine"; **Rev. Larry A. Burton, Th.D.**, and **Rev. James Corrigan**,

religion and health: "Confidentiality and expressed suicide intent: Ethical issues"; **Rev. Corrigan** and **William Gilmer, M.D.**, psychiatry: "Persons with AIDS who don't want to live anymore"; **David C. Clark, Ph. D.**, psychiatry: "What has been learned from psychological autopsy studies of persons who died by suicide?" (with **Sara Horton-Deutsch, M.S., R.N.**, Rush University); **Jan Fawcett, M.D.**, psychiatry: "How to recognize suicide risk," and "Current clinical thinking about suicide"; **Rev. George Fitchett, D. Min.**, religion and health: "The boundary between pastoral and mental health care"; **Jacob H. Fox, M.D.**, neurology: "Failing health, terminal illness, and the 'Suicide Machine' "; **Ira S. Halper, M.D.**, psychiatry: "How to get professional help for a suicidal person"; and **Paul Holinger, M.D., M.P.H., M. Div.**, religion and health: "Suicidal thoughts: Spiritual or mental issues?"

**Robert L. Barkin, Pharm.D., M.B.A.**, pharmacy/pharmacology: "Antipsychotic agents past, present, and future," Loyola University grand rounds, Maywood, and "Recognition, assessment and management challenges of depression in the physical medicine and rehabilitation patient," Schwab Rehabilitation Center, Chicago.

**Fred Cohen, Ph.D.**, physiology: "Fusion of influence virus to planar

## Remembering Dr. Martin Luther King, Jr.



On January 21, a memorial service was held in the Atrium lobby in remembrance of Dr. Martin Luther King, Jr.'s birthday. The program was coordinated by community affairs and Rev. Stanley Keeble, formerly of finance. Radio personality LuVonia Whittley presided at the service. The emphasis throughout the service was on youth. Rodney T. Jordan, 18, played the organ; The Rutledge Sisters, ages eight and 10, sang; and an inspirational message was given by Rev. William Hudson III, who is 17 years old.

# Professional activities (continued)

membranes," Albert Einstein College of Medicine, New York.

**Robert Eisenberg, Ph.D.**, physiology: "Moving through biological channels," Courant Institute of Mathematics, New York.

**Jianjie Ma, Ph.D.**, physiology, "Ca channels in excitation contraction coupling," Duke University, North Carolina.

**L. Penfield Faber, M.D.**, **Robert J. Jensik, M.D.**, **C. Frederick Kittle, M.D.**, **Russell Vester, M.D.**, and **William H. Warren, M.D.**, cardiovascular-thoracic surgery: "Bronchopleural fistula following stapled closure of the bronchus," Chicago Surgical Society Scientific Program, Chicago. Also, **Drs. Faber and Warren** with **Michael R. Caskey, M.D.**, cardiovascular-thoracic surgery: "Bronchoscopic closure of bronchopleural fistula with fibrin glue," American College of Chest Physicians 56th annual assembly, Toronto, Canada.

## Publications

**Klaus E. Kuettner, Ph.D.**, bio-chemistry: "Cartilage matrix and structure," Osteoarthritis symposium, Montreal, Canada and, with **Margaret Aydelotte, Ph.D.**, biochemistry, "The effect on cartilage metabolism of diclofenac sodium (Voltaren) as a possible modulator in osteoarthritis," Understanding Osteoarthritis and the Anti-Osteoarthritic Effects of Diclofenac (Voltaren) conference, Ascot, England.

**David Clark, Ph.D.**, **Ruth Oehning-Lindroth**, Center for Suicide Research and Prevention, Robert Stein, M.D., Cook County Hospital, and Susan Younger, M.D., Mississippi State Hospital, Michigan: "Availability of knowledgeable informants for a psychological autopsy study of suicides committed by elderly persons," *J Amer Geriatrics Soc* 38:1169-1175, 1990.

The following representatives from the Department of Dermatology presented at the American Academy of Dermatology annual meeting, Atlanta, Georgia: **Matthew G. Fleming, M.D.**, "Cutaneous irritation: Pathobiologic considerations" and "Cell cycle analysis of flow cytometry of sun-exposed, non-exposed and tretinoin-treated skin,"

(coauthors Susan T. Niderost, M.D., Wilma F. Bergfeld, M.D., Juan Guitart, M.D., and Rafael Valenzuela, M.D., Ph.D., Cleveland Clinic, Ohio); **Marianne N. O'Donoghue, M.D.**, "Hair and Nails" and "Controversies in dermatology"; **Dr. O'Donoghue** and **Robert V. Kolbusz, M.D.**, "Pyogenic granuloma following treatment of verrucae vulgaris with liquid nitrogen and duoplast"; **John L. Ratz, M.D.**, "Lasers in dermatology"; **Stephanie F. Marschall, M.D.**, "Pigmented Bowen's arising in pigmented seborrheic keratoses"; and **Jeanne M. Valicenti, M.D.**, **Roger W. Pearson, M.D.**, and **Dr. Fleming**, "Popular mucinosis in the L-tryptophan eosinophilia myalgia syndrome." **Dr. Fleming** also presented "Seasonal variation in the proliferation of fraction of Australian common nevi," American Society of Dermatopathology annual meeting, Atlanta, Georgia. **Dr. Marschall** presented "Tattoo removal using trichloroacetic acid," American College of Surgeons Annual Clinical Congress, San Francisco, California, and "Trichloroacetic acid peel for removal of cutaneous tattoos," American Society for Plastic and Reconstructive Surgeons Annual Scientific Meeting, Boston, Massachusetts.

**Frederick D. Malkinson, M.D.**, **D.M.D.**, dermatology; Geng Ling, M.D., Suzhou University, People's Republic of China; and Wayne R. Hanson, Ph.D., Loyola-Hines Medical Center: "16,16 dm prostaglandin E2 protects mice from fractionated radiation-induced alopecia," Society for Investigative Dermatology annual central regional meeting, Chicago.

**Michael A. Counte, Ph.D.**, health systems management: "Health needs and elderly health care behavior: Results from a longitudinal study," Center for Health Promotion and Research, University of New Hampshire, Durham; "Price responsiveness of demand for long-term care insurance," with **Gerald L. Glandon, Ph.D.**, health systems management; and "Elderly health beliefs, attitudes and health maintenance," **Dr. Counte**, **Dr. Glandon** and **Julianne Jensen, M.S.**, Gottlieb Memorial Hospital, Gerontological Society of America annual meeting, Boston, Massachusetts.

**Arturo J. Bonnin, M.D.**, and **Anita T. Gewurz, M.D.**, immunology/microbiology: "Association of cigarette smoking with increased immunoglobulin E in Puerto Rican Hispanics," and

"Recurrent aseptic meningitis in a patient with deficiency of the complement regulatory protein factor I," American College of Allergy and Immunology annual meeting, San Francisco, California.

**Susan L. MacLean, Ph.D., R.N.**, medical nursing and **Thomas S. Worms, M.S., R.N.**, Rush University: "Choosing an instrument for measuring social support and the social network of hospitalized patients with medical problems," The University of Chicago Hospitals fifth annual nursing research symposium, Chicago.

The following individuals gave presentations at the American Speech-Language-Hearing Association annual convention, Seattle, Washington: **Lori A. DeFoor-Hill, M.S.**, and **Mary J. Bacon, M.A.**, communicative disorders and sciences: "Improvement in delivery of dysphagia services: an exemplary QA program," **Ann Gaddie-Cariola, M.S.**, communicative disorders and sciences, **DeFoor-Hill** and **Kevin P. Kearns, Ph.D.**, Northeastern University, Boston, Massachusetts: "Response elaboration training: Treatment effects using a visual communication system," and **Dianne H. Meyer, Ph.D.**, communicative disorders and sciences: "Ear canal resonance in surgically modified external auditory canals," with coauthor **Francisco Civantos, M.D.**, University of Illinois at Chicago.

## NewsRounds

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**Editor**  
Nancy Stetson

**Editorial Staff**  
Cheryl Janusz, Sue Jeantheau,  
Justine Ringhofer

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**Rush-Presbyterian-St. Luke's Medical Center**  
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## Surgeon/author Richard Selzer, M.D., visits Rush

"Being a surgeon and being a writer are strangely alike," said noted author Richard Selzer, M.D., after giving a lecture at the Medical Center in mid-January. "Even the instrument that you hold is about the same size - the scalpel and pen. And when you move the scalpel, blood is shed, and when you use a pen, ink is spilled upon a page. And there's a certain similarity - one sutures words together instead of tissue. I myself can no longer distinguish between the two of them, in many ways. The crafts are quite similar."

The lecture, delivered to a standing-room-only audience, was sponsored by the Humanities Program of Rush University and funded from a grant by the GTE Foundation. Dr. Selzer spoke about his experiences as both a surgeon and a writer, and the similarities and differences between the two professions. He stated that writers see differently than surgeons; this difference is reflected in the type of notes they take. Surgeons' notes are concise, primarily concerned with the patient's physical condition. Writers' notes also include intangibles such as emotions, impressions, and speculations. To demonstrate his point, Dr. Selzer read from his notes about visiting someone who was dying of AIDS



*Richard Selzer, M.D.*

and considering suicide.

"I lecture about twice a month," he said afterwards. "The rest of the time I'm home, behind a quiet, unmolested door, scribbling."

"Dr. Selzer retired from medicine five years ago. He was a surgeon in New Haven, Connecticut, and on the faculty of the Yale School of Medicine. "It was very hard to walk away from my beloved workbench," he confessed. "I was a happy doctor. For a long time, I had attacks of longing; I missed the patients. It's odd - the things that I missed the most were the physical diagnosis and teaching surgery. I miss those two things. I miss having the human body in front of me as ma-

terial to reach out and touch."

Dr. Selzer is the author of six books, including *Mortal Lessons*, *Confessions of a Knife*, and *Letters to a Young Doctor*. His books have been well-received and widely reviewed. "It wasn't until I was 40 years old that the idea even occurred to me to write," he said. "It must have been there, totally submerged, and at the age of 40, it burst forth, in a kind of cornucopia of imagery and metaphor of language. It took me three years of working daily at it before I thought I was ready to write a decent paragraph. And then I just began to be published here and there." Dr. Selzer's essays have appeared in magazines such as *Discover*, and *The New York Times Magazine*.

He's working on his seventh book, a memoir of his boyhood in upstate New York during the 1930s. "It has to do with my father, who was a general practitioner, and my mother who was a singer. He wanted me to become a doctor, and she wanted me to become an artist. So I hope, at last, I have satisfied them both. My father died when I was 12, but not before he had blooded me to the profession at his knee, the way a hound is blooded to the hunt. There was never any question that this was what I was going to do."



# NewsRounds

Volume 30/Number 3/April 1991



**Care packages to the Persian Gulf**  
— see pg. 6

# Just the facts

**The second annual Bobbie O'Brien Oncology Nursing Award** was awarded to nurses Dawn Spadaro, bone marrow transplant, and Fran Jacobs, M.S., R.N., 10 Kellogg. The award was established in memory of Roberta O'Brien, a Rush medical technician who died of breast cancer at the Medical Center in 1987. "Bobbie showed an affinity with nurses," said presenter Marnie McHale, M.S., R.N., 10 Kellogg. "She saw herself as part of the 'family' that made up the oncology team. In the same respect, these two nurses contribute greatly to the environment of care at the bedside."

**May is Better Hearing and Speaking Month.** The Department of Communication Disorders and Sciences will be offering free hearing screenings to employees throughout May. For more information, or to make an appointment, call x25332.

**The Fourth Annual Oncology Nursing Conference** in late February drew 160 nurses from the Chicago area. It was co-sponsored by the Rush Cancer Center and the Rush University College of Nursing. Keynote speaker, Ann Reiner, R.N., M.N., O.C.N., Virginia Mason Medical Center, spoke on: "The Cancer Experience: The Impact of Diagnosis and Recurrence."

**It was an early spring at Rush** when the Rush University Guild held its annual flower sale on Valentine's Day. The sale, sponsored by faculty wives, raises approximately \$1,000 each year for student scholarships.

**Are you a veteran** or do you have a family member in the armed forces? The Rush Veterans Committee would like you to help them plan this year's third annual Flag Day celebration. For more information or to volunteer, contact co-chairmen Charles Nichols or James Blue at x25678.

**"Asia Today,"** a Chicago-based weekly television program focusing on Asian-American issues and culture, recently taped some interviews at the Medical Center. Reporter Angel Abcede spoke with Belen de la Rosa, R.N., psychiatry; Wendy Rivera, R.N., post-anesthesia recovery; and Kathleen Andreoli, D.S.N., vice president, nursing affairs and dean, College of Nursing, for a program on nursing. They discussed reasons for entering the field, problems created by the nursing shortage, and the opportunities for Asian-Americans. The segment will run on WGBO-TV (Channel 66) in June.



*Nurses Dawn Spadaro, bone marrow transplant (l) and Fran Jacobs, M.S., R.N., 10 Kellogg, celebrate. See **The second annual Bobbie O'Brien Oncology Nursing Award** . . .*



*Bobbie Levin (l) and Sarita Glickman of the Rush University Guild share a laugh at the annual flower sale. See **It was an early spring at Rush** . . .*



*Nursing from an Asian perspective: A crew from TV program "Asia Today" prepares 13 Kellogg nurse Belen de la Rosa, R.N., (far left) for an interview on issues in nursing. See **"Asia Today"** . . .*

## On the Cover:

*Nurse recruiter Bonnie Macius, R.N., human resources, surrounded by the hundreds of care packages sent to U.S. medical personnel in the Persian Gulf.*

# Mr. Yuk's Department



*Jack Lipscomb, R.Ph., director of the Poison Control Center, (far left) being interviewed by Tim Bannon of the Chicago Sun-Times.*

Few faces are as instantly recognized around the Medical Center as Mr. Yuk's lime green features. His face, frozen in a permanent grimace—eyes squinted shut, tongue stuck out in disgust—warns children to stay away from poisonous substances.

"The Mr. Yuk symbol was developed at the Children's Hospital in Pittsburgh, back in the early '70s," says Jack Lipscomb, R.Ph., director of the Medical Center's Poison Control Center. "They came up with a bunch of designs and showed them to kids. This is the one they picked. It's that bright green color because that's the least attractive to children. It got its name when one of the kids said, 'It's a yukky face.' So the Mr. Yuk stickers are a pretty common poison warning that have been around for 20 years or so."

The Poison Control Center has been around even longer. Considered the oldest in the nation, it existed before Presbyterian and St. Luke's hospitals merged. Louis Gdalan, R.Ph., a pharmacist in St. Luke's Hospital, began the service informally in the 1940s, as an information service of the pharmacy department. In the late 1970s, the Illinois Department of Public Health established Rush as one of three regional poison control centers. The Center services Chicago and nine surrounding counties.

"It's a fairly small geographic

region, but we service roughly seven and a half million people, which is about two-thirds of the state's population," says Lipscomb. "Unfortunately, there's no outside funding, so we've been a community service of the Medical Center the entire time. That's why we're trying to get more grant money and are trying to convince the state to fund us, because we're a public health service."

Crammed into a small room at 432 Kellogg, Lipscomb's staff answers a steady stream of phone calls from frantic parents, inquiring physicians, and emergency room personnel. People can call the Center's poison hotline number — 312/942-5969 — at any time to get fast, accurate, specific information regarding poisoning.

"We estimate that last year we prevented over 8,000 unnecessary emergency room visits throughout the region, at a cost saving of approximately \$2 million, minimum."

The Center receives 130 calls daily — a hundred more than their rate 10 years ago. They also make a minimum of one follow-up call per inquiry.

Although the number of calls has

increased over the years, the size of the staff has not. Five full-time equivalents cover the a.m. and p.m. shifts. The midnight shift, when there is the least number of calls, is staffed by in-patient pharmacists. All staff people are either pharmacists or nurses and have advanced training in toxicology. All are required to take and pass the certification exam for poison information specialists.

"We provide toxicity information, help make assessments, and give treatment information and recommendations," says Lipscomb. "For example, a mother calls up and tells us that her child ate some multiple vitamins with iron. We try to determine the maximum number the child could have eaten and do a calculation based on the child's weight and the amount of ingested iron—the most toxic ingredient. Then we tell her what effects it can cause, and whether she needs to go to an emergency room, or can handle it at home."

According to Lipscomb, the most common calls involve a young child. "About 64 percent of our cases involve children under the age of six," he says.

"And about 72 percent of all cases are treated at home. That statistic could be closer to 80 percent or better, but some people simply go directly to the emergency room, and we don't get the call until they're there.

But if they had called us originally, we probably could have saved them a trip."

Most poisons are ingested. Cleaning products are the most common substance, probably because they're readily accessible to



*(continued on page 11)*

# Practical education at Rush free clinic

In the first two years of any medical school, students can expect intense training in biology, pathophysiology and other sciences through lectures and textbooks. They usually don't see patients until their third year, when their clinical curriculum begins.

A year ago, the preventive medicine department at Rush Medical College developed a program, the Primary Care Clinic Project (PCCP), to give students an education different from the offerings of a typical medical school. The free clinic exposes students to healthcare delivery in a needy community and gives them first-hand experience with patients.

Located in the rectory of St. Basil's—a magnificent, old, Byzantine church on Chicago's southwest side—the free primary care clinic serves a racially mixed, poor-to-low-income community. As many as 90 Rush medical students volunteer at least one day a month at the clinic, as do nearly 30 Rush physicians. Together they treat medical conditions ranging from high blood pressure to patients with amputated limbs.

Edward Eckenfels, assistant dean and associate professor of preventive medicine, describes the protocol that takes place every Wednesday and Thursday night, known as "Rush Nights" at the clinic.

"Two or three Rush doctors—ideally an internist, family practitioner and pediatrician—attend the clinic on Rush Night. They supervise student teams consisting of three students; one first- and one second-year medical student (M1 and M2), plus a third- or fourth-year student (M3 or M4). The students rotate to observe patients assigned to different doctors. They also help provide health education and interact with patients to learn about chronic diseases."

Students perform different procedures at the clinic depending on their year in school, says Eckenfels. "First- and second-year students take blood pressure readings, medical histories and measure vital signs, while third- and fourth-year students assess the patient's history, perform a physical exam and present a healthcare plan to the supervising physician. They also act as teaching assistants to M1s and M2s. Attending physicians may intervene in this instruction at any time they feel necessary.

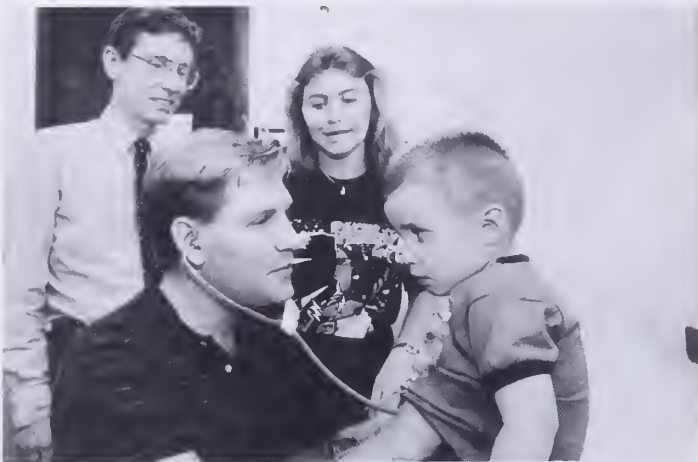
"What's so special about PCCP is that it combines community service with medical education," says Eckenfels. "St. Basil's provides the ideal setting where students learn the principles and methods of ambulatory medicine in the process of actually giving healthcare to a community that is without it."

The clinic grew out of student interest. Inspired by the community health course Eckenfels teaches in the required curriculum, students in the class of 1992 asked where they could find a community-based primary and ambulatory care setting where they could provide this service.

Eckenfels sent them to Peter DeGolia, then an M4 who had volunteered at the St. Basil's Free Clinic throughout his four years at Rush. The students polled Rush physicians to see how many would volunteer to guide students at the clinic. They received a positive response.

After William Schwer, M.D., associate professor and associate chairman, family practice, accepted the role of physician coordinator, the PCCP began to take shape. Today, its popularity has grown as well as its number of patients.

"Because of the clinic, I am more comfortable and confident with patients and doctors, and have a better understanding of those who can't afford expensive hospital care," says Greg Thompson, M4. Thompson has decided to pursue a career in primary care medicine. "My experience there helped me with my career choice, and I think students who have made a commitment to the clinic will get the same benefits."



*John Wlodarski, M4, (l) checks young patient as pediatrician Mark Ward, M.D., looks on.*



*Douglas French, M2 (far left) takes a blood sample, as Dr. Ward supervises.*

# Rush Recycles

When Stephanie Koop, R.N., began a recycling and conservation program on 8 South Atrium, she didn't think she would end up making a presentation to Lco M. Henikoff, M.D., president and CEO of the Medical Center. But she did plan on making an impact.

Koop arrived at Rush in January of 1988 from Marin County, California—an area which recycles 30 percent of its garbage. "Recycling was very much encouraged there," she says.

Koop started her unit's recycling program with energy conservation. "I put up signs to remind people to shut off the lights," she says. Later, she recycled newspapers and aluminum cans. She also ran informational meetings for nurses and administrators, all of whom became very excited with the idea of recycling at the Medical Center.

Impressed with the effort, 8S unit leader Paula Dillon, M.S., R.N., mentioned Koop's program to Total Quality Management (TQM) coordinator Cindy Schripsema. Also impressed, Schripsema invited Koop to a TQM luncheon to make a presentation to Dr. Henikoff.

"I thought recycling was one area where Rush hadn't involved itself," says Koop. "I wanted the institution to take a stand and be a leader in recycling."

Koop gained a lot of support, including that of Dr. Henikoff, who asked to hear more of Koop's suggestions in the future.

Barb Covert, R.N., Julie Marfell,



*Stephanie Koop, R.N.*

R.N., and Beverly Harbach, from the medical intensive care unit on 11 Kellogg, took Koop's lead and started recycling on their unit late last fall. Staff recycle aluminum cans, re-use computer paper for scratch paper, and bring in their own mugs to cut down on styrofoam use. "The staff has been very cooperative," says Marfell. "It was easy," chimes in Harbach. "We just pointed to the box of paper and cans to be recycled and said 'Do this!'"

Individual recycling efforts spurred the momentum toward organized campus-wide recycling. The clincher came when the Medical Center rebid its medical waste disposal contract last August.

To find more cost-effective waste management, Rush signed a contract to have the Rolling Meadows company Stericycle, Inc. process its infectious "red bag" wastes. The Medical Center now has these wastes recycled

instead of incinerated. Stericycle decontaminates the waste using a method similar to microwaving and sells the material to vendors who manufacture new products from it.

Stericycle also proposed a general trash recycling program for the institution which Rush enthusiastically implemented. The program began on January 29th of this year.

As part of that program, Environmental Services and Stericycle are asking employees to separate white paper (letterhead, typing paper, photocopy paper, and memos), green bar computer paper, corrugated cardboard, and aluminum cans from the rest of the trash. Employees place the recyclables into special blue containers labelled with the specific items to be disposed of. Environmental Services then arranges for transport of the recyclables to a processing center.

The program started in the Professional Building and will soon spread to the academic facilities, the patient care areas, and the laboratories. Individual programs will not be affected by the new effort. But the new containers are a welcome sight to those who have already begun to recycle.

With paper piled high under their desks, Michelle Hoersch, research manager, preventive medicine, and Karen Lee, secretary and data coordinator, preventive medicine, couldn't get their new containers soon enough. "We knew it was inevitable that we would be recycling," said Hoersch at the department's in-service.

"It's going to take a lot of individual involvement for this program to be successful," says Scott Westberg, director, environmental services.

"You can't keep going in the world the way we're going. We have to recycle."

Stephanie Koop is pleased with the Medical Center's new recycling efforts and flattered by the attention, but she is far from finished with her own work. Koop will soon go back to school to pursue a degree in public health, a chance to mix nursing and recycling. "I really want to make recycling part of my career," she says proudly.



*Organizers of MICU recycling: (l to r) Barb Covert, R.N.; Julie Marfell, R.N.; and Beverly Harbach.*

# Care packages to the Persian Gulf

Over the past few months, Medical Center employees demonstrated in tangible ways their support for those involved in the war in Saudi Arabia.

In late February, the Department of Human Resources sent more than 300 boxes to U.S. medical personnel in the Gulf. The boxes contained snacks, games, personal items, and notes of encouragement, all from Rush employees.

"In the Viet Nam War, I worked for the Red Cross on a military base," said Carolyn Skipper, LCSW, social services. "It was a recovery hospital based in San Antonio, Texas. So I have an affinity with people in similar situations—that's why I decided to help.

The Department of Cardiovascular Surgery—including nurses, surgeons, secretaries, and physicians—all chipped in and raised \$150 to purchase treats and games. They were able to fill 150 bags with candies, granola bars, playing cards, and other goodies. Each bag included an encouraging poem they wrote, rolled in a scroll and tied with a yellow ribbon.

The department also donated a number of electronic computer games and board games such as Scrabble and Yahtzee.

"We made an assembly line and put them all together," said Beth Gustafson, R.N. "We did this so it would be a little remembrance of home,



*Marge Kaplan, LCSW, (l) and Carolyn Skipper, LCSW, both of social services, drop off packages for medical personnel in the Persian Gulf.*



*Coleen Kelly, M.S., (l) and Bonnie Macius, R.N., both of Human Resources, sold shirts to raise money for postage for the packages.*

so they know they're not forgotten."

Director of employment services Coleen Kelly, M.S., and nurse recruiter Bonnie Macius, R.N., coordinated the project. To raise money for shipping costs, they sold sweatshirts with "We're in a Rush to Better the World" written on the front, and raised \$1060.

"We had addresses of head nurses at specific medical units," said Kelly, "so these packages definitely got to

medical personnel. We sent them to field hospitals, triage hospitals, naval ships, combat hospitals. We also coordinated boxes to be sent to our own people overseas."

The 300 plus boxes were shipped in mid-February.

"Employee reactions to this project were very positive," said Macius. "We're not making a political statement, we're supporting our colleagues in a tough situation."

The Department of Human Resources reports that the following employees are on active duty, as of February 22, due to the recent war in the Persian Gulf.

Yahya Abdur-Rashid  
Security

Dyana Barth  
Food Services

Dennis Brown  
Food Services

Fred M. Brown, R.N.  
Surgical Nursing

Priscilla Brown, R.N.  
Maternal Child Nursing

Lutricia Cloud, R.N.  
Surgical Nursing

Debbie Formella, R.N.  
Surgical Nursing

Mireya Guerrero, R.N.  
Medical Nursing

Jane Hagele, M.B.A., M.S., R.N.  
Maternal Child Nursing

Danny C. Harkins  
Rush Health Plans

Elizabeth McCormack, R.N.  
Surgical Nursing

Richard Michael McGrath  
Rush Atrium

Margarita Mojica, R.N.  
Surgical Nursing

Raul Montemayor  
ArcVentures, Inc.

Sheila Rashid, R.N.  
Surgical Nursing

Margaret Ryan  
Rush Health Plans

Bill Taylor  
Diagnostic Radiology

# Employee of the Quarter



*Josephine Gaiter, medical nursing (l) accepts awards from Peter Butler, M.H.S.A., vice president, administrative affairs.*

The second Wayne Lerner, Dr. P.H., Excellence in Leadership Award was bestowed upon Elizabeth (Liz) Birlet of philanthropy and communication during the Employee of the Quarter luncheon in late February.

Birlet was lauded for her untiring efforts in raising funds for clinical and research efforts throughout the Medical Center, a task for which she often came to the office "long before the crack of dawn and many week-ends." In describing Birlet, one of her co-workers stated, "If the most effective way to motivate people is to set an example, Liz is a close-to-perfect motivator." According to her supervisors, as the office TQM

coordinator, "Liz is an example of the quality process in action."

Josephine Gaiter, winner of the Employee of the Quarter award, also received the praise and testimony of her supervisors, who have observed her performance as unit clerk on 5 Pavilion: "Ms. Gaiter consistently demonstrates on-the-job performance that exemplifies the meaning of 'superior.' Recently, one of our 'regular' patients was readmitted.... Ms. Gaiter remembered the specific brand of equipment he used and ordered it. She is a singular role model for all unit clerks and for all Rush employees."



Leslie Kryzs, Medical Center Engineering, and Bonnie Wright, environmental services, were also recognized in front of the crowd of over 90 nominees and supervisors at the luncheon. They were the recipients of the Carol Stege Memorial Service Award for employees in service departments.

Kryzs has served the Medical Center for over 11 years. His supervisor, Theodore Nichols, said, "Over his many years of service, Leslie has been a very dedicated employee. Whenever we needed someone to work through lunch, or overtime, or



*Carol Stege Award Winner Leslie Kryzs*

double shifts, he's been there, ready and willing."

Bonnie Wright's supervisor, Scott Westberg said, "Bonnie is very dependable. She works hard but always brings a smile to the job — she's an all-around quality employee. Everyone who's worked with Bonnie has had a pleasant experience; they all say how lucky they are to work with her."

Coordinators of the Employee of the Quarter program noted the increased participation in the program over the past year — so much so that a bigger room might be necessary for the next luncheon.

This coming May, the Employee of the Year Award will be presented at Founder's Day.



*Wayne Lerner, Dr.P.H., Award winner Liz Birlet, philanthropy and communication, (r) with her supervisor, associate vice president Diane McKeever, M.B.A.*



*Bonnie Wright, environmental services, (r) with her supervisor Scott Westberg, director, environmental services.*

# Health Management Seminar

"In the 21st century, only about one-third of a hospital's revenue will be from acute care," predicted Jeff C. Goldsmith, Ph.D., President of Health Futures, a health care consulting firm.

Dr. Goldsmith spoke at the Tenth Annual Invitational Seminar sponsored by the Department of Health Systems Management in February. This year's theme was "Health Care Prophets: Past Lessons and Future Strategies."

Dr. Goldsmith said that hospitals in the future will devote themselves to the other two types of care — critical care and community-based ambulatory and chronic care — as technological advances in intervention and the incentives for lower cost alternatives take further hold.

As a way of paying homage to James Campbell, M.D., Rush's past president and architect of the Rush System for Health, Dr. Goldsmith explained that most hospital systems have "failed to understand the fundamental business," which Dr. Campbell had defined.

According to Dr. Campbell, a hospital system should be founded

on three principles: 1.) Populations of patients are the base for planning services; 2.) A tiered system is needed that matches the acuity of the care sought with the acuity of the patient; and 3.) Physicians, not hospitals, are the building blocks of health care systems.

"His ghost is stalking this meeting, waiting for us to tell him something he didn't know," said Dr. Goldsmith. "Health care institutions, including hospitals, are not things in and of themselves, but the reflections of clinical practice and collaboration, and the manifestations of values related to science and to caring that professionals represent," Dr. Goldsmith concluded.

The symposium's second presenter, Bruce C. Vladek, Ph.D., President of the United Hospital Fund of New York, discussed health care policy in the 1990s.

In setting the stage for the future, Dr. Vladek pointed out that hospitals have "never been more prosperous, have never been so new, never been so empty, and have never been so uncertain or anxious over the future.

"As a result, the direction in

which medical service is headed is not technologically determined, it's payment determined," he said. The majority of Americans — "the great white middle class" — are healthier today than ever, Dr. Vladek said. "But inner city health care is in the midst of a major disaster," he added, citing a recent *New England Journal of Medicine* article which reported that life expectancy for males at birth and for females after one year of age in central Harlem in New York City is worse than in Bangladesh.

"Unless we find a way to make the system work for people at the bottom of the health care spectrum, the future is not promising," he concluded. "If we want changes that will allow hospitals to flourish, we have to seize a leadership role and initiate those changes.

"The problems facing U.S. hospitals today aren't so much financial, organizational and managerial as they are intellectual and moral. Hospitals can no longer ethically afford to be reactive to policy issues," argued Dr. Vladek.

During a panel discussion on "Forecasting Regional Health Care Delivery," representatives from four Chicago-area health care systems — Rush, University of Chicago, Mercy Hospital and Medical Center, and Evangelical Health Systems in Oak Brook — offered insights into the future and answered questions from the audience.

Rush President and CEO Leo M. Henikoff, M.D., explained that Rush's strategy of corporate integration with community hospitals allows the hospital to serve a larger group of people.

"There's greater access to care and staff at affiliated institutions, and this allows for less disjointed patient care. In this sense, the public wins, and we as an institution win, too," said Dr. Henikoff.

"For Rush, corporate integration does not imply a change in our mission. Rather, it is a more efficient way of meeting the goals of our existing mission."



The panel shares a lighter moment. From l to r: Walter McNerney, Professor of Health Policy, Northwestern University; Sister Sheila Lyne, President, Mercy Hospital and Medical Center and Deputy Commissioner of the Chicago Board of Health; Leo Henikoff, M.D., President and Chief Executive Officer, Rush; John King, President, Evangelical Health Systems; and Ralph Muller, President, University of Chicago Hospitals.



# Rush people

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## RPSLMC Appointments

**Ellen Hunt** was recently named director of publications in the communication section of the Office of Philanthropy and Communication. Formerly an associate editor with Universal Press Syndicate, Hunt had been a member of the public relations staff at Lutheran General Hospital-Lincoln Park, St. Joseph Hospital and Mount Sinai Hospital. She holds a bachelor of arts degree in English from Mundelein College.

Three new staff members recently joined Volunteer Services. **Jeanine Santoro** is assistant director of volunteer services. She is responsible for JRB volunteer programs, the Medical Center Interpreter Program and other various areas. She was previously a music therapist in the Therapeutic Recreation program at JRB.

**Joan Colby** joined Volunteer Services as weekend coordinator. She will staff the office and supervise volunteers on weekends.

**Rebecca Newcomb** also joined the department, as Smith Lounge Coordinator. She will staff the lounge Monday through Friday from 2 to 7 p.m.

## Appointments

**Marianne N. O'Donoghue, M.D.**, dermatology, was appointed editor of *Dermatologic and Cosmetic Surgery*.

**Roger C. Bone, M.D.**, internal medicine, was named president-elect of the American College of Chest Physicians, a 15,000-member international organization.

**Debra E. Weese-Mayer, M.D.**, pediatrics, was elected a member of the Midwest Society for Pediatric Research. She was also selected to participate in the American Thoracic Society Consensus Development Conference on Pediatric Sleep Laboratories, and was named a member of the planning committee for the 10th Annual Meeting on Apnea in Infancy seminar in Rancho Mirage, California.

**Doris Vidaver-Cohen, M.A.**,

Rush University, was appointed to the *Literature and Medicine* handbook committee for the Society for Health and Human Values. She was also appointed to the Society of Midland Authors' Committee on Book Awards as judge, Best Prose Non-Fiction.

## Kudos

**Lucy Martinez-Schallmoser, M.S.N., R.N.**, maternal-child nursing, received the Martin Luther King Scholarship Award from the Chancellor's Office of Student Affairs at the University of Illinois at Chicago.

**The occupational therapy department** has received full accreditation for seven years from the Committee on Allied Health Education and Accreditation.

**Doris Vidaver, M.A.**, Rush University, won first prize in the 1990 Chelsea Awards for Short Fiction.

## In the news

In interviews that aired on WLS-TV and WBBM-TV, **Jack Lipscomb, R. Ph.**, director of the Poison Control Center, warned parents about the risk of accidentally poisoning children from overuse of an antihistamine called diphenhydramine. The drug is often used to treat the itchy rash associated with chicken pox. Lipscomb discussed the symptoms of diphenhydramine poisoning and a variety of treatments that relieve the irritating itch. He suggested alternative treatment to diphenhydramine to soothe the itchiness: plain calamine lotion, cool baths with or without baking soda, or colloidal oatmeal products. And, he recommended aspirin-free products, such as acetaminophen, to help reduce fever.

**Jan Fawcett, M.D.**, chairman, psychiatry, and **Rosalind Cartwright, Ph.D.**, chairman, psychology and social sciences, were featured on WMAQ-TV's "Your Vital Signs." The show, hosted by medical reporter Dr. Barry Kaufman, focused on depression.

In another story for WMAQ-

TV, Dr. Fawcett discussed the usefulness of Prozac, an antidepressant drug, as a first-line treatment for people with clinical depression. **John Zajecka, M.D.**, psychiatry and director of the Treatment Research Unit, commented on the efficacy of the drug in an interview with WLS-TV reporter Theresa Gutierrez.

**Aaron Rosenberg, M.D.**, orthopedic surgery, explained in an interview on WMAQ-TV news the new experimental treatment for avascular necrosis, a hip condition. **Regina Barden, R.N.**, orthopedic nurse clinician, demonstrated how the electromagnetic stimulator works.

**Seymour Sabesin, M.D.**, internal medicine, director of the Department of Digestive Diseases, was quoted in the spring edition of *Family Safety and Health* magazine. He explained how gastric ulcers form.

**Robert Katz, M.D.**, rheumatologist, internal medicine, was quoted in the *Chicago Sun-Times*. Dr. Katz called a recent study on the long-term effectiveness of gold injections, a popular treatment for rheumatoid arthritis, "provocative." He added that the effectiveness of the therapy should not be based on one study. Dr. Katz was quoted as saying, "I still will use gold because I have seen good clinical responses with it."

**Jorge Galante, M.D.**, chairman, orthopedic surgery; **Roger Bone, M.D.**, chairman, internal medicine; and **L. Penfield Faber, M.D.**, cardio-vascular thoracic surgery, were cited in the March 1991 *Good Housekeeping* magazine's guide to the 400 Best Doctors in America.

A recent episode of "A Closer Look," an NBC-TV news program, featured an interview with **Gary Strokosch, M.D.**, pediatrics, director, adolescent medicine. The program examined the growing concern of the spread of AIDS among teenagers through heterosexual contact.

**Charles McKiel, M.D.**, chairman, urology, was quoted in a *Chicago Sun-Times* article on a new

# Professional activities

therapy for enlarged prostate. Rush is one of five sites nationwide participating in investigational studies of Prostatron, a French-made microwave device that uses an ultrasound-guided heat probe to shrink obstructive tissue causing the enlargement.

## Speeches/Lectures Presentations

**James M. Kerns, Ph.D.**, anatomy: "Influence of DC electrical fields on nerve regeneration," Bioengineering program, Arizona State University, Temple.

**James Williams, Ph.D.**, anatomy, biochemistry, internal medicine: "Experimental articular cartilage injury and repair," Indiana University School of Medicine, Indianapolis.

**Gene Hommandberg, Ph.D.**, biochemistry: "Studies of fibronectin fragment-induced cartilage damage," with **Dr. Williams**.

**Robert S. Rosenson, M.D.**, cardiology: "Hyperlipidemias and hypolipidemic agents," Tulane University School of Medicine visiting professor lecture and "Influence of lipoprotein-x on plasma viscosity in subjects with cholestatic liver diseases," Louisiana State University Medical Center, New Orleans Research Seminar in Physiology.

**Michael J. DaValle, M.D.**, cardiovascular-thoracic surgery: "Surgical treatment of infected coarctation graft and aortobronchial fistula," Society of Thoracic Surgeons 27th Annual Meeting, San Francisco, California.

**S. Russell Vester, M.D., L. Penfield Faber, M.D., C. Frederick Kittle, M.D., William H. Warren, M.D., and Robert J. Jensik, M.D.**, cardiovascular-thoracic surgery: "Bronchopleural fistula after stapled closure of the bronchus," Society of Thoracic Surgeons 27th annual meeting, San Francisco, California.

**Frederick D. Malkinson, M.D., D.M.D.**, dermatology: "Therapeutics," Dermatology Foundation annual Winter Colloquium, Rancho

Mirage, California.

**Marianne N. O'Donoghue, M.D.**, dermatology: "Skin cosmetics," Tulane University visiting professor and Louisiana State dermatology meeting, New Orleans.

**John L. Ratz, M.D.**, dermatology: "CO<sub>2</sub> laser for removal of rhinophyma," Basic Laser Course, and chairman, Committee of Laboratory and Physical Modalities meeting, American Academy of Dermatology annual meeting, Atlanta, Georgia.

**Marion E. Broome, Ph.D., R.N.**, maternal-child nursing: "Facilitation of research in academic and practice settings," Gamma Eta Chapter, Sigma Theta Tau Research Conference, Sanford University, Birmingham, Alabama.

**Barbara Conrad, Ph.D., R.N.**, maternal-child nursing: "Maternal confidence during toddlerhood: Current research and issues," nursing research seminar, University of Chicago.

**Mira Lessick, Ph.D., R.N.**, maternal-child nursing: "Modeling parenting skills in substance abusing women," 2nd Annual Perinatal Substance Abuse Symposium, Rockford, Illinois.

**William T. Leslie, M.D.**, medical oncology: "Issues on drug selection in older cancer patients," Care of the Older Cancer Patient—Clinical and Quality of Life Issues symposium, St. Mary Medical Center, Long Beach, California.

**Charles R. Thomas, Jr., M.D.**, medical oncology: "Update on primary gastrointestinal lymphoma," Norris Cotton Cancer Center and Dartmouth Medical School, Hanover, New Hampshire.

**JoAnn Eriksson, M.S., R.N.**, OR/surgical nursing: "Sleep pattern disturbance in gynecologic oncology patients," and **Lois Winkleman, M.S., R.N.**, OR/surgical nursing: "Bowel obstruction in gynecologic oncology patients," Society of Gynecologic Nurse Oncologists 8th annual meeting, Orlando, Florida.

**David F. Soglin, M.D.**, pediat-

rics: "Advanced pediatric life support," American College of Emergency Physicians meeting, Washington D.C.

Several representatives from pediatrics presented at the Midwest Clinical Conference, Chicago: **Kenneth M. Boyer, M.D.**, "Immunitization update"; **Richard Sandler, M.D.**, "Update on hepatitis"; **Lawrence Vogel, M.D.**, "Spinal cord injuries in children"; and **Samuel P. Gotoff, M.D.**, "Neonatal sepsis revisited."

**Debra E. Weese-Mayer, M.D.**, pediatrics: "Fictitious and factitious apnea," university lecture series, Northwestern University, Chicago and "Event recording: An alarming turn of events," 9th annual meeting, Apnea in Infancy, Rancho Mirage, California.

**Robert L. Barkin, M.B.A., Pharm.D.**, pharmacy/pharmacology: "The treatment of acute pain and the role of a pain center," Cook County Hospital trauma rounds, "The treatment options of diabetic patients," Southwestern pharmacist association, Harvey, Illinois and "The pharmacology of insomnia and parasomnias," Sleep Disorders Center, Santa Fe, New Mexico.

**Bennett G. Braun, M.D.**, psychiatry: "Multiple Personality Disorder (MPD): Treatment approaches," Mendota Mental Health Institute, Madison, Wisconsin; "Satanic cults: Diagnosis and treatment of victims of ritual abuse," LifeSpring Mental Health Services, Jeffersonville, Indiana, and "Advanced MPD workshop," co-chair, American Society of Clinical Hypnosis annual meeting, Orlando, Florida.

**Jonathan Kelly, M.D.**, psychiatry: "Adolescent sex offenders," Sexual Dysfunction Conference, Loyola University Medical Center, Maywood, Illinois.

**Karen Meyer, LCSW**, psychiatry: "Psychological child abuse in high conflict custody disputes," psychiatric trauma workshop, Rush North Shore Medical Center, Skokie.

## 35th Anniversary of Medical Center merger

April 24, 1991, marks the 35th anniversary of the merger of Presbyterian and St. Luke's Hospitals. According to the *Presbyterian-St. Luke's Review* (vol. 1, no. 1, Fall 1957), "Presbyterian-St. Luke's (was) organized in April 1956, through the consolidation of two of Chicago's oldest and best known hospitals." To accommodate both hospitals, the 500-bed Pavilion was built at a cost of \$18,500,000. "The Development Program will give Chicago and the Middle West one of the nation's outstanding institutions of medical care, education and research," said the *Review*.

The caption for the above photo read: "Looking To Her Future - Louise Johnson, student nurse, watches progress on hospital's new



13-story, air-conditioned pavilion at West Side Medical Center from vantage point across Congress Street Expressway. Last girder (left) went

into place early in August. Completion of building, adjoining present Presbyterian structures, is expected in spring, 1959."

### Mr. Yuk *continued from p. 3*

small children who find them in the cabinet under the sink. Due to safer packaging, children aren't as prone to ingest drain opener or oven cleaner, which cuts down on the number of extremely serious cases. But sometimes children will ingest medication, which can be highly dangerous if taken in sufficient quantity.

"Other situations may involve inhalation of fumes, or chemicals splashed in the eyes or on the skin," says Lipscomb. "We also get all sorts of calls from adults: they've accidentally mixed some cleaners and inhaled the fumes. Or they've been exposed to a chemical at work. Or it was a suicide attempt, or a drug abuse case. We get a lot of calls from physicians and nurses from the emergency rooms in our region."

The Poison Control Center also receives calls involving bites and stings.

Whenever incidents of drug tampering are in the news, the number of calls they receive rises dramatically. "Back in '83, when Chicago had the

big Tylenol cyanide incident, we got 731 calls during that first 24 hours," Lipscomb says. "And back then, our average number of calls a day was 60 to 80. Recently, there were reports of cyanide being found in Sudafed, but it was out in Tacoma, Washington. It did generate calls to the Center, but nothing near the magnitude of the Tylenol cyanide calls.

"When things like this happen, it seems that people who've taken the medication in the past three months and don't feel great, call in, certain they're dying of cyanide poisoning. During the Tylenol incident, a lot of people would call in and say, 'I've got this awful headache, and I've taken some of this Tylenol. Do I have cyanide poisoning?' And I'd say, 'Why did you take the Tylenol in the first place?' And they'd say, 'Well, I had this terrible headache.' "

But sometimes the calls are positive. Lipscomb recalls one mother who called in for more Mr. Yuk stickers: " 'They're wonderful; my son really understands what Mr. Yuk means,' she told me. Apparently, he had taken one of the

stickers and put it on the frozen broccoli in the refrigerator, so he wouldn't have to eat it for dinner." Lipscomb chuckles. "At least he had the concept down."

## NewsRounds

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Editor  
Nancy Stetson

Editorial Staff  
Cheryl Janusz, Sue Jeantheau, Pam Redd  
Justine Ringhofer

Intern: Michelle Miller

Anyone interested in reporting department news should call the editor at extension 25579. Deadline for all copy is the 10th of the month preceding publication. Editorial offices are on the second floor at 1700 West Van Buren.

**Rush-Presbyterian-St. Luke's Medical Center**  
Office of Philanthropy and Communication  
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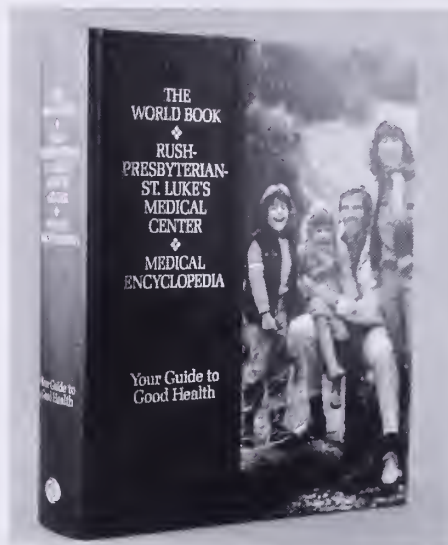
## World Book/Rush Medical Encyclo- pedia available at bookstore

Through a special agreement between the Medical Center and World Book, Inc., a major reference work just published is titled *The World Book/Rush-Presbyterian-St. Luke's Medical Center Medical Encyclopedia: Your Guide to Good Health*.

The 1,072-page encyclopedia includes more than 1,200 color photos and illustrations and 4,500 entries.

And here's one more statistic: For a limited time the Rush University Bookstore is offering a 25 percent discount to all members of the Rush family—employees, faculty, staff, and students. Presentation of your Rush I.D. will get you the handsomely bound volume for \$29.95 instead of \$39.95.

Erich E. Brueschke, M.D., professor and chairman of family practice, is medical editor of the encyclopedia. Dr. Brueschke, who has been associated with earlier editions of the same publication since the 1970s, recruited 25 other members of the Rush faculty to serve



as editors and advisors on the medical encyclopedia. They comprise an "all-Rush" board of consultants for the project which, for the first time, carries the name of the Medical Center in the title.

While the arrangement of the material in the medical encyclopedia is in alphabetical order, the information provided is not limited to simple exposition. Throughout the volume, there are a series of questions that people might ask on a given subject and answers to those questions.

The volume also has five appen-



(l to r): William A. Schwer, M.D.;  
Erich E. Brueschke, M.D., FAAFP;  
and Susan Vanderberg-Dent, M.D.

ces totaling over 100 pages, on symptoms, health issues at each stage of life, nutrition, exercise, and growing older.

Dr. Brueschke says that the medical encyclopedia is in no way a substitute for consulting a physician, nor is it do-it-yourself diagnosis.

"The purpose," he says, "is to educate people so well to their health that they will be able to deal with their physicians in the most intelligent way possible. A good medical reference book aimed at the general public can greatly augment the patient's experience with the physician."

# NewsRounds

Volume 30/Number 4/May 1991



**A salute to nurses  
— see p. 5**

# Just the facts

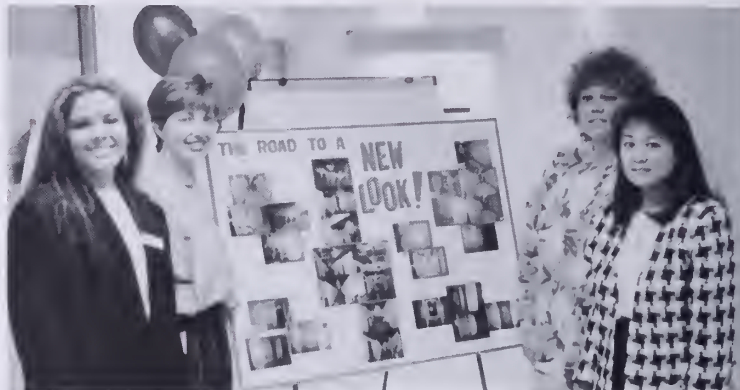
**12 Kellogg held an open house** on April 9 to celebrate the renovation of the unit. Jan Fawcett, M.D., chairman, psychiatry, said, "The unit's been transformed. It's a beautiful job." Area director Margaret Williams, M.B.A., and Priscilla Lynch, M.S., R.N., unit leader, cut the ribbon, officially opening the new 12K.

**Walk for your health.** On Wednesday, May 15, the Medical Center will celebrate the second annual National Employee Health and Fitness Day with a mile-and-a-half walk for employees. The event, held in conjunction with the University of Illinois and Cook County Hospital, will take place between 7 a.m. and 3 p.m. Registration will be at the corner of Wood and Harrison. Employees should bring their i.d.s with them when they register. Walkers who complete the route will receive a free cafeteria meal coupon. "This is a non-competitive event," says Claudia Baier, M.P.H., coordinator, Employee Health and Fitness Program. "The idea is to promote fitness among our employees. Walking is a good cardiovascular exercise. It's low impact, so it's not jarring, and you can go at your own pace. We're encouraging all three shifts to participate." For more information, call the Employee Health and Fitness Program at x25309.

**Mailbox numbers have been assigned** to departments and doctors. These alpha/numeric codes should be used when sending interdepartmental or outgoing mail. All mailbox numbers will be printed in the next Medical Center telephone directory.

**On Match Day**, March 20, 106 Rush senior students received their matches through the National Residency Matching Program (NRMP). Seventy-one students matched in Illinois programs, including 32 students who will fulfill their residencies at the Medical Center and two who will do their residencies at hospitals within the Rush network.

**In March, 50 employees had their body fat analyzed**, courtesy of Employee Health and Fitness Program. Although registration was supposed to last for two days, eager participants signed up so quickly that all appointments were filled in less than an hour. The use of an electrical impedance machine, which measures body fat, was donated by Rush at the Atrium. Participants then had their results explained to them, and were counseled by a registered dietitian from Food and Nutrition Services. Due to the high request, more screening sessions will be scheduled in the future.



*Looking at pictures of the renovation of their unit, 12 Kellogg staff: (l to r) Carmel Gaughan, R.N.; Alison West, R.N.; unit leader Priscilla Lynch, M.S., R.N.; and Rowena Felix, R.N., nurse recruitment. See 12 Kellogg held an open house . . .*



*Rush seniors discover where they'll be spending their residencies. From l to r: El-Roy Dixon, M4; Robbi Borjeson, M4; Caren Botlieb, M4; and Menoj Menta, M4. See On Match Day . . .*



*Claudia Baier, M.P.H., coordinator, Employee Health and Fitness Program, (l) gives Ruth Maxey, nursing financial affairs, a body fat analysis test. See In March, 50 employees had their body fat analyzed . . .*

# Secretaries take time for their day

Of the 448 secretaries employed at the Medical Center, over 330 took a few hours out of their day to enjoy brunch "on the house" in honor of Secretaries' Day. They exchanged cheerful greetings as they waited for made-to-order omelettes, and later applauded when asked if they were having a good time.

While introducing a panel discussion of "A Changing Profession for a Changing World," moderator Bonnie Chaney, obstetrics/gynecology, quoted some astonishing statistics.

"This year, of the 300,000 open secretarial positions in the United States, 80,000 will remain vacant due to a shortage of such qualified secretaries as yourselves," said Chaney. "For that reason, we need to say 'Thank you' for being here and doing what you do."

A panel of current and former secretaries at Rush, including Tina Kaatz, assistant vice president, medical affairs; Dawn McGovern, telecommunications applications analyst; and Ann Rozinsky, secretary to the Vice President of Nursing Affairs/Dean - College of Nursing, talked about how they got to their current positions.

"I was encouraged to continue my education," said Kaatz. "So I enrolled in school and in two years earned my Master's degree from the



*Sheri Marker, M.S.I.R., human resources, (l) registers Lillian Linares, cardiology.*

Health Systems Management program here at Rush. I then became an administrative assistant in medical affairs, and eventually moved up to my current position. I really thank my mentors and encourage all of you to find a mentor—perhaps in one of your supervisors."

The panel also addressed questions such as "What should secretaries do when they've reached the highest secretarial rank and salary level for that position?"

"Think about the skills you've picked up along the way," said Kaatz. "Then decide how you can apply them in a greater capacity in your department—maybe as an office manager or administrative

assistant."

One secretary had her own suggestion. "Just like executives have a network, so should we," said Ellen Tinney, a newly hired secretary in finance. "We should all be part of a network where we can call someone if we're having trouble learning WordPerfect, or if we need to know about positions available within the Medical Center. It's up to us to take steps to improve ourselves."

Skill-building workshops on topics such as teamwork, assertiveness and professionalism were offered by training and organizational development in coordination with Secretaries' Day. Lillian Linares, cardiology secretary, who attended "Projecting a Professional Image," said she found the session helpful.

"The session taught us how to take control in certain situations, like when you're dealing with someone who's impatient on the phone," said Linares. "We also learned how to maintain a professional demeanor, even when things aren't going right that day."

Linares stated the viewpoint expressed by many secretaries that day: "When things are going smoothly and everybody's happy, it feels good! But we often put up with a lot of aggravation," she said. "It's nice to be recognized like this."



*Panel members (l to r): Tina Kaatz, Dawn McGovern, Ann Rozinsky, and Bonnie Chaney.*



*Secretaries line up for their tailor-made omelettes.*

# IVF wishes 83 babies happy birthday

The Inn at University Village was brimming over with babies—including several sets of twins and triplets—and joyous parents during the seventh birthday party sponsored by the In Vitro Fertilization (IVF) program in mid-March.

This year's party had a teddy bear theme. "We picked that theme—even the cake had a bear on top because we can 'bearly' wait for the 100th IVF baby," said Susan Kilburg, M.S., administrative manager, obstetrics and gynecology.

Each child chose from a large selection of stuffed teddy bears one to be taken home. But the biggest attraction was a walking, talking, larger-than-life bear, (actually resident-in-bear's-clothing, Kian Behbekht, M.D.), that the children could hug, kiss or, in some cases, run away from.

Some babies, such as eight-week-old Melinda Dziabiroski, were able to ignore the noise and catch a few winks. Melinda, the youngest IVF baby to date, was born from a new procedure called Tubal Embryo Transfer (TET), in which the egg cells are fertilized in the lab (in vitro), incubated for two days, then placed in the mother's fallopian tube.

Of the four assisted reproduction techniques—IVF, GIFT (Gamete Intrafallopian Transfer), ZIFT (Zygote Intrafallopian Transfer) and TET—TET, the newest procedure, promises to be the most successful,



Six-year-old Gerry Doran (l) helps Dr. Radwanska and the IVF bear blow out the birthday candles.

says Ewa Radwanska, M.D., Ph.D., director, Section of Reproductive Endocrinology.

This was certainly the case for Melinda's mother and father, Nudja and Azir Dziabiroski. "I consider Melinda a miracle baby," said Nudja.

Through assisted reproduction techniques, other staff members help couples have children when the odds look bleak. Victoria Maclin, M.D., reproductive endocrinology, feels that developing a relationship with her patients has helped her pinpoint their needs. A case in point is Rose Ponce de Leon-Hale.

"I met Rose in 1985 when she was pregnant with her first child," says Dr.

Maclin. "It took her seven years to achieve this natural pregnancy, and we both knew she'd have trouble carrying the baby to term. I helped her through preterm labor and finally, her daughter Jacqueline was born."

When she decided to have another child, Rose Hale knew she had two choices: wait another seven years or more to conceive naturally, or go through the assisted reproduction methods Dr. Maclin told her about.

"Dr. Maclin had been so wonderful to me with my first pregnancy," said Hale, "that I knew she was the right one to help me achieve the second."

Hale's eventual pregnancy resulted from a combination of two procedures—GIFT and IVF.

The result? Twins. "My theory is that one pregnancy came from GIFT, the other from IVF," says Dr. Maclin. "But it's hard to keep track with combination procedures. The important thing is that it worked. I'm very happy for Rose."

Katherine Rose and Christina Marie, the Hales' two new daughters, joined the other children as the candles on the birthday cake were blown out by five-year-old Gerry Doran, Rush's first IVF boy. The party is held on the birthday of the first IVF baby, Tiffany Autrey, who couldn't make the party this year.



Zvi Binor, M.D., (l) with Toni and Joseph La Rose and their twin daughters Gina Marie and Michelle Anne.



# Salute to nurses



*Operating Room nurse Tracy Martin, R.N., assists with the instruments.*

May 6-12 is National Nurses Week. The theme this year is "Nurses Care for America." It's impossible to include every unit on one page, but we salute all Rush-Presbyterian-St. Luke's nurses who give the highest quality care to our patients, and join in celebrating your week.



*Emergency Room nurse Jeff Doll, R.N., starts an IV line.*



*Kathy Moren, R.N., special care nursery, feeds a baby, while Deb Gist, R.N., (l) and Janice Mercil, R.N., (r) look on.*



*Susan Rateike, R.N., (l) gives patient Vaune Polak her medicine.*



*Home Health nurse Sharon Lofton, R.N., (l) checks Bess Marks's blood pressure during a home visit.*

## On the cover:

*Operating Room nurse Cindy Johnson, R.N.*

# RUSH-Anchor responds

Customer satisfaction is a high priority for Rush-Presbyterian-St. Luke's (RPSL) Health Plans, Inc. At RUSH-Anchor, everyone—from the person who answers the phone to the physician who diagnoses and treats the patient's problem—contributes to the patient's total experience.

To attain a true picture of how patients perceive their experience at RUSH-Anchor, a random group of patients were surveyed. Responses were mostly positive—they liked their doctors and the care they received. They also offered some suggestions for improving the system of delivery.

## QUALITY

Rush-Presbyterian-St. Luke's Medical Center

RUSH-Anchor administration followed up the surveys with letters addressing the issues mentioned.

"We wanted to let the public know we're listening and using their comments to formulate an improvement plan to provide better services," said Truman H. Esmond, Jr., President and CEO, RPSL Health Plans, Inc.

According to Barbara Wener,

quality improvement process coordinator at RPSL Health Plans, Inc., the quality improvement process, established to help Health Plans better meet and exceed customer expectations, has been very successful. In addition to the survey, "member nights" were organized at all RUSH-Anchor locations, where patients could talk face-to-face with administrators and staff.

At member night, as in the surveys, most questions or concerns were about accessibility. Some patients were bothered by having to repeat their stories several times to different people, others found making an appointment difficult. As a result, all RUSH-Anchor office staff are being trained in telephone etiquette and customer service to enhance their skills. In addition, each office is developing a quality improvement plan to correct identified problems.

Wener added that all clerical and nursing staff are required to pass a quality process post-test by 90 percent, after which they are closely monitored by management to ensure compliance with the "standards set by Health Plans."

Some quality improvement measures were aimed at RUSH-Anchor employees' experience. "A

pilot program, one of many we've added to our quality training programs, was developed and implemented by Marco De La Cruz, M.D.," said Esmond. "In the pilot program, called 'Great Expectations,' employees participate in role playing and problem-solving exercises with the goal of improving their work environment and serving the patient better. They learn techniques for coping with the day-to-day stresses of work."

As a result of this program, according to Wener, "One woman began jogging in place by her desk when she got stressed out, another woman made signs that said 'RELAX' and put them on some of her co-workers' desks. A real bonding is beginning to develop among co-workers."

"Feedback from the participants in the pilot has been unbelievably positive," she said. Wener hopes to repeat the program at various locations to improve employee self-esteem and encourage positive attitudes, to create greater internal and external customer satisfaction.

"Quality management is a habit," concluded Esmond. "A quality outcome affects profitability and growth. We're gaining ground in both areas."

*Staff from Great Expectations' second pilot program include (1 to r, bottom row): Barb Wener, Rosemary Rouse, Carmen Morges, Carmen Figueroa, Sonaie P. Johnson, Ballarea Wilson, Vanessa Simmons, Josepha Flores (2nd row): Jackie House, Marco De La Cruz, M.D., Lorraine Cepican, Edna Johnson, Vivian McGill, Loretha Jackson, Geri Alidon, Carolyn Murphy (3rd row): Frances Buckner, Ellen Askren, Ellen Edwards, Dorene Harris, LeFirm Ellis, Gertha Anderson.*



# Research Week: 1991

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*Sigma Xi President Fredrick Shair, Ph.D., (l) presents the Sigma Xi charter to Rush President and CEO Leo M. Henikoff, M.D.*

## Rush Becomes Newest Sigma Xi Chapter

During Research Week, the Medical Center's research program received important international recognition: At a ceremony on April 16, Rush was made an official chapter of

Sigma Xi, the respected scientific research society.

Sigma Xi includes 237 clubs and 281 chapters at institutions judged to exhibit a solid commitment to

scientific research. Rush's election to chapter status followed an extensive review of the Medical Center's research facilities, in-house and national research support list, staff research publications, and scientists' community involvement.

"This evening is of historical importance to Rush's development as an academic institution," said Rush University Sigma Xi Chapter President Richard Rawlins, Ph.D., obstetrics and gynecology. Dr. Rawlins commended past president, Mark Peebles, Ph.D., immunology/microbiology, who helped orchestrate Rush's elevation to chapter status.

Also present at the installation ceremony was Sigma Xi President Fredrick Shair, Ph.D., Rush President and CEO, Leo Henikoff, M.D., and over 120 Rush physicians and researchers.

Before the installation ceremony, the annual Sigma Xi lecture was presented by Rosalind Cartwright, Ph.D., chairperson, psychology and social sciences. Her topic: "The Science of Dreams and the Dreams of Scientists."

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## Genetic Research

Is it possible that diseases such as cystic fibrosis, Duchenne muscular dystrophy and hemophilia will eventually be curable through gene therapy? This question was the focus of "Genes, Diseases and Therapy," a group of lectures presented during the Ninth Annual University Committee on Research Symposium, April 18. Four speakers from around the country discussed new breakthroughs related to genetic research before a crowd of over 100 Rush researchers, students and interested employees.

Michael Nelson, Ph.D., chairperson, University Committee on Research, introduced the speakers with the story of a four-year-old Maryland girl who recently made medical history (and national headlines) by becoming the first person

to receive gene replacement therapy for a genetic disease.

Robert Haselkorn, Ph.D., the University of Chicago, gave an overview of genetic research, from Mendel to the present. John C. Krauss, M.D., University of Michigan, and Paul O.P. Ts'o, Ph.D., Johns Hopkins University, described aspects of their own research. Haig H. Kazazian, Jr., M.D., Johns Hopkins University, discussed the use of DNA analysis in prenatal disease diagnosis.

The symposium concluded with a question/answer session moderated by Paul Wong, M.D., director, Rush Section of Genetics.

On April 17, Rush University students and faculty presented their research. Outstanding student research award recipients were

Michael B. Fernando, Rush Medical College; Mary Garnack, College of Health Sciences; Wendy A. Tuzik, College of Nursing; and Natalie Coleman-Fuller, the Graduate College. The outstanding student poster award went to graduate student Denise K. Bonen, biochemistry.

Students' research interests ranged from the cancer-fighting effects of Newcastle Disease Virus to the relationship between elderly patients' satisfaction and perceived quality of care. On the same afternoon, faculty research presentations were delivered by Deborah Gross, D.N.Sc., College of Nursing; Eric G. Bremer, Ph.D., Rush Medical College; Gerry Rakaska, R.N., College of Health Sciences; and Gene Homandberg, Ph.D., the Graduate College.

# Rush people

## RPSLMC Appointments

**Judith Tarlos-Benka, M.S.N., R.N.,** and **Catherine Pacholski, M.S., R.N.,** recently joined maternal-child nursing. Tarlos-Benka was named assistant unit leader of pediatric critical care services. She received her Master's degree in nursing education and pediatric neurodevelopment from Northwestern University and most recently served as clinical coordinator of the pediatric intensive care unit at Rush. Pacholski was appointed clinical specialist in pediatric medicine. She earned her Master's degree at Rush University and was formerly a pediatric nurse practitioner for Michael Reese Health Plan. Both nurses are instructors in maternal-child nursing at Rush University.

**Cynthia J. Hughes, M.Ed.,** OTR/L, has been appointed the new chairperson of occupational therapy. She has served the department as acting chairperson for the last four years of her career at Rush. Among her many awards, Hughes received a 1972 W.K. Kellogg Fellowship in Teacher Education for Allied Health Professions. She is now an associate professor in the College of Health Sciences at Rush University. She is also completing her Doctor of Philosophy degree at the University of Illinois at Chicago.

## Appointments

**Klaus E. Kuettner, Ph.D.,** was appointed representative for the American Academy of Orthopaedic Surgeons' Councils on Research. He was also named a member of: the Osteoarthritis Research Society's (OARS) advisory committee, the Musculoskeletal Diseases Panel and the Connective Tissue Research Panel of the National Institute of Arthritis and Musculoskeletal and Skin Diseases. The panels, part of a task force of the National Institutes of Health, are to help develop a national research plan.

**Gary S. Cohen, LCSW,** employee assistance program, was elected co-chairperson of the Illinois/Employee Assistance Professionals Association Consultants Group for 1991.

**Alex P. Kuritza, Ph.D.,** immunology/microbiology, was appointed lecturer, lecture series of 1991, American Society for Microbiology National Foundation—a national lecture circuit in microbiology and infectious disease.

**Trudy A. Gardner, Ph.D.,** Library of Rush University, was elected chairperson of the national organization, Friends of the Library Information System for a two-year term.

**George D. Wilbanks, M.D.,** obstetrics/gynecology, was elected the 29th president of the Association of Professors of Gynecology and Obstetrics at a recent meeting in New Orleans, LA.

**Sharon Nighorn, M.S., R.N.,** psychiatric nursing, was elected president of the INA Peer Assistance Network for Nurses Foundation.

## Kudos

The Searle Corporations appointed **Klaus E. Kuettner, Ph.D.,** biochemistry, chairman of one of five grant-review committees for a \$10 million "Arthritis and Prostaglandins Re-

search Challenge" fund.

**Joyce Keithley, D.N.Sc., R.N.,** and **Carol Kohn, D.N.Sc., R.N.,** OR/surgical nursing, received the Oncology Nursing Society/Adria Laboratories clinical practice writing award for their paper on "Managing nutritional problems in people with AIDS."

**Richard E. Buenger, M.D.,** radiology, was recently honored with a "Gold Medalist" award—the highest distinction of the Radiological Society of North America—for his pioneering work in the creation of the organization's Research and Education Fund, and for his many contributions to the field of radiology at Rush.

## In the news

A study by cardiologist **Michael Davidson, M.D.,** and colleagues at the Chicago Center for Clinical Research (Department of Medicine) has received much attention in the media. First published in the *Journal of the American Medical Association*, the study's findings suggest that eating two ounces of oat bran or three ounces of oatmeal daily can reduce cholesterol. The study was reported in the *Chicago Sun-Times*, the *Chicago Tribune*, the *Washington Post*, *Wall Street Journal* (Midwest Edition) and the *New York Times*; on

*Richard E. Buenger, M.D., (r) with E. Robert Heitzman, M.D., president, board of directors, Radiological Society of North America.*



# Professional activities

WMAQ-TV, WLS-TV, CNN-TV, "CBS This Morning," "Good Day, New York" and Eyewitness News (WUSA), Washington, D.C. Dr. Davidson also was interviewed by the Associated Press and United Press International.

Neurology chairman **Jacob Fox, M.D.**, discussed forgetfulness and Alzheimer's disease in a recent issue of *Time* magazine. "My rule of thumb is that the person who thinks he or she has Alzheimer's doesn't. Almost invariably, the Alzheimer's patient is brought in by a family member. Either the patient is not aware of the problem or just can't get it together to make an appointment with a doctor."

**Charles McKiel, M.D.**, chairman, urology, discussed the investigational device called Prostatron for a WLS-TV "Medicine Tonight" segment. The French-made microwave device uses an ultrasound-guided heat probe to shrink obstructive tissue causing prostate enlargement. Dr. McKiel said that Prostatron could make surgery obsolete for many prostate patients.

An article in *Chicago Healthcare* examined strategies for survival of the healthcare industry in the '90s. The story highlighted the recent Health Systems Management symposium held at Rush. Panelists discussed the role of managed care, third-party reimbursement, quality issues, multi-specialty clinics, and physician relations. President and CEO **Leo M. Henikoff, M.D.**, and vice president of inter-institutional affairs **Avery Miller** were quoted.

In an interview that aired on WLS-TV, **Richard Sandler, M.D.**, director, pediatric gastroenterology and nutrition, talked about the plight of Kurdish refugees, which he saw first hand as a representative of Physicians For Human Rights. He said reasons for the high death rate in refugee camps are dysentery, dehydration, exposure, and starvation. He added that 75 percent of adult and 90 percent of child deaths are due to diarrhea and explained how dysen-

tery can lead to death.

**Craig Bradley, M.D.**, plastic and reconstructive surgery, commented on the Food and Drug Administration's mandate requiring manufacturers of silicone breast implants to prove the safety of their product or remove it from the market. The story aired on WBBM-TV.

**David Clark, Ph.D.**, director of the Center for Suicide Research and Prevention, was quoted in a *Chicago Sun-Times* article on elderly suicide and stereotypes. Dr. Clark said, "In the public's view, the elderly person who commits suicide lives alone, faces economic hardship or physical decline. But such cases are rare." Dr. Clark added that most elderly suicide victims had unrecognized depression or some other underlying mental problem.

**Doris Evans**, secretary for the National Practitioner Data Bank, Medical Staff Office, was quoted in an *Illinois Medicine* article on the success of the 1991 "Match Day" for residency programs.

The April issue of *Today's Chicago Woman* featured an article by **Nelson Stringer, M.D.**, obstetrics and gynecology, in the "Health, Beauty and Fitness" column. The article highlighted the history, diagnosis and treatment of genital warts — which is "presently the most common sexually transmitted disease among American women," said Dr. Stringer. The article also focused on the relationship between genital warts and cervical and penile cancers.

**Jan Fawcett, M.D.**, chairman, psychiatry, was quoted in a tongue-in-cheek *Chicago Tribune* article on the "ritual of worrying." Dr. Fawcett said, "Worry is a form of prayer. It's a feeling that you will be rewarded with a good outcome if you suffer enough. For worriers, an ideal situation is one where nothing they can do will really affect the outcome. Like trying to figure out the answer to 'Will he call?' or 'Did the boss like my talk?'"

## And the Winner is...

The following employees have been nominated for *The Alice Sachs Memorial Award*, given for superior performance in patient care. The winner (or winners) will be announced on Founder's Day, Tuesday, May 14:

Robert Balk, M.D., Internal Medicine

Ann Crudele, R.N., Community Health Nursing

Beth Taheri, M.S., R.N., O.R./Surgical Nursing, 9 South Atrium

Barbara Heiden, R.N., Gerontological Nursing, 5 JRB

Joyce Fitzpatrick, R.N., Medical Nursing, 7 North Atrium

Janet Fletcher, R.N., Medical Nursing, 11 Kellogg

Margie Swift, R.N., Medical Nursing, 10 Kellogg

Francis Mock, L.P.N., Psychiatric Nursing, 13 Kellogg

Rita Wickham, M.S., R.N., Medical Nursing, 10 Kellogg

The Employee of the Year will also be announced on Founder's Day. Finalists are:

Elaine Engstrom, secretary, Religion and Health; Josephine Gaiter, unit clerk, Medical Nursing, 3 Pavilion; David Bouras, senior program analyst, Academic Resources; and Norma Williams, R.T., imaging specialist, Diagnostic Radiology.

All nominees and finalists deserve a hearty round of applause!

# Professional activities

## Speeches/Lectures Presentations

**Eric Ostrov, Ph.D., J.D.**, psychiatry: "Conducting a reliable and valid fitness-for-duty evaluation," "Integrity testing and the selection of law enforcement personnel," symposium chair, and "Police officers who succumb to drugs," American Psychological Association, Division 18, 98th annual meeting, Boston, Massachusetts. Also, "Types of juvenile delinquency," Cook County Hospital psychiatric grand rounds.

**Rosalind Cartwright, Ph.D.**, psychology and social sciences: "Dreaming during divorce: Working through stressful events," Clinic Director Conference, Detroit, Michigan.

**Tamara Sher, Ph.D.**, psychology and social sciences: "Functional and dysfunctional couples' responses to behavioral marital therapy," (coauthors Steven Sayers, Ph.D., Medical College of Pennsylvania; Donald Baucom, Ph.D., University of North Carolina, Chapel Hill; Robert Weiss, Ph.D., and Richard Heyman, M.A., University of Oregon), and "Cognitive/behavioral marital therapy outcome research: What is success?" **Dr. Sher** and Dr. Baucom with Charles Burnett and Lynn Rankin, University of North Carolina Association for the Advancement of Behavior Therapy annual meeting, San Francisco, California.

**Abigail Sivan, Ph.D.**, psychiatry, psychology and social sciences: "Child sexual abuse," Illinois State Psychiatry Institute, Chicago, Illinois.

**Jana Wagner, M.S.**, psychology and social sciences: "Responding to the challenges of cancer: An interactive video approach." Speech Communication Association annual meeting, Chicago.

**Gerald Perry, M.L.S.;**  
**Marianne Doherty, M.A.L.S.;**  
**Minna Sellers, M.A.;** **Jean Demas, M.A.L.S.;** and **Nalini Mahajan, M.L.S.**, Marianjoy Rehabilitation

Health Sciences Library, conducted a MEDLINE Online Search Clinic at the Health Sciences Librarians of Illinois annual conference, Chicago.

**Robert W. Carton, M.D.**, religion and health: "Values in medicine: Modern medical ethics," The Friday Club, Chicago.

**L. Penfield Faber, M.D.**, Rush Medical College: "Chest wall tumors, pneumothorax, pectus and thoracic outlet syndromes," Cook County Graduate School of Medicine, Chicago and "Treatment of advanced lung cancer," Mt. Sinai Hospital grand rounds, Chicago.

**Steven M. Hirsch, M.D.**, otolaryngology and bronchoesophagology: "Nucleolar organizer regions in squamous cell carcinoma of the head and neck," (coauthors **James DuCanto**, Rush University; **David D. Caldarelli, M.D.**, and **James C. Hutchinson, Jr.**, otolaryngology and bronchoesophagology; and **John S. Coon, Ph.D., M.D.**, pathology) and **Jeffrey M. King, M.D.**, otolaryngology and bronchoesophagology: "DentaScan(tm): A new diagnostic method for evaluating mandibular and maxillary pathology," (coauthors **Dr. Caldarelli**, and **Jerry P. Petasnick, M.D.**, diagnostic radiology/nuclear medicine) American Laryngological, Rhinological and Otolological Society Middle Section meeting, Milwaukee, Wisconsin.

## Publications

**CE Dinsmore, Ph.D.**, anatomy: "Recent trends in regeneration research." *Bio-science*, 40:692-693, 1990, (V Kiortsis, S Koussoulakas and H Wallace, eds.), Plenum, New York.

**JM Kerns, Ph.D., AJ Fakhouri, M.D.**, anatomy; **HP Weinrib, Ph.D., M.D.**, plastic and reconstructive surgery and **JA Freeman, M.D.**, Vanderbilt University, Nashville, Tennessee: "Electrical stimulation of nerve regeneration in the rat: The early effects evaluated by a vibrating probe and electron microscopy." *Neuroscience*, 40(1):93-107, 1991.

**G Homandberg, Ph.D.**, and **D-L**

**Xie**, biochemistry; **KM Lohr, Ph.D.**, University of Tennessee; **CA Kurth, Ph.D.**, Veterans Affairs Medical Center, Memphis, Tennessee; and **JM Seyer, University of Wisconsin, Milwaukee:** "The amino-terminal 27-and 72-Kd fragments of fibronectin mediate selective monocytes recruitment." *Blood*, 76:2117-2124, 1990.

**KE Kuettner, Ph.D., JH Kimura, Ph.D.**, biochemistry and **AN Kucharske, Ph.D.**, University of North Carolina, Chapel Hill: "Biochemical characterization of long-term culture of the swarm rat chondrosarcoma chondrocytes in agarose." *J Ortho Res*, 8:871-892, 1990, and *Methods in Cartilage Research* (A Maroudas, Ph.D., and **Dr. Kuettner**, eds.), Academic Press, London, 1990.

**D Uebelhart, M.D.**, biochemistry; **PD Delmas, Ph.D., M.D.**, **F Duboeuf, Ph.D.**, **G Boivin, Ph.D.**, **C Edouard, Ph.D.**, and **PJ Meunier, M.D.**, Hospital Edouard Herriot, Lyon, France: "Comparison between radial bone mineral density measured by single photon absorptiometry and histomorphometric bone mass parameters measured on iliac crest biopsies." *Clin Rheumatol*, 9:367-373, 1990, and "Non-invasive techniques to assess bone turnover in neurological diseases: Bone mass measurement techniques and biochemical markers of bone remodelling." *Neurological Rehabilitation: A Practical Guide for the Rehabilitation of Neurological Diseases*, 63-67, 1990 (A Chantraine, ed.), Medsi/McGraw-Hill, Paris.

**MG Fleming, M.D.**, dermatology and pathology; **LS Swan**, Rush Medical College and **PJ Heenan, M.D.**, Queen Elizabeth II Medical Center, Nedlands, West Australia: "Seasonal variation in the proliferation fraction of Australian common nevi." *J Cutan Pathol*, 17:293, 1990.

**RV Kolbusz, M.D.** and **KB Bielinski, M.D.**, dermatology: "Basal cell carcinoma: Excision with immediate intraoperative tissue expansion." *Cutis*, 6:19-20, 1990.

**JL Ratz, M.D., AS Bonnin, M.D.**, dermatology; **AB Garret, M.D.**, and **RG DuFresne, M.D.**, Cleveland Clinic: "Carbon dioxide laser treatment of pitted acne scars." *J Dermatologic Surg Oncol*, 16(8):737-740, 1990.

**ME Broome, Ph.D., R.N.**, maternal-child nursing: "Preparation of children for painful procedures." *Pediatric Nursing*, 16(6):537-541, 1991.

# Professional activities

**SL MacLean, Ph.D., R.N.**, medical nursing: "Activity intolerance." *Nursing Diagnoses and Interventions for the Elderly*, 252-262 (M Maas, K Buckwaeter and M Hardy eds.); Addison-Wesley, Redwood City, California.

**W Leslie, M.D.**, medical oncology: "Combined modality therapy for stage III non-small cell lung cancer: Comparison of geriatric and younger patients" (coauthors **P Bonomi, M.D., M Gayle, M.B.A., CR Thomas, Jr., M.D., SG Taylor, IV, M.D.**, medical oncology; **S Reddy, M.D., MS Lee, M.D.**, therapeutic radiology; **CF Kittle, M.D., W Warren, M.D., and LP Faber, M.D.**, cardio-vascular thoracic surgery) and "Phase II study of carboplatin or cisplatin and mitomycin C in patients with pleural mesothelioma" **Dr. Leslie, Thomas and Bonomi with S Purl, M.S.N.**, medical oncology. *Proc Am Soc Clin Oncology*, vol. 10, #904, 1991, Houston, Texas.

**CR Thomas, Jr., M.D.**, medical oncology: "Racial differences in the incidence of colon and rectal carcinoma in patients under the age of 40." *Proc 3rd International conference of Anticancer Research*, abs. 345, *Anticancer Research*, 10(5B):1460, 1990 (coauthors **N Evans, C.R.T., and M Gayle, M.B.A.**, medical oncology). Also **Dr. Thomas and R Share, M.D.**, therapeutic radiology: "Primary gastrointestinal lymphoma." *Medical and Pediatric Oncology*, 19:48-60, 1991.

**MM Cohen, Ph.D., M.D., L de Toledo-Morrell, Ph.D., and F Morrell, M.D.**, neurological sciences: "Pharmacological treatment of multi-infarct dementia." *Progress in Cerebrovascular Disease*, 83-90, 1990 (JS Chopra, K Jagannathan, IMS Sawhey, H Lechner and GL Szendey eds.).

**D Vidaver, M.A., and MM Cohen, Ph.D., M.D.**, neurological science: "Dr. A.P. Chekhov." *Kaleidoscope*, 2:26-44, Fall, 1990.

**JS Weitzner, M.D., HT Strassner, M.D., RG Rawlins, Ph.D., SR Mack, Ph.D., and RA Anderson, Jr., Ph.D.**, obstetrics/gynecology: "Objective assessment of meconium content of amniotic fluid." *Obstetrics and Gynecology*, December, 1990.

**KJ Opacich, M.H.P.E., OTR/L**, occupational therapy: "Assessment and informed decision-making." *Occupational Therapy: Overcoming Human Performance Deficits*, 14:356-372, 1990

(C Christiansen and C Baum, eds.), SLACK Inc., Thorofare, New Jersey.

**BR Bach, Jr., M.D.**, orthopedic surgery: "Arthrometric evaluation of knees that have a torn anterior cruciate ligament." *J Bone and joint surgery*, 72A(9):1299-1307, 1990, and, with **PM Moore, R.N.**, surgical nursing and **J Wallace**: "Surgical arthroscopy for anterior cruciate ligament reconstruction." *Today's OR Nurse*, 12(2):4-9, 1990.

**J Eriksson, M.S., R.N., OR**/surgical nursing: "Cancer of the ovary and fallopian tube." *Fundamentals of Gynecologic Oncology Nursing*, 45-58 (G Moore, ed.).

Several authors from otolaryngology and bronchoesophagology contributed to the publication *Plastic and Reconstructive Surgery of the Head and Neck; Proc Am Acad of Facial Plastic and Reconstructive Surg 5th International Symposium*, volume 36, 1991, (FJ Stucker, ed.); **RL DeVore, M.D., and WA Hanna, M.D.**, "Liposuction of the very young face," pp. 185-187, and **Dr. Hanna with PK Robb, M.D.**, "Multiple procedures and use of the liposuction technique for facial contouring and sculpture," pp. 189-193.

**DE Weese-Mayer, M.D.**, pediatrics: "Assessing clinical significance of apnea exceeding fifteen seconds with event recording." *J Pediatrics*, 117(4): 568-574, 1990.

**T DeCoursey, Ph.D.**, physiology and **ER Jacobs, M.D.**, University of Wisconsin: "Mechanisms of potassium channel block in rat alveolar epithelial cells." *J Pharmacology and Experimental Therapeutics*, 255:459-472, 1990.

**BG Braun, M.D.**, psychiatry: "Dissociative disorders as sequelae to incest." *Incest-Related Syndromes of Adult Psychopathology*, (RP Kluff, M.D., ed.), American Psychiatric Press; "Multiple personality: An overview." *The American Journal of Occupational Therapy*, November, 1990, and "Unusual medication regimens in the treatment of dissociative disorder patients: Noradrenergic agents." *Dissociation*, September, 1990.

**RD Cartwright, Ph.D.**, psychology and social sciences and **A Kaszniak, Ph.D.**, University of Arizona: "The social psychology of dream reporting." *The Mind in Sleep*, second edition, 251-261, 1991, (S Ellman and JS Antrobus, eds.), Erlbaum: Hillsdale, New Jersey, and "Sleep and sleep disturbances."

*Behavior and Medicine*, 418-431, 1990 (D Wedding, ed.), CV Mosby Co., St. Louis, Missouri.

**D Cella, Ph.D.**, psychology and social sciences: published book review of *Stress Management: An Integrated Approach to Therapy in Hospital and Community*, 42(2):204, 1991.

**CI Eastman, Ph.D.**, psychology and social sciences and **KJ Miescke, Ph.D.**, University of Illinois at Chicago: "Entertainment of circadian rhythms with 26-h bright light and sleep-wake schedules." *Am J Physiol*, 259:R1189-R1197, 1990, and "Natural summer and winter sunlight exposure patterns in seasonal affective disorder." *Physiol and Behav*, 48:611-616, 1990.

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## NewsRounds

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**Editor**  
Nancy Stetson

**Editorial Staff**  
Cheryl Janusz, Pam Redd, Justine Ringhofer  
Intern: Michelle Miller

Anyone interested in reporting department news should call the editor at extension 25579. Deadline for all copy is the 10th of the month preceding publication. Editorial offices are on the second floor at 1700 West Van Buren.

**Rush-Presbyterian-St. Luke's Medical Center**  
Office of Philanthropy and Communication  
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## Celebrating a Year of Cuddling

They work lunch hours, evenings and weekends, sometimes traveling to Rush from distant suburbs. Their job skills? Caring, commitment, and the ability to coo on command. Their only pay is priceless smiles and contented looks from the infants they hold.

This is the job description of the Rush Cuddler Program volunteers. This successful program recently celebrated its first anniversary with a party for dedicated volunteers and staff.

Sponsored by the Rush Special Care Nursery and the Volunteer Services Department, the Rush Cuddler Program was one of the first of its kind in Chicago. Through the program, volunteers work with the nursing staff to hold, play with and comfort ill and premature infants. The Rush program has served as a model for similar activities at other area hospitals.

The co-coordinators of the Cuddler Program are Diane Steinbrink, volunteer services, and Judy Friedrichs, M.S., R.N., special care nursery. Cuddler volunteers are:

*Volunteer  
Christo Ellef  
cuddles an  
infant.*



Randall Booth, Patti Carlin, Carol Covington, Bridget Cullinan, Amy Dordek, Christo Ellef, Jill Elliott, Roylene Gallas, Chris Gates, Sharon

Gates, Andrea Grossl, Barbara Harfmann, Sue Hudson, Beth Jenkins, Janice Montgomery, Brenda Murphy, Helen Murphy, Julie Rubin.



# NewsRounds

Volume 30/Number 5/June 1991



## Founders Day

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# Just the facts

**A delegation of Soviets**, including Azer M. Zeynalov, Ph.D., Ministry of Public Health of the USSR, visited the Medical Center in late April to see how computers are used in a medical environment. They toured the Office of Consolidated Laboratory Services (OCLS) with Assistant Vice President, Associate Administrator and Operations Director Michael Maffetone, D.A., BCLD, and then toured Diagnostic Radiology/Nuclear Medicine with director of medical informatics Laurens Ackerman, M.D., Ph.D., and neuroradiologist Dale Charletta, M.D. The visitors were also accompanied by Pat Skarulis, M.A., vice president, information services.

**Try for the gold.** This year's Rush Olympics will be held on July 26 and 27. On the 26th, swimming events will be held at River City. Track and field events will be held on the 27th directly east of the Atrium. Individuals or teams can apply. There is a 20-member team minimum (10 women, 10 men) and a \$5 per person entry fee. For more information or to sign up, contact the human resources satellite office at x25959.

**Rush's third annual Flag Day celebration** will be held on June 14 on the east Atrium lawn, from noon to 3 p.m. All employees are invited and armed services veterans are encouraged to wear their uniforms. For more information, contact co-chairmen Charles Nichols or James Blue at x25678.

**The Chicago Children's Choir** performed on May 1, as part of the Atrium Concert series. The choir, which will celebrate its 35th anniversary next year, has appeared with groups such as the Chicago Symphony Orchestra, the Lyric Opera, and the Joffrey Ballet. The Atrium Concerts are co-sponsored by the Bishop Anderson Institute and the Volunteer Services Department.

**Be a warm weather friend.** Donate blood. The Employee Summer Blood Drive will be held from June 10 - September 8. To make an appointment, call the Blood Center at x26680.

**In mid-May 277 employees** participated in the second annual Walk for Health. The walk was held in conjunction with the University of Illinois and Cook County Hospital. Rush employees who completed the mile-and-a-half trek received a free cafeteria meal coupon. "People from all over the Medical Center participated," says employee health and fitness program coordinator Claudia Baier, M.P.H. "Some departments, such as occupational therapy, had nearly 20 people walk. Next year, we'd like to extend the event later in the day, so more second shift people can participate." The employee health and fitness program was assisted by the Volunteer Services Department, Food and Nutrition Services, and the Employee Activities Committee.



*(l to r) Imaging specialist Mike Boxer and Laurens Ackerman, M.D., Ph.D., talk with Azer M. Zeynalov, Ph.D., Ministry of Public Health of the USSR (far right) while Tatyana O. Beliakova (center) interprets. See A delegation of Soviets...*



*The Children's Choir of Chicago entertained employees and visitors at the Atrium recently. See The Children's Choir...*



*Occupational therapy staff signing up for the Walk for Health. See In mid-May 277 employees...*

# Oh, you beautiful doll

Even though she left elementary school years ago, Joyce Marudecki, R.N.C., special care nursery, still plays with dolls. She's been collecting them for 23 years and estimates she has close to 200.

"As a kid, even in high school and grade school, I collected nursing dolls," says Marudecki. "I have nursing figurines of all sorts. The collection just happened—family and friends would give me dolls, and they'd have a nursing theme. It was a coincidence. At the time, I didn't even know I'd go into nursing as a career.

"I have all kinds of nursing dolls: music boxes, rag dolls, porcelain, chalk figurines, cheap plastic ones. It's interesting to see the different ways nurses are depicted. Some are whimsical. Some have dignity, while others are humorous."

Where does she keep them all? "I have a curio cabinet, and a lot of stuff is boxed away," she says.



*Joyce Marudecki, R.N.C., special care nursery, with some of her dolls on display.*

During May, employees were able to view approximately 50 of her dolls in the Rush University Library. The exhibit was assembled in honor of National Nurses Week, which was May 6-12.

"People are surprised about the display," says Marudecki. "They didn't think I did something this crazy. It's saving something. Some people collect coins or stamps—I collect nursing dolls."

## Nursing award winners



Professional Nursing Society Mentorship Award winners (l to r), back row: Virginia Maikler, Ph.D., R.N.; Edythe Hough, Ed.D., R.N.; Rita Wickham, M.S., R.N.; front row: Diann Martin, D.N.Sc., R.N.; Crystal Lowry, R.N.; Kathleen Delaney, D.N.Sc., R.N. Not pictured: Jo Anne Walczak, R.N., and Janet S. Moore, Ph.D., R.N.



Luther Christman Clinical Nurse Excellence Award winners (l to r), back row: Zyra Gordon-Smith, R.N.; Kim Rohan, M.S., R.N.; Elizabeth Caseday, R.N.; front row: Luther Christman, Ph.D., R.N.; Cynthia Rochel, R.N., CRRN; Dorothy Herbert, R.N. Not pictured: Barb Jankowicz, R.N.

# Volunteers get a day of rest

"You see, we're filling in for the real volunteers. They're being treated to a luncheon today as a thank-you for all the work they do," explained Gary Kaatz, M.B.A., to 13-year-old patient Connie Seno, as he struggled with the footholds of her wheelchair. "I don't know how they manage to do this everyday."

Kaatz, associate vice president and associate administrator, medical sciences and services, was one of 36 administrators who filled in for an hour for the volunteers.

They could be seen delivering flowers to rooms and wheeling patients to awaiting cars upon discharge. Meanwhile, the volunteers were treated to lunch in Room 500.

Along with realization that being a volunteer is hard work, the stand-in "volunteers" also expressed an inner feeling of reward. For those who don't have much patient contact, seeing a new mother bring her baby home was a thrill.

Though many stand-ins helped patients on Volunteers Day, some also assisted in answering phones and staffing areas such as the Smith Lounge and the gift shops. Through it all many expressed their appreciation of volunteers.

Also assisting was director of admitting Dennis McGann. "Some of this stuff is pretty heavy," he said as he helped Jean Balkcom cart all of her personal belongings. Another "volunteer," Vicki Shackelford, manager,



*Patient Connie Seno bids farewell as Gary Kaatz, M.B.A., escorts her.*

surgical sciences and services, wheeled Balkcom and brand-new daughter, Precious, from the Perinatal Center to an excited auntie's car.

"You come here for all different reasons, which are very personal," said Peter Butler, vice president, administrative affairs, in his welcoming remarks at the volunteer luncheon. "Either you've known someone who was treated here, or you were treated yourself and your feelings about the institution brought you to this service.

Whatever the reason, we're glad you became a volunteer."

In his remarks about the future of Rush, Leo M. Henikoff, M.D., president and chief executive officer, talked about building plans, and how they would help volunteers keep up with what is now a hectic workload.

"Those of you who move patients in this 1,000-bed hospital know how difficult it is to keep up with it. With these new plans, each new building will be like a hospital-within-a-hospital. They will be like small-town institutions, where you don't have to go to different buildings all the time.

"I only hope that these new facilities will be blessed with wonderful volunteers like you, who have helped us come this far."

Volunteers celebrating years of service from 5 to 25 years (in increments of five years) were individually thanked, receiving a pin and a congratulatory handshake from Dr. Henikoff. Loy D. Thomas, director, Volunteer Services, gave medallions to administrators and unit staff who had assisted them over the year. Those who received special thanks were: Paulette Davis, environmental services; Susan Hettinger, R.N., ambulatory surgery; Gary Kaatz, M.B.A.; Robbie Loupe, administrative secretary; Orlando Rios, environmental services; Deborah Shaw-Davison, M.S.N., R.N., 8 Kellogg; Ruth Williams, R.N., 8 North Atrium and Chris Lowery, R.N., 9 South Atrium.

In conclusion, Dr. Henikoff read a letter from a patient who was impressed by the dedication of the volunteers.

"If you ever feel taken for granted or not adequately thanked, know that I hope you are blessed with all you deserve in life."



*As Dennis McGann holds the door, Vicki Shackelford wheels Jean Balkcom and new daughter, Precious, to their ride home.*

**Correction:** Cardiovascular Surgical Associates report they raised approximately \$800 for care packages for medical personnel stationed in the Persian Gulf, not \$150 as reported in the April issue of *NewsRounds*.

# Employees celebrate Founders Day

"Rush is not just bricks and mortar and high technology," said Leo M. Henikoff, M.D., president and CEO of the Medical Center at the Founders Day luncheon. "It's you—the people who work here. And we owe you a debt of gratitude."

On Founders Day, May 14, 1,080 employees who celebrated 5-year anniversaries of 5 to 40 years of continuous service to the Medical Center were honored. Special awards were given for the Employee of the Year, for those who gave extra care and attention to patients, and for those with outstanding community service.

At the Founders Day luncheon, Donald R. Oder, senior vice president and chief operating officer, reintroduced the four Employee of the Quarter award recipients from whom the Employee of the Year would be chosen, and then announced the winner: Norma Williams, R.T., diagnostic radiology. Marcia Hargreaves, R.T. (R), assistant director of the department, threw her hands up in excitement.

**QUALITY** 

Rush-Presbyterian-St. Luke's Medical Center

"In the 16 years I've been at Rush," said Hargreaves, who nominated Williams, "our department has not had an Employee of the Year winner. I've supported Norma since I nominated her for our department's imaging specialist of the year award, so I'm glad she also won this honor."

Hargreaves later said that when she announced the news at a departmental meeting, no one was surprised. "They felt Norma truly deserved it. There's probably no aspect of our department that she couldn't do, and she's eager to do everything," said Hargreaves.

Also given at the luncheon was the James A. Campbell, M.D., Distinguished Service Award. Before announcing the winner, Peter Butler, vice president, administrative affairs, gave some clues as to who had won:



*Don Oder (l) gives Employee of the Year Award to Norma Williams, R.T.*

"This person was born in the Chicago area, attended eight different schools, started at a salary of \$2 an hour at the Medical Center, left a couple of times but came back to Rush, and worked several different shifts in different areas of the hospital."

When Butler read a letter from the wife of a former patient, some began to realize that Ruth Williams, R.N., head nurse on 8 North, was the Campbell Award winner.

"Ruth Williams was one of the nurses who worked tirelessly for over five months to help my husband," according to the letter. She was praised for making patients her top priority. "Our mission to provide excellent patient care hasn't changed, and awarding those who exemplify it



*Campbell Award Winner Ruth Williams, R.N., receives a congratulatory hug from Peter Butler.*

on Founders Day is a good way to reflect that," said Dr. Henikoff.

While those present at the luncheon represented over 3,500 years of combined service to the Medical Center, the Founders Day dinner for the 89 employees who each served 25 years or more, probably put the number over the 7,000 year mark.

"Of the thousand letters I get every year, most of them are about the *people* at the Medical Center," said Dr. Henikoff. Receiving awards that night were some who demonstrated the caring attitude talked about by colleagues as well as patients.

Claudia Baier, M.P.H., employee health, and George Stathos, electric shop, won Community Service

*(l to r):  
Barbara Heiden, who received an Alice Sachs Memorial Award, and Claudia Baier, M.P.H., and George Stathos, both Community Service Award recipients.*



Awards. According to Butler, who presented the awards, Baier "has enthusiastically worked on projects that have benefitted the community." She also carries out her philosophy of helping where needed at Rush. For example, as part of Rush's Employee Activities Committee, she spent Founders Day registering and pinning flowers on celebrants. Baier, whose primary responsibility is coordinating health promotion programs at the Medical Center, also plans special activities such as health screenings and the annual Employee Walk for Health.

Butler described Stathos as someone who "is not afraid to roll up his shirt sleeves and get to work. Whenever we've called on him for help, he has responded with 'What do you need and when do you want me to be there?'" Near Christmastime last year, Stathos came in during his day off to help coordinate the Santa's Helpers

**On the cover:** Left photo: Employee of the Year Norma Williams, R.T., (r) stands with her supervisor, Marcia Hargreaves, R.T.(R.).

Right photo: Ruth Williams, R.N., recipient of the James A. Campbell, M.D., Distinguished Service Award.



*Frances Mock (l) receives the Alice Sachs Memorial Award from Peter Butler.*

program, which sent gifts from employees to children at the Office of the Public Guardian.

When the votes were tallied for the Alice Sachs Memorial Award, given to an employee who exhibits extra care and love to patients, there was a three-way tie. Awarded were Frances Mock, LPN, psychiatric nursing; Barbara Heiden, R.N., gerontological nursing; and Robert Balk, M.D., medical intensive care unit (MICU).

"Frances Mock began here in 1965," said Butler. "She's been described as 'the anchor of the 13 Kellogg



*Robert A. Balk, M.D., (l) also received the Alice Sachs Memorial Award from Peter Butler.*

night shift.'" Heiden, an employee since 1987, was commended for her "excellent leadership skills, exemplified by the numerous commendations from patients attached to her nomination form," said Butler. Dr. Balk was described as a valuable employee, a "prototypic team player."

"Today, as in the 1800's," said Dr. Henikoff, "employees remain committed to providing the highest quality of patient care, and the best work in any situation. I thank long-time employees in the sincerest way, as others in the institution admire and thank you, too."

## Employees Honored for Years of Service

### 40 Years

Raymond A. Clasen, M.D.  
Alla M. Davis, M.P.A.  
Ruby M. Gilbert

### 35 Years

Donald Baggerly  
Alice Benjamin  
Dorothy Crawford  
Mary Fuller  
Frank R. Hendrickson, M.D.  
Lottie Howard  
Mildred L. Howard  
Luther Jones

Gwendolyn M. Lewis  
Lula Merritt  
Goulbourne Morris  
Sarah E. Randall  
Robert W. Sessions  
Jeffrie Shell  
Rose Thurman  
Gwendolyn M. Wilson

### 30 Years

Hiram Y. Baker  
Louise Cosey  
Earl Crowell  
Guadalupe Dominguez  
Dessie J. Epps

Inette M. Godman  
Michael F. Haklin  
Sallie D. Hall  
James A. Hayashi, Ph.D.  
Audrey L. Haygood  
Beatrice Kemp  
Joan Koscielski  
William L. Landau, Ph.D.  
Peggy J. Lusk  
Dorothy Menzies  
Harold A. Paul, M.D.  
Doris L. Roberts  
Pearl H. Smith  
Tadasu Tamura  
Samuel G. Taylor III, M.D.

### 25 Years

Buler M. Allen  
Richard P. Barrett  
Edie Bellamy  
Arlene L. Bitto  
Janet L. Blake  
Sally Brozenec  
Gwendolyn E. Byrd  
Beatrice Cade  
Emmer Caldwell  
Desoree C. Campbell  
Rubin Cantu  
Jacqueline Coleman  
Maggie A. Duncan  
Steven G. Economou, M.D.

Lois E. Eisner  
 William F. Flynn  
 Gloria Franklin  
 Josephine Griffin  
 Patricia Gumbus  
 Pearl Holmes  
 Mildred Howard  
 Barbara Januszewski  
 Genell Jones  
 Regina Kazlauskas  
 Melva Larriue  
 Minnie M. Lee  
 Virgie Malone  
 Homer E. Manfredi, R.Ph.  
 Violet L. Mann  
 Fannie D. Martin  
 Lois Martin  
 Laura McGee  
 Alberta Norman  
 Donald R. Oder  
 Thelma B. Palmer  
 Esther Peden  
 Frances J. Pugh  
 Christine Richardson  
 Patrick Robb  
 Queen E. Rupert  
 Nannie Sanders  
 Georgia Scott  
 Iris Shannon, Ph.D.  
 Delores Simmons  
 Evelyn Sims  
 Elizabeth Stimage  
 Pearlstone Stone  
 John Tolbert  
 Gloria D. Williams  
 Eva M. Wimpffen

## 20 Years

Clovine Alleyne  
 Carlos Arguelles  
 Pauline Ballard  
 Maggie Blackman



*Beatrice Kemp, telecommunications, 30-year employee (l) receives pin from Leo M. Henikoff, M.D.*

Lynn R. Branch  
 Sylvester Brewer  
 Florence Carter  
 Joann Cephus  
 Maggie M. Clark  
 Rose M. Claude  
 Dora L. Clopton  
 Silverlean Croff  
 Kobner I. Crowley  
 Corneal Crumpton  
 Charlene D. Davis  
 Marie Deal  
 Ora L. Dean  
 Mary L. Dunson  
 Nancy E. Evans  
 Pearl M. Evans  
 Mary I. Flowers  
 Henri Frischer, M.D.  
 Francisco V. Garcia  
 Robert Garcia  
 Margie Gardner  
 Henry Gewurz, M.D.  
 Trudie L. Gilliam  
 Josefina Gonzalez  
 Alphonso Graham  
 Katie J. Green  
 James Greer  
 Tomasine R. Hernandez  
 Deloise Hill  
 Mary L. Hill  
 Alice Holman  
 Gwendolyn A. Hooks  
 William F. Hughes, Ph.D.  
 Josie L. Jackson  
 Lorene Jackson  
 Beulah M. Johnson  
 Lee A. Johnson  
 Marguerite Jones  
 Mattie B. Kirkwood  
 Leroy W. Kramer  
 Oscar V. Legarda  
 Anne Lopez  
 Crystal D. Lowry

Linda K. Manning  
 L. C. McClain  
 Nancy A. McGuire  
 Walter F. Mroz  
 Grace E. Mumphery  
 Peter Murphy, M.D.  
 Janet L. Omer  
 Niranjana A. Patel  
 Howard Peacock  
 Virginia Y. Perillo  
 Hannah Phillips  
 Leonia Pointer

Nancy R. Becker  
 Brenda G. Beckman  
 Steven G. Berghorn  
 Irene Berryhill  
 Donna J. Billups  
 Catherine L. Bishop-Jozwiak  
 Geraldine Blair  
 Jeanne M. Blundy  
 Mary M. Bounds  
 Michael S. Boxer  
 Sandra Boyd  
 Scott J. Boyer



*Maggie Clark, ECG Unit, 20 years, (l), receives a corsage from Cindy Adams, cardiovascular-thoracic surgery.*

Willa B. Porter  
 Bernice Provo  
 Martha Randle  
 Esther I. Robleza  
 Janith Schwagart  
 Raymond U. Seale, Ph.D.  
 Dougal Simon  
 Helen M. Stanley  
 Mollie D. Stewart  
 Mattie C. Stone  
 Cleophus Taylor  
 Henry Taylor  
 Hudson Tidwell  
 Algis W. Tiknius  
 Rita M. Udvaré  
 Joanne Walczak  
 Erma Wallace  
 Jane A. Warren  
 Alberta W. Wells  
 Marcene Williams  
 Winsome D. Williams  
 Bettie M. Wilson

## 15 Years

Julie A. Adams  
 Kenning M. Anderson, M.D.  
 Juanita M. Anderson  
 Rajanee Arjsiri  
 Robert L. Barkin  
 Kenneth Battle  
 Donald R. Becker

Erich E. Brueschke, M.D.  
 Janet M. Buckley  
 Odester Buckley  
 Henrietta Bunch  
 Elizabeth A. Carlson  
 Monica A. Cieslarski  
 Zandra J. Cirar  
 Theodor J. Cockrell  
 Jill Coleman  
 Dolores L. Cox  
 Ann M. Crudele  
 Penelope L. Cukr  
 Richard T. Czerniejewski, M.D.  
 Sharon H. D'Arco  
 Lula Davis  
 Valerie A. Dean  
 Elsa DeShane  
 Guido Di Domenico  
 Paula J. Dillon  
 Charles E. Dinsmore, Ph.D.  
 Thomas E. Durica  
 Maryann Eglaston  
 Robert S. Eisenberg, Ph.D.  
 Sally A. Evankoe  
 Margaret E. Faut-Callahan, D.N.Sc.  
 Olivia E. Favela  
 Trigidio T. Figueras  
 Shirley A. Fleming  
 Peggy Fluett  
 Felicia E. Foster  
 John A. Geisler  
 Mary P. Gillespie



*Leo Henikoff, M.D., (l) and 30-year employee Hiram Baker, Johnston R. Bowman Health Center.*

Ofelia C. Gonzales  
 Larry J. Goodman, M.D.  
 Kathleen Grady  
 George T. Gray  
 William E. Gunn  
 Alice Guzman  
 Bertha L. Hawkins  
 Avril C. Hector  
 John G. Hjortland  
 Li O. Ho  
 Maybell Hoffman  
 Carol A. Horkavy  
 Dyanne Howard  
 Joyce B. Howard  
 Oscar J. Hunter  
 Paula A. Hunter  
 Janet M. Iapichino

Cynthia L. Irwin  
 Frances A. Jacobs  
 Lavarna Jenkins  
 Thea M. Johnson  
 Joseph S. Jones  
 William H. Jones  
 Michael E. Jurewitch  
 Jena K. Khodadad  
 Allene Kimbrough  
 Lester L. Kimbrough  
 Brenda J. Kirkland  
 Steve Klas  
 Elizabeth L. Krch  
 Cheryl Lafferty  
 Richard A. Levis  
 Joyce M. Lichauco  
 Gloria E. Luna

Irene A. Makos  
 Janet Malik  
 Cecilia A. Manlapaz  
 Harold M. Martin  
 Kenneth E. Mayerhofer  
 Ernestine V. Mayes  
 Virginia R. McGinnis  
 Sharon L. McCarthy  
 Kevin W. McDonough  
 John D. Mead, Ph.D.  
 Thomas D. Melzer  
 Jean E. Milke  
 Mary A. Mirabel  
 Frank J. Morini  
 Colin G. Morley, Ph.D.  
 Judy E. Motykowski  
 Anantha K. Murthy  
 Joan C. Nelson  
 Gilberto S. Neri, Jr., M.D.  
 Barbara J. Nichols  
 Charles E. Nichols  
 Isaac K. Ntiamoah  
 Mary K. Nuno  
 Nancy A. Osiecki  
 Leslie J. Overholser  
 Edward Page-El  
 Helen Sereda Pawluk  
 Marilyn Payton  
 Joan K. Phillips  
 John E. Pickett  
 Frankie A. Poe  
 Mary Rauer  
 G. Richmond  
 Mary A. Rolfe-Shaw  
 Malinda M. Rosenwinkel  
 Bobbie J. Roundy  
 Ida Russell  
 Sandra L. Rynne  
 Kalautee Sampath  
 Lucy Schallmoser  
 Antoinette Scheffler  
 William A. Scheftner, M.D.  
 Anka B. Segal  
 Maria L. Segal  
 Debra I. Simmons  
 Essie M. Stockling  
 Warren Stockling  
 Elaine R. Sundin  
 Katarina Szego  
 Remigio A. Taasan  
 Jessie F. Teaque  
 Cynthia Pytko Temenak  
 Jeanine Thelemaque  
 Janice M. Thomas  
 Flora B. Thompson  
 Lee D. Thompson  
 Patricia A. Tillman  
 Jordan L. Topel, M.D.  
 Aleli S. Towers  
 Eugene F. Uretz  
 Mariano Valbuena  
 Jelene Verse

Alvin B. Vinson  
 Nancy M. Visocki  
 Paul J. Volek  
 Erma Wallace  
 Margaret A. Waszkiewicz  
 Mary West  
 Paula M. White  
 James S. Wiese  
 Lillie M. Wilkerson  
 Cornelia M. Wilkins  
 DeWayne M. Williams  
 Vivian Williams  
 Linda E. Wilson  
 Robert S. Wilson  
 Barbara C. Wizniuk  
 Ronald M. Wnek  
 Paul W. Wong, M.D.  
 Christine Woods  
 Claudia J. Wyatt

## 10 Years

Juli T. Aistars  
 Gary F. Alder  
 Vera D. Amaro  
 Gertha B. Anderson  
 Judy T. Andriamahefa  
 Leonard M. Asuncion  
 Charlene Avants  
 Margaret B. Aydelotte, Ph.D.  
 Juanita B. Baron  
 Julia R. Barounis  
 Theresa Beck  
 Margaret M. Berg  
 Margaret M. Betts  
 Cheryl Y. Bibbs  
 Peggy B. Bigoness  
 Easter Birge  
 Diane P. Boekeloo  
 Johnnie L. Bonds  
 Susan S. Borys  
 Mary D. Bowman  
 Robert L. Bowser, M.D.  
 Laura S. Bradford  
 Nancy J. Bradley  
 Barbara A. Bridges  
 Alberta Brownlee  
 Barbara A. Burdine  
 Mary E. Burnis  
 Katie Busch  
 Roxann Bzdyl  
 Dorothy Calloway  
 James A. Caplick  
 Susan E. Cappy  
 Geralyn A. Carducci  
 Stanislaw Cepas  
 Cesar Chirinos  
 Cheryl L. Clinton  
 Colin J. Cloherty  
 Samuel L. Cohen  
 Irma L. Coleman  
 Marianne Corrieri-Alaniz

## 40 years: Ruby Gilbert



Ruby Gilbert is supervisor of the clerks in the emergency room.

"Helping people has always given me a thrill, whether in my first job as a nurse's aid, or now as a supervisor. It's a great feeling to help and be needed. I've realized it's easy to make a difference. Little things do count.

"When I first came to Rush, there was a nursing home where Congress Expressway now stands, and the cafeteria was next to the emergency room. Even though physically the hospital has changed drastically, the family atmosphere is still here. That's one of the reasons I've stayed for 40 years.

"One of the best parts of my job is being able to catch mistakes before they go through. We all make mistakes, but by paying attention to details we can help each other and do a better job. People appreciate that effort.

"Some of my closest friends are people I've come to know working at Rush. They're a part of my work life, but the relationships go beyond that."





*10 years: Charles Mezatis, R.N., utilization review (l) and Jo-Ann Washington, Rush Health Plans.*



*5 years (l to r): Juster Graham, unit assistant, 8 North; Beth Bartman, ob/gyn; and Jeanne Olson, M.S., cardiology research.*

Andrew Currie  
 Michael H. Davidson, M.D.  
 Chinetta Davis  
 Josephine W. Davis  
 Janice Dechalus  
 Gayle M. Del Rio  
 Delilah Delgado  
 Dwayne E. Dillard  
 Gayle R. Disu  
 Denise M. Doheny  
 Georgiann G. Donatille  
 Janet Kay Dougherty  
 Carol Downer  
 Doshia M. Duckworth  
 Lefirm Ellis  
 Rama Embar, M.D.  
 Kimberly A. Emmerick  
 Erika E. Erich  
 Barbara Erlenbush  
 Shirley A. Evans  
 Valentine A. Fernandez  
 Deborah L. Ferrick  
 Barbara J. Fields  
 Gypsy F. Fields  
 Glendell Finley-Logan  
 Tessa Fischer-Bass, M.D.  
 Barbara A. Fisli  
 Marva J. Flowers  
 Minnie Frank, M.D.  
 Leota Gajda  
 Boris Gamburg, M.D.  
 Andrea M. Garcia  
 Esther E. Garcia  
 Christine M. Garza  
 Ann R. George-Fohrman  
 Selma George  
 Joan Gibble  
 Jessie D. Gibson  
 Antanas A. Gilvydis  
 James E. Gindl  
 Jody Scopa Goldman  
 Abraham B. Gomez  
 Robert Gonzalez  
 John E. Gray

Lola A. Griffin  
 David W. Hahn  
 Thomas P. Hampton  
 Paul K. Hanashiro, M.D.  
 Mark A. Harnew  
 Treace Harper  
 Octavia A. Harris  
 Debra A. Hasselbring  
 April M. Hayes  
 Mary Ellen Heelan  
 Mary Ann J. Hejna  
 Nancy Hernandez  
 Socorro G. Hernandez  
 Soila A. Hernandez  
 Martha Herrera  
 Vesta M. Hill  
 Lisa Hirshfield  
 Linda M. Hollinger  
 Janice M. Holmes  
 Shirley Holmes  
 Rosie M. Howard  
 Howard R. Hoyt  
 Sandra A. Hubbard  
 Melvin Humbert  
 Bonnie M. Hutchison  
 Carmen Jackson  
 Michelle Jackson  
 Thyra R. Jackson  
 Janet James-Waterford  
 Elorysa Johnson-Powell  
 Mary L. Johnson  
 Ruby J. Johnson  
 Jean Jones  
 Joan L. Jones  
 Milton L. Jones  
 Sandy E. Kauffman  
 Krys Kazieczko-Kuszek  
 James M. Kerns, Ph.D.  
 Harold A. Kessler, M.D.  
 Maria M. King  
 Willie B. King  
 Judith J. Kinnavy  
 Kimberlee A. Kolaczewski  
 Eva Kot

Sharon L. Kreidl  
 Mary A. Krembuszewski  
 Laura R. Kull  
 Mable P. Kyles  
 Denise M. Labedz  
 Marilou Z. Landayan  
 Yvonne Lange, Ph.D.  
 Catherine A. Langlois  
 Janette Larochelle  
 Ernestine Lee  
 Janet K. Leers  
 Lavera Leftridge  
 Adrienne L. Lennix  
 Caroline C. Lipschultz  
 Jerome M. Loew, M.D.  
 Carmela L. Logisz  
 Janet L. Long  
 Janice Lott-Hopgood  
 Annie L. Lovett  
 Susan A. Lum  
 James E. Maggard  
 Judith S. Maggiore  
 Sharon L. Mancini  
 Felix Mashkovich  
 Anthony V. Mathai  
 Mary J. Mc Goldrick  
 Ardenia McCoy  
 Patrice Y. Merriweather  
 Charles A. Mezatis  
 Mary Michaud  
 Catherine I. Mills  
 Janet S. Moore, Ph.D.  
 Ronald Moore  
 Carlean Morgan  
 Robert A. Morris  
 Ameenah Munir  
 Geri Narsete  
 Catherine M. Newton  
 Charles A. Nightingale  
 Pamela E. Nitz  
 Dianne Noibi  
 Marija Norusis, Ph.D.  
 Patricia L. O'Connor  
 Victoria E. O'Sullivan

Cathleen E. O'Donoghue  
 Debra Olson  
 Irma J. Parker  
 Joseph Payne  
 Debra L. Pearson  
 Olivia B. Penales  
 Monica E. Perdue  
 Donald R. Peterson  
 Phyllis J. Peterson  
 Theresa M. Pollack  
 Paula Porcelli  
 Linda Poulos  
 Mary Powell  
 Sandra S. Pressburg  
 Laurette Quinn  
 Denise M. Racky  
 Lydia C. Radosevich  
 Ewa Radwanska, M.D.  
 Ralph Q. Ramirez  
 Leopoldo Ramones  
 Melinda Reed  
 Mary E. Ricker  
 Andrew Ripeckyj, M.D.  
 Jeannette L. Risley  
 Donna J. Ritacco  
 Maria Delaluz Rivera  
 Lidia Rivero  
 Wiley G. Roberts  
 Charles Robinson  
 Lynette Robinson  
 Christopher R. Robles  
 Ora Rodgers  
 James C. Rorig, M.D.  
 Marilyn Rubin-Terrado  
 Aida Ruiz  
 Eugene E. Ryan  
 Denise L. Sark  
 Terri Scheck  
 Mary Schemper Denny  
 Mary A. Schick  
 Catherine A. Schultz  
 Darline L. Scott  
 Andrew G. Seipos  
 Noelle M. Shallcross

## 40 years: Raymond A. Clasen, M.D.



Dr. Clasen is a senior attending pathologist and associate professor of pathology. He completed his residency and fellowship at Presbyterian Hospital.

"I first came to what was then Presbyterian Hospital in 1950. I had been a pharmacist

mate in the Navy, in the Hospital Corp, and was trained as a laboratory technician. I was looking for a job as a summer vacation replacement. Dr. George Hass hired me and put me on a research project... which I pursued for the next 25 years.

"The project was on experimental brain edema - swelling of the brain. We originally worked from an Air Force contract, then later we got an NIH grant for 19 years.

"The most important change over these past 40 years was the development of modern technology with computerized tomography and magnetic resonance imaging, which gives us an unparalleled look at the brain pathology of living patients. I've been looking at both the x-rays and the pathology ever since."

Vicki P. Shaw-Harvey  
Michael W. Shaw  
Marcia M. Sheridan  
Helen M. Shidler  
Michael R. Silver  
Armella Simon  
Paul T. Skiem  
Xavier P. Smith  
Christine M. Spano  
Berdell Stepter  
Charlotte F. Storino  
Marilyn J. Strohman  
Carmen V. Strong  
Sally M. Sullivan  
Erlinda Talla  
Johnny M. Tang  
Theresa L. Tanks  
John A. Taylor  
Judith A. Taylor  
Irma J. Thompson  
Pamela A. Urbanski  
Gilberto Valle  
Susan Vanderberg  
Cyndy J. Vannamen  
Benny Varghese  
Mac Vaughn  
Ellen L. Vigil  
Hans Vilme  
Charlotte D. Walker  
Jerald V. Walker  
Mary P. Wallace  
William Warren  
Jo Ann Washington  
Johnnie D. Watson  
Natalie B. Waverek-Chalmers

Bruce Weatherspoon  
Michelle Weber  
Bettie M. White  
Beverly J. White  
Cheryl C. White  
Edward W. White  
George E. White  
Julia White  
Ronald F. Wicks  
Curtis J. Wiley  
Jeri S. Willhoite  
Carl Williams  
Kathleen A. Wilson  
Wendy A. Wilson  
Mary A. Winters  
Karen M. Wood  
Vicki J. Woodward  
Norman L. Wool  
Francine H. Wytaske  
Joan M. Yanz  
Janice M. Zeller, Ph.D.

## 5 Years

Lilia T. Abanero  
Richard I. Abrams  
Shankarnarayn Adapatya, M.D.  
Cynthia M. Akelis  
John N. Alex  
Carolyn Alexander  
Joann Allanson  
Enrique J. Amezaga  
Derrick L. Anderson  
Barbara L. Anjaria  
JoAnn Appleyard

Jean R. Aschkenasy  
Marilyn K. Ashmann  
Hooman Bahmandeji  
Claudia A. Baier  
Marcia L. Baker  
David Baldwin, Jr.  
Yvonne B. Banks  
Margaret L. Bartke  
Beth A. Bartman  
John M. Baumgartner  
Catherine W. Beavers  
Kathleen G. Behner  
Dorothy A. Bell  
Olga L. Beloz  
Gay L. Bergeron  
Cynthia Bermudez-Taylor  
Daljit K. Bindra  
Keeley L. Binion  
Marcine J. Birch  
Mary Y. Black  
Patricia A. Blattner  
Patricia A. Blaye  
Rita L. Bobzien  
Mary E. Bolling  
Michelle D. Bowens  
Kenneth M. Boyer, M.D.  
Debra J. Braselton  
Abbi A. Brees  
Noreen Bresnahan-Raminski  
Litha J. Brewer  
Marie Bronczyk-Hermogino  
Anthony Brown  
Calvin Brown  
Paula D. Brown  
Sue E. Brumfield  
Angela M. Brunson  
Tracy Buck  
Kathleen Burns  
La Joyce Bynum  
Shantel F. Calloway  
Nancy J. Campana  
Mary E. Carasiti  
Myriam N. Cardenas  
Kecia A. Carey  
Mary Ann Carroll  
Clarence Carter  
Clara E. Cascella  
Christine M. Casey  
Larry C. Casey  
Dianne M. Cassidy  
Diane Cavanaugh  
Janette E. Ceckowski  
Laura L. Cervenka  
Lillian Chandler  
Dianne D. Chapman  
Verneice Cherry  
Carmen L. Chu  
Cheryl A. Cisneros  
Anne M. Clarke  
Frank D. Clewis  
Mary A. Cody  
Gregg R. Cohan  
Patricia L. Cole-Acosta  
Laurie Condon  
Darlene D. Cooper  
Lilia I. Corpuz  
Patricia J. Costante  
Carol A. Covington  
Carol Crevier  
Thomas E. Cronin, M.D.  
Demetra L. Crowder  
Teresita S. Cuasay  
Mary Cullum  
Melissa Cwynar  
Karol L. Dalton  
Diane M. Dame  
Claire E. Dassy  
Jeanette Davis  
Paulette Davis  
Regina Davis  
Richard K. Davis  
Carmela Z. Dawson  
Juliana Dbila  
Marcia S. De Wolf  
Clarence J. De Young  
Ivan J. Dimitroff, M.D.  
Carolyn Doherty  
Kathleen T. Donnelly  
Nancy L. Donovan  
Lawrence Dorsey, M.D.  
Donna M. Doyle  
Elizabeth A. Drab



10 years (l to r): Jean Jones, neurological sciences; Bonnie Hutchison, Rush Alzheimer's Disease Center; and Rosie Howard, CVTR, Cardiology.

Michael J. Dunn  
 Zbigniew Durlak, M.D.  
 Lilia Echeverria  
 Jacquelin Els Imberger  
 Patricia L. Erickson  
 Noemi Espinosa  
 Doris A. Evans  
 Joseph G. Fanelli  
 Kathleen M. Farley  
 Don J. Feeney, Jr., Ph.D.  
 Patricia Fell  
 Robin L. Felton  
 Daedrie A. Ferguson  
 Catherine A. Ferrario  
 Joseph A. Ficner  
 Barbara R. Field  
 Alison Finnegan  
 Edward A. Fischer  
 Joyce E. Fitzpatrick  
 Esperanza Flores, M.D.  
 Irma Flores  
 Lisa M. Foster  
 Preston F. Foster  
 Mary E. Fox  
 Gail A. Frank  
 Robin L. Freeburg  
 Patricia A. Frigo  
 Mary A. Funk  
 Brenda L. Gaither  
 Dennis L. Galinsky  
 Diane M. Gallagher  
 Fernando A. Garcia  
 Carmel A. Gaughan  
 Claire A. Gavrel  
 Laura A. Gayton  
 Deborah Geismar, M.D.  
 Janet L. Gemmell  
 Sandra M. George  
 Richard G. Ghalie  
 Jacqueline M. Gibbons  
 Mary Gilfillan  
 William S. Gilmer  
 Ira M. Givens  
 Paul D. Glittenberg  
 Oscar H. Godoy  
 Joseph T. Goese  
 Lori A. Goldman  
 Mitchell Goldman  
 Trussie D. Goldston  
 Yvonne Gomez  
 Laura M. Gonzalez  
 Teodora L. Gonzalez  
 Dana Goodin  
 Zyra D. Gordon-Smith  
 Samuel P. Gotoff, M.D.  
 Justner L. Graham  
 Clarence Grainger, Jr.  
 Charlie J. Grandberry  
 Katherine L. Griem  
 Christina M. Griffin  
 Mary R. Grimm  
 Shirley A. Gross



*10 years (front row): Judy Andriamahefa, OCLS, and James Maggard, housekeeping (back row): Lidia Rivero, housekeeping, and Denise Racky, M.S.N., post anesthesia recovery.*

Kelly M. Grott  
 Mary R. Grover  
 John G. Gruhn, M.D.  
 Mario O. Gubatan  
 Angelica Guerrero  
 Alice Gutierrez  
 Susan C. Gutierrez  
 Thomas W. Guyette  
 Dorothy M. Gyllenberg  
 Cheryl A. Hager  
 Eleanora Hagerty  
 Debra Hahn-McNulty  
 Patricia Hallagan  
 Sherry Hamaker  
 Kathleen Pirages Haney  
 Maryann C. Harting  
 Kathleen L. Hasbrouck  
 Beverly R. Hawn  
 Thomas Haywood  
 Dorothy D. Hebert  
 Suzanne Hedberg  
 Jean L. Heideman  
 Jonathan D. Heiliczer, M.D.  
 Byron M. Henderson  
 MaryJane E. Henning  
 Gabriela Hernandez  
 Peter T. Heydemann, M.D.  
 Cynthia R. Hicks  
 Norma I. Hidalgo  
 Margaret M. Higgins  
 Larnzer L. Hill  
 Marlene M. Hionis  
 Monica Hock  
 Patricia J. Hoffbeck  
 Sharon L. Hoffman  
 Donnell Hogan  
 Elaine Hohman  
 Peter C. Holiday  
 Patricia J. Hooper  
 Lisa D. Howard  
 Latrice R. Hudson  
 Kathleen M. Hugar  
 Leanne L. Hull  
 Mary C. Hutchison

Zelma M. Ingram  
 Jerry D. Isaacs  
 Pamela R. Jackson  
 Michelle A. James  
 Fernanzo Jamison  
 Kristina Janich  
 Kimberly A. Janko  
 Linda Jelinek  
 Debbie A. Jenkins  
 Julie A. Jenkins  
 Kathleen M. Jesse  
 Francis H. Joebgen  
 Martha P. Johnson

Mary Johnson  
 Elizabeth Joksimovic  
 Barbara E. Jones  
 Ieva R. Kalnins  
 Dominique M. Kamien  
 John L. Kanaris  
 Constance A. Kantutis  
 Eileen F. Kaput  
 Stephanie Karabatsos  
 Stephen R. Kareka  
 Shirley A. Kazmierski  
 Suzanne C. Keers  
 Joretha E. Kellum  
 Patricia A. Kennedy  
 Barbara C. Kienker  
 Judith L. Kieras  
 Paula S. Kikkebusch  
 Teresa Kikos  
 Barbara Kitzes  
 Amy Jo Klinge  
 Joanne S. Kocourek  
 Susan A. Kolff  
 Thomas P. Koppes  
 Kathleen Koscak  
 Susan M. Koteles  
 Terry L. Kraus  
 Ruth A. Kreyer  
 Rosalie Krolik  
 Ann P. Kronquist  
 Dolores S. Kryl  
 Marilyn A. Krzystek  
 Eva P. Kunkel

## 40 years: Alla Mae Davis, M.P.A.



Alla Mae Davis, M.P.A., is administrative manager of admissions. She is a pioneer: at one time she was the highest ranking black woman at the Medical Center.

"I was the first black administrative assistant. Things have changed quite a bit.

"I started at St. Luke's as a relief worker in the dietary kitchen in 1951. I was making \$66 every two weeks when I started. In 1969 I came over as

a diet clerk. I've held many jobs at Rush - unit manager, then director of unit management, then administrative assistant to Roy White, who was in charge of medical sciences and services.

"It was an enjoyment coming in to work. I used to hate to take time off. I'd come in on the weekends and do extra things to get my floor working well. I got promoted through the ranks, not because I asked to be promoted, but because of the work that I did. And I went back to school and got my Bachelor's and then my Master's in Public Administration with an emphasis in Health Care.

"One of the things that was most helpful for me was my ability to get along with people. That's my greatest asset. I like continuity, and treat everybody the same. I treat people the way I want to be treated."

Ann E. Kunst  
 Sylvia S. Kupferer  
 Linda J. Lafferty  
 Robert E. Lamb  
 Julane L. Lantz  
 Pamela S. Larson  
 Colleen M. Lawlor  
 Shirley J. Leach  
 Young S. Lee, M.D.  
 Ernestine Lee  
 Mira L. Lessick, Ph.D.  
 Amy J. Levin  
 Gloria J. Lewis  
 Donna Linton  
 Donna M. Lis  
 Susan M. Littau  
 Karen Loftus  
 Patricia M. Long  
 Michele A. Longo  
 Daniel O. Luedke  
 Aurea M. Luna  
 Susan Luskin  
 Gloria Lyons  
 Lorraine Mace  
 Eileen Maggiore  
 Donna J. Malec-Connors  
 Bruce Marcus  
 Jackie K. Mardsen  
 Lisa A. Mariano  
 Kimberly L. Markwell  
 Ingrid R. Marshall  
 Linda M. Marth  
 Tracey Martin  
 Patrick B. Massey  
 Jesus R. Mata  
 Lisa M. Mauro  
 William Mausser  
 Sharon Mc Kernin  
 Elizabeth McCabe-Raleigh  
 Marlene McDowel-Hearon  
 Amanda McGee-Ward  
 Catherine E. McGinness, M.D.  
 Wendy Mehis-Sadler  
 Donna L. Milly  
 Carmen L. Minter  
 Hemant N. Modi  
 Lourdes Monte  
 Dolores Monterroso  
 Jill C. Moore  
 Paula L. Morgan  
 Cynthia Morton  
 Mojgan Motie  
 Desiree R. Motley  
 Anna Zander Murphy  
 Karen N. Murray  
 Dorinda K. Nance  
 Phyllis Nash  
 Edward J. Neal  
 Patricia A. Nell, M.D.  
 Ann K. Nelson  
 Rosita Nelson  
 Rosario J. Nobile

Rhonda L. Novak  
 Margaret F. O'Hara  
 Janis O'Neill  
 Joseph R. Oder  
 Denise M. Oleske, Ph.D.  
 Shirley A. Oliver  
 Jeanne B. Olson  
 Maria Oppermann  
 Eric Ostrov  
 Karen Pagliuco  
 Marietta Palmisano  
 Cynthia K. Papierniak  
 Cynthia F. Parducci  
 Maria M. Paredero  
 Diana Paredes  
 Kelly A. Parker  
 Edward L. Passen  
 Gail F. Patinos  
 Bonnie S. Pazzol  
 Joyce A. Pellegrini  
 Pamela M. Pencak  
 Joanne Pikorz  
 Whitney P. Poll  
 Theresa L. Porche  
 Michele Higgins Prod  
 Sandra E. Purl  
 Anita M. Putman  
 Mary L. Quillan  
 Richard L. Quintana  
 Alberta Randall  
 Alice M. Ras  
 Barbara A. Ray  
 Paula D. Redding  
 Linda A. Reese  
 David L. Reid  
 Laurie G. Rendleman  
 Anthony J. Richtsmeier, Jr., M.D.  
 Mary T. Ridley  
 Donna Ringelstein  
 Wenceslina B. Rivera  
 Phillip I. Robles  
 Julie Roche  
 Cynthia M. Rochel  
 Sherry A. Rogers

Vevlyn D. Rogers  
 John Rowe  
 David B. Rubin  
 Susan Ruda  
 J. Georgiadae Russell  
 Joy M. Russell  
 Virginia M. Rypkema  
 Donna L. Samano  
 Joanne Sandelski  
 Karen Sanders-Ford  
 Kimberly J. Sareny  
 Barry G. Saunders  
 Mary Beth Schiefelbein  
 Catherine E. Schmidt  
 Barbara A. Schmitt  
 Brenda D. Schmitz  
 Vernice Schopp  
 David A. Schur  
 Denise Scott  
 Mary E. Scott  
 Roger M. Seals  
 Susan M. Sendera  
 Mark S. Shapiro  
 David V. Sherman  
 Louis Shicker  
 Marilyn L. Silvester  
 Thomas L. Simmons  
 Maria L. Sinsiooco  
 Donna T. Skinner  
 Anne Slager  
 Lynn J. Smetana  
 Beverly Jean Smith  
 Rita Smith  
 Zachary S. Smith  
 Zita M. Smith  
 Parviz M. Soleymani, M.D.  
 Kirsten M. Solmos  
 Dawn M. Spadaro  
 Diane H. Springer  
 Rajni Srivastava, M.D.  
 Cynthia Stabile  
 Patricia Starcevich  
 James L. Statler  
 Laura K. Stefanic

Kathryn D. Steinbrink  
 Mary Lou Stevens  
 Pamela R. Stewart  
 Veronica Strahan  
 Wendy Strom  
 Jeanet T. Strzynski  
 Margaret L. Strzynski  
 Lori Sullivan  
 Evelyn A. Szczypka  
 Mary Ann M. Tan  
 Lydia A. Tanner  
 John S. Tarsa  
 Roberta P. Tebo  
 Emanuel Thomas  
 Anthony W. Thompson  
 Florence Threat  
 Linda C. Threatt  
 Jacquelynn Tillett  
 Germaine L. Timlin  
 Kathleen Timothy  
 Deborah L. Tomczak  
 Evelyn Townsend  
 Linda Tronco  
 Carol A. Troppina  
 Judy A. Trufant  
 Joan A. Uebele  
 Jerry S. Vandermolen  
 Barbara J. Verdich  
 Laura A. Vobornik  
 Mabel Wagner  
 Jennifer L. Wall  
 Beverly A. Wallace  
 Ollie J. Wallace  
 Linda D. Wanna  
 Brenda L. Ward  
 Donnell T. Wardell  
 Shari Warshawsky  
 Dennis Watson  
 Jacqueline A. Weiner, Ph.D.  
 Karen L. Weishaupt  
 Mary A. Werling  
 Evelyn West  
 Hazel G. Wiersema  
 Anne E. Williams  
 Brenda Lee Williams  
 Lee A. Williams  
 Mary A. Williams  
 Robin L. Williams  
 Sally M. Williams  
 Sheila R. Williams  
 Tarren Williams  
 Belinda E. Wilson  
 Sue E. Wilson  
 Felice E. Witmer  
 William Wong  
 Nancy B. Wood  
 Josephine A. Wrobel  
 Arturo L. Young  
 Gail L. Zelenka  
 Mary M. Zerdin  
 Gregory G. Zibrun  
 Walter J. Zielinski  
 Donna L. Zimmer



*10 years (l to r): Maria Rivera, payroll; Diane Bowman, M.S.W., M.B.A., social services; Mary Ann Winters, M.S.W., social services; Judy Taylor, finance; Glendell Finley-Logan, business office; and Janet Leers, R.N., utilization review.*

# Medical staff meeting and dinner

The importance of individuals' contributions to Rush-Presbyterian-St. Luke's was the focus of the annual dinner meeting of the medical staff, held May 16.

Leo M. Henikoff, M.D., president and chief executive officer, said, "There's no question: we are our people. That's what makes any institution great."

Supporting Dr. Henikoff's words were the rounds of applause for 43 members of the medical staff recognized for 25 to 50 years of service. Certificates were presented to honorees by Richard M. Morrow, chairman of the Board of Trustees.

Dr. Henikoff closed the dinner meeting with a preview of the Medical Center budget for fiscal year 1991-92 and a summary of the \$310 million capital development program approved by the Trustees on February 12.

The meeting also witnessed the passing of the gavel from outgoing medical staff president Walter W. Whisler, M.D., Ph.D., chairman, neurological surgery, to C. Anderson Hedberg, M.D., internal medicine.

Earlier in the evening, Dr. Whisler presided over the biannual business meeting of the medical staff, where he announced the names of newly elected officers. Ronald L. DeWald, M.D., orthopedic surgery, is president-elect; Barbara Santucci, M.D., pediatrics, treasurer; and Stephanie A. Gregory, M.D., internal medicine, secretary.

Special reports were presented at that meeting by Patricia Skarulis, M.A., vice president, information services, and J. Christopher Newman, M.B.A., associate vice president, corporate planning and market research.

Skarulis gave an update on her progress, after six months at Rush, toward an information system which will accommodate the unique needs of medical practitioners.

Newman discussed the recently completed medical staff survey, which was sent to 786 physicians. The 223 respondents rated a range of programs at Rush, from in- and outpatient care to ancillary services.



*C. Anderson Hedberg, M.D., internal medicine, president of the Medical Staff, accepts the gavel from outgoing president Walter W. Whisler, M.D., Ph.D., chairman, neurological surgery.*

Results will be sent to the medical staff, key managers in nursing, and Medical Center administrators.

Roger C. Bone, M.D., the Ralph C. Brown, M.D., Professor of Internal Medicine and acting dean, Rush Medical College, and Joyce Keithley, D.N.Sc., R.N., chairperson, operating room and surgical nursing, commented on the cooperative efforts of the medical and nursing staffs to prepare for the upcoming visit of an investigative team from the Health Care Financing Administration (HCFA).

Dr. Keithley also took the opportunity to thank the medical staff for an appreciative ad placed in *Spectrum* magazine during National Nurses Week, May 6 to 12. "This couldn't have come at a better time for the nursing staff; I think our morale was sort of dipping," she said.

Others presenting reports were Peter W. Butler, vice president, administrative affairs; Max Douglas Brown, J.D., vice president, legal affairs; Jack R. Bohlen, vice president, philanthropy and communication; and Andrew Thomson, M.D., internal medicine.

## The Honorees

### 50 years

Craig D. Butler, M.D.  
Clarence W. Monroe, M.D.  
Bertram G. Nelson, M.D.  
John H. Olwin, M.D.  
John Post, M.D.  
Armin F. Schick, M.D.  
Kenneth E. Shearon, D.D.S.  
Samuel G. Taylor III, M.D.

### 45 years

George M. Hass, M.D.  
Walter F. Hoepfner, M.D.  
Frank W. Jones, M.D.

### 40 years

Robert W. Carton, M.D.  
William R. Garr, M.D.  
Wallace W. Kirkland, Jr., M.D.  
Frank B. Papierniak, M.D.  
William K. Scupham, M.D.  
Harry W. Southwick, M.D.  
Barbara Spiro, M.D.  
Alston C. Twiss, M.D.

### 35 years

Franklin S. Alcorn, M.D.  
Claressa F. M. Armstrong, M.D.  
David I. Cheifetz, Ph.D.  
William E. Deutsch, M.D.  
Aaron Grossman, M.D.  
Frank R. Hendrickson, M.D.  
Kasriel Tausk, M.D.

### 30 years

Joseph R. Christian, M.D.  
James A. Hayashi, Ph.D.  
Harold A. Paul, M.D.  
Max E. Rafelson, Jr., Ph.D.  
Lionel J. Schewitz, M.D.  
Roger R. Schuessler, M.D.  
Marvin J. Schwarz, M.D.  
V. Raymond Silins, M.D.  
Marian S. Tarzynski, M.D.

### 25 years

Edmond R. Cole, Ph.D.  
Margarida M. Dederick, M.D.  
Leonard J. Hertko, M.D.  
Eduard Jung, M.D.  
Hassan Najafi, M.D.  
Roseanne V. Proteau, M.D.  
Jeremiah Stamler, M.D.  
Robert H. Stine, M.D.

# Rush people

## In the news

A front-page article in the Chicago Tribune quoted cardiologist **Stuart Rosenbush, M.D.**, on the effects the atrial fibrillation (irregular heartbeats) incident would have on President George Bush's lifestyle. "Considering that he is in excellent health, I think that this is just an episode of 'lone' atrial fibrillation... The President should be able to go on leading the same vigorous lifestyle that he has." Dr. Rosenbush also commented on President Bush's condition in interviews that aired on WMAQ-TV and WMAQ-AM.

**Robert Anderson, Ph.D.**, obstetrics and gynecology, was featured in a KING-TV, Seattle, Washington, news story about the adverse effects on fetal development by fathers who drink alcohol before conception. Dr. Anderson examined the impact of alcohol consumption by male mice on embryos. The findings suggest that the effects could lead to fetal deaths and alterations in metabolism and the immune system.

The April issue of the *Chicago Tribune's Good Health* magazine quoted allergists and immunologists **Howard Zeitz, M.D.**, **Wendell Richmond, M.D.**, **James Moy, M.D.**, and **Anita Gewurz, M.D.**, in an in-depth article on allergies and the immune system. The physicians stressed the importance of diagnosis and treatment of asthma.

In a five-part special report series, **Robert Katz, M.D.**, internal medicine and medical editor for WBBM-TV, highlighted "Arthritis Breakthroughs." Rheumatologist **Harvey Golden, M.D.**, was featured on the first report. He discussed a breakthrough treatment for rheumatoid arthritis—methotrexate therapy. In part four, **Klaus Kuettner, Ph.D.**, chairman, biochemistry, discussed an experimental process that promotes the growth of cartilage in the lab. This research offers new hope to osteoarthritis patients who experience pain, immobility and deformity from the loss of cartilage.

**Coleen Kelly, M.S.**, director of employment services, listed employment benefits and incentives used to recruit and retain nurses in a special series of articles in the *Chicago Tribune* on "Illinois Nurses." She gave an overview of Rush's \$10,000 nursing bonus program. In another story in the series, **Kathleen Andreoli, D.S.N.**, vice president, nursing affairs, commented on the shortage of registered nurses in geriatric medicine. In the same article, clinical expert **Sharon Roth, M.S., R.N.**, told what attracted her to a career in geriatrics. "Geriatrics patients present a multitude of challenges for the nurses caring for

them..." she said.

**Lloyd Klein, M.D.**, director of interventional cardiology, was quoted in the April issue of *American Health* magazine in an article focusing on how patients can cope with their fears and gain confidence prior to surgery. Dr. Klein also gave tips for selecting a surgeon, saying that although he recommends word of mouth, "Ultimately, you have to go with your gut feelings."

Neurologist **Kenneth Moore, M.D.**, was quoted in the *Chicago Tribune* "Womanews" section that highlighted an investigational drug called suma-triptan which "stops migraine pain without debilitating side effects."

## Henry P. Russe, M.D.

The Rush community was saddened last month by the death of Henry P. Russe, M.D., provost of Rush University and vice president of the Medical Center. He died Friday, May 10, at the age of 63.

For 10 years, Dr. Russe had been vice president for medical affairs and dean of Rush Medical College. He joined the faculty and staff of the Medical Center in 1979 as assistant vice president for medical affairs and associate dean for medical sciences and services. He was named vice president and dean in 1981.

Prior to joining Rush, Dr. Russe was chief of staff and associate vice president for the medical center at the University of Chicago.

A native of Indianapolis, Indiana, Dr. Russe graduated from Indiana University and the University of Chicago Medical School. He was trained as an immunologist and allergist.

He served with the U.S. Infantry during the Korean War and was decorated with the Combat Infantry Badge, the Bronze Star, and the Korean Service Medal with five battle stars.



Henry P. Russe, M.D.

An active member of many professional organizations, Dr. Russe served five terms as president of the Institute of Medicine of Chicago and seven years as chairman of its Board of Governors.

Dr. Russe is survived by his wife, Pastora San Juan Cafferty, four children, two grandchildren and two sisters.

## Medical staff gala

Over 200 members of the Medical Staff, along with Trustees and Medical Center management, gathered at the Chicago Hilton and Towers May 4 for a gala to benefit the newly established Rush Medical College Student Scholarship and Loan Fund.

The gala was organized by a planning committee headed by outgoing Medical Staff president Walter W. Whisler, M.D., Ph.D., chairman, Department of Neurosurgery, and Dennis A. Pessis, M.D., associate attending, Department of Urology.

Ron Bedal and his orchestra provided the evening's music. Between dinner courses, dancers from the Kaye-Dow Entertainment Group performed.



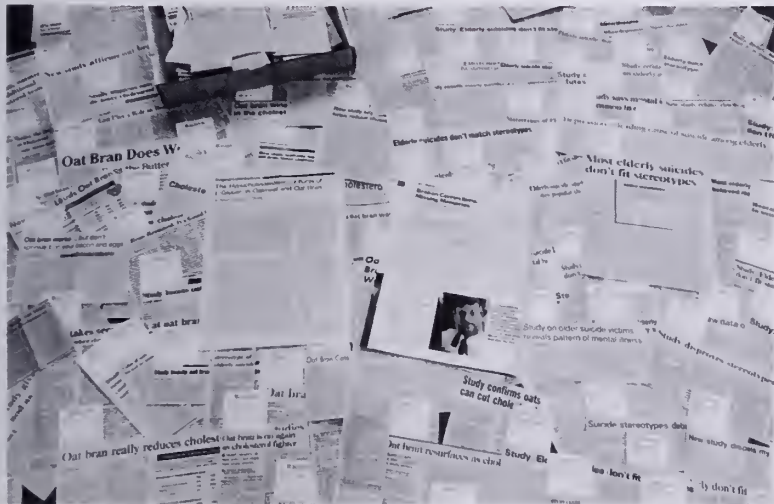
*The event planning committee (l to r): John S. Long, M.D., obstetrics and gynecology; Dennis A. Pessis, M.D., urology; Walter W. Whisler, M.D., Ph.D., neurological surgery; Roger C. Bone, M.D., internal medicine; Jerry P. Petasnick, M.D., diagnostic radiology/nuclear medicine; and Charles M. D'Angelo, M.D., neurological surgery.*

WLS-TV interviewed psychiatrist **James Cavanaugh, M.D.**, medical director of the Isaac Ray Center, in a story about random violence. Dr. Cavanaugh drew a psychological profile of people who commit opportunistic murder. "They not only become desensitized...they probably have been physically, sexually or emotionally abused as kids," he said. "And what we find...when they grow up is that they become the predators. They look for

victims to reproduce the same kinds of influences they had as kids."

**Thomas A. Deutsch, M.D.**, ophthalmology, was quoted in the *Chicago Tribune's* "Discoveries" column on research linking blindness and blood clotting in AIDS patients. The study was a joint project by researchers from Rush and Northwestern University. "This is an exciting finding," said Dr. Deutsch. "No one else to my knowledge has found this correlation, and it is

possible that it will lead to a significant contribution to the treatment of AIDS patients."



*In April Medical Center news coverage hit an all-time high: over 400 stories nationwide.*

## NewsRounds

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**Editor**  
Nancy Stetson

**Assistant Editor**  
Justine Ringhofer

**Editorial Staff**  
Sue Jeantheau, Marie Mahoney, Gloria Russell  
**Intern:** Tina Howard

Anyone interested in reporting department news should call the editor at extension 25579. Deadline for all copy is the 10th of the month preceding publication. Editorial offices are on the second floor at 1700 West Van Buren.

Address correction requested

## Bright lights, big spaceship

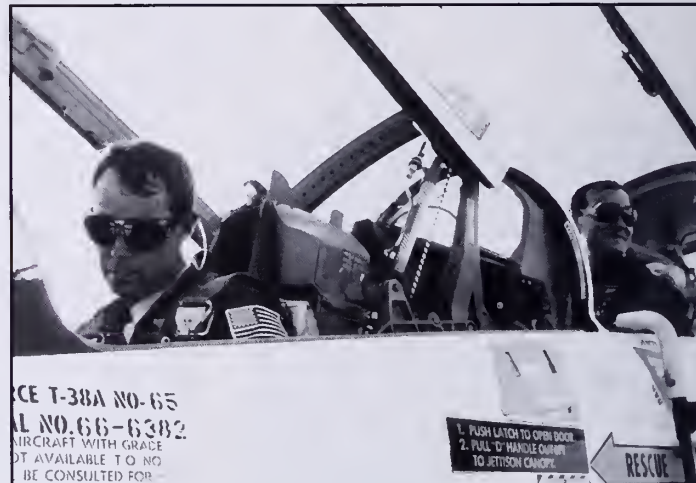
When the space shuttle Discovery blasted off for an eight-day mission recently, its crew consisted of two teams. Each worked a 12-hour shift while the other team slept—one started in the afternoon, one very early in the morning. How did they adapt to a schedule like that?

To ease the fatigue that comes with changing sleep time and work time, NASA called on Charmane I. Eastman, Ph.D., associate professor of psychology and social sciences and director of Rush's Biological Rhythms Research Laboratory. Dr. Eastman enlisted the help of Karen Stewart, Ph.D., who will join the rhythms lab in August. Dr. Stewart is former director of light therapy at Jefferson Medical College in Philadelphia.

For several years, Dr. Eastman has studied ways to use bright light to shift sleep patterns to accommodate changes in the work schedule. The flight surgeon for the Discovery voyage asked Dr. Eastman to create pre-flight light-dark and sleep-wake schedules to conform with the astronauts' work schedule.

Dr. Eastman's research focuses on human circadian rhythms—the inner cycles which control body temperature, mood, waking, sleeping, and all other body processes. These rhythms are coordinated by our inherent timing mechanism known as the circadian clock. By resetting the astronauts' clocks, Drs. Eastman and Stewart helped them to sleep at a different time of the day.

Exposure to bright light makes our internal clocks shift. Drs. Eastman and Stewart scheduled the astronauts to spend about six hours a day under a ceiling covered with fluorescent lights, which produce light about 10 to 20 times more intense than ordinary room



*Dark goggles created 'night' for the astronauts as part of sleep-work schedules designed by Charmane Eastman, Ph.D.*

light. This artificial light became the crew's "sun" when they were indoors.

To create "night" during the day, Dr. Eastman provided dark welder's goggles with side guards to block light. "Exposure to sunlight during a 'night' section of the schedule would have counteracted the resetting of their clocks," she says.

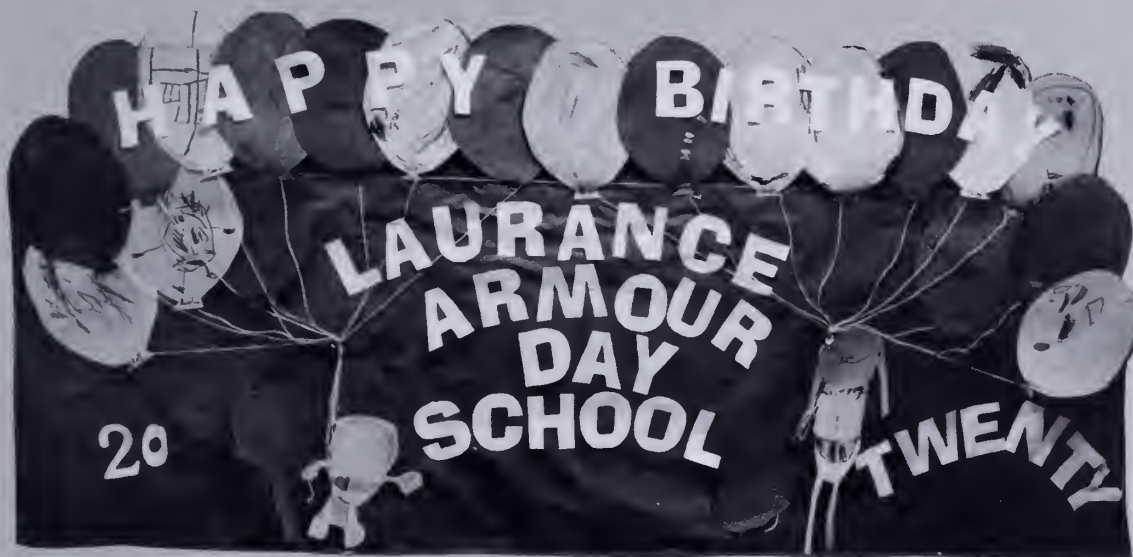
Each team followed a routine of bright light and darkness at specified times, which pushed their clocks in the proper directions. The flight surgeon reported that the astronauts were sleeping well in space and on track with their new work shifts.

Drs. Eastman and Stewart also designed the pre-flight light and sleep schedules for the next Columbia shuttle mission.



# NewsRounds

Volume 30/Number 6/July 1991



## Graduations

- LADS grads p. 5
- Rush grads p. 8



# Just the facts

**Mike Singletary of the Chicago Bears** and a group of Rush employees represented Rush-Presbyterian-St. Luke's Health Plans, Inc. at a Health Fair celebrating RUSH-Anchor's contract to provide health care to the 30,000 employees of Sears Roebuck and Company. The contract includes personnel of Sears affiliates, Dean Witter, Allstate Insurance and Coldwell Banker.

**The Rush Cancer Center** and the American Medical Association (AMA) presented the First Annual Symposium on Molecular Biologic Advances in Cancer Research, Treatment and Diagnosis in mid-June. The first of its kind, the symposium featured speakers from educational and research institutions across the country. Topics discussed included "Growth Regulation of Malignant Mammary Epithelium," and "Gene Therapy—The Future of Medicine?"

**Attention roller coaster fans....** It's time again for Rushfest at Great America, Saturday, August 17! Tickets, limited to five per employee, will sell for \$13 this year and include a complementary lunch. Watch for posters around the Medical Center for dates and times of ticket sales.

**"Laughter is good medicine"** was the theme of an ice cream social marking the end of Senior Citizens' Month in May. Staff members, residents, patients and family members gathered in the Bowman Center atrium for the festivities, sponsored by gerontological nursing, physical medicine and rehabilitation and therapeutic recreation. The singing and storytelling of the Golden Troubadours, a trio of seniors which performs throughout the Chicago area, highlighted the event.

**On June 4, doors opened** for the Center for Research on Health and Aging, in its new location, Bowman Center room 316. Denis Evans, M.D., the Center's director, presented awards to Thomas J. Schnitzer, M.D., Ph.D., its founder and former director, and Michael A. Counte, Ph.D., who was acting co-director of the program before the arrival of Dr. Evans last July.

**For your audiovisual needs,** the media services division of Biomedical Communications offers an array of services, plus a free in-service on any borrowed item, including slide projectors, VHS machines, laser pointers and others. To obtain any equipment, or for tips on planning your next presentation, call extension 25178.



*Pictured with Mike Singletary (center) of the Chicago Bears are RPSL Health Plans employees (left to right): Denise McKeivitt, Kathleen Higgins, John Katsianis, Truman Esmond, Jr., M.A.S., Mary McCarthy and Aurora Castro. See Mike Singletary of the Chicago Bears...*



*Denis Evans, M.D. (center), presents a silver platter to Thomas J. Schnitzer, M.D., Ph.D., geriatric medicine, as Michael Counte, Ph.D. (right), who next received the award, looks on. See On June 4, doors opened...*



*Johnston R. Bowman resident William C. Grabitz places a lei around Karen Reid, CTRS, a recreational therapist in the gerontology rehabilitation unit. See "Laughter is Good Medicine"...*

# The aftermath of war: visiting the Kurdish refugees

When many of us were following the plight of the Kurdish refugees on television these past few months, Richard Sandler, M.D., director of pediatric gastroenterology, was investigating the situation in person. In April, with only a day-and-a-half's notice, Dr. Sandler was invited by the Boston-based Physicians for Human Rights to visit the Kurdish camps and look into the deteriorating health of the refugees.

"I was asked to go help assess the medical needs of the refugees," he says. "By doing so, we'd help mobilize appropriate resources to assist them."

Dr. Sandler has previous experience in refugee settings. Eleven years ago, he spent a year on the Cambodian border. He's also edited a book called *The Medical Care of Refugees* (Oxford University Press, 1987).

The physicians found 750,000 Kurdish refugees camped at the border. "The people were congregated in 11 'camps'—some of which were just sides of mountains," Dr. Sandler recalled. "These areas were mostly inaccessible by road. We gathered information on three camps.

"We got the most information on Cukurca, a camp with roughly 60,000 refugees. It was a sea of



*Richard Sandler, M.D. (far right), and two other physicians from Physicians for Human Rights with Kurdish refugees.*

mud, ankle-deep mud everywhere. There were no latrines. There were a few 'tents'—mostly pieces of plastic wrapped around people. We did a survey of 225 people in the camp and found 90 percent of the children and 75 percent overall had diarrhea. One out of five of those had bloody diarrhea. All were hungry. All were cold. All were thirsty. There was no drinkable water—they were drinking rain runoff in the mud. About half had respiratory symptoms.

"Of the women who were trying to breast-feed, less than one-third had any milk; they weren't lactating. There was no medical care."

According to Dr. Sandler, the existing relief effort consisted of dropping food from cargo planes. "Clearly that method leads to the survival of the fittest—the young men who can run and fight the others off," he said. "It doesn't lead to an equitable distribution. Also, clearly the needs were basic human survival needs of water, shelter, food. The medical priority was to build latrines, provide water, and launch an oral rehydration program.

"We arrived at an estimate of deaths in the camp by visiting the common grave site—a mass grave. We found 30 to 60 people were dying every day in that one camp. Most were babies and children, and most of them had died from diarrhea."

After Dr. Sandler and the other physicians left the camps, they met with the staff of the U.S. Embassy and wrote a memo that was faxed to the White House, Defense Department, Capitol Hill, and the State Department. When they returned to the States, the physicians met with representatives from each of those



*A displaced Kurdish family.*

*(Continued on page 5)*

# Awards abound at Employee of the Quarter lunch

Before introducing the 19 Employee of the Quarter nominees at the awards luncheon on June 20, John Short, M.M., administrative services, summarized the reasons behind their excellent performance: "These people are driven, not to win the award, but to do the best job possible. They don't need to be told what to do, they just do it. And they play a key role in making the Medical Center what it is today."

That statement seems tailor-made for the winner of the Employee of the First Quarter Award, Cathleen O'Donoghue, a social worker in the geropsychiatric unit in Johnston R. Bowman Health Center for the Elderly (JRB). She accepted the honor with just a few tears and some barely audible thank-yous.

"Cathleen's personal and professional reputation and that of the unit are inseparable," wrote Andrew Ripeckyj, M.D., the unit's clinical director, in a letter of support of O'Donoghue's nomination. "She listens to complaints, soothes hurt feelings and offers comfort to so many distraught people. Her effect on the staff is incalculable."

Adding to those comments, Gary



*Cleaning up small floods is no problem for Oscar Johnson, environmental services.*



*George Stathos at work in the electric shop.*

Kaatz, M.B.A., O'Donoghue's administrative supervisor, said, "Because I know that Cathleen is *always* representing the best interests of the patient and the patient's family, I welcome her challenges of me as an administrator."

Receiving Carol Stege Memorial Awards were Oscar Johnson, environmental services, and George Stathos, electric shop (engineering). The honor was established in 1975 by Charles Stege, who was impressed by the dedication of these two departments while his wife, Carol, was a patient at Rush.

Both recipients of this quarter's award made themselves available several times for duties above the demands of their jobs. Scott Westberg, director of environmental services, said one could find Johnson "clearing the sidewalks of snow for patients in the wintertime before most of us are out of bed. He makes the Professional Building safe, and above all, he is a gentleman."

Stathos, who most recently won a Community Service Award at the Founders Day dinner in May, was nominated by his supervisor, Steve Klas, assistant director of engineering.

Klas said, "George is always cheerful and ready to help. He is fluent in Spanish and Greek, and throughout his nearly 18 years of service at the Medical Center, has volunteered his services



*Cathleen O'Donoghue accepts her award from John Short, M.M., as finalist Hudson Tidwell, SPD, looks on.*

as an interpreter for patients."

For the first time, awards were also presented for perfect attendance to Employee of the Quarter nominees who have not missed a day of work for the year preceding the award luncheon.

Recipients of perfect attendance awards at the June luncheon were Alan W. Weinstein, Pharm.D., 3 Pavilion pharmacy, and Walter W. Luedecke, OCLS.

In his invocation, Reverend Russell Burck, Ph.D., religion, health and human values, asked that honorees' work be blessed "by making it last, making it strong."



*Alan W. Weinstein, Pharm.D. (left), and Walter W. Luedecke, OCLS, discuss the importance of perfect attendance.*

# LADS grads

On tours offered at the Laurance Armour Day School (LADS) Open House last month, Medical Center employees learned that age, ability to sleep on a cot, and the mastering of potty training skills allowed youngsters, from infants to pre-kindergartners, passage from one "grade" to the next.

The Open House was one of many events held in honor of another passage: it's been 20 years since the first class was held at LADS. That original class met in the fall of 1971.

Two weeks of special celebrations marked the anniversary and included a family picnic and singalong, and a birthday party with Medical Center president and CEO Leo M. Henikoff, M.D. With a roomful of four-year-olds, Dr. Henikoff and the LADS faculty sang "Happy Birthday" to the school and blew out the candles on the cake.

All the festivities led to the big event—kindergarten Graduation Day on June 22—with many of the students decked out in their finest bobby socks and patent leather shoes.



*Kindergarten boys strut their stuff to a rockin' rendition of "Tweedledee and Tweedledum."*



*Right: Georgette Levi (right) gives Lauren King her "diploma."*

## On the cover:

Leo M. Henikoff poses with four-year-olds (back row, l to r): Katy Heneghan, Colin Jamieson, Brittney Jones, Patrice Tramil, Siddhee Kasudia (front row, l to r): Michael Beemsterboer, Daniel Taylor, and Chivon Johnson.

## Kurdish refugees (from page 3)

agencies, held press conferences, and had several media appearances including live interviews on ABC's Good Morning America.

"We found that although the people we met with knew there was a lot of suffering and appeared genuinely eager to help, they didn't have the basic facts: what the Kurds' condition was, what the population was, what their urgent needs were," said Dr. Sandler.

"There was a significant lack of clarity between each of the groups as to what the others were doing, and what their proper role was.

"The refugees were largely urban people. They weren't hill people used to living in the hills, they were people who left their cities on a few minutes' notice. They were doctors and lawyers and bus drivers—the whole range of an urban population.

"Here's this guy who's about my

age, he's a doctor, his kids are the same age as mine. He's just like me in a lot of ways, but he's hungry, he's cold, he's ankle-deep in mud with shoes that are falling apart. His kids are hungry, they have diarrhea, and his family is with 15 other people squeezed together in a small tent. He's filled with insecurity about the future.

"I couldn't help but feel, 'there but for the grace of God go I.'"

# An evening at Rush

*Tina Howard spent six weeks at the Medical Center as an intern for the Department of Philanthropy and Communication. As part of her learning experience, she followed night administrator Mark Schilling, M.A., around for two consecutive evening shifts. This is her story.*

It's 3:15 p.m. and the Medical Center is bustling as the shifts change. Orders and instructions are passed along as evening employees begin their shift and day employees prepare for their trek home. At a time when most employees are commuting home, cooking dinner, feeding the cat or watching the evening news, 450 workers are just beginning their shifts at the Medical Center.

Evening administrator Mark Schilling, M.A., discusses the events of the day with Greg Knepper, M.S., day administrator, and checks the Activities Log for any item that needs clarification. Except for several phone messages strewn across the desk, Schilling's office appears to have no permanent inhabitant.

The responsibilities of the evening and day administrators are—well—as different as night and day. During the day, many managers oversee patient units and deal with problems—but during the night, one evening administrator has to handle the job. Responsibilities range from resolving patient complaints to

acting as a “senior disaster control officer” during crises.

Two full-time and nine part-time night administrators take turns working the night shifts. Several are Health Systems Management students who work to gain experience while going to school.

“Managers and supervisors of certain departments during the day also take turns as night administrators from time to time,” says Schilling. “They fill in as needed to cover the hours and this lets them stay in touch with the day-to-day happenings in the facility.”

“The hospital units run on their own for the most part,” says Schilling. “Staff in the units—clerks, nurses, area directors, support staff—know what needs to be done and what their responsibilities are. My job is to step in and help with problems that the units can't handle or aren't supposed to deal with. That can mean a trip to the cafeteria for a patient's dinner or responding to a ‘Dr. Red’ code (fire drill).”

Schilling's beeper sounds and he places a phone call to answer it. A fire alarm has sounded in one of the units and he needs to go to the floor to check it out. But before Schilling can leave the office, his beeper sounds again. This call's about a patient who's complaining that she can't get a cup of tea. Schilling tells the nurse he'll talk to the patient and find out why it's unavailable. The



*Ira Laxa, R.N., monitors a patient on 9 South Atrium.*

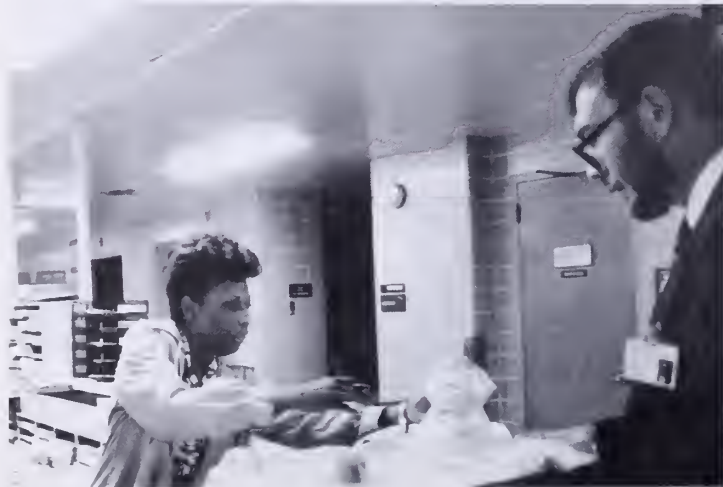
“tea task” seems small, but with fewer evening staff, Schilling is really the only who can solve the problem in a timely way.

The fire alarm is false and the situation is settled by simply verifying it with Richard DiSanto, industrial hygienist, occupational safety. But the problem of the tea-less patient is a little more complicated. All of Nine Atrium ran out of tea and the central kitchen promises to bring more up later in the evening. In the meantime, Schilling heads toward the cafeteria to bring up a few bags to the patient immediately. It's obvious the day shift has ended: the halls are emptying quickly.

Managing “routine” situations and occasional crises comes easily to Schilling after 10 years of working nights at Rush. He first worked as a security guard at the Medical Center and, three-and-a-half years ago, began his role as night administrator.

“Relationships between nurses and patients are so important I don't mind stepping in to ease a situation,” he says. “I would prefer the patient or patient's family vent their frustrations to me. The nurses need to maintain a close and continuing relationship with them and if a bad guy is needed to save that relationship, I'll be one.”

Why do people choose to work the evening shift? Most like the hours. Few employees change from



*Unit clerk Willye Gilliland, 9 Kellogg, helps Mark Schilling, M.A., gather late-night snacks for patients.*

the evening shift to work at another time once they've begun.

"With more and more people in two-career families, evening shift work allows one parent to be home for the children most of the time. Also, pay differential and less hassle with traffic going home are big considerations for many," Schilling says. The 3-11 p.m. shift is very different from the day shift, even though the top priority remains patient care and comfort.

Evening employees say other reasons they like working these hours is that it allows them time to "take care of business."

"I am not a day person. I like having the mornings to grocery shop, do laundry and take care of bills," says Martha Triplett, clerk/typist, diagnostic radiology.

"People on the evening shift come in with a smile because they've been up for a while and are ready to work," says Laverne Bunch, unit clerk, 5 Kellogg.

The opportunity for more interaction with patients and their families is a common reason given by nurses for enjoying the second shift. "I feel like I get to do more actual nursing duties and have a lot of contact with patients throughout the evening," says Ira Laxa, R.N., 9 South.

Schilling's beeper sounds again. The call from a nurse is about a



*Regina Adams, environmental services.*

"lost" patient who was taken to nuclear medicine in the late afternoon and cannot be located. Schilling heads to nuclear medicine to talk to the staff there and discovers that the patient was subsequently taken to radiology for further tests. The unit nurse is informed and another concern is resolved.

At 6:45 p.m. it's time for supper. Schilling heads for the cafeteria where few people are dining in: many employees order carry out meals for themselves and co-workers. Also, with less manpower on the later shifts, employees tend to stagger their breaks to make sure enough people are left to cover the units.

Schilling says he gets most of his

calls between 8 and 11 p.m. This latter part of the shift is always the busiest because patients are back from therapy or surgery, and they've had dinner. If problems are going to materialize, this is the time.

The Emergency Room is quiet—which is unusual for a department that sees as many as 50 patients during the second shift. But tonight, the Chicago Bulls are playing what could be the deciding game of the NBA playoffs, and the few patients in the waiting area are anxiously watching the TV to see Michael Jordan showcase the Bulls' talent.

As 10 p.m. approaches, the pace picks up as nurses and other staff hustle to get things ready for the next shift and the environmental service workers finish the last clean-up duties.

Around 10:30 p.m. the "graveyard shift," (third shift—11 p.m. to 7 a.m.) workers begin arriving. The second shift begins to update the night crew on the evening's events. For the second shift, another work "day" has passed. There were no major crises—the patient on 9 South got her tea, the "Dr. Red" alarm was only a drill, the "lost patient" was found and most patients are falling asleep.

The evening staff at the Medical Center has provided another night of calm for the sick.



*Left: Their work is never done: Linda Barnes and George Clemes, food service, prepare patient's trays. Right: Rosemarie Hudson, respiratory therapist, checks on patient Anne Mottis.*



# Commencement 1991

In his address at Rush University commencement, renowned economist Eli Ginzberg, Ph.D., forecast a new epoch in American healthcare. With a career spanning over half a century, Dr. Ginzberg is recognized for his encyclopedic knowledge in the fields of health care and human resources.

"Society needs a new contract with health care professionals," he said. "The American people must be assured of reasonable services delivered at reasonable costs with constantly improving standards of care."

Dr. Ginzberg, the A. Barton Hepburn Professor emeritus in economics at Columbia University, was presented with a Trustee Medal at the ceremony, held June 8 at Medinah Temple. Other recipients were Mark Lepper, M.D., and Leonidas H. Berry, M.D.

Dr. Lepper is an internationally known specialist in epidemiology and public health who retired from the Medical Center in 1988. He has served as executive vice president, professional and academic affairs, at the Medical Center and as dean of Rush Medical College.



*Eli Ginzberg, Ph.D., gave the 1991 commencement address, "The Next Epoch in American Medicine."*

Dr. Berry is a 1930 graduate of Rush Medical College and its 1987 Distinguished Alumnus. Noted for his research and practice in the field of gastroenterology, Dr. Berry was the first black physician appointed to the medical staff at both Cook County Hospital and Michael Reese Hospital and Medical Center.

A total of 318 degrees were conferred at commencement. Graduates included 114 new doctors of

medicine, 9 doctors of nursing, 14 doctors of nursing science, and 9 doctors of philosophy. The master of science degree was received by 83 graduates (47 in nursing and 36 in allied health fields, including audiology, clinical nutrition, health systems management, occupational therapy and speech/language pathology). The bachelor of science degree was conferred on 89 graduates (80 in nursing and 9 in medical technology).



*Samuel L. Miller, M.D., class of 1931, accepts a Trustee Medal from Leo M. Henikoff, M.D., president and CEO, on behalf of Leonidas H. Berry, M.D., who was unable to attend the ceremonies.*



*Courtney H. Lyder, N.D., the first black male to receive a nursing doctorate at Rush, poses with his friend Yvette Mitchell and brother-in-law Irvin Simmons.*



*Jeremy Bonn Roth, M.D., received his diploma from his mother, Mary Roth, OTR/L, occupational therapy, Rush North Shore.*



## In the news

In an interview with WBBM-TV, **Edmund Lewis, M.D.**, internal medicine, commented on Grave's disease—the autoimmune disease contracted by President and Mrs. George Bush. Dr. Lewis didn't think the Bushes could have contracted the disease from the plumbing or water supply at their former home, and he also noted that the disease is not contagious.

In a column in *Chicago Healthcare*, **Leo Henikoff, M.D.**, president and CEO, discussed Total Quality Management (TQM). "We regard quality as a given, as a hallmark of Rush service, but that's not enough in itself," Dr. Henikoff said. He felt that meeting the expectations of all publics is important in achieving quality.

**Charles McKiel, Jr., M.D.**, chairman, urology, commented on the safety of the Prostatron, in *Physician's Weekly*. The story examined benign prostatic hyperplasia treatment. Prostatron is a French-made microwave device that uses an ultrasound-guided heat probe to shrink obstructive tissue in the prostate. Urologist **Dennis Pessis, M.D.**, and **David Spellberg, M.D.**, urology chief resident, were also featured.

Lipids research being conducted by endocrinologist **John Bagdade, M.D.**, also was described in *Physician's Weekly*. Dr. Bagdade has been analyzing the lipid profiles of diabetic patients using an implanted insulin pump.

The Blue Cross and Blue Shield Association has issued new "medical guidelines" regulating the use of routine ambulatory ECGs. Commenting on the guidelines in *Physician's Weekly*, cardiologist **Harold Kennedy, M.D.**, said the monitoring is overused by many cardiologists. "These incomplete guidelines don't set standards for proper use," he said.

Generating over 400 articles in newspapers nationwide were two

stories featuring Rush experts. One story—which originated with the *Journal of the American Medical Association (JAMA)*—described a study conducted by Rush cardiologist **Michael Davidson, M.D.**, and colleagues at the Chicago Center for Clinical Research. Dr. Davidson's study showed that a certain amount of oatmeal (or oatbran) can make a difference in a person's serum cholesterol profile, when part of an overall low-fat diet. The other story originated in the *Chicago Sun-Times*, and quoted **David Clark, Ph.D.**, director of the Center for Suicide Research and Prevention, on the myths of elderly suicide. "In the public's view, the elderly person who commits suicide lives alone, faces economic hardships or physical decline. But such cases are rare," said Dr. Clark.

A Sunday *Chicago Tribune* article on Lyme disease quoted **Jeffrey Nelson, M.D.**, infectious disease, on the symptoms of the illness. He said that although experts say Lyme disease is the second-fastest spreading infectious disease in the U.S. after AIDS, the illness has many unspecific symptoms that are seen in other diseases.

**Harold Kessler, M.D.**, director of the HIV Treatment Program, commented in the *Chicago Sun-Times* on AZT therapy as a preventive measure for accidental HIV exposure. "Although the treatment is considered unproven and experimental, most experts probably would recommend it," said Dr. Kessler. "Studies in animals exposed to viruses similar to AIDS showed that preventive drug therapy can be effective."

## Speeches/Lectures Presentations

**James M. Williams, Ph.D.**, anatomy, biochemistry, internal medicine: "Articular cartilage injury and repair," cartilage research,

Merck, Sharpe & Dohme, Inc., Rahway, NJ, and "The effects of inradiscal chymopapain on rabbit intervertebral discs," poster presentation, Orthopaedic Research Society 37th annual meeting, Anaheim, CA (coauthors **Eugene J.-M.A. Thonar, Ph.D.**, biochemistry and **Gunnar Andersson, M.D., Ph.D.**, orthopedics).

**L. Michael Newman, M.D.**, anesthesiology: "A departmental approach to the prevention and detection of substance abuse by anesthesia personnel," and **Kenneth R. Tuman, M.D.**, "Cardiovascular outcome after cardiac surgery," American Society of Anesthesiologists annual meeting, Las Vegas, NV.

**Mitchel B. Sosis, M.D.**, anesthesiology: "Laser safety in anesthesia," International Laser Safety Conference, Cincinnati, OH and "One-lung anesthesia: Physiology and management," Illinois Society of Anesthesiologists Fall Meeting, Arlington Heights, IL.

**Thomas Schmid, Ph.D.**, biochemistry: "Collagen," session chairman, Orthopaedic Research Society 37th annual meeting, Anaheim, CA.

**Gary S. Cohen, LCSW**, employee assistance program: "Coping strategies for employees," Worksite Wellness Council of Greater Chicago, "Establishing an Employee Assistance Program," Chicagoland Construction Safety Council, Safety and Environmental Consultants and "Employee assistance programs: Selection and Evaluation," Drug Free Workplace Initiatives, Chicago.

**Anita Gewurz, M.D.**, immunology/microbiology: "Hemodialysis-associated wheezing, eosinophilia and basophil histamine release," and, with **Arturo J. Bonnin, M.D.**, "Binding of serum amyloid P component to immobilized DNA: A study in patients with systemic lupus erythematosus," American Academy of Allergy and Immunology 47th annual meeting, San Francisco, CA.

# Professional activities

**Charles R. Thomas, Jr., M.D.**, medical oncology: "Combined-modality therapy for non-small cell lung cancer: Potential significance of treatment-related prognostic factors," Vanderbilt University Medical Center, Nashville, TN.

**Koen DeGeest, M.D.**, obstetrics/gynecology: "Management of ovarian carcinoma," MacNeal Memorial Hospital Continuing Medical Education program, Berwyn, IL and "Identification of HPV 31B in human cervical cells grown on raised collagen gel rafts," Society of Gynecologic Oncologists meeting.

**Thomas D. Myles, M.D.**, obstetrics/gynecology: "Investigation of the infertile couple," and "Post-date pregnancy," Ravenswood Hospital grand rounds, Chicago.

**Howard T. Strassner, M.D.**, obstetrics/gynecology: "How many cesareans are too many?" Cook County Graduate School of Medicine; "Content of care," Chicago Medical Society 47th annual Midwest Clinical Conference; and "Vaginal birth after cesarean section," Cook County Hospital grand rounds, Chicago.

**Derek J. Wong, M.D.**, obstetrics/gynecology: "Renal disease and pregnancy," Cook County Hospital grand rounds, Chicago.

**Robert L. Barkin, M.B.A., Pharm.D.**, pharmacy/pharmacology: "Elusive sleep disorders: Detection and treatment," "Chronic pain, psychopharmacology of sleep, panic attacks and post traumatic stress," St. Vincent Hospital, Santa Fe, NM, and "Management of acute and chronic pain and the Rush Pain Center," Sherman Hospital grand rounds, Elgin, IL.

**Bennett G. Braun, M.D.**, psychiatry: "Dissociative and multiple personality disorders," workshop, Western New York Institute for the Psychotherapies, Buffalo, NY; "Understanding the voices within," Bedford Hospital, Dallas, TX and "Treatment of MPD"; and "Practical treatment

issues for MPD," Carrier Foundation, NJ.

**Lawrence W. Lazarus, M.D.**, psychiatry: "Psychotherapy in the elderly," American Association for Geriatric Psychiatry annual meeting, Ft. Lauderdale, FL.

**L. Penfield Faber, M.D.**, Rush Medical College: "Clinical indicators for lung cancer," American Cancer Society/American College of Surgeons' Commission on Cancer/American Joint Committee on Cancer and Joint Commission on Accreditation of Healthcare Organizations, San Francisco, CA. Also "Education and future of general thoracic surgeons," panel discussant and moderator for Superbowl X-ray contest, General Thoracic Surgical Club fourth annual meeting, Captiva Island, FL.

## Publications

**DM Rothenberg, M.D.**, anesthesiology: "Excess ADH and Oliguria in patients with normal renal function: I." *Anesth*, 73:583-584, 1990.

**KJ Tuman, M.D., RJ McCarthy, Pharm.D., AD Ivankovich, M.D., Pharm.D., CA Wong, M.D., AM Labarge, and BD Spiess, M.D.**, anesthesiology: "Comparative effects of esmolol and verapamil in a model of a supraventricular tachydysrhythmia." *Anesth*, 73:467-473, 1990.

**MB Sosis, M.D., Ph.D.**, anesthesiology: "Train-of-four ratio is not always independent of stimulating current." *Anesth*, 73:573-574, 1990; "Pulse oximetry for confirmation of tracheal tube position." *Anesth Analg* 71:309-310, 1990 and "Use of Ohmeda EA2 Oximeter Probe for 'Buccal' oximetry." *Can J Anesth*, 37:489-490, 1990.



*Employees of RUSH Health Plans, Inc., contributed a total of \$620 for the American Cancer Society "Jail and Bail" program. Jo Ann Garofalo (left) and Diane Klimczak (right) were arrested by "judge" Maria Diaz, American Cancer Society, and had to raise their bail in order to be released. Other funds were raised by the claims department, which collected \$200 from a bake sale.*

# Professional activities

**GS Cohen, LCSW**, employee assistance program: "How to choose an employee assistance program." *Talking to the Boss*, October, 1990.

**AP Kuritza, Ph.D.**, immunology/microbiology: "Induction of antibiotic resistance in *Enterobacter cloacae* during treatment for neonatal meningitis." *Ped Infec Dis J* 9:509-512, 1990 (coauthors MF Hausser, M.D., JE Patterson, M.D., RS Baltimore, M.D., Yale University Medical Center, New Haven, CT).

**TD Myles, M.D.**, obstetrics/gynecology: "Four-quadrant assessment of amniotic fluid volume: Distributions role in predicting fetal outcome." *Amer J Ob/Gyn* 1-91.

**DJ Wong, M.D.**, and **HT Strassner, M.D.**, obstetrics/gynecology: "Melanoma in pregnancy." *Clin Ob/Gyn* 33:782-791, 1990.

Two staff members from OR/surgical nursing contributed to *Cancer Nursing* (S Baird, R McCarkle and M Grant eds.) WB Saunders, Philadelphia, PA: **J Paice, M.S., R.N.**, and **MI Donovan**, University Hospital, Oregon Health Sciences University, Portland: "Issues and strategies in professional education," 965-973 and **M Goodman, M.S., R.N.**, "Delivery of cancer chemotherapy," 291-320.

**LW Lazarus, M.D.**, psychiatry: editor, *Comprehensive Review of Geriatric Psychiatry*, American Psychiatric Press, 1991.

**LS Grossman, Ph.D.**, psychiatry; **M Harrow, Ph.D.**, **JF Goldberg, M.S.**, Michael Reese Hospital and Medical Center; and **HY Meltzer, M.D.**, Case Western Reserve University, Cleveland, OH: "Outcome in manic disorders: A naturalistic follow-up study." *Archives of General Psychiatr*, 47:665-667, 1990.

**TW Haywood, M.A.**, **JL Cavanaugh Jr., M.D.**, and **Dr. Grossman** psychiatry: "Subjective versus objective measurements of deviant sexual arousal in clinical evaluations of alleged child molesters." *Psychological Assessment: A Journal of Consulting and Clinical Psychology*, 2:(3)269-275, 1990.

**VA Simons, LCSW, Dr. Grossman**, psychiatry and **WB**

**Weiner, J.D.**: "A follow-up study of families in high-conflict custody disputes: Effects of psychiatric evaluation." *Bull Amer Acad Psychiatr and Law*, 18:85-97, 1990.

**RW Carton, M.D.**, religion and health: "Defining the limits of treatment: When may it be withheld or withdrawn?" *J Crit Illness*, 6:138, 1991.

**J Janik, Psy.D.**, psychiatry: "What value are cognitive defenses in critical incident stress." *Critical incidents in Policing* (J Reese, J Hoyne and C Dunning, eds.), U.S. Department of Justice, Washington, D.C.

**E Ostroy, Ph.D., J.D.**, psychiatry; **D Offer, M.D.**, Michael Reese Hospital and Medical Center and **KI Howard, Ph.D.**, Northwestern University: "Adolescence: What is normal?" *Am J Dis of Children*, 143:731-736, 1989; "Gender differences in adolescent symptomatology: A normative study." *J Acad Child and Adolesc Psychiatr*, 28:394-398, 1989 and "Normality and adolescence." *Psychiatric Clinics of North America*, 13(3):377-388, 1990.

**GP Freed, M.S., R.N.**, Rush Alzheimer's Disease Center; **D Morhardt, LCSW**, Northwestern Memorial Hospital; **J Dunham** and **N Ryan, M.S.**, ACSW, Southern Illinois University Regional Alzheimer's Disease Center, Springfield, Illinois: "The Illinois primary provider network." *Am J Alzheimer's Care and Rel Dis and Res*, 14-18, November/December, 1990.

**DC Garron, Ph.D.**, psychology; **DW Gilley, M.S.**, Rush Alzheimer's Disease Center; and **M Koch-Weser, Ph.D.**, Marionjoy Rehabilitation Center, Wheaton, Illinois: "The DIS and outcome of surgical treatment of epilepsy." *DIS Newsletter*, 7(1): Summer, 1990.

**LS Grossman, Ph.D.**, psychology and social sciences; **M Harrow, Ph.D.**, **JF Goldberg, M.A.**, Michael Reese Hospital and Medical Center; and **HY Meltzer, M.D.**, Case Western Reserve University: "Outcome in manic disorders: A naturalistic follow-up study." *Archives of General Psychiatry*, 47:665-671, 1990.

**A Haut, M.A.**, psychology and social sciences; **RG Frank, Ph.D.**, **M Smick, M.A.**, **MW Haut, Ph.D.**, and **J Chaney**, University of Missouri-Columbia: "Coping and family functions after closed head injury." *Brain Injury*, 4(3):289-295, 1990.

**BR Bach, Jr., M.D., M Berchuck, M.D.**, **TP Andriacchi, Ph.D.**, and **B Reider, M.D.**, orthopedic surgery: "Patients who have a deficient anterior cruciate ligament." *J Bone and Joint Surgery*, 72-A(6):871-877, 1990; "Shoulder neoplasms mimicking rotator cuff tears." *Orthopaedics*, 13(7):765-767, 1990, **D DaLuga, M.D.**, **M Quast, M.D.**, **S Gitelis, M.D.**, orthopedic surgery, and **Dr. Bach** coauthors. Also **A Harris, C Bush-Joseph**, orthopedic surgery, and **Dr. Bach**: "Massive Heterotopic ossification after biceps tendon rupture and tenodesis." *Clinical orthopaedics*, 255:284-288, 1990.

## NewsRounds

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**Editor**  
Nancy Stetson

**Assistant Editor**  
Justine Ringhofer

**Editorial Staff**  
Marie Mahoney, Gloria Russell  
Intern: Tina Howard

Anyone interested in reporting department news should call the editor at extension 25579. Deadline for all copy is the 10th of the month preceding publication. Editorial offices are on the second floor at 1700 West Van Buren.

Address correction requested

## Rush Flag Day celebration

On Friday, June 14, the Medical Center held its third annual Rush Flag Day celebration on the east Atrium lawn. The event began with the posting of colors and a wreath-laying ceremony in memory of those who gave their lives in war. Speakers included Don Oder, vice president and chief operating officer of the Medical Center; William Maran, northern division supervisor of Veterans Affairs; and Jim Balcer, veterans' liaison from the Office of the Mayor. Veterans celebrated the day by wearing combat fatigues and enjoying shared stories of having "been there." They were later dazzled by the Jesse White Tumblers, who concluded the event with gravity-defying gymnastic stunts.

*Right: Rush veterans (l to r): Jim Gindl, engineering; Ed Jones, environmental services, Brad Stevens, engineering; Charles Nichols, security; Vezetter Whitaker, engineering; James Blue, security; Gregory Wimpie, environmental services; Steve Sanchez, engineering; and Joel Whitehead, security.*



*Charles Nichols, security.*



*In remembrance of veterans who gave their lives.*



# NewsRounds

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# Just the facts

**Watch for the annual United Way campaign activities, starting in September.** Practice your pitching, and you may be able to dunk your supervisor and contribute to United Way at the same time. The dunk tank will be on campus on Thursday, September 12. Potential dunkees this year include: John Short, M.M., administrative support services; John Webb, M.H.A., director, materials management; Peter Butler, vice president, administrative affairs; and several data center supervisors. Other United Way doings include an Ice Cream Social on Thursday, September 19 and Hero Sandwich Day on Thursday, September 26. The campaign theme is: The need is now, the hope is you. Our goal this year is to raise \$335,000. Watch for more information.

**Win a dream machine or the chance to rumba in Rio.** The Woman's Board will be raffling off 19 exciting prizes at their annual fashion show at the Medinah Temple Wednesday, September 25. Buy a \$10 ticket and choose which prize you'd like to win. (Tickets are also three for \$25, six for \$50, and 15 for \$100.) Prizes include a five-day trip to Rio de Janeiro, a one-year lease on a 1992 series 325i BMW, a \$5,000 shopping spree at Neiman-Marcus, and two round-trip tickets to Paris. Proceeds from the raffle will benefit the Woman's Board Depression Treatment & Research Center of the Rush Institute for Mental Well-Being. Raffle tickets are available at the Woman's Board office in the Searle Conference Center of the Professional Building. For more information, call x26513.

**The Rush Chemical Dependency Program** at Rush North Shore introduced its Rush Chemical Dependency Consultation Service on July 8. The service provides a multidisciplinary consultation team which evaluates, diagnoses and refers Medical Center patients who have a history of abusing alcohol and/or other drugs. For more information, call x23628.

**The Coronary Care Unit and Coronary Step Down Unit** celebrated a grand opening in late May. According to Joseph Parrillo, M.D., director, cardiology, and medical director of the Rush Heart Institute, "Step down means that heart patients will move 'down' to this unit as their condition improves. The purpose of this unit is to provide the very best of care for patients. That's really why we're all here."



*The co-chairs for this year's United Way Crusade of Mercy campaign are (l to r): Mary DeNoble, M.S., human resources; John Webb, M.H.A., purchasing; and Jeanne Dianda, M.T., OCLS. See Watch for the annual United Way campaign activities...*



*Michele McCrillis, program associate, the Woman's Board, holds your potential ticket to Hawaii...or Paris, or Australia. The Woman's Board is holding their traditional raffle in conjunction with their annual fashion show. See Win a dream machine or the chance to rumba in Rio...*



*Celebrating their unit's grand opening: (l to r) Charlotte Ramazinski, R.N.; Gia Crisanti, R.N.; Janet Haw, R.N.; Kathleen Caffrey, R.N.; and Carolyn Stevens, R.N. See The Coronary Care Unit and Coronary Step Down Unit...*

# Our Miss Brooks

*"I used to wish I could be like this person or that person. But I was blessed with a good personality. That's my gift. And I use it to the extreme."*

—Sharon Brooks, admitting

In the 1950's television series "Our Miss Brooks," Eve Arden played a school teacher who taught her students by using examples from her own life experiences. She was strict, but she had a sense of humor. People loved her.

Miss Brooks is alive and well at Rush. Sharon Brooks works in the admitting department where she helps patients feel at ease while they schedule surgery. Her co-workers call her "Our Miss Brooks."

Miss Brooks learned years ago how to turn her vivacious personality into her greatest asset. She uses it as a tool to accomplish difficult tasks—at work, she makes patients smile as they await surgery. On the home front, she helps her sons get the most out of life, and does everything she can to make sure her west side neighborhood near Francisco and Roosevelt remains a clean and safe environment for them. If that means getting noticed by City Hall, so be it.

Miss Brooks recalls when her gift of gab was born: "I remember one day when I was eight years old—I was coming home from school and I passed several elderly

neighbors sitting on their stoops," she says. "When I got to mine, my grandmother twisted my ear and told me to go back and talk to everyone I'd passed up. I did, and ever since then, I talk to everyone."

Her first experience with City Hall came in early 1989 when she called the Department of Streets and Sanitation to clean up the garbage in the alleys near her home.

"I noticed that people couldn't get out of their garages in the morning because of the garbage dumped in the alleys in the middle of the night. People have stayed up until 2 or 3 a.m. to catch the dumpers, but they rarely do."

Miss Brooks says, "I bugged the hell out of City Hall," calling them every week until they finally installed dumpsters and started picking up the trash routinely. She still calls when they "slack off."

"Before I took action, I'd been cleaning up by myself every day. Sometimes I'd ask my sons and their friends to help me. If they griped, I'd tempt them with my specialty, burnt hotdogs!—I burn everything," she adds.

In the spring of 1990, she found a way to reward them for their help. Lou Johnson, one of the top black talent agents in the city and a friend who grew up down the street from Miss Brooks, was looking for some young talent to star in a Gatorade

commercial with a famous NBA basketball star.

Johnson knew where to start his search. He went to Miss Brooks, who knew this would be the opportunity of a lifetime for her sons and their friends. They all auditioned. All three of her sons, Alphonso, 14, Darnell, 21, and Derrick, 15, were extras. Five boys out of 11 in the commercial were from Miss Brooks' neighborhood.

"The boys were so happy," she says. "They made over \$400 a day during shooting. It finished just before school started, so they bought school clothes to save their parents' money. It was wonderful to see."

Miss Brooks places a high value on education. She makes sure her sons read every day and lectures anybody who tries to take that time away for other purposes.

"Someone from a local school asked me if my son Alphonso would play in a community basketball tournament to help the team win," she says, her face turning suddenly stern. "I said, 'Let me ask you one question. Are you also going to teach these kids how to read? Unless you spend one hour educating these kids for every day you want them to play basketball, I will not let you use my son.'"

Just as she looks out for her sons

*(continued on page 4)*



Miss (Sharon) Brooks (l) and her mother, Minnie Gates, show artwork for their program.



Miss Brooks sends a smile to patient Rosa Colon (r), with husband Agustin.

## Kidney Patients, Rush Staff Enjoy Picnic in the Park

"I like kites," said six-year old dialysis patient Eddie Taylor, as a strong lake breeze lifted his kite above the trees.

Eddie was one of over 70 present and former patients, their families and Rush staff attending the fifth annual Pediatric Dialysis and Kidney Transplant Patients' Reunion Picnic, held July 14 in Lincoln Park.

Those who attended enjoyed an afternoon of food, games, sunshine and balmy temperatures. But for Eddie, hot dogs, soda and cookies were secondary to the picnic's *real*

purpose — flying kites.

His mother, Julie Torres, was slightly less enthusiastic about Eddie's new passion. "He's so busy with that kite, he doesn't even want to eat or pose for pictures," she said. "But what can I say? He's having fun."

Oak Park residents Jack and Mary Darnall enjoyed the picnic with their newly adopted son, 1-1/2 year-old dialysis patient, Jonathan. Mary, a faculty member in the occupational therapy department at Rush, met Jonathan through a colleague in

occupational therapy who was assigned to work with the boy.

"He's one of our happier endings in the last five years," says Daedrie Ferguson, program manager for the pediatric dialysis and kidney transplant program—one of the largest pediatric nephrology programs in the Midwest.



*Mary (l) and Jack Darnall enjoy a day in the park with their newly-adopted son, Jonathan.*



*Cooking on the grills: Fran Sykes, R.N., (l) and Georgene Kupinski.*

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### Miss Brooks (from page 3)

and the boys in the neighborhood, Miss Brooks follows her heart with the care she gives patients at Rush.

"There is one man who's a regular patient at the Medical Center," she says. "Because of his multiple sclerosis, he's now in a wheelchair. He's gone through so much despair, and I've become a comfort to him. I listen to his problems and we talk every night, sometimes for two hours."

"People who are down when they come in for admission to the hospital can't help but come out with a smile after seeing Miss Brooks," says LaVera Leftridge, admitting supervisor.

Miss Brooks gets her initiative from her mother. "I listen to her and learn a lot," she says. "We're trying to start a program to teach kids about black history, discuss peer pressure and get them to appreciate fine arts.

My mother works with an artist who's helped her design T-shirts and posters warning youth about the hazards of drugs and promiscuity. Mom's always doing something.

"What these kids need is someone to spend time with them, but nobody wants to make a commitment."

Miss Brooks does. Combining action with talk, she's one person making a major difference in their lives.



# A Hot and Chile vacation

Most people relax during their vacations, but Diana Mixon, M.S., R.N., and Gwen Bohlke, R.N., chose to work during theirs. For two weeks from mid-May to early June, they labored in Pachica, a small town in northern Chile, providing physicals and helping to build an agricultural school for the townspeople.

Mixon, assistant unit leader on 7 North, and Bohlke, who also works on 7 North, in the AIDS cluster, learned about the trip through their church, Faith United Methodist Church in Elgin, where Mixon's husband is pastor. "The church has sponsored a Methodist minister in Chile for 30 years," Mixon explains. "He was in the south end of Chile, but he determined that there was a need for an agricultural school between high school and college level in Pachica—kind of a technical school."

So Mixon, Bohlke, and 23 other people flew down to Chile to help build one. Bohlke was excited about the trip, because she had lived in Honduras for two years while in the Peace Corps and speaks fluent Spanish. Mixon wasn't quite sure what to expect.

"We did a ton of work while we were there," says Mixon. "We framed and walled three complete rooms, and got the framing up for the roof. On a fourth room, we did everything but the roof, because that's going to have a second story."

"Pachica is the driest desert in the world—it receives less than three

*Gwen Bohlke, R.N., gives a physical to a Chilean schoolgirl.*



inches of rain every 100 years. So there are people living in that village who have never seen rain. Most of their agricultural methods deal with irrigation. They irrigate by flooding and have very small plots. A quarter of an acre is considered a big plot. If you have five acres, you're very wealthy."

Pachica's soil is extremely rich, because it washes off from the mountains. "The people used to produce more per acre than farmers could in the United States, but they lost their irrigation system over time," Mixon says. "They could probably grow almost anything there if they could irrigate it."

The crops consist of alfalfa, onions, garlic, and some corn. "We ate a lot of onions and garlic," says Bohlke, and the women laugh at the memory of it.

"The first meal we ate there," Mixon recalls, "we got a big plate filled with nothing but onions, with a few canned peas and a few lumps of cauliflower. That was our salad. They bought 50 lbs of onions for us to use in one week. We didn't even come near using it in two weeks!"

The Pachica campus will take years to finish, but classes are slated to begin in March of 1992. The school's director is a native Chilean woman who's attended agricultural school and has an education degree. Students will learn not only new ways of raising crops, but also the old ways, so family traditions aren't lost. They'll also learn crafts such as spinning yarn

and weaving. The goal is to get the Chileans to teach themselves.

When not pounding nails, Mixon and Bohlke held open clinics. "We ran nine clinics," says Mixon. "We did physicals on all the school kids. There were 24 of them. We also held adult clinics. Arthritis was a big problem, and GI upset. Many of their problems come from poor sanitation and poor nutrition."

Mixon also lectured on AIDS to other healthcare workers in Iquique, the closest coastal city, two-and-a-half hours away. "AIDS is their third national health problem," says Mixon. "What happens is that the youth from the villages can't support themselves, so they go into the larger cities, where they get into drugs and sex. The number of AIDS cases is rapidly increasing. The healthcare professionals in Chile are very much aware that they need to start dealing with this. They're working with the Red Cross to start a nationwide education program."

"The people I spoke with—a dialysis nurse, a midwife, doctors, surgical nurses—all dealt with blood products," says Mixon. "So they were all very interested in universal precautions. A lot of what they were doing was appropriate—they just needed a lot of reassurance."

"I had a fantastic time," says Bohlke. "They were great people. I'll never forget them."

"It was exciting," Mixon agrees. "It wasn't a restful vacation, but it was exciting."



*The people of Pachica feed alfalfa to the sheep every day.*

# Rare Book Room: home of weathered treasures

They've survived nature's weapons: water—in the form of flood and humidity—and fire, which occurred nearby and caused heavy smoke damage. But these treasures, approximately 3,000 rare books that for years were packed away in boxes, probably suffered most from neglect.

The books were taken out of the boxes in 1976 by the staff of a new Rush University Library, located in the recently built academic facility. "Back when I was a student, the Rush Students' Library was located on the main floor of the Rawson building," says Stanton A. Friedberg, M.D., library committee chairman and graduate of Rush Medical College class of 1934. "But the increasingly used library soon became overcrowded, and a miscellaneous collection of old books ended up in the basement."

Former librarian William Kona realized that this was not a good home for the books, so together with James A. Campbell, M.D., then president of Rush Medical College, a plan was drawn for a room where the rare books could be stored.

When the Academic Facility was built in 1975, The Rare Book Room was constructed on the seventh floor as part of the Rush University Library. An entryway leads to two rotunda-shaped rooms, decorated with busts of 19th and early 20th century Rush faculty members. Display cases and marble floors and walls complete the historic atmosphere.

The collection includes 153 volumes from the 17th century and 56 from the 16th century. Among the most valuable in the collection is the oldest book, published in 1500, called *An Incunabulum of the Florentine*, by Marsilius Finicus.

"Most of these books were donated by Rush graduates and their descendents who studied abroad, or by their widows," said Dr. Friedberg. "Some doctors gave them to their colleagues, who wouldn't accept payment from their friends for their medical services. The book became a



*Stanton A. Friedberg, M.D., (r) accepts a donation to the Rare Book Room from David D. Caldarelli, M.D., director, otolaryngology/bronchoesophagology. The money was collected from physicians in that department.*

token of friendship."

Some books were written by famous people, such as the large collection by Benjamin Rush, M.D., a signer of the Declaration of Independence and the physician for whom Rush was named.

Since the books were shelved in 1976, Dr. Friedberg and the current library staff have organized them by year and category. They enlisted the



*A collection of books written by Benjamin Rush, M.D. The book, "Essays" and those on the far right were restored by Willis G. Diffenbaugh, M.D.*

help of Rush retired general surgeon Willis G. Diffenbaugh, M.D., in restoring the books, and hired students part-time to catalog them.

"We urged Dr. Diffenbaugh to take a course in book restoration, and he has since restored a number of books by repairing the leather binding and washing the pages to make each acid-free," said Dr. Friedberg. "But the process is time-consuming and expensive, and, without the funding to hire more help, it will never be completed."

Cataloging, however, is within three months of completion. Funds raised by the Alumni Association of Rush Medical College, totaling \$50,000, and a donation from the otolaryngology/bronchoesophagology department, of which Dr. Friedberg is an emeritus member, helped achieve that goal.

Those involved with the books are hoping for the day when there will be a curator for the collection. Right now, students have limited access to the books, which Dr. Friedberg says is unfortunate. "We're creating a wonderful resource for students of future generations," said Dr. Friedberg. "We just want them to be able to use it."



*"An Incunabulum of the Florentine," by Marsilius Finicus, dated 1500, is the oldest book in the collection.*

# Nurses' generosity helps AIDS clinical specialist

Clinical nurse specialist Joyce Fitzpatrick, M.S., R.N., was thrilled when she learned she'd been chosen to present an abstract at the Seventh International Conference on AIDS in Florence, Italy. It was a great honor to be chosen from researchers around the world, but her joy quickly turned to dismay when she realized the trip would cost approximately \$1,600.

"That's a lot of money for a staff nurse to come up with," says 7 North assistant unit leader Diana Mixon, M.S., R.N. So she spearheaded a bake sale and raffle to help raise money for Fitzpatrick's trip.

"We asked all the medical nursing units to participate, because Joyce is the AIDS clinical specialist for the entire medical department," Mixon explains. "Any floor that has a question about an AIDS patient, Joyce is the expert. Everyone uses her as a consultant."

Each medical unit was asked to have staff members donate baked goods. Fitzpatrick is well known among nurses, so the response was overwhelming. "We just got tons and tons of baked goods," says Mixon. "We raised \$350 from the bake sale. When you're only charging a nickel a cookie, that's a lot of cookies."

They also asked the drug

companies which supply drugs used to treat infections associated with AIDS to donate gift certificates to department stores or restaurants. Medical Center donors included Room 500, and the Woman's Board. These prizes were raffled off, raising an additional \$750. The nurses were then able to give Fitzpatrick \$1100 to use towards her trip. The division of nursing and the Department of Medical Nursing also provided funds.

"Everyone was just so generous," says Fitzpatrick. "It was overwhelming. It was the most incredible thing I've ever experienced. The nurses here are really great."

In Florence, Fitzpatrick gave a poster presentation of a study she had done with Rinda Alexander, Ph.D., R.N., of Purdue University. The study explored nurse's attitudes towards AIDS patients. Fitzpatrick and Dr. Alexander discovered from their survey of 136 nurses that 46 percent of nurses are still fearful about contracting AIDS and 40 percent feel they have the right to refuse to take care of a patient with AIDS. In addition, while most nurses feel they can meet the patients' physical needs, only 43 percent feel they can meet their



*Joyce Fitzpatrick, M.S., R.N.*

psychological needs.

"I had the best time, I had so much fun presenting the poster," says Fitzpatrick. "It gave me a chance to meet physicians, social workers, psychologists, and people with AIDS, from many countries—Spain, Great Britain, Italy, France. It was so valuable to have immediate, intimate conversations with them about an area that you're both enthusiastic and working hard towards. You can both exchange pieces of vital information. I was encouraged that people from various professions were interested in nurses' attitudes towards AIDS patients."

Fitzpatrick received 35 requests for copies of the study. "I also received requests for copies of the survey as well," she says. "They were asking me: what are the variables? What are your nurses thinking in your country about AIDS? People are interested in nurses' attitudes. They really want to know."

"It was a really positive experience, and I'm thankful to all the nurses for helping me go to Italy."



*Joyce Fitzpatrick, M.S., R.N., (l) holds box while 7N module leader Jaci Imberger, R.N., picks raffle winners' names.*

# Rush people

## RPSLMC Appointments

**Theodore Mazzone, M.D.**, was named director of the section of endocrinology in the Department of Medicine. He was also appointed associate professor of medicine. Dr. Mazzone previously worked at Michael Reese Hospital and Medical Center.

**Roberta H. Clarke, M.S., R.D.**, was appointed coordinator of the nutrition clinic of food and nutrition services. She received her master's degree in nutrition and medical dietetics at the University of Illinois at Chicago. Prior to her employment at Rush, she was a clinical dietitian at the University of Illinois Hospital where she was responsible for patient nutrition and weight reduction programs. She has frequently been a guest speaker on radio talk shows.

**Joanne Garcia, M.S., R.N.**, medical nursing, was appointed unit leader of the new coronary care and cardiac step-down units on 2 Pavilion. She has extensive experience in the care and management of cardiovascular patients. Prior to her position at Rush, she was a cardiac transplant/surgical clinical specialist at the University of Chicago Hospitals.

**Mary Klingelsmith, M.S., R.N.**, also joined the Department of Medical Nursing as unit leader of 7 Kellogg. Klingelsmith completed her Master of Science degree at the University of Illinois, where she is now pursuing her doctoral degree in nursing science.

**Walter D. Niles, Ph.D.**, physiology, was appointed assistant professor of physiology in The Graduate College of Rush University.

## Appointments

**Stuart W. Campbell, Ph.D.**, archives, was appointed 1991-1992 public relations coordinator for the Chicago Chapter, American Association of Records Managers and Administrations (ARMA).

**Dianne H. Meyer, Ph.D.**, communications disorders and sciences, was appointed president of the Council of Illinois Directors of

Educational Programs in Communication Sciences and Disorders.

**Jane C. Grady, M.A.**, Laurance Armour Day School, has been appointed to the Department of Children and Family Services' statewide planning committee for the new Child Development Block Grant Funds. She will chair the Committee on Quality, Program Standards and Training.

**Joe J. Hoo, M.D.**, pediatrics, was named a charter member of the American Academy of Pediatrics Section on Genetics.

**Linda Grossman, Ph.D.**, psychiatry, was appointed to the editorial board of the *Journal of Personality Assessment*.

**Paul C. Holinger, M.D.**, psychiatry, was elected a fellow of the American Psychiatric Association.

## Kudos

**Armando Susmano, M.D.**, cardiology, received the Moses Maimonides award from the State of Israel Bonds, Medical Division, for his distinguished accomplishments in the field of medicine. A native of Buenos Aires, Dr. Susmano's efforts in the community and attempts to strengthen Israel's economy also earned him the commendation. Moses Maimonides was a famous Jewish physician in the Middle Ages.

**Suzanne Eberl**, employee health services, was awarded a scholarship from the Oak Park Business and Professional Women's Organization.

**Judith Paice, M.S., R.N.**, oncology nursing, is the seventh recipient of the Oncology Nursing Society (ONS) Schering Clinical Lectureship. Her lecture is entitled "Unraveling the Mystery of Pain."

**William E. Deutsch, M.D.**, ophthalmology, has received the 1991 presidential award from the Illinois Association of Ophthalmology in recognition of his outstanding contributions to the association and his service to its board of directors.

**Fritz Schajowicz, M.D.**, orthopedic surgery, was presented with the golden medal of honor, the highest distinction conferred by the Secretary

of Public Health in Vienna, Austria, for cultural and scientific merits. He received the honor for his research and teaching of bone pathology at an international level. While presiding over the inauguration of the recently renovated Jakob Erdheim Institute of Pathology in Vienna, Dr. Schajowicz was bestowed a new Doctor of Medicine diploma, commemorating the 50th anniversary of his graduation from that institution. He also received a bronze medal in honor of Professor Rokitsansky, first full professor of anatomic pathology of the University of Vienna, a distinction for outstanding scientific accomplishments by a physician.

## In the news

**Roger Bone, M.D.**, acting dean, Rush Medical College, wrote an editorial for the *Journal of the American Medical Association (JAMA)* which accompanied a report on adult-onset asthma. The report suggested that a lung infection may cause asthma in adults, which Dr. Bone said may provide a new way to prevent some forms of this asthma.

Dr. Bone also commented for several major newspapers nationwide including the *Washington Post*, *Los Angeles Times*, and *Atlanta Journal Constitution*. Allergist and immunologist **James Moy, M.D.**, commented on the study for WBBM-TV's 4:30 p.m. news.

In an interview with the Associated Press (AP), **Steven Ambrose, M.D.**, obstetrics and gynecology, responded to a *JAMA* study about pregnant women which suggested that low dose aspirin therapy could prevent high blood pressure and help reduce the risk of bearing low-weight babies.

AP also reported that **Lourens Zaneveld, D.V.M., Ph.D.**, obstetrics and gynecology, travelled to the St. Louis Zoo to perform vasectomies on four kangaroos. Dr. Zaneveld did the surgeries to test his shug device — a potentially reversible vasectomy method.

A Food and Drug Administration advisory panel did not approve the Alzheimer's disease drug Cognex

# Professional activities

(Tacrine) for general use. **Jacob Fox, M.D.**, director, Rush Alzheimer's Disease Center, noted in *USA Today* that even if the medication was proven effective, it is "not a miracle drug."

**Craig Bradley, M.D.**, plastic and reconstructive surgery, was featured in a *Chicago Tribune Magazine* cover story commenting on the anxiety people experience prior to undergoing plastic surgery.

WBBM-TV medical editor **Robert Katz, M.D.**, rheumatology, interviewed several Rush experts for his stories. **Harold Klawans, M.D.**, neurological sciences, talked about a new Parkinson's disease medication. **John Schaffner, M.D.**, digestive disease, discussed colon cancer screening. And **Harvey Golden, M.D.**, rheumatology, commented on anti-inflammation drugs for pain from knee osteoarthritis.

Ten Kellogg unit leader **Marnie McHale, M.S.N., R.N.**, was interviewed by WMAQ-AM reporter/anchor Lisa Myer. McHale discussed prevention of and protection from accidental needle sticks.

A segment of American Medical Television's "Medical Rounds" focused on new treatments for epilepsy. **Frank Morrell, M.D.**, neurological sciences, and **Walter Whisler, M.D.**, neurological surgery, discussed multiple subpial transection surgery, a procedure they developed, which stops epileptic activity.

July's edition of *Today's Chicago Woman* featured Rush experts and programs in three articles. **Howard Zeitz, M.D.**, immunology/microbiology and internal medicine, answered questions about allergies. **Elizabeth Nye, M.D.**, obstetrics and gynecology, described the different forms of anesthesia available for pregnant women. And Rush's in vitro fertilization program and annual party were highlighted in "Test Tube Technology."

Radio personality Sylvia Ewing spoke with **Steven Rothschild, M.D.**, family practice, about reasons to seek treatment at a hospital and, if hospitalization is required, what people

should expect during their stay. Ewing hosts "On Target" on WVON-AM.

Director of adolescent medicine **Gary Strokosch, M.D.**, said in an interview with the Associated Press that the rising number of AIDS cases among teens is a "pending disaster."

**Rosalind Cartwright, Ph.D.**, chairperson, psychology and social sciences, appeared on WFLD-TV's "32 This Week." Dr. Cartwright talked about dreams and their meanings with host Wanda Wells.

## Speeches/Lectures Presentations

**James M. Kerns, Ph.D.**, anatomy: "Influence of DC electrical fields on nerve regeneration," Arizona State University, Tempe, AZ.

**James M. Williams, Ph.D.**, anatomy, biochemistry, internal medicine: "The effects of intradiscal chymopapain on rabbit intervertebral discs," 37th annual meeting of the Orthopaedic Research Society,

Anaheim, CA, (coauthors: **Doug Riester, M.D., E.J.-M.A. Thonar, Ph.D.** biochemistry, and **Gunnar Andersson, M.D., Ph.D.**, orthopedics).

Several representatives from biochemistry presented at the Carol Nachman Scientific Symposium, Wiesbaden, Federal Republic of Germany: **Margaret Aydelotte, Ph.D.**: "Metabolic heterogeneity of articular chondrocytes," (**Klaus E. Kuettner, Ph.D.**, biochemistry, session chairman); **Eugene Thonar, Ph.D.**: "Serum keratin sulfate: A measure of cartilage proteoglycan metabolism"; and **James M. Williams, Ph.D.**: "Animal models of cartilage repair."

**Ada Cole, Ph.D.**, biochemistry: "Cartilage degradation during long-term culture of the embryonic chick tibia," and **Warren Knudson, Ph.D.**, biochemistry: "Assembly of a chondrocyte-like pericellular matrix on non-chondrogenic cells mediated via cell surface hyaluronan receptors," American Association of

## Harold L. Klawans, M.D., named to 49th endowed professorship

Harold L. Klawans, M.D., professor of neurological sciences and pharmacology at Rush Medical College, was named the first United Parkinson Foundation Professor in Neurological Sciences, the 49th endowed chair at Rush University, for the study of Parkinson's disease. Founder of the Section of Movement Disorders in the Department of Neurological Sciences at Rush, Dr. Klawans currently directs the Parkinson's Disease Clinic and was recently named director of the Neurology Residency Training Program. Dr. Klawans is recognized as one of the world's top scientists specializing in movement disorders. He is the author of over 300 scientific papers and has served as editor of a number of journals and textbooks, including the *Handbook of Clinical Neurology*, *Movement Disorders* and *Clinical Neuro-pharmacology*.



(l to r) Richard Morrow, trustee chairman; Judy Rosner, executive director, United Parkinson Foundation; Harold L. Klawans, M.D., neurological sciences; and Leo M. Henikoff, M.D., Rush president and CEO, celebrate the naming of Dr. Klawans to the 49th endowed professorship.

# Professional activities

Anatomists annual meeting, Chicago.

**Gene Homandberg, Ph.D.**, biochemistry: "Fibronectin fragment mediated damage to tissue," 1991 Forum in Cellular and Organ Biology, Chicago and "Role of febronectin fragments in connective tissue diseases," University of South Dakota School of Medicine Vermillion, South Dakota. Also "Fibronectin fragments potentiate-elastase release from attached monocytes" and "Fibronectin fragments cause damage to cartilage in organ culture," poster presentations, FASEB Meeting, Atlanta, GA (coauthors **Ross Meyers, M.T.**, biochemistry and **Doug-lin Xie**, Rush University).

**Klaus E. Kuettner, Ph.D.**, biochemistry: "Heterogeneity of articular cartilage," DuPont Merck

Pharmaceuticals Experimental Station, Wilmington, Delaware.

**Daniel Uebelhart, M.D., M.S.**, biochemistry: "Biological and clinical relevance of Pyridinium crosslinks measurement," Emory University, Atlanta, GA.

**Richard Ghalie, M.D.**, bone marrow transplant: "Bone marrow transplantation," Illinois Medical Technology Association and Wisconsin Association for Medical Technology Bi-State Annual Meeting, Rockford, IL.

**Sandra K. Shepherd, Ph.D., R.D.**, clinical nutrition: "Nutrition education and the consumer," USA teleconference 1991, University of Iowa Hospitals & Clinics, Iowa City, IA.

**Denise M. Oleske, Ph.D.**, health

systems management: "Information dissemination and cesarean birth rate trends," International Society of Technology Assessment in Health Care Seventh Annual Meeting, Helsinki, Finland.

**Mary J. DeNoble, M.S.**, human resources, **Jeanne Dianda, M.T., ASCP**, and **Michael A. Maffetone, D.A.**, OCLS: "Hospital laboratory week teamwork, RX for success," American Society for Training and Development 47th National Conference, San Francisco, CA.

**Sarah J. Naber, Ph.D., R.N.**, maternal-child nursing, "A prospective, longitudinal study of breastfeeding and working," and **Lois K. Halstead, Ph.D., R.N.**, maternal-child nursing: "Infertility:

## Preemie Picnic

Some 133 Chicago area "graduates" of the Special Care Nursery, their families and the nursery's medical and nursing staff attended the 17th Annual Special Care Nursery Reunion Picnic on June 23. The children, ranging from newborn to six-year-olds, gathered on the Atrium lawn and hovered around Lollipop the clown, their entertainment for the day. Staff members awaited the arrival of Lance Laska, a local magician.

The picnic allows parents to see the nurses who cared for their children during their first days of life and gives the staff a chance to see how the children have grown and matured after their early struggles.

Many of the premature babies suffered life-threatening problems at birth or shortly after, such as Ashlee East, who has hydrocephalus (water on the brain). "She weighed only two pounds at birth and dropped to 1.8 pounds in a short time," said Ashlee's mother, Tracy East.

When doctors discovered her condition, they inserted three cranial tubes to drain the water from Ashlee's brain into her intestines, so the water could be expelled as waste. The tubes will need to be lengthened as Ashlee



*Stephen East holds tight as his daughter, Ashlee, reaches for Lollipop the clown.*

grows, but the Easts are thankful.

"We feel Ashlee is a special child," said Tracy, "and we're lucky to have her."

Many other children at the picnic were saved through early medical intervention, though not all conditions were as serious as the Easts'. The Clancy quads, Patrick, Daniel, Matthew and Caitlin—born at the Medical Center in January, 1990, attended the picnic with parents Nancy and Michael. Because of the delicate nature of her pregnancy,



*A highlight at the picnic was the appearance of Nancy and Michael Clancy, with quadruplets Patrick, Daniel, Matthew and Caitlin, who were born at the Medical Center in January, 1990.*

Nancy was admitted to the hospital on November 1, 1989, for complete bedrest to ensure the safety of her delivery, expected in March. Though the quads were born prematurely and spent their first weeks in the special care nursery, they all went home by February, and have remained healthy since.

Their faces lit by the summer sun, the quads, along with Ashlee and other premies enjoyed the picnic, giggling merrily at each others' antics.

# Professional activities

The woman's experience," Qualitative Health Research Conference, University of Alberta, Edmonton, Alberta, Canada.

**Mary Ellen Kripp, M.S., R.N.,** midwest home support services: "Home health nursing," course coordinator, Cook County Graduate School of Medicine.

**Koen De Geest, M.D.,** obstetrics and gynecology: "The role of surgery in the management of endometrial carcinoma," and "The role of surgery in the management of endometrial carcinoma," continuing medical education program, Copley Memorial Hospital, Aurora, IL.

**Thomas D. Myles, M.D.,** obstetrics and gynecology: "Endocrine emergencies for the obstetrician," Cook County Hospital grand rounds, Chicago.

**Howard T. Strassner, M.D.,** obstetrics and gynecology: "Vaginal birth after cesarean section," Cook County Hospital grand rounds, Chicago, Illinois, "Fetal assessment," and "What's new in obstetrics," IPGE Obstetric Anesthesia in the 90's: A Clinical Update conference, Maui, HI.

**George Wilbanks, M.D.,** obstetrics and gynecology: "Cervical cancer: Epidemic of the 90s," and "In Vitro cell line of human cervical intraepithelial neoplasia containing human papilloma virus 31B," Washington University, Washington, D.C. Also, "Cervical carcinoma: Epidemic of the 90s," "Urinary tract injuries in gynecologic surgery," and "Treatment of vaginal vault prolapse," 22nd annual spring symposium, The Medical University of Charleston, SC.

**Judith Paice, M.S., R.N.,** oncology nursing: "Unraveling the mystery of pain," Oncology Nursing Society (ONS) 16th Annual Congress, San Antonio, Texas.

**Kirk H. Packo, M.D.,** ophthalmology: "Retinal vascular diseases I and II," and "New advances in laser technology," Illinois Society of Ophthalmology, Oak Brook, IL; "The diagnosis and management of retinal vascular diseases"; "Miscellane-



*The official groundbreaking for the new Surgical and Critical Care facility at Rush North Shore Medical Center took place July 17th. The Gross Point addition will house one cystoscopy room, six general surgical suites, and 20 critical care beds. Completion is expected in early 1993. Pictured: (l to r) Earl Abramson, chairman of the Board of Trustees of Rush North Shore Medical Center; Leo M. Henikoff, M.D., president and chief executive officer of Rush-Presbyterian-St. Luke's Medical Center; and James Frankenbach, president and chief executive officer of Rush North Shore Medical Center.*

ous retinal capillary disease"; "Central retinal vein occlusions"; "Branch retinal vein occlusion"; and "Arterial occlusive disease," Retina Seminar, Jacksonville, FL. Also "Traumatic Hyphema"; and "New advances in laser technology," 15th Annual Ophthalmology Current Concepts Seminar, University of Wisconsin, Madison.

**David Palmer, M.D.,** ophthalmology: "Lasers, automated trephines, and chemotherapy agents in the treatment of glaucoma," University of Chicago. Also, glaucoma board review, Osler Institute, Chicago.

**Joyce K. Keithly, D.N.Sc., R.N.,** OR/surgical nursing, "Practical aspects of tube feeding," 10th Annual Current Concepts in Nutritional Support Conference, Hospital Corporation of America and Middle Tennessee Society for Parenteral and Enteral Nutrition, Nashville, TN.

**Diane W. Crocker, M.D.,** pathology, and SA Young, M.D., Cook County Hospital: "Fatal uncommon opportunistic infections in infants born to mothers with AIDS," Society for Pediatric Pathology, Chicago.

**Samuel P. Gotoff, M.D.,** pediatrics: "Prevention of neonatal group B streptococcal infection," Yale-New Haven Medical Center grand rounds, New Haven, CT and Stamford University Medical Center, Stamford, CT.

## NewsRounds

Published monthly by the Office of Philanthropy and Communication, Rush-Presbyterian-St. Luke's Medical Center, 1653 West Congress Parkway, Chicago, Illinois 60612. (312) 942-5579.

**Editor**  
Nancy Stetson

**Assistant Editor**  
Justine Ringhofer

**Editorial Staff**  
Cheryl Janusz, Sue Jeantheau, Gloria Russell

Anyone interested in reporting department news should call the editor at extension 25579. Deadline for all copy is the 10th of the month preceding publication. Editorial offices are on the second floor at 1700 West Van Buren.

Address correction requested

## Add QA&I to quality mixture, yield TQM

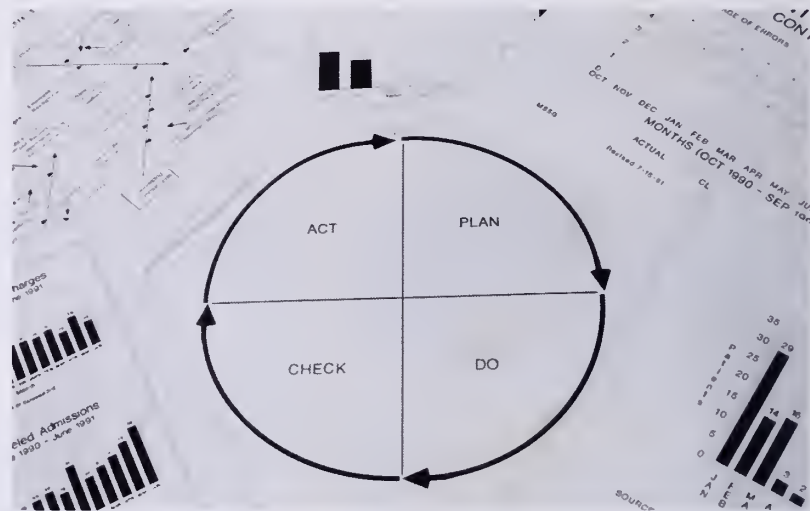
One of the top five goals of the Total Quality Management (TQM) five-year strategic plan is: "Achieve national recognition as a leader of TQM in healthcare." In light of a recent proposal from the Joint Commission on Accreditation of Healthcare Organizations (JCAHO), we appear to be close to reaching that goal.

"What's exciting about the proposal is that it seems to follow the exact procedure we've taken since the beginning of our TQM program four years ago," said Cindy Schripsema, director of quality assessment and improvement (QA&I), an extension of the TQM process at Rush.

The proposal states that, by 1994, all hospitals must implement a TQM program to receive accreditation and will be judged on whether or not "the organization's leaders have begun to develop plans and implement procedures to assess and improve the quality of the organization's governance, management, clinical and support processes."

Formerly known as quality assurance, QA&I is more than just a name change. It views quality as an ongoing process rather than a program or series of sporadic events. It also represents a shift to a more positive way of identifying problems.

*Charts and diagrams stress the central principles of TQM: plan, do, check, act.*



"In the past, with quality assurance, people tended to identify the performance of individuals as problems," said Schripsema. "What we want them to do with QA&I is identify problem *processes*, not people, and develop solutions to those."

As an example, Schripsema asks "Why does a patient have to wait for a bed? Bar graphs and control charts can be drawn to identify the biggest problem in the process. Is there a lapse between the time a patient is discharged and leaves the room and the time that somebody is told that a bed is vacant? If that is the problem, find out how many times it happens, and begin to find ways to change it. Putting the numbers in a picture—

that is, a diagram or chart—can tell a lot."

Schripsema cautions people not to tackle a problem that involves another department unless that department agrees it's a problem.

"We need to get departments to work together," said Schripsema. Each vice president is preparing four improvement projects to eventually be presented to the management committee.

# QUALITY

Rush-Presbyterian-St. Luke's Medical Center

Next: Help is on the way! The Information Services Division helps departments chart their course to TQM.



# NewsRounds

Volume 30/Number 8/September 1991



**RushFest**

**Inside:**

**Diet programs**

**Organ and Tissue Transplant picnic**

**RushFest**

**TQM and the Information Center**

# Just the facts

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*Paula Smith, M.S., stands among boxes as the remodeled Rush University Bookstore gets restocked.*

**The Rush University Bookstore reopened** on the first floor of the Academic Facility this month after being remodeled over the summer. "The new design is a more efficient use of space," says manager Paula Smith, M.S. "We took out all the fixtures, painted, got new lights and carpet. The bookshelves are now shoulder height. We have two cashier stands. We're pleased with the new look."

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**Experience "The Magic of David Copperfield"** at the Chicago Theatre. Discount tickets for main floor seats to see this famous magician/illusionist are available for shows on Friday, Sept. 27; Saturday, Sept. 28, and Sunday, Sept. 29. Employees receive a \$3 discount off the regular price of \$27.50. Order forms for tickets must be handed in by Monday, Sept. 16, and are available in the Human Resources Satellite Office, Room 193 Murdock.

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**Hey sports fans!** Want to be on the Rush Volleyball League or the Rush Basketball League? Teams are now being formed. For more information or to sign up, contact Employee Relations at x25959.

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**Quality Recognition Day will be celebrated** on Monday, October 28 with a reception in Room 500. Events include presentations by Medical Center staff on Total Quality Management improvement projects, a cocktail reception, and a poster exhibition. Watch for more details.

**I scream, you scream...** The annual Ice Cream Social to raise money for United Way will be held on Thursday, Sept. 19. Look for ice cream stands around the Medical Center campus, including the TOB lobby. Hero Sandwich Day will be held the following week on Thursday, Sept. 26.

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**The Personal Computer Lab** of the academic computing resources department has expanded its hours this fall. They are now open weekdays from 8:30 a.m. to midnight and weekends from noon to midnight. The lab is open to all Medical Center employees. Appointments must be made in person. For more information on software and computers available, call x26556 or x29096.

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**Join the Payroll Savings Plan** by purchasing Savings Bonds. Savings Bonds offer market-based, competitive interest rates when held at least five years, and are exempt from state and local income tax. Federal tax may be deferred until the bonds are cashed. In addition, when you use bonds towards the cost of higher education, the interest you earn can be completely tax free if you meet certain qualifications. For more information or to sign up, contact the payroll office at x25625.

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**The Rush Cancer Center** presented its first Wadsworth Memorial Award to Stuart Aaronson, M.D., for outstanding contributions to the field of cancer research. Dr.



*Jules Harris, M.D., director of the Rush Cancer Center (r) presents Stuart Aaronson, M.D., of the National Cancer Institute, with the Rush Cancer Center's first Wadsworth Memorial Award.*

Aaronson, who spoke in June at the Medical Center's Symposium on Molecular Biologic Advances in Cancer Research, Treatment and Diagnosis, is Chief, Laboratory of Cellular and Molecular Biology, the National Cancer Institute, Bethesda, MD.

# Diet programs help beat the scale

To diet, or not to diet? Fat is the question.

Are you guilty of eating nothing for breakfast, a salad for lunch, then everything in sight when you get home? You know these are poor eating habits, but you can't stop yourself. What do you do?

Maybe Rush can help. You can learn healthy eating techniques through RUSH-Anchor programs such as Healthy Eating Day or SHAPEDOWN—where parents and kids make recipes and learn exercises together—or Anchor Light, where adults learn to lose pounds and inches, and get grocery shopping and label-reading tips. Just call (312) 997-2713.

Or, you can call the Medical Center's Nutrition Clinic (x 2DIET) and make an appointment for a one-on-one diet consultation. You don't need to be referred by your doctor. Employees get a reduced rate... and by sticking to the program, a reduced body as well.

"We specialize in behavior modification," says Roberta H. Clarke, M.S., R.D., nutrition program coordinator. "The first thing we ask new clients to do is keep a record of their food intake for a week. Then we look at their nutrient intake and activity level to see where problems arise in their daily habits."

Instead of asking clients to totally change their eating habits, Clarke and other nutrition clinic staff suggest small modifications that can be easily incorporated.

"Starving yourself during the day is often a precursor to gorging yourself at night," she says. "I suggest that a dieter eat breakfast, then eat a piece of fruit before or during the drive home from work while thinking about what he or she will cook for dinner. This will tide the person over until the meal is prepared."

Weekly encouragement also helps. "Clients can schedule appointments as frequently as once a week," says Clarke. "This allows me to constantly monitor their progress and



*Alice Perkins, M.S., R.D., director, nutrition services, (r) talks with client Kevin Francis about a healthy breakfast.*

suggest new modifications as they master the old ones. I've got clients who've been coming every week for two years."

Sandy Rocklin, a patient at Rush, is one of those two-year clients. She lost a total of 35 lbs. The key for her now is keeping it off. "Just stopping by every week helps me maintain control over my weight," she says, "and I'm never afraid to record my slip-ups because Roberta doesn't make me feel guilty. She knows that when I hit my low points I eat more. She gets involved with my life and understands—that really helps."

Families can learn to create healthy meals and snacks together in programs such as Healthy Eating Day and the nine-week SHAPEDOWN program at RUSH-Anchor.

Alice Perkins, M.S., R.D., and Laurie Mimonis, M.S., R.D., nutrition services, along with pediatric staff members Janet Carr, M.D., and Gloria Price, R.N., started Healthy Eating Day to help their overweight young patients control weight with the help of their parents, who also participate in the two-hour program. "For part of the program, we show a video called 'Fast Foods: What's in it for You?' to make kids aware of the empty calories they consume in

their diet," says Perkins, director of nutritional services at RUSH-Anchor.

After the video, staff members explain nutrition tips. Kids are taught always to wash their hands, and some foods, before eating. Next, they do mild bending and stretching exercises. Then the kids learn how to prepare nutritious snacks while parents are shown how to understand food labels and prepare a healthy meal. A taste-testing of low-fat food ends the night.

SHAPEDOWN is a somewhat extended but more disciplined version of Healthy Eating Day. Parents and children are measured and weighed so they can later determine the inches and pounds they've lost. In addition to improving eating habits and exercising, parents and children do daily activities, following a workbook. The activities help teach better shopping habits and eating behaviors. Their progress is monitored weekly by staff.

"Parents and kids have to spend SHAPEDOWN time with each other every day," says Perkins. "We feel this draws the family together."

"People think eating right for a lower-fat lifestyle should be hard," she adds. "We try to make it fun."

# Organ and Tissue Transplant picnic

"I've seen them through the hard times, now I see them in good times," said transplant patient liaison Karla Nehls of the patients who attended this year's annual Organ and Tissue Transplant picnic. "More patients attended this picnic than previous ones. Approximately 155 people came — surgeons, staff, patients and their families."

Nehls coordinates the picnic every year. "It's a lot of planning, but it's worth it to see all the patients laughing and smiling again," she said.

"This is an enjoyable opportunity for patients to share their experiences and celebrate their successful return to a productive life," said James W. Williams, M.D., director, section of transplantation.

Among the patients who attended the event were a 64-year-old Des Plaines man and his 67-year-old



*James Williams, M.D., director of transplantation, Organ and Tissue Transplantation Services, cuts a cake donated by a patient.*

sister from Florida. Bernard Braun had a liver-kidney transplant in February of 1989 and his sister received a liver transplant five months later.



*Ready for Frisbee or soccer: procurement coordinator Matthew Pudiana .*



*(l to r): Lynn Knudson, office manager; Teena Jops, billing manager; and kidney coordinator Nancy Ebert, R.N.*



*Liver transplant patient Mary Buczek from Florida (l) and her brother, Bernard Braun, a liver and kidney transplant recipient.*

# Great fun at Great America



*The Baltmanis family picnic at Great America. Back: Andris Baltmanis, information services, and his wife Vesma. Front: sons Aleksis and Dainis.*



*Cheryl Casarez, student affairs, Rush University, with (l to r): husband Homer, guest Jay Yates, and daughters Eileen and Mary Beth.*



*Kenneth Cline, M.D., (l) resident in the Department of Medicine, and his friend, Paula Williams.*

Despite predictions for rain, the skies over Great America were clear and filled with sunshine on August 17, when employees celebrated RushFest at the park. Approximately 4,000 Medical Center employees attended and flaunted their bravery by riding upside down and backwards at great heights and high speeds. "The food was great," said Kenneth Cline, M.D., a resident in the Department of Medicine. "Now we're going to hit the rides."

## On the cover:

John Olegario, MT, ASCP, blood bank, and his son, John Olegario, Jr.



*Michael Coleman, human resources, with his four-year-old son, Mike Coleman II.*



*Frank Joebgen, MBA, vice president, Rush Health Plans, and his family: (l to r) Laura, wife Jan, Steven, and Beth.*

# Charting the course to TQM

"When Total Quality Management (TQM) came along, it gave a higher purpose to the original Management Systems Support Group (MSSG) mission—to give analytical and technical support to help departments improve their operations," says Suzanne Keers, director, MSSG.

All departments will eventually present their TQM projects to the Medical Center's management committee. In the meantime, Keers encourages improvement teams to call MSSG for help in displaying their data using TQM tools such as flowcharts, cause/effect diagrams, line graphs, and control charts. If teams need help with using tools, gathering information and using computers for data analysis, there are several departments within Information Services Division which can get them on their way.

In addition to MSSG, these areas include the Information Center and Applications Development. The Information Center teaches courses in using computers for data analysis, graphics and survey design, and Applications Development helps teams gather information stored in Medical Center computers, such as the length of stay, bed usage, or admissions/discharges.

**QUALITY** 

Rush-Presbyterian-St. Luke's Medical Center

"We teach teams what steps they need to follow to correct a problem," says Keers. "But our goal is to make sure everyone learns how to use all available tools, including graphs and diagrams that can be done on the computer. Once we teach people to solve their smaller problems, we can concentrate on assisting them with more difficult ones. But until everyone is comfortable with improvement tools, teams shouldn't hesitate to call with any problem."

Since TQM has put an emphasis on finding specific problems within a department, the computer classes

*Tracy Buck, data center, (standing) explains a computer filing system to Cindy Seidler, OCLS.*



taught by the Information Center are designed around the groups that seek the help. "In addition to our standard programs, we want to offer customized classes to departments or individuals who express a desire to learn TQM tools on the computer," says Brant Serxner, M.A., Information Center manager. "In other words, if a group wants to know more about graphics than designing a survey, we'll spend more time on that."

Because all teams don't have access to computers, they may use Information Services classroom computers when classes aren't in session.

Applications Development can help employees with gathering data on patient management and care.

The Patient Care Information System (PCIS) Applications Group maintains the software used on every patient floor. Staff use this system to record the services they provide to patients in their care.

"The computer supplies information from admissions and discharges to daily diets that nurses and dietitians administer to patients," says Susan Nauseda, R.N., manager, PCIS Applications Group.

By retrieving information on patients, teams can form a composite picture of the kind of care patients get at Rush. Aspects of care can be broken into categories to help teams identify problems and plot improvement paths.

With the assistance of PCIS Applications Group, emergency

room staff improved a bed shortage problem for patients they admitted. "The outcome was negotiated between emergency room staff and the admitting department," says Nauseda. "They agreed that beds should be reserved for possible ER admissions, instead of taking a chance that beds would be available when people came in."

"The time we spend with one department can extend from a five-minute phone conversation to a year-long project, depending on the depth and scope of a project," says Keers. "This year, we did analyses, using TQM tools, on at least 15 departments. In limited cases, we assume a greater role in a project. An example of this is the outpatient laboratory registration which began last December. It's just wrapping up now. We've done a lot of the data gathering for this project, but it required more advanced tools that the team needed assistance in using. We knew we had to get more involved."

"I don't want people beating their heads against a wall about their project, I want them to call us," concludes Keers. "We can advise them on how to collect their data, and after the groundwork is finished, we can tell them what to do next. In many cases, we find that as TQM becomes more of a way of life, many teams know more about the tools than they realize. Sometimes we end up just giving moral support."

# Rush people

## RPSLMC Appointments

**Paula Douglass, M.A.**, was recently named associate vice-president of corporate planning. Douglass was formerly assistant vice president of Corporate Planning and Government Affairs and administrator for the Arthritis and Orthopedic Institute. She is a graduate of Wichita State University with a degree in business administration and a Master of Arts in Economics.

**Mary Kathleen Dunn, R.N.**, was named employee health and fitness coordinator, employee health services. She previously served as clinical services education coordinator at North Kansas City Hospital.

**Jorgia Briones, R.N.**, was appointed staff nurse in employee health services. Previously a staff nurse on the liver transplant unit at Rush, she will now coordinate the occupational health and safety program on that unit.

**Leslie Jellinek, M.S., M.A.**, was appointed assistant vice president, financial planning and budgeting, in the finance department. She received her M.A. from the University of Michigan and her M.S. from the Health Systems Management program at Rush University.

The Department of Medical Nursing announced the following leadership appointments: **Marcia Murphy, M.S., R.N.**, assistant unit leader, Coronary Step-down Unit (CSU); **Leslie Albrecht, M.S., R.N.**, assistant unit leader, Coronary Care Unit (CCU) and **Diane Frye, M.S., R.N.**, assistant unit leader/clinical nurse specialist, CCU/CSU.

**Susan A. Scatchell** was appointed director of medical records. She was previously director of medical records at Illinois Masonic Medical Center.

**Cynthia Hughes, M.Ed., OTR/L**, occupational therapy, was appointed chairperson of the occupational therapy department. This appointment combines several department sections, including JRB, functional OT, psychiatry and Rush University.

**William R. Hayden, M.D.**, pediatrics, was named associate

professor and director of the pediatric intensive care unit (PICU).

**Carolyn Reed** was promoted to Director of Public Relations from Director of Media Relations in the Office of Philanthropy and Communication. An award-winning writer and graduate of Northwestern University, Reed will assist in the planning and execution of all public information programs—publications, media relations and institutional interpretation—for the Medical Center.

**Claudia Baier, M.P.H.**, preventive medicine, was appointed assistant director of the Rush Community Service Initiative Program. Previously coordinator of the health and fitness programs of employee health service, Baier recently joined the preventive medicine department.

**John J. Nicholas, M.D.**, was named chairman, physical medicine and rehabilitation. Dr. Nicholas has served as acting chairman since he joined the Medical Center in early 1990. He was previously on staff at Presbyterian University Hospital at the University of Pittsburgh where he was chief of the division of rehabilitation medicine.

**Cynthia Schripsema** was named quality assurance director for the Total Quality Management (TQM) office. She was formerly the TQM coordinator.

## Appointments

**Prentiss Taylor, M.D.**, internal medicine, was elected for a two-year term to the Board of Directors of the Chicago Lung Association.

**Janet Plate, Ph.D.**, medical oncology, was elected to a four-year term as a member of the Cancer Center Support Review Committee.

**Samuel G. Taylor IV, M.D.**, medical oncology, was elected for a four-year term as secretary/treasurer of the American Society of Clinical Oncology. The organization consists of nearly 9,000 medical oncologists, radiation oncologists, surgeons and other health care professionals devoted to clinical care, cancer research and testing.

**Patricia A. Witherbee, M.S., R.N.**, pediatrics, was nominated for certification by the American College of Medical Group Administrators.

**David C. Clark, Ph.D.**, psychiatry, was appointed consulting editor of the *Italian Journal of Suicidology*, the official publication of the Italian Association for the Study and Prevention of Suicide.

**Frank Joebgen, M.B.A.**, RPSL Health Plans, is president-elect of the Illinois Association of HMOs (IAHMO) and is also director and chairman of its Liaison Commission.

*Thomas Buckingham, M.D., director of electrophysiology and pacemaker services. (center) explains catheter ablation to WMAQ-TV reporter Joan Esposito (r). Patient Jeff Marks (l) is a recipient of this new technique that cures irregular heart rhythms.*



# Professional activities

## Kudos

**Kathleen G. Andreoli, D.S.N.**, nursing affairs, received the Distinguished Alumna Award from The University of Alabama at Birmingham.

**Patricia Booth Levenberg, M.S., R.N.**, maternal-child nursing, received the National Organization of Nurse Practitioners/Faculties 1991 Research Award for her project, "Analysis of the structural dimensions of work arrangements on pediatric nurse practitioners' perceptions of professional autonomy."

## In the news

**David Clark, Ph.D.**, executive director, Center for Suicide Research and Prevention, and president of the American Association of Suicidology, commented on the suicide advice best seller *Final Exit* on ABC-TV's "Nightline" news program. He said that a treatable depressive illness must be suspected when a terminally ill patient wants to commit suicide.

**Jan Fawcett, M.D.**, chairman, psychiatry, was quoted in a *New York Times* article about the book, *Final Exit*. "The tragedy of depression-related suicide," he said, "is that hopelessness can be reversed."

The cases of alleged serial killers Jeffrey Dahmer and Donald Evans led news headlines for weeks. Rush psychiatric experts provided a general profile of serial killers for news stories. Medical director for the Isaac Ray Center **Jonathan Kelly, M.D.**, was interviewed by WMAQ-TV the night the Dahmer case became public. The *Daily Herald* featured comments from **Mark McClung, M.D.**, psychiatry, on its front page. And, **James Cavanaugh, Jr., M.D.**, director, Psychiatry and the Law, appeared on WLS-TV and WBBM-TV. The experts suggested that these abusive people developed perversions or were themselves abused.

An article in *AHA News* featured **Leo Henikoff, M.D.**, president and

CEO of the Medical Center, discussing reform of the U.S. health care system. Dr. Henikoff believes too many reform proposals focus on financing health care services. "They are asking the wrong question," he said. "The first question is: What do we want to buy?"

The *Journal of the American Medical Association* recently featured a "Letter from Cukurca," written by **Richard Sandler, M.D.**, director, pediatric gastroenterology, and colleagues from Physicians for Human Rights. The article described the doctors' visit to Cukurca, a Kurdish refugee camp on the Turkey-Iraq border, and their assessment of the refugees' medical and living needs.

WBBM-TV health reporter Susan Anderson interviewed **Linda Brubaker, M.D.**, director, urogynecology, about incontinence. According to Dr. Brubaker, 80 percent of women who deliver their babies vaginally may sustain nerve damage, leading to weakened pelvic muscles and possible incontinence later in life.

Laparoscopic surgery is now being used by urologists to see if cancer diagnosed in the prostate is in the lymph glands—a sign that the cancer has spread. A laparoscope, a scope fitted with a video camera, is inserted into the abdomen. Remarking on the surgery for the *Chicago Sun-Times* was **Charles McKiel, M.D.**, chairman, urology. He said, "This new technology has not quite found its place yet, but I believe it is here to stay."

**Peter Fink, M.D.**, psychiatry and pediatrics, and head of the Isaac Ray Center's Families in Conflict program, was quoted in a *Chicago Tribune* Style section article on the idea of lifelong love. "It's a myth that people worked better together (40 or 50 years ago)," he said. "People did not expect foolproof closeness."

**Harold Kessler, M.D.**, director, HIV program, spoke with parents at an educational meeting about AIDS in Wilmington, Illinois, where at least two public school students have the virus. Dr. Kessler was quoted in the *Chicago Tribune* and local newspapers in the Wilmington area.



United Way of Chicago honored several volunteers in July. Trustee John W. Madigan was recognized for outstanding leadership and service, and trustee Bide L. Thomas received an award for outstanding leadership. Beverly Huckman, coordinator for academic affairs, (far right) received an Outstanding Leadership Award from President of the Federal Bank of Chicago and United Way of Chicago Chairman Silas Keehn (left) and Isabel R. Juan, chairwoman of United Way's Leadership Development Committee.



# Professional activities

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**Marianne O'Donoghue, M.D.**, dermatology, provided *Allure* magazine readers with some advice about hair care products. "Proteins and fats can make a superior shampoo," she said, "but there's no reason to spend over \$5 on a shampoo or a conditioner."

Rush allergist and immunologist **Wendell Richmond, M.D.**, said "lake-effect pollen" is to blame for the rough hay fever season facing Chicagoland allergy sufferers. He was interviewed by *Chicago Sun-Times* medical writer Howard Wolinsky.

"We want to be known in the community as a firm that recycles," said **Steven Beaudoin**, director, occupational safety. Beaudoin was quoted in a *Hospitals* magazine article on the challenge of hospital recycling.

An article in August's *Redbook* mentioned **Seymour Sabesin, M.D.**, director, digestive diseases. Dr. Sabesin said that peptic ulcers can be found in the small intestine, stomach and other points in the digestive tract.

## Speeches/Lectures/ Presentations

**Howard T. Strassner, M.D.**, obstetrics and gynecology: "Vaginal delivery after previous cesarean section: Promoting success," University of Illinois College of Medicine, OB/GYN Management Conference Series, Champaign, IL.

**George Wilbanks, M.D.**, obstetrics and gynecology: "In vitro carcinogenesis of the human uterine cervix," "Treatment of patients with advanced pelvic malignancies with simultaneous chemotherapy and radiation therapy," "The future of gynecologic oncology," and "An international colposcopic terminology," 7th International Meeting of Gynecologic Oncology, First World Congress of Gynecologic Oncology, Venice, Italy.

**Kirk H. Packo, M.D.**, ophthalmology, "New Laser Technology," the Chicago Ophthalmological Society 8th annual clinical conference, Association of Chicagoland Ophthalmic Registered Nurses.

**David J. Palmer, M.D.**, ophthalmology, "Advanced glaucoma surgical technique," and "Glaucoma surgery," Chicago Ophthalmological Society 43rd annual conference, Drake Hotel, Chicago.

**Lourdes Guerrero-Tiro, M.D.**, pediatrics, "Congenital heart disease: Sequelae and long term follow-up," The Philippine Medical Society's 47th annual midwest clinical conference, Chicago.

**Meryl Lipton, M.D., Ph.D.**, pediatrics: "An overview of attention deficit disorder from a neurological perspective," Attention Deficit Disorder Workshop, Winnetka, IL, and "School problems and the brain," Children, Families and Schools: A Partnership in Progress Program, University of Illinois at Chicago.

**Anthony J. Richtsmeier, M.D.**, pediatrics: "Interdisciplinary pain rounds: One approach to pediatric pain management," 26th Annual Association for the Care of Children Health Conference, Minneapolis, MN, and "A descriptive profile of pediatric patients managed by an interdisciplinary pediatric pain team," Second International Symposium on Pediatric Pain, Montreal, Canada (coauthors **Mary Ann Alexander, M.S., R.N.**, orthopedic surgery; **Marion E. Broome, Ph.D., R.N.**, and **Virginia Maikler, Ph.D., R.N.**, college of nursing; and **Robert L. Barkin, Pharm.D., M.B.A.**, orthopedic surgery).

**Robert L. Barkin, Pharm.D., M.B.A.**, anesthesia, family medicine: "The treatment of acute pain and the role of the Rush Pain Center," Sacred Heart Hospital grand rounds, Chicago; "The OBRA guidelines and adverse effects in the elderly patients," Illinois Association of Nursing Home Administrators annual meeting, Springfield, IL; and "The treatment of acute post-operative pain and the role of the Rush Pain Center," Mercy Hospital grand rounds, Aurora, IL and Jackson Park Hospital, Chicago. Also, "The perception, recognition, assessment and treatment of stress disorders, anxiety and adjustment disorders," Trinity Hospital, Cudahay, WI.

**Thomas DeCoursey, Ph.D.**, physiology: "Selectivity and permeation in the type 'L' potassium channel in lymphocytes," Leiden University, the Netherlands, "Ion channels in alveolar epithelial cells," University of Utrecht, the Netherlands, and "Mechanisms of block of potassium channels by verapamil in alveolar epithelial cells," Northwestern University, Chicago.

**Robert Eisenberg, Ph.D.**, physiology: "Moving through biological channels," the Brookhaven National Laboratory, Upton, Long Island, NY, and the University of Illinois-Champaign Urbana, "Constant fields and constant gradients in open ionic channels," University of Miami, FL, and "Channels as enzymes," University of California, Irvine.

**Mark Latash, Ph.D.**, and **Simon Gutman, Ph.D.**, physiology: "Implications of the equilibrium point hypothesis for motor variability," Variability and Motor Control conference, Chicago.

**Joel Michael, Ph.D.**, physiology: "Evaluating the effectiveness of teaching software," American Association for the Advancement of Science annual meeting, Washington, D.C.

**Joel Michael, Ph.D.**, physiology: "What are the non-cognitive outcomes of problem-based learning: A research agenda," and "The influence of content definition on self-directed learning." Also, "Reasoning in medicine and biology: Implications for education," and "Applied studies in clinical reasoning," symposium chair, American Educational Research Association, Chicago.

**Walter Niles, Ph.D.**, physiology: "Lipid protein interactions," session chair, and "Forces between lipid water interfaces," Biophysical Society annual meeting, San Francisco, CA.

**Walter Niles, Ph.D.**, physiology: "What can be learned about the mechanism of hemagglutinin-mediated membrane fusion in a model system of cell infection by virus?" California Institute of Technology, Pasadena.

**Fred Quandt, Ph.D.**, physiology:

# Professional activities

"Mechanisms of potassium channel block," the University of Chicago.

**Eduardo Rios, Ph.D.**, physiology: "Forward and backward transmission in excitation-contraction coupling," the University of Pittsburgh.

**Joe Zbilut, Ph.D.**, physiology: "Implications of nonlinear dynamics

and chaos on physiologic research," the Midwest Nursing Research Society, Oklahoma City, OK, and "Metastability and noise in a model of respiratory oscillation," the University of Maryland, College Park, MA.

**David C. Clark, Ph.D.**, psychiatry: "Depression for students and

faculty," Phillips Exeter Academy, Exeter, NH, and "Suicide update: Adolescents, adults and the elderly," Holy Spirit Hospital, Harrisburg, PA.

**Lawrence W. Lazarus, M.D.**, psychiatry: "Diagnosis and treatment of nursing home patients," and "Rational use of psychotropic medica-

## Building a plane

"I like to build," says Laurens Ackerman, M.D., Ph.D., diagnostic radiology and nuclear medicine, when asked why he's building a two-seater plane from a kit in his spare time. "You don't build to fly, you build to build. The fun is in the process, not in the end result. Of course, I do plan to fly it when I'm finished. I'm addicted to flying."

Dr. Ackerman, who is director of medical informatics, is constructing the single-engine RV-6 in his garage in Wilmette. He estimates it will take him 2,000 hours, or four years, to complete his project. During this first year, he's working on the tail of the plane. The kit, which can be bought in segments, costs approximately \$9,000. "When it's finished," says Dr. Ackerman, "I'll have the equivalent of a \$150,000 plane. And I know it'll be



*Laurens Ackerman, M.D., Ph.D., looks over the tail section he's built.*



*Protective gear is needed when building. Dr. Ackerman wears goggles, ear protectors, and a mask with a breathing filter.*

a safer plane than one I can buy, because I'm building it. If I don't like a part, it gets redone."

To help learn how to build the plane according to safety standards, he even went to Oregon for a week to take a special course in molding metal and riveting techniques.

Prior to coming to the Medical Center in 1989, Dr. Ackerman worked at a hospital in Detroit. He commuted there by plane from Wilmette for approximately four years. "It was a more relaxing commute than by car," he says.

Dr. Ackerman traces his love of

planes to his childhood. "I grew up around them," he says. "I've always liked airplanes a lot. During my college years I bought part of an airplane with 10 other students and learned how to fly."

Right now, the plane looks more like modern sculpture than a potential means of transportation. But after finishing the tail, Dr. Ackerman will go on to build the wings, then the rest of the plane, piece by piece. Slowly the plane will take shape and come to resemble the one in the blueprints... and the image in Dr. Ackerman's mind.

# Professional activities

tions in the elderly," American Geriatrics Society, Chicago and with **David Winemiller, M.S.**, psychiatry: "A new rating scale in the treatment of post-stroke depression patients," University of Chicago grand rounds.

**David F. Cella, Ph.D.**, psychology and social sciences: "Rapid relaxation procedures to manage stress," Oakton East Community College, Skokie, IL, "Quality of life in clinical trials," 1990-91 Multidisciplinary Clinical Conference Series, Johns Hopkins Oncology Center, Baltimore, MD, and "Cancer and the family," Families Living with Cancer conference, Glen Elyn, IL. Also, moderator, "Care of the older cancer patient: Clinical and quality of life issues," Quality of Life Symposium, St. Mary Medical Center, Long Beach, CA.

**Debra A. Grosse, Ph.D.**, psychology and social sciences: "Semantic and episodic memory in Binswanger's versus Alzheimer's disease," 19th Annual Conference of the International Neuropsychological Society, San Antonio, TX, (coauthors **David E. Gilley, Ph.D.**, **Robert Wilson, Ph.D.**, **Bryan A. Bernard, Ph.D.**, **David A. Bennett, M.D.**, Rush Alzheimer's Disease Center).

**Christopher C. Grote, Ph.D.**, psychology and social sciences: "Research in clinical psychology," Elmhurst College, Elmhurst, Illinois. Also, "The use of intraoperative EEG to predict and limit cognitive deficits following cardiopulmonary bypass surgery," 19th Annual Conference of the International Neuropsychological Society, San Antonio, TX.

**Bruce Rybarczyk, Ph.D.**, **Allyson Haut, M.A.**, psychology and social sciences; **Lawrence W. Lazarus, M.D.**, **David R. Winemiller**, and **Carolyn Hartman, M.D.**, psychiatry: "The Post-Stroke Rehabilitation Assessment of Depression Scale (PRADS)," and "The Post-Stroke Apathy/Withdrawal

Scale (PAWS)," Society of Behavioral Medicine's 12th Annual Scientific Sessions, Washington, D.C.

**L. Penfield Faber, M.D.**, thoracic surgery: "Preoperative evaluation and care of the patient undergoing pulmonary resection for non-small cell lung cancer," "Diagnosis and treatment of mediastinal tumors," and "Treatment of patients with N2 disease," American College of Chest Physician's conference, Las Vegas, Nevada. Also, "Advances in surgery 1991," Cook County Graduate School of Medicine, and "Neoadjuvant therapy for clinically advanced bronchogenic carcinoma," New England Deaconess Hospital and Harvard Medical School, Boston, MA.

## Publications

**KA Lofgren, M.S.W.**, family practice: "Communication studies." *Chicago Medicine*, 93(20):34-37, 1991.

**JM Kerns, M.D.**, **AJ Fakhouri, M.D.** and **JA Freeman, M.D.**, microsurgery: "Electrical stimulation of nerve regeneration in the rat: The early effects evaluated by a vibrating probe and electron microscopy." *Neuroscience*, 40(1):93-107, 1991.

**SA Davies, M.D.**, and **VM Maclin, M.D.**, obstetrics and gynecology: "Endosalpingiosis as a cause of chronic pelvic pain." *Am J Ob Gyn*, 163:495, 1991.

**RJ Epstein, M.D.**, **SB Robin, M.D.**, **JB Rubenstein, M.D.**, and **MD Kay, M.D.**, ophthalmology: "Haptic location of trans-sclerally fixated posterior chamber intraocular lenses in the cadaver eye." *Invest Ophthalmol Vis Sci* 32:796, 1991, and "Use of the Terry Keratometer to aid suture adjustment with single running technique." *Invest Ophthalmol Vis Sci* 32:1226, 1991 (coauthors **SF Riley, M.D.**, and **RF Dennis, M.D.**, ophthalmology). Also presented at Association for Research in Vision and Ophthalmology annual meeting, Sarasota, FL.

**J Llewellyn, D.N.Sc., R.N.**, OR/surgical nursing: "Short stay surgery: Present practices, future trends," *AORN*, 53(5):1179-1191, May, 1991.

**B Schmit-Lattiere, R.N.**, OR/surgical nursing: "Phases of transition into intensive care nursing." *Nursing Spectrum*, 4(6):12-13, March, 1991.

**TP Andriacchi, Ph.D.**, orthopedic surgery: "Dynamics of pathological motion: Applied to the anterior cruciate deficient knee." *J Biomechanics*, 23(1):99-105, 1990.

**DS Kang, M.D., Ph.D.**, and **PW Wong, M.D.**, pediatrics: "Intermediate hyperhomocysteinemia resulting from compound heterozygosity of methylenetetrahydrofolate reductase mutations," (coauthors, **H-GO Bock, M.D.**, University of Mississippi; **A Horwitz, M.D., Ph.D.**, University of Chicago and **A Grix, M.D.**, University of California); and "Themolabile methylenetetrahydrofolate reductase: An inherited risk factor for coronary artery disease" (coauthors **A Susmano, M.D.**, internal medicine, **J Sora, M.S.**, preventive medicine, **M Norusis, Ph.D.**, preventive medicine, and **N Ruggies, M.D.** preventive medicine). *Am J Human Genetics*, 48:536-551, 1991.

**AJ Richtsmeier, M.D.**, pediatrics, and **JW Hatcher, Ph.D.**, Chicago Medical School: "Parent anxiety and satisfaction with an acute care visit." *Medical Care*, 28:978-981, 1990.

**RL Barkin, Pharm.D., M.B.A.**, **ZLG Stein, R.Ph.**, pharmacology: "Panic disorder: Alprazolam is another option to consider." *Hospital Formulary*, 26(2): February, 1991.

## NewsRounds

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Editor  
Nancy Stetson

Assistant Editor  
Justine Ringhofer

Editorial Staff  
Sue Jeantheau, Gloria Russell

Anyone interested in reporting department news should call the editor at extension 25579. Deadline for all copy is the 10th of the month preceding publication. Editorial offices are on the second floor at 1700 West Van Buren.

## A successful disaster

"Buddy sniffs out narcotics, does building searches, and helps us find lost children and lost elderly people," said Lee Boivin of the Chicago Police. He was referring to the intimidating German Shepherd by his side with which he's worked for over seven years. Boivin and Buddy took part in the Disaster Preparedness Week program held in the Atrium lobby on August 21. The event, sponsored by the Disaster Education Committee in conjunction with Disaster Preparedness Week, educated employees about the various services available when a disaster occurs.

*Life safety officer Dane Decorah, occupational safety (I) and Carlos Gentil, Medical Center Engineering, display simulated wounds and injuries.*



Carolyn Okon, 12th district neighborhood relations (I) and Lee Boivin, canine handler, with German Shepherd, Buddy.

"A disaster is any unexpected influx of patients that puts an undue amount of stress on the Emergency Room's ability to provide services to its patients," said David Bliss, administrator, emergency services. "That could mean as many as 10 patients at a time."

Also participating in the exhibit were Dane Decorah, occupational safety, and Carlos Gentil, Medical Center Engineering. The two men were "moulaged"—or made up—to look as though they had survived a disaster. Decorah had burns and an impaled object in his chest. Gentil had a compound fracture of the finger and lacerations and abrasions on his face.

"We used make up and jam — that looks like blood," explained Mary Demeron, director, surgery reservations. "It's basically the same things they use in horror movies. For disaster drills, we simulate wounds and injuries on the victims. That causes a more effective, realistic response. It's very effective."

"Disaster can strike at any time," said Dennis Becker, chairman of the Disaster Education Committee. "When it does, people don't know what services are available to them. What we wanted to do through our program is create an awareness among employees of what is available to them — in the city and in the Medical Center. I think we were successful."

# NewsRounds

Volume 30/Number 9/October 1991



**Improving the wheelchair shortage with TQM**

**Inside:  
1991 Fashion Show  
Dr. Rothschild  
Employee of the Quarter  
Wheelchairs and TQM  
United Way**

# Just the facts

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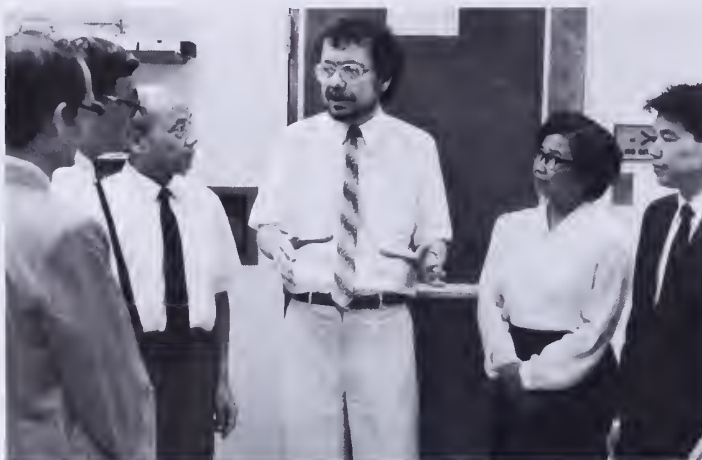
**The 1991 Rush Symposium on Hepatic and Biliary Disease** will be held Friday, November 1, from 9 a.m. to 4 p.m. at the Searle Conference Center. The theme is "An Update on Management and Treatment." The section of transplantation, Department of General Surgery; the section of digestive diseases, Department of Medicine; and the Medical Center, are sponsoring the symposium. Registration is \$150 and includes a continental breakfast and buffet lunch. For more information or to register, contact Suzanne Buss, the Liver Transplant Program, at x26242.

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**Going through your closet to get your winter wardrobe ready?** Do you have clothes your children have outgrown? Don't throw them away. Community affairs is sponsoring a clothes drive for the homeless. "We're looking for warm clothes: coats, jackets, hats, gloves," says Carol Brantley, assistant director, community affairs. "We're looking for 'used, not abused' clothes that are clean." The clothing drive will take place on Friday, November 15. For more information, call community affairs at x25961, or look for fliers posted around the Medical Center.

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**Four guests from Hunan Medical University** visited the Medical Center in September to see an American medical education system firsthand and to visit their colleague Yang Xu, M.D., who has been working in immunology/microbiology for a year. The visitors were: Peng Xien Hum, Shang Qi Lian, Hu Cheng Shun, and Yang Ming. They met with various directors and chairmen over their two-day visit, including president and chief executive officer, Leo M. Henikoff, M.D.; Roger Bone, M.D., acting dean, Rush Medical College; and Harold A. Paul, M.D., M.P.H., associate dean for educational development and project director, alternative curriculum.



*Mark E. Peeples, Ph.D., microbiology research labs, (center) talks with visitors from China's Hunan University. On the far right is Yang Xu, M.D., immunology/microbiology.*

**Discount movie passes are now available** at the human resources satellite office at 192 Murdock. Reduced-price tickets to Cineplex Odeon and Loews theatres cost \$4.25 and \$4, respectively. Employee IDs must be shown when purchasing tickets. These passes are good anywhere in the United States for approximately one year. Some restrictions may exist.

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**Specialized programs for those whose addictive behavior** has been complicated by legal factors or potential legal consequences are being sponsored by the section on psychiatry and the law, Department of Psychiatry, Rush-Presbyterian-St. Luke's Medical Center, and the Isaac Ray Center, Inc., in collaboration with Rush Addiction Management Program. A variety of services are available, including educational sessions; individual, group, and family counseling; stress management education; and women's and men's groups. For more information contact Rush Addiction Management Program at x25273. All inquiries are kept confidential.

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**November is National Diabetes Month.** Free diabetes screenings will be held Tuesday, November 12 through Friday, November 15, from 7 a.m. to 4 p.m. in the Atrium lobby. Held in recognition of Diabetes Detection Week, these public service screenings are co-sponsored by the American Diabetes Association and the Medical Center. Screenings are by appointment only. For more information or to register, contact community affairs at x25961.

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**As part of our holiday giving program,** Rush has a goal of providing toys for 700 children and gifts for 200 senior citizens this year. Toys/gifts will be collected on Thursday, December 12, in the Atrium lobby. Individuals or departments may "adopt" a family by providing clothing and gifts for family members. Employees who wish to contribute but don't have time to shop for a gift may donate money, which will go towards purchasing a gift for a child or a senior citizen. To register, or for more information, contact community affairs, 729 S. Paulina, Room 124, at x25961. Completed registration forms must be returned no later than Friday, October 25.

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**The Rush Epilepsy Center** is holding an epilepsy education seminar Saturday, November 16, from 8:30 a.m. to 4 p.m. The seminar will provide introductory information about epilepsy and serve as a forum to answer questions about medical, social, and legal concerns. Seminar topics include "Seizure Classification," "Genetics and Pregnancy," "Employment and Legal Issues," and "Insurance Problems." The \$12 fee includes breakfast and lunch. The seminar will be held in Room 500 of the Professional Building, 1725 West Harrison Street. For more information or to register, contact Lori Kaiser, M.S.W., at x25358.

# Fashion Show 1991

The Woman's Board held the 65th Annual Rush-Presbyterian-St. Luke's Fashion Show this Sept. 25 at the Medinah Temple in Chicago. This year's theme was "Legends." Approximately 4,700 people attended the sold-out show, which was sponsored by the Sage Foundation. Proceeds from the show will go to the Woman's Board Depression Treatment & Research Center in the new Rush Institute for Mental Well-Being.



Mrs. Milton Weinberg, Jr., president of the Woman's Board welcomes the crowd. Behind her, 1 to r: president and CEO Leo M. Henikoff, M.D.; Mrs. Edward F. Blettner, chairman of the fashion show; and Melissa Sage-Booth, president of the Sage Foundation and sponsor of this year's fashion show.



Sophie DuBrul strides across the stage with two spotted friends.



Mrs. Kim Keck, this year's Mrs. Illinois (l) and Marjorie Judith Vincent, last year's Miss America and sister of fourth year medical student Carla Vincent.



Strike a pose: (l to r) Mrs. Anthony Antoniou, Mrs. Arnold Silvestri, Mrs. Robert D. Jones, Mrs. Christopher Q. Stephan, Mrs. Michael A. Bilandic, and Mrs. William A. Spence.

# Employee of the quarter

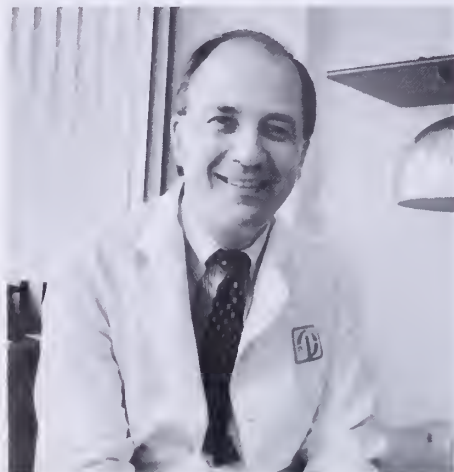
Cited for her good natured attitude and respect for patients and staff, x-ray technologist/phlebotomist Beverly Lee, R.T., Anchor/Oak Park was named Employee of the Quarter at a Medical Center luncheon in late August. Lee received the award from Sandra Seim, assistant vice president, associate administrator, facilities planning.

"Beverly performs her job duties, not only with a great deal of knowledge, but also with compassion and tenderness for her patients," said her supervisor, Phil Morris, R.T.(R), radiology and laboratory manager. "Patients confide in Beverly and trust she will perform the correct tests without causing unnecessary pain. She's supportive to all her patients and explains test procedures to help alleviate their fears. She'll look up tests results or call the lab so patients may be given their results without delay."

## QUALITY

Rush-Presbyterian-St. Luke's Medical Center

Andrew Ripeckyj, M.D., clinical director, geriatric psychiatry, received the Wayner Lerner, Dr.P.H., Excellence in Leadership Award. It was presented to him by Janet Moore, Ph.D., R.N., associate vice president, associate dean, nursing affairs/College of Nursing. His nominations included a letter signed by 20 of his staff members.



Andrew Ripeckyj, M.D., clinical director, geriatric psychiatry



Employee of the quarter Beverly Lee, R.T., with her supervisor Phil Morris, R.T. (R).

"Andy Ripeckyj is one of the pioneer practitioners in the field of geriatric psychiatry," said Ellen Maxson, M.S., R.N., unit leader, 8 South, the Johnston R. Bowman Health Center for the Elderly. "In this era of 'youthism,' Andy works with an age group that has been neglected by society. His unique ability to respect each patient as an individual and his investment in their reaching an optimum level of functioning is seen time and again in his practice.

"And on any given day, whether Andy is busy or not, he takes the time to talk with staff members and see how they are doing. He always communicates a sense of respect and caring for a person, regardless of their status. Andy's always available to staff if they

have questions or concerns."

Ruben C. Cantu, Medical Center Engineering, received the Carol Stege Memorial Award. "Ruben's been here for 16 years," said Ted Nichols, director, Medical Center Engineering, who presented the award. "He's a very dedicated worker who hardly ever misses a day of work. He's well-known throughout the Medical Center and well-liked."

Martha Medina, environmental services, also received a Carol Stege Memorial Award. "Martha's a third-shift employee," said Scott Westberg, director, environmental services, prior to announcing the award. "She does a very valuable job. I'd be lost without her. She's a silent leader, who I count on a lot."



Reuben C. Cantu, Medical Center Engineering

## Quality Month events

October is Quality Month. In celebration, Total Quality Management (TQM) will be holding special events through the week of October 28. The kick-off event takes place from 11:30 a.m. to 2:55 p.m. on Monday, October 28, in the Brainard Room 542. Harry V. Roberts, professor of statistics and quality management at the University of Chicago Graduate School of Business will speak. Other TQM events and presentations will take place throughout the week from noon to 1 p.m. For more information, contact the TQM office at x27007.



# Analyzing wheelchair availability

In any medical center, wheelchairs are a vital form of transportation. Patients going for x-rays or other exams must be transported by wheelchair or cart. By law, new mothers with babies must be brought to the door via wheelchair when they're discharged. Elderly or disabled people need wheelchairs to help them get around.

But even with 121 wheelchairs in the Medical Center, there are never enough. Patients have to wait, and transporters, doormen and volunteers become frustrated. The shortage is especially severe from 10 a.m. to noon.

Last year, representatives from four departments—Arnold Payne, geriatrics, the Johnston R. Bowman Health Center for the Elderly (JRB); Loy Thomas, volunteer services; Cindy Hughes, property management; and Dale Cumbo and Jerome Wilson, hospital transport services—who were trained as Total Quality Management (TQM) facilitators, decided to take a team approach to the wheelchair problem. To make the team complete, Bill Heath, biomedical repairs, and Orlando Jarrin, hospital transport services, were added. Cindy

Schripsema, director of quality assessment and improvement, acted as quality advisor.

The problem: wheelchairs are not available for our customers at all times. The team's plan: to make it possible for each patient to have a wheelchair when needed. After 16 months of work on the project the team presented their recommendations to the management committee in August.

The team found that their areas averaged 322 transports per day. They then examined why transport staff could not always promptly return with a wheelchair. They found that patients were often required to wait in their wheelchairs for x-rays or

for their rooms to be prepared. If the seating in a medical office or clinic was inadequate or uncomfortable, the patient would remain in the wheelchair—often for a long period of time.



There was also a problem with wheelchair repair. "We originally had a service contract to repair the chairs," said Payne, "but we discovered that they would simply order us new wheelchairs instead of fixing the old ones."

So Payne did away with the service contract and hired someone full time to repair JRB's chairs. The team decided that the Medical Center should also have a wheelchair repair person, so Dale Cumbo hired a part-time transport equipment utilization technician.

"Having our own repair person on staff not only speeds up the repair process," says Cumbo, "it also allows us to do preventive maintenance."

The team also discovered that Rush has at least six different kinds of wheelchairs, and decided to standardize them. A wheelchair is now considered standard when it is fully equipped, including an anti-theft device and a 22-inch-wide seat.

Although their work is far from done, the team is pleased with what they've accomplished so far. "This is the best team I've ever been part of," says Cumbo.



*The TQM improvement team: (l to r) Jerome Wilson assistant director, transport services; Orlando Jarrin, transport services; Cindy Hughes, director, property management; Arnold Payne, director, unit management, geriatrics/JRB; Loy Thomas, director, volunteer services; Dale Cumbo, director, transport services. (Not available: Bill Heath, biomedical repairs, and Cindy Schripsema, director, quality assessment and improvement.)*

## Rush makes top 10 list

*CIO, the Magazine for Information Executives*, listed the Medical Center on its honor roll of 10 healthcare institutions dedicated to raising quality standards within its ranks. Rush's strong educational emphasis and high-quality tertiary care were also cited.

Pat Skarulis, vice president of information services, was named in a chart highlighting quality leaders in health care.

"Information services in health care has not been terribly forward-thinking in the past," said Skarulis. "We've been driven by financial data, but quality will define issues for us in the 90's. We will all compete in that area."

# United Way aids the Safer Foundation

Each year, Rush employees are invited to visit various organizations funded by United Way, to get a first-hand view of how our donations help others. The first site visit was to The Safer Foundation, which receives \$320,000 a year from United Way. Every dollar is matched with an additional \$3 from various government funding sources.

“Without our program, 60 out of 100 prisoners set free will go back to prison,” says Ray Auclair, director of development at The Safer Foundation. “If they successfully complete our program, 85 out of 100 former inmates will remain out of prison and in jobs. We help 8,000 per year accomplish that.”

The Safer Foundation, at 571 West Jackson, employs correctional experts and ex-offenders to help those who've spent time in prison readjust to normal life. Participants must show a genuine desire to improve.

The organization also helps ex-offenders learn basic skills. Young people between the ages of 14 and 21 who have been arrested take part in the Troubled Adolescents Program (TAPS), where they learn reading, writing and math. These courses prepare them for the Graduate Equivalent Degree (GED), which is equal to a high school diploma. Adults take a six-week course that improves their reading and math skills and helps them find employment. They also receive follow-up counseling.

“To be dumped in the street after parole can be devastating,” says Auclair. “In the penitentiary, inmates get used to decisions being made for them. A bell rings to wake them up in the morning, a bell tells them when it's time to eat. I've heard of people in the pen so long that they beg to be transferred back in upon release because they can't handle it on the outside anymore.”

The Safer Foundation also provides subsidized housing for



Employees Jackie Smith, Johnston R. Bowman Health Center administration (l) and Elizabeth Stimage, community health nursing, (center) talk with Chuck Kinsey of the Safer Foundation.

250 former inmates through its halfway house. Residents must have jobs and can only stay for up to two years.

Ex-offenders receive job counseling through Crossroads, a program in which job developers tell clients what to expect as they enter the workforce for the first time. Once employed, Crossroads participants must give 50 percent of their paychecks to their families. With the rest of the money, they must start a savings account.

“Without somebody putting this kind of structure into their lives,” says Auclair, “the only thing these ex-offenders know how to do is repeat the crime that got them incarcerated in the first place.”

The foundation has proven that former prisoners can start new lives. Those 8,000 men and women who complete the program every year and are able to survive on their own, straight.

## Two successful UW fundraisers

Despite blustery weather for both events, the ice cream social and “celebrity” dunk tank were successful in raising over \$1,000 for United Way. At \$1 per frozen treat, the ice cream social, held September 19 in the TOB lobby and the Medical Center cafeteria, netted a total of \$535, while the dunk tank, sponsored by environmental services on September 12 and 13, earned \$558.

Managers such as Peter Butler, vice president, administrative affairs, and John Webb, M.H.A., director, materials management, agreed to spend time in the dunk tank on the Atrium lawn and found the water warmer than the outside air. Employee Henrietta Bunch, environmental services, gave them plenty of opportunities to enjoy the water. She spent over \$20 at the tank (at 50 cents per throw, that's 40 throws)—mostly to dunk John Short, M.M., materials manage-

ment. Her reason? “He put me back on weekends, I've got to get him!” she joked. And she did — several times.



Al Robinson, M.A., finance, inflates balloons for ice cream social patrons.

# A friendly face and a heart of gold

A mustache matures the boyish face of Steven K. Rothschild, M.D., and often tickles the noses of young children as he checks their vision during school physicals. Somehow he balances his many responsibilities: family practice, geriatrics, teaching, volunteering, parenting, bringing babies into the world and helping patients through final goodbyes. His care and concern for patients earned Dr. Rothschild a Community Service Award at Rush's 1990 Founders Day celebration.

Dr. Rothschild came to Rush in 1984 to help develop a geriatric education program for family practice residents, and to establish more of a family practice presence at Rush and in the community. He has accomplished both, and then some.

In early 1988, his dream to establish a much-needed inner-city practice came true when he opened the doors of the Neighborhood Family Practice of Pilsen. The clinic, located near Rush at 18th and Ashland, serves low- to middle-income black and Hispanic families.

"I'm interested in people who have not had access to the medical field, and I feel that the poor and the elderly have, for the most part, been neglected by society," he says. Though the average age of his patients at the Pilsen clinic is 21, he cares for babies, parents, and grandparents.

"We keep genograms—or family trees—of our patients," he says. "It helps to know the illnesses the patient's parents and grandparents had, such as heart disease, so I can do preventive education earlier in life."

Dr. Rothschild studied Spanish for one year before the clinic opened so he could communicate with patients who can't speak English. He uses the Spanish word *docere* to describe his philosophy of care.

"It means 'to teach,' not to prescribe or to cut," he explains. "My role is to give patients information, to tell them everything I know to help them stay healthy. And I



Steven K. Rothschild, M.D., gives Ana Lara Aldaz a school physical as her mother, Ana Rose Aldaz, looks on.

think the fact that I respect their knowledge and life experiences empowers them to make decisions about their health."

Dr. Rothschild explains *docere* to the students and residents he teaches at Rush University. He believes it's vital that beginning medical students learn how to communicate—first with each other, then with patients.

"Sometimes I have to teach the women to be more assertive and the men not to be chauvinistic, so they can later learn how not to talk down to a patient," he says.

Students practice their people and medical skills at the Pilsen clinic. They take histories, draw blood, and talk to patients about problems caused by economic hardships.

"I try to teach students to share in what a family goes through while in their care, and instill in them that they should *never* withdraw from the family during a critical time," says Dr. Rothschild. "The family needs to know they won't be abandoned."

"For example, I was caring for a 49-year-old man with pancreatic cancer. He was declining rapidly, and told his wife he wanted to die at home. I made regular home visits and tried to prepare them both for

what was to come.

"One day, his wife called and told me he wasn't looking good. I went to their home, and it was pretty obvious he was near the end. I told his wife to gather the family. While they were all there, not knowing what to do, I noticed that the man's lips had gotten very dry from the illness, so I wiped them with a moist facecloth. He looked at me then, almost as if to thank me. Then he just closed his eyes, took his last breath and died.

"I tell my students that the hardest feeling is knowing that you can't do any more for the patient medically. But you can offer an ear, some support and concern. And for the family, that too is valuable."

Dr. Rothschild's own family is his comfort during difficult days. His wife, Lisa, helps him keep perspective on life while his two children, Ruth, 7, and Joshua, 2, remind him of why he became a doctor. "I always liked kids," he says, a boyish grin again spreading across his face. "But having my own makes me realize how hard it is to bring them up right. At three o'clock in the morning, when they're crying, I don't think like a doctor, I think like a parent."

# Rush people

## RPSLMC Appointments

**Keith Berndtson, M.D.**, family practice, was appointed medical director of Rush Corporate Health Center at the Northwestern Atrium.

## Appointments

**Randy J. Epstein, M.D.**, ophthalmology, was appointed to the Board of Directors of the Illinois Association of Ophthalmology.

**David C. Clark, Ph.D.**, psychiatry, was appointed editor-in-chief, North American division, of the scientific journal *Crisis Prevention Intervention and Management*.

**L. Penfield Faber, M.D.**, Rush Medical College, was elected President of the Chicago Surgical Society for 1991-1992.

## Kudos

**James O. Ertle, M.D.**, dermatology, received the "Practitioner of the Year" award from the Chicago Dermatological Society.

**Gary F. Alder, D.D.S.**, general surgery, received the Academy of General Dentistry's (AGD) presti-

gious Fellowship Award during a special ceremony at AGD's Annual Meeting, Orlando, FL.

**Anita S.F. Chong, Ph.D.**, general surgery, received the first Independent Research Support and Transition Award from the National Cancer Institute for her project "Stimulation of TNF-alpha and IFN-gamma in IL-2 stimulated lymphocytes."

**Marion Broome, Ph.D., R.N.**, maternal-child nursing, received the Oncology Nursing Society/Adria Excellence in Publication Award in Nursing Research, presented at the Society's 16th Annual Congress, San Antonio, TX.

## In the news

**Samuel Taylor, IV, M.D.**, medical oncology, appeared in a WBBM-TV news report on taxol. Taxol is a new cancer drug made from the bark of the Pacific yew tree. Dr. Taylor, who is now using the drug in a study of patients with mouth or throat cancer, said taxol is promising for these patients because of its high response rate with breast and ovarian cancers. The *Chicago Sun-Times*, WBBM-

AM and WMAQ-TV also covered the story.

**L. Penfield Faber, M.D.**, cardiovascular-thoracic surgery, commented on endoscopic chest surgery for the *New York Times*. Dr. Faber said the new procedure, in which tiny cameras and surgical tools are inserted into the chest, would not revolutionize thoracic surgery. "There'll be complications and surgeons will have to learn to handle them," he said.

In an editorial published in the *Journal of the American Medical Association*, **Roger Bone, M.D.**, acting dean, Rush Medical College, said the drug E5 should be used to treat gram-negative sepsis, a bacterial infection, even though the therapy is expensive. The drug can improve the survival rate of patients in the early stages of sepsis.

A study by Boston researchers suggested the nerve protein substance P may lead to the prevention of Alzheimer's disease. Rush neurobiologist **Elliott Mufson, Ph.D.**, remarked on the study for American Medical Television's "Medical Rounds." "We may potentially have a way of treating patients with Alzheimer's disease, and that would be a first," he said.

September's *Gentlemen's Quarterly* magazine presented an update on male contraception. The article highlighted the shug device, a silicone plug for the vas deferens, invented by **Lourens Zaneveld, D.V.M., Ph.D.**, obstetrics and gynecology. The shug is a potentially reversible method of birth control.

The proposed Health Care Surrogate Act would allow surrogate decision-makers to order life-sustaining treatment withheld or withdrawn from patients. **Reverend Laurel Burton, Th.D.**, chairman, religion, health and human values, **Reverend Russell Burck, Ph.D.**, director, Section of Ethics, and **Max Brown, J.D.**, general counsel and vice president, legal affairs, wrote an article published in the *Chicago Tribune's* editorial



The new officers of the Professional Nursing Staff are: (back, l to r) Scott Pence, treasurer, Nora Paulford, MSN, R.N., president-elect (front) Marge Waszkiewicz, president, and Gia Crisanti, secretary.

# Rush people

pages supporting the bill.

Computerized simulators, lifelike mechanical models and people trained to simulate medical conditions, are now being used as standardized or model patients to teach medical students how to detect and diagnose illness. In an Associated Press interview, **Harold Paul, M.D., M.P.H.**, associate dean, Rush Medical College, said the "patients" are helpful for student exams, to assess the clinical skills of students.

*Modern Healthcare* magazine featured the research of clinical nurse specialist **Joyce Fitzpatrick, M.S., R.N.** Her study found that many nurses are fearful of contracting AIDS and that they are frustrated at not being able to meet AIDS patients' special psychological and social needs.

Mystery writer **Harold Klawans, M.D.**, neurological sciences, and pilot and plane builder **Laurens Ackerman, M.D., Ph.D.**, diagnostic radiology/nuclear medicine, were profiled on "Physicians' Getaway," a new Lifetime cable television program showcasing physicians' hobbies.

*In Health* magazine reported on the research of **David Gilley, Ph.D.**, Rush Alzheimer's Disease Center. Dr. Gilley found that Alzheimer's patients continued to drive even after being diagnosed with dementia. "Alzheimer's patients often don't have physical symptoms that would tip off a licensing examiner to problems," he said.

**Michael Davidson, M.D.**, medical director, Chicago Center for Clinical Research, was quoted in *Prevention* magazine. He said that people need to eat oat bran or oatmeal daily to lower cholesterol and maintain the reductions. The magazine summarized the research of Dr. Davidson and his colleagues.

Cosmetic surgery has become popular with men who want to look younger or enhance their careers. WBBM-TV's Adele Arakawa spoke with **Craig Bradley, M.D.**, plastic



*Lloyd Klein, M.D., director, interventional cardiology, (r) demonstrates for Chicago Sun-Times photographer Al Podgorski (l) the computer used to analyze intravascular ultrasound data. Dr. Klein was featured in an article that was distributed by the Associated Press. The computer yields three-dimensional pictures of coronary arteries.*

and reconstructive surgery, about the trend, which he said is growing.

An article in the *Chicago Tribune* focused on radial keratotomy (RK). **Randy Epstein, M.D.**, ophthalmology, said RK is an accepted procedure for patients with mild or moderate nearsightedness. In the procedure, incisions are made in the cornea to help correct the condition.

**Kenneth Boyer, M.D.**, pediatrics, was quoted in a *Today's Chicago Woman* article on congenital toxoplasmosis, a disease affecting children which stems from a parasitic infection acquired by their mothers during pregnancy. Dr. Boyer, associate director for a Chicago-based study evaluating treatment of the disease, said, "Our efforts have focused on controlling the infection during the first year of life when the baby's immune system is immature."

Channel 21's public access program "We Are Concerned" featured **Thomas Deutsch, M.D.**, ophthalmology, as a guest. Dr. Deutsch talked about the eye and proper eye care on the half-hour show.

## Speeches/Lectures/ Presentations

**Curtis L. Steele, M.S.** and **Connie Weissman**, academic computing resources: "Slice of life videodisk guide," University of Utah Slice of Life Workshop Program, Salt Lake City, UT.

**Frederick D. Malkinson, M.D., D.M.D.**, dermatology: "Systemic or topical 16, 16 dm PGE2 protects mice from fractionated radiation-induced alopecia," 9th International Congress for Radiation Research, Toronto, co-presenters Geng Ling, M.D., dermatology, and Wayne R. Hanbison, Ph.D., radiotherapy, Loyola-Hines Medical Center.

**Alice Perkins, M.S., R.D.**, food and nutrition services: "Healthy food clues by Auntie Natal," March of Dimes Perinatal Conference, Chicago.

**Andrew M. Davis, M.D.**, internal medicine: "Primary care physicians and response to radiation and chemical accidents," and "Chernobyl: Five years after," American Nuclear Society's Third

# Professional activities

Topical Meeting on Emergency Preparedness and Response, The University of Chicago.

**Jeanne F. Slack, D.N.Sc., R.N.**, maternal-child nursing: "Nursing in the next century: Collaboration in service and education," Sigma Theta Tau Distinguished Lecturer, Annual Research Colloquium, Purdue University, West Lafayette, IN.

**Lawrence H. Lanzl, Ph.D.**, medical physics: Welcoming speech, the World Congress on Medical Physics and Biomedical Engineering, Kyoto, Japan.

**Matthew Boente, M.D.**, obstetrics/gynecology: "Recurrence patterns and complications among various treatment modalities in stage III endometrial carcinoma," co-authors **Edgardo Yordan, M.D.**, **Salitha Reddy, M.D.**, **Myung-Sook Lee, M.D.**, and **George Wilbanks, M.D.**, obstetrics/ gynecology.

**Koen DeGeest, M.D.**, obstetrics/ gynecology: "Early cancer of the vulva," Christ Hospital Grand Rounds, Oak Lawn, IL and "Radiation therapy," Chicago Area Schools of Medicine Review Course, Chicago.

**Carolyn V. Kirschner, M.D.**, obstetrics/gynecology: "Cervical cancer combination approach," The Association of Chicago Gynecologic Oncologists, Illinois Masonic Hospital, Chicago, and "Management of breast masses," Chicago Area Schools of Medicine Review Course, Chicago.

**Richard G. Rawlins, Ph.D.**, obstetrics/gynecology: "Ovarian physiology and the induction of ovulation," Serona Symposium on Oogenesis and Spermatogenesis, Mexico City, Mexico.

**Edgardo L. Yordan, M.D.**, obstetrics/gynecology: "What does surgical debulking mean?" The

Association of Chicago Gynecologic Oncologists, Illinois Masonic Hospital, Chicago, and "Cancer of the cervix," Chicago Area Schools of Medicine Review Course, Chicago.

**Randy J. Epstein, M.D.**, ophthalmology: "Three steps to phacoemulsification," and "The next step to phacoemulsification," Iolab Corporation, Chicago.

**Kirk H. Packo, M.D.**, **Richard J. Rothman, M.D.**, and **Matthew D. Kay, M.D.**, ophthalmology : "Growth of candida albicans in commercially prepared propofol: Clinical implications," Arvo, Sarasota, FL, "Diode Lasers," "Complications of laser photocoagulation," and "Laser indirect ophthalmoscope," San Diego Laser Workshop, San Diego, CA. Also, "Sympathetic ophthalmia," Sixth Annual National Eye Trauma System Meeting, University of Illinois, Chicago.

**Carol Kohn, D.N.Sc., R.N.**, OR/ surgical nursing: "Enteral nutrition support for the 90's: Innovation in nutrition technology and techniques," Ross Laboratories 12th Roundtable on Medical Issues, Hilton Head, SC.

**Diane Crocker, M.D.**, pathology, and **SA Young, M.D.**, Cook County Hospital: "Fatal uncommon opportunistic infections in infants born to mothers with AIDS," Society for Pediatric Pathology, Chicago.

**Alex P. Kuritza, Ph.D.**, pathology, immunology/microbiology: "Genetic amplification techniques for detecting neisseria meningitidis," co-author **Mary Oehler, M.S.**, clinical microbiology, and "Vancomycin-resistant Enterococcus at a large midwestern medical center," co-authors **Mary Hayden, M.D.**, **Gordon Trenholme, M.D.**, **Alan Harris, M.D.**, infectious diseases, and **Mary Oehler, M.S.**, clinical microbiology, Annual Meeting of the American Society for Microbiology, Dallas, TX.

**Samuel P. Gotoff, M.D.**, pediatrics: "Neonatal infections," "Specialty review in neonatology/"



The Rush University Guild hosted a welcoming tea for the Rush Housestaff Auxiliary in late August, for spouses of new residents and fellows. Pictured is the Housestaff Auxiliary Board. (l to r) Front row: treasurer Meg Dworsky, secretary Brenda Stephens, auxiliary chairman Tracey Conley, activities committee chairman Lisa Schwartz. Back row: membership committee chairman Beth King, membership committee co-chair Denise O'Halleran, auxiliary vice chairman Michelle Hejna, assistant secretary Judith Vincent. "The Housestaff Auxiliary exists to support the medical family during residency and to share mutual concerns and interests," Conley explains. For more information or to join, contact graduate medical education at x25495.

# Professional activities

perinatology," The Cook County Graduate School of Medicine, Chicago.

**Richard A. Levy, M.D.**, pediatrics: "New uses/abuses of growth hormone," medical grand rounds, Moses Taylor Hospital, Scranton, PA, "New perspectives on puberty," MacNeal Hospital CME, and "Normal puberty, precocious puberty," medical grand rounds, Chicago Medical School. Also, "Hyperaldosteronism," pediatric grand rounds, Columbus Hospital of Chicago.

**Robert L. Barkin, Pharm.D., M.B.A.**, pharmacology: "Predicting assessment and management of polypharmacy insults in the elderly patient," Kent County Pharmacist Association Annual Seminar, Grand Rapids, MI, "The acute management of sickle cell crisis pain," Emergency Medicine Grand Rounds, Mt. Sinai Hospital, Chicago, "Recognition and management of depression," the National Pharmacist Association, Hillside, IL, and "The management of acute and chronic pain in primary care and the role of the Rush Pain Center," grand rounds, Marquette General Hospital, Marquette, MI.

**Joel Michael, Ph.D.**, and **Allen Rovick, Ph.D.**, physiology: "Computer-aided instruction," Annual Chicago Medical Informatics Workshop, Chicago Medical School, North Chicago, IL.

**Robert Schenck, M.D.**, plastic and reconstructive surgery: "Prevention, treatment and rehabilitation in carpal tunnel syndrome," the Chicago Association of Commerce and Industry, Chicago, IL.

**David C. Clark, Ph.D.**, psychiatry: "New clinical findings in suicide: Comparing youthful and elderly suicide," Chicago Consortium for Psychiatric Research, Inc., Rosemont, IL, "Suicide and the elderly," The Aging Consortium of Psychiatry, Kenosha, WI, "The primary prevention of youth suicide and suicidal behaviors," Research into Action: The Primary Prevention of Psychosocial Problems of Native American Children conference, the

Phoenix Area Indian Health Service and the U.S. Public Health Service, Scottsdale, AZ.

**Jan Fawcett, M.D.**, psychiatry: "Acute vs. chronic predictors of suicide: Implications for intervention," Chicago Consortium for Psychiatric Research, Inc., Rosemont, IL.

**Alan R. Hirsch, M.D.**, psychiatry: "The neurologic examination," Internal Medicine Grand Rounds, Mercy Hospital, Chicago and "Olfactory ability in migraine patients," 5th International Headache Congress, Washington, D.C.

**David Cella, Ph.D.**, psychology: "Functional status and quality of life in persons with cancer," First National Conference on Cancer Nursing Research, American Cancer Society, Atlanta, GA.

**Vincent D. Pisani, Ph.D.**, psychology: "The positive impact of multidimensional D.U.I. intervention: A twenty-year experience," 36th International Institute on the Prevention and Treatment of Alcoholism, Stockholm, Sweden.

**Diane Heaton, M.D.**, radiation therapy: "Hyperfractionated radiation therapy and concurrent 5-Fluorouracil and Cisplatin in locally advanced endometrial carcinoma," Western Association of Gynecologic Oncologists, Newport Beach, CA.

**L. Penfield Faber, M.D.**, Rush Medical College: "Therapy of stage 3A carcinoma," and "Lung sparing procedures," 44th Annual Koppa Pulmonary Disease Conference, Huntville, TX.

## Publications

**M Latash, Ph.D.**, and **GL Gottlieb, Ph.D.**, physiology: "Equilibrium-point hypothesis and variability of the amplitude, speed and time of single joint movement." *Biofizika*, 35:870-875, 1990.

**E Rios, Ph.D.**, **M Jianjie, Ph.D.**, and **A Gonzalez, Ph.D.**, physiology: "The mechanical hypothesis of excitation-contraction coupling in skeletal muscle." *J Muscle Research and Cell Motility* 12:1-11, 1991; **Dr. Rios**; **L Csernoch, Ph.D.**, University Medical

School, Debrecen, Hungary; **G Pizarro, Ph.D.**, and **M Rodriquez, Ph.D.**, Universidad Montevideo, Uruguay; and **I Uribe, Ph.D.**, Universidad Autonoma de Chihuahua, Mexico: "Interfering with calcium release suppresses Iy, the 'hump' component of intramembranous charge movement in skeletal muscle" and "The relationship between Qy and Ca release from the sarcoplasmic reticulum in skeletal muscle." *J Gen Physiol* 97:845-884 and 97:913-947. Also **Dr. Rios** and **Pizarro**, with **J Garcia, Ph.D.**, and **E Stefani, Ph.D.**, Baylor College of Medicine: "Effect of the calcium buffer EGTA on the 'hump' component of charge movement in skeletal muscle." *J Gen Physiol* 97:885-896, 1991.

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## NewsRounds

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**Editor**  
Nancy Stelson

**Assistant Editor**  
Justine Ringhofer

**Editorial Staff**  
Sue Jeantheau, Gloria Russell

Anyone interested in reporting department news should call the editor at extension 25579. Deadline for all copy is the 10th of the month preceding publication. Editorial offices are on the second floor at 1700 West Van Buren.

Rush-Presbyterian-St. Luke's Medical Center  
Office of Philanthropy and Communication  
1653 West Congress Parkway  
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## A wish come true

Most people, when given an opportunity to have a wish granted, usually ask for something for themselves — a trip to somewhere special, or the opportunity to meet a favorite celebrity. But a year ago, when the Make a Wish Foundation, which fulfills wishes of children and teenagers who have life-threatening illnesses, asked Lisa Shinault, her wish was to help others: she wanted a journal of her experiences printed in booklet form to encourage others struggling with leukemia.

Shinault, a former patient of the Medical Center, attended the second



Former patient Lisa Shinault (third from left) stands with staff from the Bone Marrow Transplant Center. Front row (l to r): Sylvia Buh, R.N.; Jean Milke, R.N.; Dawn Spadaro, R.N.; Back row: Amy Dolce, M.S., R.N.; Angelique Richard, M.S., R.N., nursing manager; Sharon Manson, M.S., R.N.; and Cathy Beavers, R.N.



Cel Brocken, Ph.D., director, child psychology, (l), and Herbert Kaizer, M.D., Ph.D. director, the Thomas Hazen Thorne Bone Marrow Transplant Center, (r) read Lisa Shinault's booklet, *Leukemia and Me*.

annual Bone Marrow Transplant picnic in Hinsdale in late September. The picnic is held for former bone marrow patients, their families, and staff members. It allows staff a time to talk and socialize with former patients and learn how they're progressing. Approximately one hundred people attended this year.

Shinault handed out copies of her journal, *Leukemia and Me*, and talked about her experiences: "I wrote the booklet because I wanted to help other people," the 18-year-old said. "When I was diagnosed I couldn't find literature on it. I wanted to read about the experiences of other people who had struggled with the illness I had."

The Foundation printed 2,000 copies of the booklet and distributed

them to hospitals in Shinault's home state of Michigan. A boxful was available at the picnic, and former Rush patients and staff members eagerly snatched them up.

"Right now, I'm in the process of writing a book," Shinault said. "It's going to tell about my whole experience from when I first diagnosed to now. It's kind of emotional writing it. Sometimes when I write about stuff I cry."

Shinault, who starts college in January, initially planned to study journalism. But after her battle with leukemia, she's changed her goal: "I want to go into nursing now," she said. "I want to work with cancer patients. Life has new meaning. It's a lot more important — and a lot more fun now, too."



# NewsRounds

Volume 30/Number 10/November 1991



**United Way Wrap-up**

**Inside:**

**Library Cuts Down Holds Waiting**

**Rush Campaign Begins**

**Studying Our Senses**

**OT Lesson in Empathy**

# Just the facts



*Moving Day: Robert R. Schenck, M.D., with boxes of supplies for his new office.*

**The new professional building opened in October.** It is 11 stories high and has approximately 229,000 gross square feet. "All the professional buildings together have half a million square feet of office building space," said Sandra Seim, assistant vice president, associate administrator, facilities planning. "We think that combined, it's the largest medical office building in the world." The Board of Trustees toured the new building, and included a visit to the new office of hand surgeon Robert R. Schenck, M.D., the first occupant. New medical offices are opening in the building almost daily.

**The Medical Center was one of eight U.S. hospitals** recently designated Adult Liver Transplant Centers by Medicare. Selections were based on survival rates and experience. Since Rush's liver transplant program was established in July 1985, 218 adults have received transplants. "We're very pleased to be selected by Medicare to provide liver transplantation to Medicare patients," said Gordon Bass, associate vice president, surgical sciences and services. "As a liver transplant center, Rush will be able to serve more people in need of this life-saving intervention."

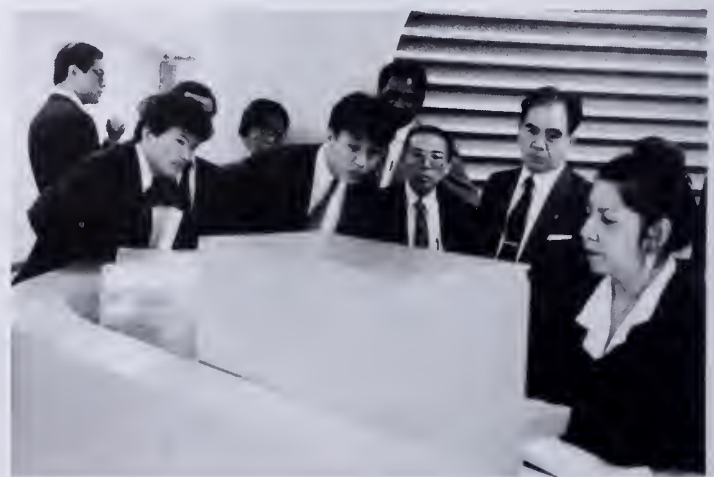
**The Medical Center celebrated Allied Health Week** at the end of September. Free, non-alcoholic, fruit-flavored spritzers were handed out to employees and visitors in the cafeteria lobby. "We're doing this to increase awareness of the role of allied health within the Medical Center community," said Cynthia Hughes, M.Ed., OTR/L, chairman, Department of Occupational Therapy. "Allied health includes departments that contribute to the total care of the patient but aren't medical or nursing, such as: audiology, chaplaincy, diagnostic imaging, dietetics, health systems management, medical physics, occupational therapy, perfusion technology, pharmacy, physical therapy, respiratory therapy, social work, speech, and therapeutic radiology."

**ArcVentures, Inc.**, announced the formation of Chartwell-Midwest, a new home infusion partnership between Chartwell Home Therapies and ArcVentures. The new partnership will begin on December 11 and replaces the partnership between Caremark and ArcVentures (Midwest Home Support Services).

**A Holiday Children's Book Sale** will be held in the cafeteria lobby on Thursday, November 21 and Friday, November 22, from 8:30 a.m. to 4 p.m. The sale, sponsored by the Laurance Armour Day School (LADS) Parent Board, will include a variety of hardcovers, paperbacks, discount books, and toys. All proceeds will benefit LADS.

**Home Health Care Week is December 1-7.** During the week, Rush Home Health Service (RHHS) will honor its staff and the customers it serves. RHHS will have informational booths in various sites around the Medical Center, such as the cafeteria lobby, Room 500, and the Johnston R. Bowman Health Center for the Elderly. Festivities will include a raffle. For more information, call x28942.

**Ten employees from the Media-Tech Institute in Japan** visited the Medical Center in early October to learn about its security system. Lieutenant Willie Weston and Captain McKinley Smith, both of security services, led the group on a tour of the campus. Matt Guilfoil, administrative assistant, parking, spoke to the group about security in the garage and explained how the card system works, and director William Mozelle, Ph.D., security services, talked about video surveillance. The tour concluded with a visit to the Chicago Technology Park (CTP) Research Center, led by David Livingston, CTP managing director.



*Receptionist Marcie Nevarez, security services, (foreground) shows Japanese visitors how the security monitor works.*

# Library reduces book reserve problems

It's one of life's little frustrations: you go to the library to get a book you need, only to discover someone else got there ahead of you. It's already been checked out. With some 280,000 patrons using the Rush University Library every year, it's no surprise that on occasion, someone else is interested in the same book you are. So you put a hold on it, asking the staff to notify you when the book is returned.

Last year, nearly 2,000 patrons asked that a title be put on hold. But many of them never received the book they requested. In August 1990, when the library staff tracked their holds process, they found that only 67.5 percent of books put on hold actually ended up in the hands of the



*At the book reservation desk: (l to r) Lourdes Arguellas, Beulah Gaddam, Joseph Lariosa, Benita Hawkins and Maggie Marshall.*

previous patron returned it. They instead reshelfed it. The rest of the errors (12.5 percent) were made when staff forgot to cancel the hold when the book was used by the patron. Four percent of the errors could not be traced.

Next, the staff charted ideas to reduce the errors. For example, they needed to watch carefully when checking in a patron's books and listen for signals, such as a beep from the computer, to recognize that a book being checked in should be put on hold for someone else. The staff agreed to watch out for one another to avoid errors.

Since August, the staff has measured its success/error rate by releasing pie charts every three weeks. "Because the success rate appears in black, each person looks

forward to getting a totally black pie," says Maggie Marshall, M.A., M.L.S., library access services coordinator and TQM facilitator. "This would signify that the process was 100 percent error-free."

The first black pie occurred on April 25, 1991 — exactly one year after the initial documentation of the problem. The pies remained black until the end of September, when a thin white sliver indicated a 10 percent error rate. "Everyone was down when that happened," said Marshall. "They *really* monitored themselves then, to get another black pie.

"We're going to keep printing out pie charts every three weeks, to remind ourselves that we're not perfect, and that we need to keep on our toes. And, of course, to celebrate our successes."

## QUALITY

Rush-Presbyterian-St. Luke's Medical Center

patrons who requested them.

Knowing this was a problem, the staff decided to analyze the holds process and embark on a Total Quality Management (TQM) project. They called patrons who had put books on hold that month and asked what problems occurred. They flowcharted the reasons most patrons did not receive their books. In 16 percent of those cases, the staff did not keep the book on hold when the

## Quality Recognition Week

"We began Quality Recognition Week to celebrate and recognize the achievements of TQM improvement teams here at the Medical Center," said Marie Sinioris, Rush corporate vice president and president and CEO of ArcVentures, Inc.

Kicking off the week in late October was quality improvement expert Harry V. Roberts, Ph.D., professor of statistics and quality

management, University of Chicago Graduate School of Business, who spoke on the future outlook of TQM for the healthcare industry.

"Organizations should use the momentum that brought the quality program into existence to get to the 'doing stage,'" said Dr. Roberts. Unlike some corporations, however, he found a "great willingness among healthcare institutions to share information."

He encouraged improvement teams to set big goals, to be reached not immediately, but in the foreseeable future.

During the three days following the kickoff, quality improvement teams presented their projects and displayed their storyboards in the Searle Conference Center in the Professional Building. The storyboards were displayed in the main cafeteria on November 1.

# Medical Center kicks off Campaign for Rush

Rush-Presbyterian-St. Luke's announced the beginning of the most ambitious capital development program in its history at a campaign kickoff dinner on November 14.

The Medical Center will undertake a \$310 million capital development program, of which \$150 million will be funded through private philanthropy.

Trustee Edgar D. Jannotta will be chairman of "Vision and Values: The Campaign for Rush." Plans for the campaign were detailed at a civic dinner at which General Norman Schwarzkopf (USA, ret.) was scheduled to speak. Details of the dinner itself were not available as *NewsRounds* went to press, but will be included in the December issue.

Major components of the development plans are:

## The Rush Institutes

These are multidisciplinary centers of excellence in areas where the Medical Center already is recognized as a leader

and where patient needs are great: cancer, heart disease, aging, mental illness, arthritis and orthopedics, and the neurosciences. Diagnosis and treatment will be provided in geographically unified space, for efficiency and patient convenience. Research will center on problems encountered in clinical situations. The focus of Rush Institute development will be primarily people and programs.

Philanthropy Goal: \$68,000,000

## Rush University

One of the nation's newest institutions of higher learning devoted exclusively to the preparation of professionals for the health field — physicians, nurses, allied health professionals, researchers and managers — Rush University's education and training is provided in an environment where patient care is central. Endowment is needed to recruit and retain distinguished clinicians, scientists and scholars, to provide scholarship and financial assistance to outstanding students,

and for research.

Philanthropy Goal: \$32,000,000

## Hospitals-within-a-hospital

State-of-the-art resources will be organized to care for patients with similar problems but in comfortable, community hospital settings designed specifically for such patients. A new hospital wing joined to existing facilities will enable the Medical Center to pioneer several such mini-hospitals within the larger complex.

## Research Building

Research programs of the new Rush Institutes will be housed in an 11-story facility designed also to accommodate the Medical Center's constantly expanding research initiatives, and to promote and facilitate all of the major collaborative research projects at Rush.

Facilities Philanthropy Goal:  
\$50,000,000

Total Philanthropy Goal:  
\$150,000,000

## National breast-feeding workshop held

"Breast-feeding has declined among new mothers in this country but we hope programs like ours will make help more readily available to those who want to breast feed," said Angela Jacobi, MN, R.N., IBCLC, a member of the Medical Center's Lactation Consultant Program.

In early October, the Department of Maternal-Child Nursing and the College of Nursing Department of Continuing Education held a two-day workshop for health professionals who work with new mothers. Over 150 lactation consultants, nurses, and physical therapists came from over 20 states to learn the latest methods for teaching and supporting women who want to breastfeed but have difficulty doing so.

Practitioners were provided advanced training in the most common breast-feeding problems: how to help new mothers deal with the inevitable soreness of the first week; how to



*Gerald Perry, MLS, reference manager (l), helps Angela Jacobi, MN, R.N., IBCLC, arrange a breast-feeding exhibit currently on display in the Rush University Library.*

establish a good flow and stimulate the baby's interest in the breast; how to cope with infection; problems of engorgement; fear of failure to produce enough milk; and what to do when the mother plans to return to work.

"We know that breast-feeding is best for the baby. And it helps the mother recover more quickly from the birth experience. What's more, it's normal, natural and should be an enjoyable experience for mother and baby," said Jacobi. "But many moms don't know how to get started—it's likely their own mothers bottlefed them—and they become discouraged easily. As lactation consultants we can help them with advice and information," said Jacobi.

The University of California at Los Angeles/Department of Continuing Education in Health Sciences co-sponsored the workshop. For more information on the Rush program, call x26604 or x28403.

# Studying our sense of smell

Alan R. Hirsch, M.D., psychiatry and neurology, understands the popularity of “scratch and sniff” stickers. “Our sense of smell has been so overlooked that when something like these stickers calls attention to it, they’re immediately a novelty,” he explains.

Dr. Hirsch is the neurological director of the Smell and Taste Treatment and Research Foundation, located at Water Tower Place. Only in existence for seven years, it is one of the few centers in the nation that focuses on olfactory disorders. Dr. Hirsch and his staff of 24 treat patients and also do clinical research.

“People who come to the center complain of one of three problems,” he says. “They complain of loss of smell or taste — which is usually smell loss, because 90 percent of what we call taste is really smell. They complain of experiencing odd smells or tastes, or they complain of having an increased ability to smell.”

Although incidences of the last are generally rare, Dr. Hirsch recalls one patient, a woman from Florida who had developed an acute sense of smell. “Her ability to smell was 100,000 times better than yours or mine,” he says. “She was like a dog in that she could walk into a room and trace where a person had been. It was as if she could see in color, and the rest of us could only see in black and white.”

The woman became agoraphobic,



*Alan R. Hirsch, M.D., (r) gives a scent test to a subject.*

refusing to leave her house because she would be overwhelmed by smells. Dr. Hirsch searched for the cause of her problem and discovered she had a chemical imbalance. “We prescribed steroid replacements and her sense of smell returned to normal,” he says.

Dr. Hirsch and the staff at the center have done a number of studies examining the relationship between smell and everyday life. Among the topics they have studied are whether four-star chefs have an increased sense of smell, smell and depression, the relationship of Alzheimer’s disease and a reduced sense of smell, how odors affect our moods, and the effects of odors on weight and appetite loss.

In the most recent study, Dr. Hirsch and his staff asked people what odors evoked memories of childhood. “We discovered that it all depends upon when you were born,” says Dr. Hirsch. “People born in 1900 through 1930 described natural smells — meadows, trees, pines — that sort of thing. People born in the 1930s through the 1970s described artificial smells and chemicals, such as Play-Doh, plastic, Vaporub, the candy Pez. This shows a change in society.

“We also looked at whether they had happy childhoods or not. One in 12 reported an unhappy childhood. The odors that evoked memories for them were bad ones: manure, blood, mothballs. So that suggests that odors have a strong impact on people’s perceptions

and moods.”

In addition to studying the role of scent in society and prescribing drugs to improve patients’ ability to smell, Dr. Hirsch is researching aromatherapy — the use of odors as a therapy for pathological conditions. “For example, if we can identify an odor that reduces anxiety, maybe its use as a therapy would enable doctors to prescribe less Valium,” he says. “Or if we find an odor that makes people more sleepy, they’ll be able to use fewer sleeping pills for their insomnia.”

Dr. Hirsch, who has been studying the effects of odors for the past five years, says that aromatherapy is only in its infancy. Sometimes he runs into misunderstandings about it. “When you mention aromatherapy to people they say, ‘Oh yeah, that New Age stuff.’ But that’s not what we’re dealing with here.”

Dr. Hirsch became interested in his specialty when he realized there was so little investigation in the area. “The ear, nose and throat doctors usually stop at the top of the nose, and psychiatrists don’t really get involved with it. Neurologists get involved with it to a degree, but it’s really an area that’s been overlooked by medicine,” he says.

“With smell, we’re just at the tip of the iceberg. Where we are now with aromatherapy is where the ophthalmologists were when they developed the E chart for vision testing.”

## Holiday Party Coming

Mark your calendars. The Annual Rush Holiday party will be held at the Palmer House Hilton in Chicago on Saturday, December 21. The reception begins at 7 p.m., dinner at 8:15 p.m., and dancing at 9:30 p.m. Tickets are \$15. Each employee may bring one guest and must show an employee ID when purchasing tickets and at the door of the Palmer House. Watch for details to be announced by the employee activities committee.

# United Wa

## So many winners...

For nearly two weeks in the beginning of October, United Way campaign representatives drew an average of 30 names daily to give away hundreds of prizes during the post-kickoff raffle. Fifty names were drawn on the last day, October 11, including that of Maggie Ann Duncan, OCLS, the winner of the 19-inch Panasonic color TV.

"I felt guilty for leaving work for a few minutes to see this," said Duncan, her hands skimming the TV screen, "but it's worth it."

The silent auction took place Oct. 7-11 and included two round-trip United airline tickets to anywhere in the U.S., won by Carol Lyn Jansen, M.B.A., health systems management. The auction raised a total of \$7,126 for United Way. To date, Medical Center employees have contributed \$236,000 towards the campaign goal of \$335,000. Pledge cards will be accepted throughout the year and new totals tallied daily.



*The Judy Vessely Duo featuring Vessely (l) on violin and Ray Duna on guitar (r) played at the thank-you reception for employees who were United Way campaign managers and solicitors.*



*Employees watch as Peter Butler, (l) and John Webb, M.H.A., director, materials management, read the winning raffle card for the 19-inch color TV . . .*



*. . . And the winner is Maggie Ann Duncan, OCLS.*

# y Wrap-up

## United Way: Where your money goes

At Lincoln Park's Anixter Center, every day represents a challenge for clients to reach the goal of a dignified, normal life. Some are physically handicapped, others are mentally handicapped or have disruptive behavioral problems.

Anixter staff teach skills that clients will be able to apply to jobs within the center or at outside companies. For those with severe disabilities, they provide daily care and referrals to medical services with which they've established relationships.

There are immense rewards. Last year, the center placed 234 clients into jobs where they earn regular paychecks.

"They do mostly piecework at the center through contracts with companies—such as boxing granola bars for Quaker Oats," says Jan Walch, assistant director of development at the center. If clients are able to be placed in jobs outside of Anixter, a job coach will accompany the person on the job to help with any problems for as long as necessary.

Some staff positions, like Sam Eblen's, are paid with United Way funds. Eblen manages the center's computer literacy program. Though handicapped himself, Eblen is often



*Theresa Anderson, a relief cook at the Central Baptist Home, received her job training through the Anixter Center's Transitional Employment Program, which is funded by United Way.*



*Sharlette Williams (l) and Stanley Smith (r) attend the daycare center at Christian Community Service.*

amazed by his students' efforts.

"There's a 57-year-old man who's been coming here for years," says Eblen. "He works in the center's micrographics area—where he helps put material on microfilm—and told me he wants to learn to read so he can get a promotion and be able to travel. I've never seen a man work so hard. I get frustrated sometimes, but I come back every day because I know he'll be here."

Whether they're able to get a job or not, clients can use Anixter's services for as long as necessary—even if it's an entire lifetime. Its 15 residential sites in Illinois range from independent living, where clients need no supervision and can leave after one year, to group residences for the severely disabled, where staff are present 24 hours a day.

"If all we can teach them is toileting," says Walch, "at least they've learned something. And the only alternative for most of these people is to sit home and learn nothing."

Another United Way-funded organization, Christian Community Service, located near Rush on the west side, recognizes the importance of early education. This daycare center teaches children aged two through five language, art, science, math and social values, such as how to play with other

children and respect adults. The \$62,000 a year the organization receives from United Way provides for daily meals and field trips.

According to director Mary Grady, 60 percent of the children have parents on family aid and the rest are from single-parent homes.

Staff members and parents meet monthly to discuss parenting skills. "Sometimes we have guest speakers who address subjects like taking your children for their shots and discussions on issues such as child abuse," says Billie Neal, executive director of the center. "We know these parents need someone to take care of their children while they get their lives together."

Teachers also let the children know how they can help their parents. They are taught how to set the table and help out when mommy needs them. Says Neal, "We take the position that they can learn anything and be anything."

### On the cover:

Willie Funches, three years old, paints his masterpiece at Christian Community Service, a daycare center on the west side that is partially funded by United Way.

# A lesson in empathy

Every year, assistant professor Terrie Nolinke, M.A., OTR/L, CO, occupational therapy (OT), has her students do an in-class group exercise: prepare and eat a meal — while temporarily disabled. She does this so they'll experience, if only for a couple of hours, what their future patients will go through in trying to adapt to a disability.

"My goal is to allow the students to experience very loosely what it's like to cook with a physical challenge, to prepare, eat and clean up after a meal," she explains.

The students simulate various disabilities, such as blindness, arthritis, an upper limb amputation, or lower limb paralysis. They quickly discover that doing even the simplest everyday tasks is very difficult.

"I was in a wheelchair for most of the exercise," says Anne Wilson, a second-year OT student. "It was difficult to get from the cooking area to the eating area, and it was hard reaching the sink from a wheelchair. I felt extraordinarily cumbersome.

"It was a new experience — to be

independent, and then to suddenly have to be so dependent on others. It put everything in a different perspective. It heightened my awareness of the needs of disabled people."

Second-year OT student Michele Roesch-Johnson worked blindfolded and also had the joints on one hand taped up so she couldn't bend her fingers, simulating arthritis. "Participating in the exercise definitely gave me more empathy for the people I'm going to be working with," she says. "It gave me firsthand experience in realizing what patients will have to go through in relearning and adapting. It was a neat idea, a clever exercise. It was very educational."

Nolinke was pleased with her class's reactions. "The students asked a lot of questions and made many comments both during and after the exercise. It's a different experience from taking notes in a class. When you're disabled, you wonder, 'My gosh, what do I do now?'" The exercise translated the academic into the clinical and experiential for them. It promoted empathy and a tremendous amount of clinical reasoning and problem-solving skills."

*Michele Roesch-Johnson helps make a salad while "blind" and "arthritic."*



## Respiratory Care

Ventilators from the 1940's to the present were on display in the Atrium lobby during National Respiratory Care Week, October 7-11.

About 150 students from local institutions, including Illinois Medical Training Center and South Chicago Community Hospital, visited the display, and toured five Rush intensive care units, on which some of the most modern ventilators are used, including the Bennett 7200.

To make the display complete, quality assessment coordinator Leona Penn, respiratory care, borrowed a Morch ventilator from Mt. Sinai Hospital. The ventilator was invented in 1940 by E. Trier Morch, M.D., respiratory care director at Rush in the 1960's.



*Grant Larson, R.R.T., director, (r) and Brenda Carlvn, C.R.T.T., supervisor, respiratory care, explain the Bennett 7200, the most sophisticated volume ventilator in existence.*

### Want to stop smoking?

The Medical Center is offering the Now is the Time to Stop Smoking Challenge, to help you quit. It runs from Thursday, November 21 through Wednesday, December 18. (November 21 is the Great American Smokeout, sponsored by the American Cancer Society.) Non-smokers are urged to "adopt a smoker" and give support in helping the person quit. The Employee Health and Fitness program will be giving away prize drawings for non-smokers-in-progress and their support buddies. For more information contact Kate Dunn, R.N., Employee Health and Fitness Program, at x25309.



# Rush people

## Kudos

**Harold L. Klawans, M.D.**, neurological sciences, was given the Alice Wilson Award for Parkinson's Disease Research, by the University of Kansas Medical Center.

**Alan R. Hirsch, M.D.**, psychiatry and neurology, was elected a member of the Central Neuropsychiatric Association.

**Louise Kinney**, Rush Health Plans, was elected President of DePaul University's Young Alumni Board.

**Jean M. Demas, M.A.L.S.**, Rush University Library, was named an associate member of the Academy of Health Information Professionals by the Medical Library Association at the annual meeting in San Francisco, CA.

**Christine D. Frank, M.L.S.**, Rush University Library, was presented a special service award by the Health Sciences Communications Association at the Association's annual meeting in Rancho Mirage, CA.

**Trudy A. Gardner, Ph.D.**, Rush University Library, was elected the chairperson of the national organization FLIS (Friends of the Library Information System) for a two-year term.

## In the news

**Mark McClung, M.D.**, psychiatry, provided a general profile of a mass murderer for WGN-TV and WBBM-TV for news stories on the man who shot and killed 22 people in Killeen, Texas. Dr. McClung said the mass murderer may be an individual who is alone and moody in social and occupational settings, chronically harbors resentments, and does not have a good outlet for anger.

Director of the Center for Suicide Research and Prevention **David Clark, Ph.D.**, was quoted in an *American Health* feature article on why young people take their own lives. Dr. Clark believes any evidence of an adolescent's considering suicide is cause for concern. "I wish I had a nickel for every time parents, in retrospect, said their child once mentioned suicide—and now wished they could go back," he said.



*Roger Bone, M.D., acting dean, Rush Medical College, (l) poses for photographer Charles Eshelman for the "Industry Spotlight" section of October's Chicago Enterprise magazine. Dr. Bone was interviewed for an article that profiled medical research in Chicago.*

Commenting for a *Good Housekeeping* article on anxiety and depression, **Jan Fawcett, M.D.**, chairman, psychiatry, said that severe anxiety mixed with depression could lead people to commit suicide.

**Kambiz Dowlat, M.D.**, general surgery, was quoted in the *Chicago Tribune's* "The Good Health Magazine" on needle aspiration, a procedure in which a fine needle is inserted into the breast to sample tissue that may be cancerous. Dr. Dowlat said the technique is valuable for confirming diagnoses when mammograms are unclear.

For a front-page article of the *Daily Herald's* "Suburban Living" section, **Harold Kessler, M.D.**, director, HIV treatment program, answered questions about AIDS and the human immunodeficiency virus (HIV) that causes the disease. Dr. Kessler said preliminary data for a treatment vaccine look promising.

In a *Chicago Tribune* interview, **Max Brown, J.D.**, general counsel and vice president, legal affairs, talked about one of Rush's first encounters with the newly enacted Health Care Surrogate Act, passed by Governor Jim Edgar in late September. "We have a

woman in a persistent vegetative state who was withdrawn from a ventilator and whose tube feeding was discontinued after the law was signed," he said. The woman's son had been appointed the health-care surrogate for the family.

Medical Center president and CEO **Leo M. Henikoff, M.D.**, was featured in a *Hospitals* magazine article about physician executives. Dr. Henikoff emphasized that while education is important for clinicians moving into management, "Leadership is a key element."

In a *Chicago Tribune* "Style" section article, **Craig Bradley, M.D.**, plastic and reconstructive surgery, said, "While it used to be considered narcissistic or vain to have cosmetic surgery, it's now a matter of body image and a form of self-improvement." Some three million cosmetic surgery procedures were performed last year.

**Marianne O'Donoghue, M.D.**, dermatology, talked about a number of skin care concerns including eye irritations, hand protection and lip treatment for the October issue of *Harper's Bazaar* magazine, which highlighted skin care. "The same way leather shoes crack after getting wet and then drying, lips can also crack

# Professional activities

when they are repeatedly wet and dried," she said.

Rush allergist and immunologist **Howard Zeitz, M.D.**, commented on asthma for a *Chicago Tribune* article that focused on the high incidence, severity and treatment cost of the disease. He said there are many asthma medications but not much understanding of what they do.

While some studies suggest a chiropractor's manipulation of the spine is an effective treatment for low-back pain, opinions differ. In a *Time* magazine interview, **Robert Katz, M.D.**, rheumatology, said, "Chiropractors may sound very authoritative, but their basic understanding of the pathophysiology of the spine is simply not there."

In a *Chicago Sun-Times* interview, **Michael Davidson, M.D.**, medical director of Rush's Chicago Center for Clinical Research, commented on the center's "no-fat" diet study. Researchers will evaluate the diet's effect in reversing severe artery blockages. Said Dr. Davidson, "If these treatments work, they could be lifesavers."

## Japanese visit Northwestern Atrium

At Rush's Corporate Health Center at the Northwestern Atrium, Keith Berndtson, M.D., (r) medical director, exchanges business cards with Akira Konta, president, Contaxe Co., Ltd., Japan, as his interpreter looks on. Konta visited Rush and the Center with a group of 16



Japanese healthcare executives on a nationwide tour of U.S. healthcare facilities in October. They were particularly interested in hearing from Moira Clarke, director of the Center, about her marketing philosophy. They had read about her in *Modern Healthcare*, in an article on service policies of corporate health centers. The Corporate Health Center serves Chicago businesses, providing annual physicals for over 200 corporations' employees.

## Publications

**CD Frank, M.L.S., R Schnell, MV Kimzey**, library: *Patient Education Sourcebook, Volume II, Health Sciences*

*Communications Association*. 1990. (coauthors **R Renzetti, R.N.**, gerontological nursing, **L Pierri, W Karnoscak, MLRC, D Prochazka and B Corson**, library).

## Benefits Fair

Over 1,500 employees attended the Benefits Fair, held in the Atrium lobby in late October. Representatives from Prudential Insurance, Healthcare Associates Credit Union, First Chicago Bank, Delta Dental Insurance, and Blue Cross Blue Shield, among others, were there to answer questions. The Benefits Fair gave employees the opportunity to get the facts about savings plans, direct deposit and retirement, so they can make the right decisions during open enrollment.

During open enrollment, which is taking place through Friday, November 29, health insurance options may be changed and eligible dependents added, effective January 1, 1992. Employees may also enroll for all other insured benefit options, except dental, upon providing evidence of

insurability, with the effective date being determined by the carrier. For

more information, contact compensation and benefits at x26637.



*Prudential Insurance representatives Sigmund Kosla (l) and Paula T. Price talk to Diane Hutton, M.S.N., R.N., internal medicine, (far right) at the Employee Benefits Fair.*

# Professional activities

**G Perry, M.L.S., and HR Malinowsky, M.L.S.,** library: *AIDS Information Sourcebook*, 3rd Edition, 1991.

**AJ Kichtsmeier, M.D., and E Jung, M.D.,** pediatrics: "Parental anxiety and minor illness." (coauthor JW Hatcher, M.D., Chicago). *Journal of Developmental and Behavioral Pediatrics*.

**AB Sivan, Ph.D.,** psychiatry, and **KS Stilwell, M.S.,** University of Iowa: "Child sexual abuse: A review of the issues." *Advances in Developmental and Behavioral Pediatrics*, 9:199-224, 1991. **Dr. Sivan** also edited *Child abuse sexual assault & domestic violence: Guideline for treatment in emergency and primary medical settings*, November, 1990, a joint publication of Metropolitan Chicago Healthcare Council, Chicago Metropolitan Battered Women's Network and Chicago Sexual Assault Services Network.

**RD Cartwright, Ph.D.,** psychology: "Dreams that work: The relation of dream incorporation to adaptation to stressful events." *Dreaming*, 1:3-9, 1991.

**R Cartwright, Ph.D., F Diaz, Ph.D., S Lloyd, Ph.D.,** psychology: "The effects of sleep posture and sleep stage on apnea frequency." *Sleep*, 14:351-352, 1991.

**DF Cella, Ph.D.,** psychology: "Psychological treatment as an adjunct to cancer surgery." *Adjuncts to Cancer Surgery*, (Lea and Febiger, eds.) Philadelphia, 89:657-660, 1991.

**S Daugherty, Ph.D.,** psychology: "Student perceptions of mistreatment and harassment during medical school." *The Western Journal of Medicine*, 155:140-145, August, 1991 (coauthors DC Baldwin, Jr., M.D., American Medical Association, E Eckenfels, preventive medicine, Rush University.)

**L de Toledo-Morrell, Ph.D., D Garron, Ph.D.,** psychology: "A 'stress' test for memory dysfunction." (coauthors S Evers, TJ Hoepfner, Ph.D., F Morrell, M.D., J Fox, M.D., neurological sciences.) *Archives of Neurology*, Vol. 48, June, 1991.

**C Eastman, Ph.D.,** psychology: "Squashing versus nudging circadian rhythms with artificial bright light: Solutions for shift work?" *Perspectives in Biology and Medicine*, 34(2):181-195, 1991. Also, "Circadian rhythms and bright light: Recommendations for shift work." *Work & Stress*, 4(3): 245-260, 1990 and, "What the placebo literature can tell us about light therapy for SAD." *Psychopharmacol Bulletin*, 26(4):495-504, 1990.

**LS Grossman, Ph.D.,** psychology and **JL Cavanaugh, M.D.,** psychiatry:

## Northwestern Atrium health fair a success

Sponsored by Rush at the Atrium and the Northwestern Merchants Association, the annual health fair at the Northwestern Atrium welcomed nearly 300 people who participated in 98 cholesterol screenings, 92 glucose screenings and 75 body fat compositions analyses. One hundred forty nine blood pressures were taken,



The popular body fat measurement booth. Seated: Nancy McGovern (1), and Stacy Saunders, Corporate Health Center

and 163 flu shots and 83 tetanus/diphtheria shots administered. In recognition of breast cancer awareness month in October, the fair also featured expert advice on breast self-examination.

"Psychopathology and denial in alleged sex offenders." *J Nerv and Mental Dis*, 178:739-744, 1990. Also **Dr. Grossman** with M Harrow, Ph.D., Michael Reese Hospital and Medical Center: "Thought disorder and cognitive processes in mania." *Ann Rev Psychopathol*, 1:134-185, 1991.

**F Leavitt, Ph.D.,** psychology: "Predicting disability time using formal low back pain measurement: The low back pain simulation scale." *Journal of Psychosomatic Research*, (35)4/5:599-607, 1991.

**ML Latash, Ph.D.,** physiology, and **GL Gottlieb, M.D.,** psychiatry: "Reconstruction of elbow joint compliant characteristics during fast and slow voluntary movements." *Neuroscience*, 43:697-712, 1991. Also, "An equilibrium-point model for fast single-joint movement: I. Emergence of strategy-dependent EMG patterns" and "II. Similarity of single-joint isometric and isotonic descending commands." *Journal of Motor Behavior*, 23:163-191, 1991.

**DR Kuhn, LCSW,** Rush Alzheimer's Disease Center: "All in-home respite program for Alzheimer's families." *American Journal of Alzheimer's Care and Research*, 6(4):29-34, 1991.

**DA Grosse, Ph.D., RS Wilson, Ph.D., and JH Fox, M.D.,** Rush Alzheimer's Disease Center: "Maze

learning in Alzheimer's disease." *Brain and Cognition*, 14:1-9, 1991. Also, "Preserved word-stem-completion priming of semantically encoded information in Alzheimer's disease." *Psychology and Aging*, 5:304-306, 1991.

## NewsRounds

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**Editor**  
Nancy Stetson

**Assistant Editor**  
Justine Ringhofer

**Editorial Staff**  
Sue Jeantheau, Carolyn Reed, Gloria Russell

Anyone interested in reporting department news should call the editor at extension 25579. Deadline for all copy is the 10th of the month preceding publication. Editorial offices are on the second floor at 1700 West Van Buren.

## Medical Center Halloween

Even if you didn't know it was Halloween, you could have guessed by seeing all the ghosts, pumpkins and Teenage Mutant Ninja Turtles walking around the Medical Center. Students from the Laurance Armour Day School (LADS) went trick-or-treating to various departments, while some pediatric patients and residents from the Johnston R. Bowman Health Center for the Elderly decorated pumpkins. Some employees came to work dressed up like witches, bumblebees, skeletons, and in one case, like Charlie Chaplin, complete with bowler, cane, and moustache.



"Jailbird" Janice Sims, pediatrics, Rush-Anchor.



Annie McNally, infant room, Laurance Armour Day School, (r) holds jester Christopher Wilcoski, whose mother, Melanie Brandabur, M.D., works in neurology.



Pediatric nurse practitioner Pam Haer, R.N., Rush-Anchor, as Charlie Chaplin.

# NewsRounds

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*Happy Holidays*



## The Gift of Life

### Double celebration for IVF babies

At the end of this year, the Rush In Vitro Fertilization (IVF) program marked a milestone with the birth of twins Emily Rose and Chris Denis Meingast—IVF babies number 99 and 100. It also marked the end of an era.

The era that ended was the one where women had to struggle with insurance to get the cost of an assisted reproduction procedure covered. The new era began when Governor Jim Edgar signed House Bill 1470—known as The Family Building Act—into law.

The law stipulates that, by January 1, 1992, group insurance policies that cover over 25 employees and include pregnancy costs must now also cover the treatment of infertility, including assisted reproduction procedures such as IVF.

"I think this law legitimizes the whole assisted reproduction process," says Ewa Radwanska, M.D., director of the Section of Reproductive Endocrinology in the IVF program. "Before, not only did women have to suffer the anguish of being infertile, on top of it they had to fight insurance companies that would only cover surgeries that wouldn't work anyway."

IVF patient Mary Mirabel can attest to this struggle. "I had an exploratory laparoscopy and was diagnosed with endometriosis, a condition which makes achieving pregnancy nearly impossible," says Mirabel. "I was scheduled for another laparoscopy for retrieval of an egg to be combined with my husband's sperm in vitro (in the lab) and replaced in my tube through a process called gamete intrafallopian transfer (GIFT).

"The day before the surgery, I found out that although my employer's insurance policy covered the diagnostic laparoscopy, it would not cover this one because assisted reproduction was considered experimental. I was devastated."

According to Dr. Radwanska, each attempt at assisted reproduction may cost up to \$10,000—of that, an average of \$1,500 is spent on medication alone, another \$2,000 on a series of blood tests and ultrasounds.

"I called my husband and told him



*Nancy Meingast with twins Chris Denis and Emily Rose—the 99 and 100th IVF babies.*

how much the procedure would cost, and asked if he still wanted to go through with it," says Mirabel. "He said, 'Do we have a choice?' Our lives had already become centered around having a child, so of course we had no choice."

The procedure, which has a success rate of 30 percent per cycle, was successful on the first attempt. The Mirabels had a daughter and, two years later, they had another child through GIFT. This time the couple's private insurance, which they later found covered such procedures, paid 80 percent of the cost.

Mirabel got pregnant both times on first attempts with GIFT, but others, whose insurance do not cover the procedures and who do not have the financial stability to afford them on their own, have gone through years of futile surgery or spent years on medication to "correct the problem."

"Surgery is unlikely to correct badly damaged fallopian tubes," says Dr. Radwanska, who sees over 1,000 patients every year. "In many cases, it creates more problems, such as ectopic pregnancy, and thus, more surgery." Dr. Radwanska also sees patients who took medication for years, even though it proved to be ineffective, because it was covered by insurance and was all they could afford.

"Patients are often given a very expensive medication called

Clomiphene for infertility, which is a good medication—but it doesn't work for everyone," Dr. Radwanska explains. "It makes women ovulate, but it's an anti-estrogen, so it also counteracts the cervical mucus, the lining of the uterus and the lining of the fallopian tubes. It can end up making things worse for women who are sensitive to it. Yet, I have had many women come here who have been taking it for 10 years!"

The new law stipulates that insurance policies must cover up to four IVF attempts. After the woman has her first baby, she'll be covered for two more attempts at a second child. At approximately \$10,000 per attempt, that's a total coverage of \$60,000.

"Most people who attempt an assisted reproduction method are likely to get pregnant within three or four cycles," says Dr. Radwanska. "After a woman has had her baby, it will be easier for her to conceive a second time. When women don't have to worry about the expense anymore, they can count on getting the best treatment—and having the baby they want so much.

"These are *all* very wanted children, so it is worth every effort for them to be born," Dr. Radwanska adds. "The signing of this law is part of a gradual process toward more understanding of infertility and its effects on women."





## The Gift of Remembrance

### Lectures preserve Trowbridge legacy

The first Lillias Trowbridge Memorial Lectureship in Women's Health took place on November 1. The forum featured Nancy Fugate Woods, Ph.D., R.N., director of the Center for Women's Health Research at the University of Washington, who spoke on "Depression in women: A case of rhythm and blues or a social disease?"

According to Dr. Woods, major depression occurs two to three times more often in women than in men. "Reasons range from premenstrual syndrome or postpartum depression to seasonal affective disorder or past sexual abuse," said Dr. Woods.

"Sometimes the lack of access to things that give people self-esteem—such as education and money—causes depression in women," said Dr. Woods. "Positive affirmation from a spouse or just having someone help around the house can help lower some less severe types of depression."

Dr. Woods also told the audience of nearly 200 that "Employment often buffers the stress experienced by

parenting, but an emotional, social support network is also necessary."

Trowbridge was a member of the Woman's Board for 39 years and served as president from 1972 to 1974. She was also a member of the Board of Trustees and a volunteer in the Medical Center's Smith Lounge

for 20 years. The Board of Trustees established the women's health lecture series following her death in 1990. According to family and friends, public awareness of women's health issues and improved patient care were important goals for Mrs. Trowbridge.



Nancy Fugate Woods, Ph.D., R.N., talks with Cam Trowbridge, son of Lillias Trowbridge.

### Quilt commemorates parents' loss

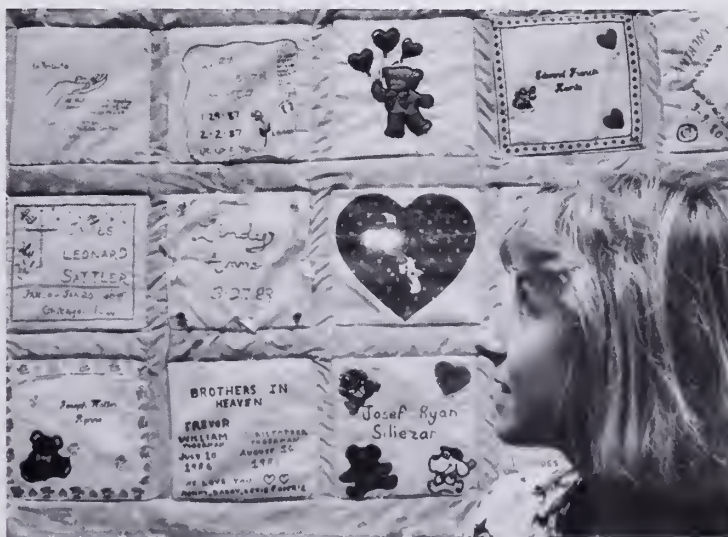
"Each life is indeed a gift. No matter how short. No matter how fragile."

This quote appears on a square of cloth, one of 16 stitched together in a memorial patchwork quilt now on permanent display in the Medical Center chapel.

Lisa A. Casimer chose those words in memory of her infant daughter, Sarah Elizabeth, who died just four days after her birth in 1987.

The quilt, which includes patches decorated by 16 parents who share a similar loss, was displayed in late November at the annual memorial service for infants and children who had been patients at Rush. Medical Center nurses, doctors, social workers and other staff members joined parents for the service.

In October 1989, during Perinatal and Infant Loss Awareness Month, the 2'x3' Rush quilt was joined with



Lisa A. Casimer looks upon the patch (top row, second from left) she made in memory of her daughter, Sarah.

hundreds of other small quilts made by thousands of parents across the nation in remembrance of their children. The huge quilt made a

national tour of the hospitals involved in the project. The Rush segment was then returned to the Medical Center and mounted in the chapel.





## The Gift of Compassion

### Support groups mend hearts, lift spirits

Stress is a factor in epilepsy, stroke and heart disease. Reducing stress can lower seizures or recurrences of stroke and heart attacks but unfortunately, just having these conditions is stressful in itself. Three support groups at the Medical Center aim to help patients share their experiences, receive advice and education from medical professionals and thereby, it is hoped, reduce stress. Organizers of the groups are pleased so far by the results.

"You can tell it's working," says Lori Kaiser, M.S.W., organizer of the epilepsy support group. "Participants seem to help each other, if only by being sympathetic to common situations. It is apparent in their exchanges."

"When I was working 60 to 70 hours a week, I was having 20 to 30 seizures a day. And people would laugh at me," says patient Raylene Armstrong.

"I know what you mean about job stress," says fellow member George McQueen, though he's been able to hang onto his job in the computer industry—barely.

Through discussions, the patients realize that enough rest helps reduce seizures, and that they all experience job stress.

"When I have enough sleep at



*Epilepsy sufferer Bob Zelleck and his wife, Ann, share their concerns with the group.*

night, I don't have seizures," McQueen explains. "But recently, my boss wanted to put me on a 24-hour call list and when I told him that wasn't possible, it turned into an ugly situation. I had to get a note from my doctor saying, 'If you put this person on that kind of schedule, you will lose him completely to a medical condition.' Now, I feel like I have this big black asterisk next to my name which means that I can't do part of my work, even though it's only two percent of the job. That makes me angry."

Conversations in the epilepsy support group are similar to those that occur in the other two groups.

Robert S. Rosenson, M.D.,

cardiology, organized the Rush chapter of Mended Hearts, a national cardiac support group. "Oftentimes, patients need personal and emotional attention, as well as education as to what happened to them and how their lives will be affected," he says. "Basically, their whole life changes, and we need to help them cope with that. This group fills that need."

Mended Hearts gives patients a forum to talk with each other and with medical professionals. Dr. Rosenson also encourages participation from those who are at risk for, but haven't yet had, major heart trauma.

Philip B. Gorelick, M.D., neurology, organizer of the stroke support group, also believes that healthcare professionals should be present to answer questions from members. He set an example when he spoke at the first meeting, in September, about what happens to stroke patients from the moment they enter the emergency room to the end of their rehabilitation.

"I believe in a multidisciplinary approach to the meetings," he says. "This way, families get to ask questions of nurses, social workers, physicians and speech pathologists and gain a better understanding of the disease."

Each support group has 18 to 40 members who attend the meetings every month. The benefit is clear. "I would never be able to talk about my illness if it weren't for Lori," said one member of Kaiser's epilepsy support group. "She really helps me."



*Support group members Norton Shapiro and JoAnne Haffner hold Rush Mended Hearts charter. Standing behind them are members (left to right): Richard Strinling, Laddie Pesek, Janet Jacob and Dale Fisher, and organizer Robert S. Rosenson, M.D.*







## The Gift of Hope

### Heroes on ice

For one week every summer, Cheryl Hager, R.N., orthopedics, trades in her white coat for a pair of ice skates.

During that week, she volunteers as assistant general manager at the Stan Mikita Hockey School for the Hearing Impaired in Northbrook. The school offers hockey instruction to about 70 hearing-impaired youths, age 5 to 25, from around the country.

A lifelong hockey fan, Hager is looking forward to her 13th year volunteering at the school, named in honor of the Black Hawks veteran and Hall of Famer. She joined the staff 12 years ago while she was in nursing school. At that time, the only position available was as team statistician.

Hager took the job, and has come back every year since. Her responsibilities have gradually increased to include running skating drills, coordinating scholarship and financial aid programs, and acting as “den mother.”

“For a lot of the kids, the school is their first opportunity to interact with other hearing-impaired youngsters,” says Hager. “One of the first things I tell them is that they are no different from anyone else, and that we won’t treat them that way. They are all required to obey strict rules. It’s been very rewarding for me to watch these sometimes quiet, withdrawn kids grow and emerge as leaders in our school.”

Admission criteria for the program are flexible. Says Hager, “We take anyone with a hearing impairment who wants to learn how to play hockey.” Students range from the profoundly deaf to those with 40-50 percent hearing loss.

By day, students are taught hockey basics by National Hockey League (NHL) volunteers, including Jim Kyte of the Calgary Flames—the only hearing-impaired player in the NHL—and by skilled amateurs, many of whom are veterans of the Mikita school. At night, they compete against local teams.

The highlight of the week is a



*Cheryl Hager, R.N., orthopedics (bottom row, center), buckled after the hearing-impaired varsity hockey team caved in during a group photo.*

match pitting varsity students against an “all-star” team, including former and current Black Hawks players, other friends from the NHL, and members of the staff.

But the school does a lot more for the youngsters than improve their slap shot. “A parent once wrote a letter saying, ‘My son learned more about himself in one week, gained more self-esteem, and was more willing to accept his deafness than after one year of therapy,’” says Hager.

Her commitment does not end with the season. She corresponds regularly with students, who report

their progress in school, hockey and life. A playful portrait showing Hager with the school’s varsity players, some of whom she’s known for over 10 years, reminds the nurse of some of the life lessons she’s taught them.

“I taught a couple of these guys how to dance with a girl,” she says, laughing. “I consider it a compliment that they feel comfortable coming to me with their concerns.”

“These kids are my heroes. Watching some of them skate for the first time has taught me that any problem I have could not be bigger than the obstacles they face every day. I admire every one of them.”

### Thinking of sunnier days...?

How about free travel to those sunny destinations? The Rush Travel Desk offers the following incentives:

- organize a group of 10 or more for a minimum seven-day cruise and you can go free on the new Fantasea or Regal Princess line or,
- the King Ranch spa in Toronto, and other such resorts, would like you

to organize a group (size depends on spa) and will, in return, treat you to a week of pampering.

If you would like to hear about additional deals, or just need to make plans for a winter getaway at no charge, call travel desk representatives Linda or Rex at (312) 942-6633 Monday through Friday, 9 a.m. to 6 p.m.





## The Gift of Sharing

### Clothing drive kicks off holiday programs

"There has been a steady stream of employees coming in to donate used clothing in good condition," said Carol Brantley, assistant director, community affairs. She sat in the Atrium lobby, surrounded by boxes filled with scarves, boots, coats, and hats collected during the Medical Center clothing drive November 15.

"Everyone has been very positive, telling me that this was a good idea and they'd like to see us do it again," she said.

Community affairs specialists Joann Scott and Verneice Cherry helped Brantley fill over 10 boxes, some four feet tall, with clothes donated by employees.

According to Brantley, the clothing will go to a resale shop at Precious Blood Church on Congress and Western and a homeless shelter on Harrison. A special box was designated for RUSH-Anchor employees, who donated their clothing

to Habilitative Systems, a community-based organization that runs a shelter for people with disabilities.

At one point, an employee walked over with a patient who was being discharged. Although it was cold outside, the patient was in shirtsleeves.

After talking with Brantley, the employee picked out a warm coat and gave it to the young man to try on. It was a perfect fit. He walked out of the Medical Center, warm and smiling.

"This is what it's all about," said Brantley.



*L to r: Community affairs assistant director Carol Brantley helps Judy Linquist and Evangeline Evanich, ophthalmology, with their donations.*

## Sharing our gifts

### Santa's Helpers Program

More than 1,200 employees will be opening their hearts—and wallets—to provide gifts to 700 children and 200 senior citizens this month.

In addition, several Medical Center departments are adopting entire families through contacts community affairs established with Chicago-area agencies.

"The holidays can be very bleak for people on limited resources—this community outreach effort just lets them know someone cares," says Carol Brantley, assistant director, community affairs.

Employees have three options for helping the less fortunate through programs established by community affairs. They can purchase a new toy for a child, a gift for a senior citizen, or donate money for community affairs to purchase these gifts.

All gifts should be wrapped, properly labeled and dropped off at the ground floor of the Atrium on December 12, between 8 a.m. and 4 p.m.

Employees who miss this deadline must turn in their packages to the community affairs office, 729 S. Paulina, by December 20. For more information, call X25961.

### January Food Drive

The office of student affairs asks employees and students to bring non-perishable food and canned goods, such as rice, soup, tuna and chili, to the student affairs lounge, room 023 Schweppe-Sprague hall, for its January food drive.

Student affairs and the Nursing Christian Fellowship, a student nursing organization, are co-sponsoring the food drive throughout January. All donations will be sent to the Holy Family Food Pantry in Chicago, which provides goods for the homeless. For more information, contact Katie Henry-Schill, director of Student Affairs, at x26302.

### Stuffed Animals Needed

Stuffed animals for pediatric patients

in Honduras are being collected by Craig Bradley, M.D., plastic, reconstructive and cosmetic surgery. In February 1992, for the third consecutive year, Dr. Bradley will take a team of Rush surgeons, nurses and students to Honduras to perform surgery on children with cleft palate and other facial deformities. In five days last year, the team performed 95 procedures on 90 children who were given stuffed animals before they left the recovery area. In many instances, these were the only toys they'd ever received.

"We're looking for new stuffed animals, or for used ones in good condition," says office manager Jean Lopata. "Since they will be shipped overseas, we want animals that are small to teddy-bear sized—nothing gigantic."

Employees can bring toys to Dr. Bradley's office, room 221 Professional Building, on Monday and Thursday mornings, from 8 a.m. to noon through December. For more information, contact Lopata at x26581.





## The Gift of Excellence

### 'We're all winners'

"Every job has challenges—some routine, some great, some overwhelming," said Russell Burck, Ph.D., religion, health and human values, at the Employee of the Quarter luncheon in November.

The 18 employees honored at the luncheon had dealt with many challenges in the past year—from handling a suddenly expanded patient load to simply being dependable.

Sylvia G. Segura, M.T., a medical technologist for OCLS/immunology and winner of the Employee of the Quarter award, was singled out for her expertise and knowledge of the department's intricate and highly sophisticated equipment. Her nomination form, signed by 20 fellow staff members, pointed out that "Sylvia is able to anticipate potential problems, thanks to her excellent skills and troubleshooting capabilities."

Three employees, Mary Ann Tan, R.N., surgical nursing, and RUSH-Health Plans Central office staff members Alice Knight and Vanessa Perkins, received perfect attendance awards. Neither had missed a day of scheduled work for at least one year.

Eddie Dunmore, engineering, and Renae Lockhart, environmental services, received Carol Stege Memorial Awards, which honor employees who make the Medical Center and its

surroundings clean and organized. "Renae keeps the office organized and has only missed one day of work in four years," said Scott Westburg, director, environmental services.

Before Dunmore accepted his award, he fixed the microphone that had given speakers trouble throughout the event. "We couldn't ask for better than Eddie," said John Hinko, assistant director, engineering. "He's known as Mr. Fix-it."

After accepting her award, Segura said, "Everybody here today deserves some kind of recognition. The fact that we're here proves we're all doing a good job."



*Renae Lockhart, environmental services, answers phones and registers requests.*

**On the cover:** *The Gift of Excellence: Employee of the Quarter, Sylvia Segura, M.T., OCLS, operates a flow cytometer.*

### OR nurses salute officers

During a program honoring OR nurses' week in November, four Rush operating room nurses received plaques from two U.S. Air Force sergeants in appreciation of their participation in Desert Storm. Lieutenants Margarita Mojica, R.N., and Frederick Brown, R.N., were deployed to the Middle East, while Lieutenants Lutricia Cloud, R.N., and Elizabeth McCormick, R.N., were called to fill stateside positions left vacant when troops were sent to action.

"It was important for us to have the support of family, friends and coworkers as well as our employer, who went above and beyond what was expected," Mojica said. She explained that staff called to duty received a letter from Medical Center president and CEO Leo M. Henikoff, M.D., promising that their military salary would be supplemented to equal their Rush salary, and that their health benefits would remain effective.

In gratitude for his support, Mojica presented Dr. Henikoff a brass model of a C-130 aircraft. C-130s are used to transport troops and equipment to areas of conflict, and for aeromedical evacuation, which was Mojica's role in the war.



*Lieutenant Margarita Mojica, R.N. (right), presents a model of a wartime aircraft to Dr. Henikoff.*



*Eddie Dunmore, engineering, explains a Medical Center building floor plan.*



# Campaign for Rush past halfway mark

The Medical Center announced it has passed the mid-point of its \$150 million philanthropic goal for "The Campaign for Rush: Vision and Values."

At a public kick-off dinner for 1,000 invited guests at the Chicago Hilton and Towers, Trustee Edgar D. Jannotta announced gifts totaling \$83.6 million. Among the gifts announced were a \$5 million pledge from the Woman's Board for the Rush Institute for Mental Well-Being, which will include a Woman's Board Depression Treatment & Research Center.

Jannotta, who is chairman of the Campaign for Rush, reported that the medical staff, led by its campaign chairman, Andrew Thomson, M.D., had pledged \$6 million towards the philanthropic goal. Other gifts announced by Jannotta included \$34 million from Rush Trustees and \$38.6 million from a variety of sources. The entire cost of the evening's celebration was underwritten by the Trustees and other sponsors.

Leo M. Henikoff, M.D., president and CEO of Rush, paid tribute to faculty and employees of Rush whose performance had both inspired the plans announced and also was the main stimulus for community support. Principal speaker at the event was General H. Norman Schwarzkopf, leader of U.S. forces during the Persian Gulf war. "I accepted this invitation because this is a great cause," Schwarzkopf told the audience.

"One of my favorite subjects happens to be the leadership crisis. Too often we focus on competence and we forget that leadership is both competence and character. It seems to me that 'vision and values' says the same thing. What a great theme and I'm just proud to be part of it."

Now retired, Schwarzkopf offered his thoughts on a number of topics, including lessons learned over the course of his career. For organizational success, he said, the most important elements are articu-

lated goals, a willingness to acknowledge when things need to be fixed, the ability to sustain strengths and to overcome weaknesses, the establishment of high standards, and a recognition that organizations are not machines, systems or computers, but people.

People at every level in an organization will do their best if given the opportunity and authority, he said, emphasizing this advice: "Rule 13: When in command, take

charge. Rule 14: Do what's right."

He added: "What can you say about an organization that says it has five values: excellence, compassion, justice, faith and respect...? Sounds like a Rule 14 outfit to me. You ought to be very, very proud."

The Campaign for Rush is a five-year effort designed to raise funds for endowment, people and programs, and facilities at the Medical Center. Details can be found in the November *NewsRounds*.

## PROCLAMATION

WHEREAS, Rush-Presbyterian-St. Luke's Medical Center's roots go back to the 1830's; and

WHEREAS, the people of Chicago have benefitted immeasurably from the patient care, educational and research programs of the Medical Center in times of war and peace, disaster, economic depression and social upheaval; and

WHEREAS, the Medical Center's determination to be a force for redevelopment both for its own surrounding community and for the larger Chicago area, has contributed greatly to the health, stability, and prosperity of the City of Chicago; and

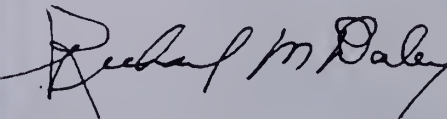
WHEREAS, Rush is undertaking a \$310 million development program, which will help generate national recognition for Chicago as one of the country's leading centers for diagnosis and treatment of major illnesses and medical research; and

WHEREAS, the centerpiece of the "Campaign for Rush—Vision and Values" is the establishment of The Rush Institutes in heart disease, cancer, aging, mental well-being, arthritis and orthopedics, and the neurosciences—all areas of great human need; and

WHEREAS, the Trustees of Rush-Presbyterian-St. Luke's are committed to raising \$150 million in private philanthropy as an investment in the health of our community and its economic growth:

NOW, THEREFORE, I, RICHARD M. DALEY, MAYOR OF THE CITY OF CHICAGO, do hereby proclaim November 14, 1991 to be "CAMPAIGN FOR RUSH—VISION AND VALUES" DAY IN CHICAGO, and commend Rush for its vision and its values reflected in this enterprise of civic and social importance, and urge all Chicagoans to show their support.

Dated this 13th day of November, 1991.



Richard M. Daley  
Mayor

# — THE EVENT —



Campaign chairman Edgar D. Jannotta (left) and Richard M. Morrow, president of the Board of Trustees (right), join General H. Norman Schwarzkopf in giving the Rush campaign a "thumbs up."



Leo M. Henikoff, M.D., Rush president and CEO, and Gen. Schwarzkopf.



Doris Melcher, Gen. Schwarzkopf, Sheila Bettison (sergeant, U.S. Army Reserves), philanthropy and communication, and College of Nursing alumna Ruth Schmidt, R.N.



Gen. Schwarzkopf and Armando Susmano, M.D., cardiology.



Gen. Schwarzkopf, Cynthia Hughes, M.Ed., OTR/L, chairperson, occupational therapy, and husband Michael Harris, Ph.D., director, academic skills center.



Seated, l to r: Jonathan Rubenstein, M.D., ophthalmology, wife Peggy; Thomas A. Deutsch, M.D., ophthalmology, wife Judy; and Andi Kessler. Standing, Larry M. Goodman, M.D., associate dean, Rush Medical College, wife Michelle; and Harold A. Kessler, M.D., infectious diseases.

# Annual meeting

## Meeting highlights vision, values

"We are poised at the edge of a new phase of development of people, programs and facilities, primarily on our West Side campus, but also in the expansion of the Rush System," said Leo M. Henikoff, M.D., president and chief executive officer, in *A Report of Stewardship 1991*, presented to the Board of Trustees at its annual meeting November 13.

The phase of development Dr. Henikoff described includes a \$310 million capital campaign effort which was publicly announced the following day. Planning strategies include the establishment of multidisciplinary institutes, construction of a research building, and a new hospital-within-a-hospital concept (see story pp. 8 and 9). "The vision this effort hopes to bring about, in fact, holds promise of a positive influence extending beyond the system and throughout the community," he said.

Future plans, Dr. Henikoff noted, are built on the excellence that



*Faculty/staff members listen to officers' reports.*

already exists at the Medical Center.

"Our clinical care is superb, thanks to our skilled and dedicated medical, nursing and allied health professionals. The educational enterprise of Rush University progresses steadily and its research is highly productive."

In his message as chairman of the Board of Trustees, Richard M.

Morrow highlighted the role of the Trustees in the campaign.

"The vision and values set forth in this program have inspired the Trustees to go forth to the midwestern community and ask its renewed dedication to the mission of the Medical Center as it progresses through the final decade of this century."

## 1990-91 Highlights

- Admissions to Presbyterian-St. Luke's Hospital increased to 26,554 from 26,453 the previous fiscal year.
- Emergency room visits increased to 37,077 from 35,748 the past fiscal year, possibly as a reflection of socioeconomic factors — that is, more patients without physicians using the emergency room for primary care.
- Johnston R. Bowman Health Center for the Elderly saw admissions go from 2,175 to 2,362 and patient days from 44,892 to 46,477 in the past year.
- There were 1,254 medical staff members in 1991. Residents and fellows for 1991-92 total 548; of the first-year residents, 32 are Rush graduates.
- Nursing staff R.N. positions total 1,476, of which 1,355 are filled, the

balance by per diem and part-time nurses, and others. Of the permanent R.N. staff, 81 percent hold baccalaureate or higher degrees.

- RUSH-Anchor HMO (which is now in its 20th year), RUSH-Access HMO and RUSH Contract Care PPO, together now provide care for some 270,000 persons in the Chicago metropolitan area.
- ArcVentures, Inc., which develops and markets health care products and services, again experienced record growth, with revenues increasing to \$39.1 million from \$30.4 million the previous year.
- At June 1991 commencement exercises, Rush conferred 320 degrees, bringing its cumulative total since the University's founding in 1972 to 5,332.

- Enrollment of 1,228 students in the four colleges of Rush marked a 7.5 percent increase from the previous year's 1,141.
- Outside awards to Medical Center investigators totaled \$22,652,977, a 9.1 increase over the amount awarded in fiscal 1990.
- Overall, 1,471 different research projects were underway at the Medical Center during the fiscal year, generating 1,560 publications.
- Philanthropy to the Medical Center reached an unprecedented level in fiscal year 1991, with private support totaling \$26,191,750.

Copies of *A Report of Stewardship 1991* are available from the Office of Philanthropy and Communication, 1700 West Van Buren, Suite 250.

# Annual meeting

## Two new Trustees elected

Two new Trustees were appointed at this year's annual meeting of the Board of Trustees. Carole Segal, co-founder and vice president of Crate and Barrel, was elected a general Trustee. Segal is also founder and former CEO of Foodstuffs, a northside specialty grocery store.



Segal

William G. Brown, a partner in the law firm of Bell, Boyd and Lloyd, was also elected a general Trustee. Brown is a director at Medicus Systems Corporation, McNerney Heintz, Inc., Dovenmuehle Mortgage, Inc., and L.E. Myers Company Group.

In addition, the board announced the election of seven life Trustees. They are Mrs. Frederick M. Allen, Mrs. Bowen Blair, Richard G. Cline, Mrs. Edward Hines, Thomas J. Klutznick, Mrs. F. Richard Meyer III, and Robert A. Southern. Mesdames Allen, Blair, Hines and Meyer are former presidents of the Woman's Board.

Re-elected vice chairmen were John H. Bryan, chairman of the board and CEO, Sara Lee Corporation; Michael Simpson, chairman of the board, A.M. Castle and Company; and Marshall Field, chairman of the board of the Field Corporation and chairman of the executive committee of Cabot, Cabot & Forbes Company.

Richard M. Morrow, retired chairman and CEO of Amoco Corporation, was re-elected chairman of the Board of Trustees and Leo M. Henikoff, M.D., was re-elected president and CEO of the Medical Center.

## Rush Medical College faculty/Medical staff meetings

Improvement efforts in clinical care, research and education were highlighted at the Rush Medical College faculty annual meeting and medical staff semi-annual meeting in late November.

At the faculty meeting, Roger C. Bone, M.D., acting dean, emphasized that a focus in the coming year would be "cross-fertilization of research"—collaboration between clinical and laboratory research programs on research projects.

"Such collaborative efforts make individual departments stronger, encourage them to better use internal resources, such as major equipment and lab facilities and, in turn, gain more research dollars."

Larry J. Goodman, M.D., associate dean of Rush Medical College, reported that "for the third year in a row, we've had a substantial increase in applications, and this year's 3,100 is an increase of 43 percent over last year, and again doubles the national average."

At the medical staff semi-annual meeting, C. Anderson Hedberg, M.D., medical staff president, discussed a recent medical staff

survey into how well the Medical Center responds to their needs and patients' expectations.

"Inpatient care received a higher rating than outpatient care," he said. "Hopefully, quicker scheduling of tests and speedier return of results will help improve their assessment of outpatient care."

Kathleen G. Andreoli, D.S.N., dean, college of nursing and vice president, nursing affairs, reported on her staff's preparation for a new nursing model, designed to better document patients' experiences and provide better overall care.

"We've hired 200 nurses, some will coordinate the new model, others will work on our two new units—the coronary unit and cardiac step-down unit," she said. "We are also training 'nurse extenders'—who will assist the nurses on the units—to watch over patients who need special attention."

Dr. Bone concluded the meeting by saying that "interaction between medical staff and faculty has greatly improved. We're now identifying resources to make us a more competitive, unified institution."

## Patients now informed about advance directives

Physicians, nurses and other hospital staff can expect questions from patients and their families regarding the new federal Patient Self-Determination Act (PS-DA), which went into effect on December 1.

All patients, at admission, are now presented with information about advance directives (living will, durable power of attorney) and the Medical Center's policy on patients' rights to make decisions concerning medical care.

At that time patients are asked if they have executed an advance directive. If they have, the information is recorded in their chart. The patient

information packet contains a summary of Illinois law on these matters and copies of approved forms for a living will, durable power of attorney for health care and consent for organ donation. To familiarize Medical Center staff with these issues, six inservice programs were offered in November and additional sessions will be scheduled on request.

For more information, to obtain a copy of the patient information packet or to schedule an inservice in your area, contact either the Office of Legal Affairs, ext.26886; the Ethics Consultation Service, ext.25571; or page 85-5578.

# Rush people

## Rush Appointments

The following promotions were announced at this year's annual meeting of the Board of Trustees:

**James P. Hill, M.S., J.D.**, was promoted to Associate Vice President and Associate Administrator, human resources. **Greg C. Knepper, M.S.**, was promoted to Assistant Vice President, patient support services. **John J. Short, M.M.**, was promoted to Assistant Vice President, administrative support services. **Richard Odwazny, M.B.A., M.S.**, was promoted to Assistant Vice President, information services. **Gary M. Gasbarra, M.A.S.**, was promoted to Associate Vice President, finance. **Peter C. Winiarski** was promoted to Associate Vice President, accounting. **Thomas A. Jendro, M.B.A.**, was promoted to Assistant Vice President, finance. **Leslie Jellinek, M.A., M.S.**, was promoted to Assistant Vice President, financial planning and budgeting. **Dale Sietsema, M.B.A.**, was promoted to Assistant Vice President, health care finance. **Paula Douglass, M.A.**, was promoted to Associate Vice President, corporate planning.



Hill



Knepper



Short



Odwazny



Jendro



Jellinek



Sietsema



Douglass

## In the news

**Rosalind Cartwright, Ph.D.**, psychology and social sciences, was a guest on "The Deborah Norville Show." Dr. Cartwright discussed sleep disorders and answered questions from callers across the country. The program, which is heard locally on WLS-AM/FM, reaches over 200 stations nationwide on the ABC Radio Network.

**Peter Butler, M.B.A.**, administrative affairs, was a guest on WGN radio's "Milt Rosenberg Show." As one of four healthcare experts, Butler discussed hospitals' competence and reacted to the new book, *The Great White Lie*.

Clinicians cannot induce multiple personality disorder in a patient, said **Bennett Braun, M.D.**, psychiatry, writing in the "Point/Counterpoint" column in *Physician's Weekly*. Dr.

Braun wrote: "An experienced psychiatrist no more creates multiple personalities than a radiologist creates cancer found on x-rays."

**Harold Kessler, M.D.**, infectious disease, discussed the influence Earvin "Magic" Johnson could have on adolescents in deterring the spread of the HIV virus and AIDS in an interview on WLS-TV.

The *Chicago Tribune* "Discoveries" column described cancer research by **David Cella, Ph.D.**, Rush Cancer Center. His recent findings suggest that socioeconomic factors affect cancer survival rates.

**David Bennett, M.D.**, Rush Alzheimer's Disease Center, was a guest on "Medical Rounds," American Medical Television's weekly news and information show. Dr. Bennett discussed Alzheimer's disease symptoms, treatment and current research. The

program is broadcast on the Discovery channel.

*Prevention* magazine quoted **Linda Brubaker, M.D.**, urogynecology, on women who experience symptoms often associated with a urinary-tract infection but who might not have the infection.

**John Zajecka, M.D.**, psychiatry, talked about caffeine addiction and withdrawal on WBBM-TV. Dr. Zajecka said depression sufferers may self-medicate with caffeine but they are also more likely to experience withdrawal symptoms, such as lethargy and irritability.

The *Chicago Sun-Times* interviewed **Neil Forster, M.S., M.T., O.C.L.S.**, about the impact medical students—as tutors—can have on students at Chicago's Hefferan elementary school. Rush has adopted Hefferan's science club. The article



# Professional activities

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also described how Rush and Turner Construction are building a new science laboratory at the school.

**Charmane Eastman, Ph.D.**, psychology and social sciences, discussed seasonal affective disorder (SAD) and its treatment in the *Chicago Tribune*.

Cosmetic surgery is being sought increasingly by men. **Craig Bradley, M.D.**, plastic and reconstructive surgery, told the *Daily Herald* that younger men tend to have their noses reshaped, while men in their 30s and 40s have their eyelids redone and older men have facelifts.

## Speeches/Lectures/ Presentations

**Klaus E. Kuettner, Ph.D.**, biochemistry, "Biochemical tests for the diagnosis, classification and monitoring of treatment of cartilage (e.g. arthritis) and bone (e.g. osteoporosis) diseases," and Biochemistry of articular cartilage in health and disease. "National Academy of Clinical Biochemistry's Fifteenth Annual Symposium, Washington, D.C., "Arthritis and prostaglandins research challenge." Searle Grant Review Council Meeting, Baltimore, MA. "Structure and function of cartilage," The Degradation and Repair of Cartilage in Arthritis Symposium, Merck Sharp and Dohme Research Laboratories, Oyster Point, Red Bank, New Jersey.

**Matthew Boente, M.D.**, obstetrics and gynecology: "Prognostic factors and long-term survival in stage II endometrial carcinoma," International Gynecologic Cancer Third Biennial Meeting, Cairns, Australia. (coauthors **Edgardo Yordan, Jr., M.D.**, **David McIntosh, M.D.**, **Edward Grendys, M.D.**, **Susan Davies, M.D.**, **David Beck, M.D.**, **James Graham, M.D.**, obstetrics and gynecology, **Alexander Miller, M.D.**, pathology, **Roland Marshall, M.D.**, **Christ Hospital**, **Thomas Dolan, M.D.**, **Lutheran General Hospital**. **Carolyn Kirschner, M.D.**, **Koen De Geest, M.D.**, **Salitha Reddy, M.D.**, radiation oncology, and **George Wilbanks, M.D.**, obstetrics

and gynecology).

**Edward Grendys, Jr., M.D.**, obstetrics and gynecology: "Creatinine clearance as a guide to cisplatin-based chemotherapy: Can a 24-hour urine collection be eliminated?" International Gynecologic Cancer Society Third Biennial Meeting, Cairns, Australia, (coauthors **Mitchell Morris, M.D.**, University of Texas and MD Anderson Cancer Center, **George D. Wilbanks, M.D.**, **Edgardo L. Yordan, Jr., M.D.**, obstetrics and gynecology, and **Richard G. Rawlins, Ph.D.**, in-vitro fertilization.)

**Carolyn V. Kirschner, M.D.**, obstetrics and gynecology: "Current concepts in cervical carcinoma," Professional Lecture Series, St. Francis Hospital, Evanston, IL, and "Loop electrocautery excision procedure," Lutheran General Hospital grand rounds, Park Ridge, IL.

**Suzanne Yellen, Ph.D.**, psychology and social sciences: "Ambiguity intolerance and visual perception: How are they related?" 99th annual meeting, American Psychological Association, San Francisco, CA.

**Trudy A. Gardner, Ph.D.**, library: "Technology: Information-rich, knowledge poor," Illinois Council of Associate Deans Panel Discussion with the Council of Illinois Medical School Library Directors, Rush Medical College.

**James P. Hill, M.S., J.D.**, human resources: "Total quality management and the union workforce," Quest for Quality and Productivity in Health Services Annual Conference, Chicago.

**L. Penfield Faber, M.D.**, Rush Medical College: "Reintervention surgery for bronchogenic carcinoma," Canadian Society of Cardiovascular and Thoracic Surgeons, and "Neoadjuvant therapy for clinically advanced bronchogenic carcinoma," Laval University and Hospital, Quebec City, Quebec, Canada.

**Bernard R. Bach, Jr., M.D.**, orthopedic surgery: "Review of new injuries," and "Review of shoulder injuries," Osler Orthopaedic Board Review Course, Naperville, IL. Also,

"Arthroscopy assisted ACL reconstruction using patellar tendon substitution surgical technique," and "Arthrometric assessment of normal and ACL deficient knees," 4th Annual Northern Illinois University Sports Medicine Institute, Chicago, IL.

**James M. Williams, Ph.D.**, anatomy, biochemistry: "Degradation and repair of proteoglycans in cartilage after the intra-articular injection of papain into rabbits," The Degradation and Repair of Cartilage in Arthritis Symposium, Oyster Point, Red Bank, New Jersey.

**Kirk H. Packo, M.D.**, ophthalmology: "A new scissors for retinal surgery," 1991 Vitreous Society Meeting, Paris, France.

**Robert L. Barkin, Pharm.D., M.B.A.**, orthopedic surgery: "The management of acute post operative orthopedic pain and the role of the Rush Pain Center," Orthopedic surgery residents, Washington University and St. Louis University Medical Center; "The role of the Rush Pain Center in the management of acute and chronic pain," Grand Rapids, MI; "The role of the Rush Pain Center," The Management of Pain and Arthritis Symposium, Springfield, IL; and "An overview of acute and chronic pain management," Tampa Florida VA Medical Center, Tampa, FL

**David Cella, Ph.D.**, psychology: "Quality of life for patient, family and caregiver," 8th Annual Central Kansas Oncology Conference, Asbury-Salina Regional Medical Center/St. John's Hospital, Salina, KS.

**George D. Wilbanks, M.D.**, obstetrics and gynecology: "The treatment of cervical intraepithelial neoplasia," International Federation of Gynecologists and Obstetricians 13th World Congress, Singapore. Also, "Cervical cancer: Epidemic of the '90s," 754th meeting of the Keio Medical Society, Tokyo, Japan.

**Harold L. Klawans, M.D.**, neurological sciences: "Parkinson's Disease—25 years of research: Where do we go from here?" University of Kansas Medical Center, KS.

# Professional activities

## Publications

**R Kolbusz, M.D., R Bielinski, M.D.,**

dermatology: "Basal cell carcinoma: Excision with immediate intraoperative tissue expansion." *Curtis*, 6:19-20, 1990.

**SF Marschall, M.D.,** dermatology; **S Welykyi, R Grandini, A Eng, Loyola University:** "Unusual presentation of cutaneous metastatic malignant melanoma." *J Amer Acad Dermatol*, 24:648-650, 1991.

**MG Fleming, M.D.,** dermatology and pathology: "Small malignant melanomas: Clinicopathologic correlation and DNA ploidy analysis." *J Amer Acad Dermatol*, 24:512-513, 1991.

**MG Fleming, M.D., A Gewurz, M.D., RW Pearson, M.D.,** dermatology and immunology: "Caseating cutaneous granulomas in X-linked hypergamma-globulinemia." *J Amer Acad Dermatol*, 24:629-633, 1991.

**AH Perkins, M.S., R.D.,** food and nutrition services; **ES Parham, Ph.D., R.D.,** Northern Illinois University; **MJ Flynn, M.S., R.D.,** and **VI Frigo, M.S., R.D.,** consultants: "Weight control: Attitudes of dieters and change agents." *J Home Econ*, Spring, 1991.

**AA Harris, M.D.,** infectious diseases, **D Daly-Gawenda, M.S., R.N.,** and **EK Hudson, M.D.,** employee health services: "Vaccine choice and program participation rates when two Hepatitis B vaccines are offered." *Journal of Occupational Medicine*, 33(7):804-7, 1991.

**L Mueller, M.S.N., R.N.C.,** maternal-child nursing, **M Faut-Callahan, D.N.Sc.,** OR/surgical nursing: "Second trimester termination of pregnancy: Nursing care." *Journal of Obstetric, Gynecologic and Neonatal Nursing*, 20(4):284-289, July/August, 1991.

**JF Slack, D.N.Sc., R.N.,** maternal-child nursing: "Pain management: Update on drug intervention." *Nursing Clinics of North America*, 26(2): 463-47 1991.

**AR Hirsch, M.D.,** neurology: "Olfactory ability in migraine patients." *Cephalalagia*, 11:294-295, 1991.

**CJ DeJonge, Ph.D., H-L Han, H Lawrie, SR Mack, Ph.D., LJH Zaneveld, Ph.D.,** obstetrics and gynecology: "Modulation of the human sperm acrosome reaction by effectors of the adenylate cyclase/cyclic AMP second messenger pathway." *Journal of Experimental Zoology*, 258:113-125 1991, and "Evidence for the role of diacylglycerol/protein kinase C pathway in the human sperm acrosome reaction." *Journal of Andrology*, 12:62-70, 1991.

**RJ Epstein, M.D.,** ophthalmology: "Contact lenses for the correction of pediatric aphakia." *International Ophthalmology Clinics*, 31(2):53-60, Spring, 1991, and ophthalmology: "Photodynamic therapy for corneal neovascularization." *Cornea*, 10(5):424-432, 1991 (co-authors **RL Hendricks, Ph.D.** and **DM Harris, Ph.D.,** University of Illinois).

**DJ Palmer, M.D.,** ophthalmology: "Episcleritis and secondary glaucoma after transscleral fixation of a posterior chamber intraocular lens." *Archives of Ophthalmology*, 109, May, 1991.

**K Litwack, Ph.D., R.N.,** OR/surgical nursing: "What you need to know about administering preoperative medications." *Nursing*, 21(8):44-47, 1991.

**RL DeWald, M.D.,** orthopedic surgery: *The Textbook of Spinal Surgery*, (co-editor: **KH Bridwell, M.D.**), Lippincott, Philadelphia, PA, 1991.

**DD Caldarelli, M.D.,** otolaryngology/bronchoesophagology: "Concomitant chemotherapy and split-course radiation for cure and preservation of speech and

swallowing in head and neck cancer." *Laryngoscope*, 1091 (6):583-586, June 1991, (co-authors **SM Hirsch, M.D., JC Hutchinson, M.D., LD Holinger, M.D.,** otolaryngology/bronchoesophagology, **AR Murthy, M.D.,** therapeutic radiology, **JL Showel, M.D., SG Taylor, M.D.,** medical oncology).

**SA Young, M.D.,** pathology, and **DW Crocker, M.D.,** Cook County Hospital: "Burkitt's lymphoma in a child with AIDS." *Pediatric Path*, 11:115-122, 1991.

**TE DeCoursey, Ph.D.,** physiology, and **MS Shapiro, Ph.D.,** University of Washington, Seattle, "Permeation effects on the gating kinetics of the type L potassium channel in mouse lymphocytes." *J Gen Physiol*, 97:1251-1278, 1991 and "Selectivity and gating of the type L potassium channel in mouse lymphocytes." *J Gen Physiol*, 97: 1227-1250, 1991.

**L Carlson-Sabelli, M.S., R.N.,** psychiatric nursing, and **HC Sabelli, M.D.,** psychiatry: "Process theory as a framework for comprehensive psychodynamic formulations." *Genetic Social & General Psychology Monographs*, 117 (1):5-27, 1991.

**EJ Frischolz, Ph.D., BG Braun, M.D.,** psychiatry: "The dissociative experience scale: Further replication and validation." *Dissociation*, 3(3):151-153, September, 1990.

**J Fawcett, M.D., DC Clark, Ph.D., WA Scheftner, M.D.,** psychiatry: "The assessment and management of the suicidal patient." *Psychiatric Medicine*, 9:299-311, 1991.

## NewsRounds

Published monthly by the Office of Philanthropy and Communication, Rush-Presbyterian-St. Luke's Medical Center, 1653 West Congress Parkway, Chicago, Illinois 60612. (312) 942-5579.

Editor  
Justine Ringhofer

Editorial Staff  
Barbara Harfmann, Cheryl Janusz, Marie Mahoney, Pamela Redd, Carolyn Reed, Gloria Russell

Anyone interested in reporting department news should call the editor at extension 25579. Deadline for all copy is the 10th of the month preceding publication. Editorial offices are on the second floor at 1700 West Van Buren.

## Free seminar at UIC

A free seminar on "Research Synthesis and Meta-Analysis in Medicine" will be offered to Rush medical professionals by the University of Illinois at Chicago Eye Center, 1855 W. Taylor Street, on February 14, 1992, from 9 a.m. to 12:30 p.m. Guest speakers include Ingram Olkin, professor of statistics and education,

Stanford University and Thomas C. Chalmers, M.D., professor, Harvard University School of Public Health. Continuing education credit will be offered. For more information, please contact Marlos Viana, Ph.D., course director, (312) 413-7373. To register, call (312) 413-7768 by January 31.

# December 1991

# December 1991

1	2	3	4	5	6	7
8 Feeling "shopped out"? Rush gift shop gift certificates make great presents for Rush employees!	9	10	11	12 Community Affairs Santa's Helpers Program gifts for children due Drop-off site - Atrium ground floor.	13	14
Dec. 9 - 14: Employee and student discount week at all three Rush gift shops. Show Rush ID and get 20% off all merchandise.						
15	16 Rush Choir Christmas Program Noon, Jelke lobby	17 Rush Choir Christmas Program Noon, Atrium, 4th Floor	18 "Lessons and Carols" A special Christmas service with the Rush Choir Noon, Chapel Chicago Bulls vs. Boston Celtics ticket drawing	19 Rush Choir Christmas Program Noon, JRB	20 Final deadline for Santa's Helper Program gift drop-off	21 Annual Rush Holiday Party Palmer House Hilton, Chicago reception: 7 p.m. dinner: 8:15 p.m. dancing: 9:30 p.m. \$15/person
22	23	24 Episcopal Mass Noon, Chapel  Holiday Refreshment Table, 4-6 p.m., Atrium, 4th floor	25 Ecumenical Christmas Service 10:30 a.m., JRB 7th floor Dining Room Catholic Christmas Mass Noon, Chapel Catholic Christmas Mass 2:30 p.m., JRB 10th floor chapel	26	27	28
29	30	31				

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## *The Gift of Good Cheer*

### **Rush Choir rings in the season**

For Wally Baniecki, Medical Center engineering, there's no better way to spread the joy of Christmas than with a song. A member of the Rush Choir since its debut in December of 1985, he has spent uncountable lunch hours digesting bass harmonies instead of sandwiches. For a self-proclaimed "ham," however, it's an appetizing trade.

"Music is in my blood. I've been singing for 45 years and I never get tired of it," he says. In addition to singing, he acts as the Choir's manager, maintaining a list of active members and notifying them of upcoming rehearsals and performances.

He sees singing in the Choir as his contribution to patient care. "When we sing for patients and families, I can see in their faces that we make them a bit happier. For me, that's what Christmas is all about."

The Choir has about 50 members from departments as diverse as bio-medical communications, OCLS and, the data center. One member, Bernis Carter, is a volunteer and resident of the Johnston R. Bowman Health Center for the Elderly. She's also been with the choir since its beginnings.

"When we get together to sing, there's a real sense of community," says Choir director Carol Lyn Jansen, M.B.A., health systems management. "Through the Choir, I meet people from different areas of the hospital — people I wouldn't otherwise meet.

Despite different backgrounds, we're all on the same team."

Any employee can join the Choir simply by attending rehearsals (dates and locations are posted in the Medical Center well before events). "We're always grateful to bosses who arrange schedules so people can attend rehearsals on their lunch hours," says Baniecki.

Jansen joined the Choir in 1988 and has been director for the past two years. Under her leadership, the Choir has sung for memorial services and other events, including the United Way Kickoff.

Her favorite performance, however, remains the Choir's annual Christmas concert at Bowman Center.

"The patients there really get in the spirit. They sing along with the Choir and we all have a great time. They're our best audience!" she says.

A crowd-pleasing highlight of the Choir's holiday concerts is Baniecki's performance of "Silent Night" in German.

"The first time I sang it, an elderly man in the crowd burst into tears," Baniecki recalls. "He later said it was the first time he had heard the carol sung in his native language since he was a child. For Baniecki, this memory best sums up his commitment to the Choir: "Whatever happiness we bring to our audience, they return ten-fold!"

*For choir performance dates, see events calendar, page 15.*



*Carol Lyn Jansen, M.B.A., health systems management, directs the choir. Wally Baniecki, engineering, sits at right in the top row.*